

Minneapolis Heart Institute Foundation® Cardiovascular Grand Rounds

Title: Burnout: A Barrier to Clinician Wellbeing

Speaker: Laxmi Mehta, MD, FACC, FAHA, FNLA

Vice Chair of Wellness, Department of Internal Medicine

Section Director of Preventive Cardiology and Women's Cardiovascular Health

Professor of Medicine

The Ohio State University

Date: January 24, 2022

Time: 7:00 - 8:00 AM

Location: Virtual attendance only, please visit www.mplsheart.org/grandrounds for login information

OBJECTIVES

At the completion of this activity, the participants should better be able to:

1. Define burnout and identify the repercussions of physician burnout.
2. Identify key contributors to burnout among cardiologists.
3. Review potential wellbeing solutions on a professional and personal level.

Moderator(s)/Speaker(s) - Dr. Laxmi Mehta has disclosed that she DOES NOT have any financial relationships with ineligible companies that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended as it relates to presenting the content in this CME activity.

NON-ENDORSEMENT OF COMMERCIAL PRODUCTS AND/OR SERVICES

We would like to thank the following company for exhibiting at our activity.

Bristol-Myers Squibb

Edwards Lifesciences

Accreditation of this educational activity by Allina Health does not imply endorsement by Allina Learning & Development of any commercial products displayed in conjunction with an activity. A reminder for Allina employees and staff, the Allina Policy on Ethical Relationship with Industry prohibits taking back to your place of work any items received at this activity with branded and or product information from our exhibitors.