

# Creatively Leveraging Resources for Additional Capacity



RURAL HEALTH  
Transformation Center

## Resources for community capacity building opportunities/training and temporary staffing

### AmeriCorps

[www.nationalservice.gov/  
programs/ameri-corps](http://www.nationalservice.gov/programs/ameri-corps)



AmeriCorps is a network of national service programs, made up of three primary programs that each take a different approach to improving lives and fostering civic engagement. AmeriCorps members are dedicated to strengthening communities and can choose to commit to service anywhere from three months to a year.

#### To find out which organizations have AmeriCorps funding in your state:

[www.nationalservice.gov/programs/ameri-corps/  
ameri-corps-programs/ameri-corps-state-national/become-grantee](http://www.nationalservice.gov/programs/ameri-corps/ameri-corps-programs/ameri-corps-state-national/become-grantee)

Finding out which organizations have funding in your state can lead you to organizations that potentially place volunteers to do specific jobs. In Minnesota, the Minnesota Pollution Control Agency places VISTA volunteers for 11 months to work on:

- Air pollutant reduction – increasing walking and biking fits into this category
- Community readiness and outreach
- Green infrastructure improvements
- Waste reduction, recycling, and organics management

### National Academy for Leadership for the Public's Health



[www.nnphi.org/relatedarticle/national-leadership-academy-for-the-publics-health-nlaph/](http://www.nnphi.org/relatedarticle/national-leadership-academy-for-the-publics-health-nlaph/)

Funded by the Centers for Disease Control and Prevention and implemented by [Public Health Institute](http://www.nnphi.org), the National Leadership Academy for the Public's Health (NLAPH) began in 2011 to provide training to four-person multi-sector teams from across the country to advance their leadership skills and achieve health equity in their community. This one-year program uses an experiential learning process that includes:

- Webinars
- A multi-day retreat
- Coaching support
- Peer networking
- An applied population health project

The purpose of this training is to improve population health by training the current and future public health and health care workforce in partnership with communities and other sectors. Through applied team-based collaborative leadership development, participants work to solve complex problems in innovative ways that can drive adoption of evidence-based policies and practices into communities, bring primary care and public health into better alignment, and ultimately improve health outcomes.

*continued*



Creating a world without heart and vascular disease

[mplsheart.org/rhtc](http://mplsheart.org/rhtc)

# Organizations with Resources to Support Physical Activity Programming or Built Environment Changes

The organizations listed here are just some of the many organizations that provide webinars, workshops and/or conferences on increasing physical activity through programming or changes to the built environment. These opportunities can be shared with your coalition or teams to increase community capacity when addressing physical inactivity challenges.

## America Walks

[www.americawalks.org](http://www.americawalks.org)

## National Center for Bicycling and Walking

[www.bikewalk.org](http://www.bikewalk.org)

## Smart Growth America

[www.smartgrowthamerica.org](http://www.smartgrowthamerica.org)

## Pedestrian and Bicycle Information Center

[www.pedbikeinfo.org](http://www.pedbikeinfo.org)

This website also offers an image library with images of pedestrian and bicycle scenes that you can use to help make your case for built environment changes.

## Community Builders.org

[www.communitybuilders.org](http://www.communitybuilders.org)



## Connect With Us at the MHIF Rural Health Transformation Center!

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