2019 Kevin Graham Prevention Lecture
Food is Medicine: Dietary and Policy Priorities for Cardiometabolic Health

Speaker: Dariush Mozaffarian, MD, DrPH
Dean, Friedman School of Nutrition Science & Policy
Tufts University
Boston, MA

Learning Objectives
At the completion of this activity, the participants should be able to:

- Be familiar with the current dietary priorities to improve cardiometabolic health
- Gain an appreciation for new "Food is Medicine" approaches to integrate food and nutrition into the healthcare system
- Understand the potential economic cost-benefit and policy implications of such interventions

Minneapolis Heart Institute Foundation Cardiovascular Grand Rounds

Date: October 28, 2019 | Time: 7 - 8 A.M. | Location: Abbott Northwestern Hospital Education Building, Auditorium A/B

Seating is limited. Please register here: https://mhifgrandrounds-mozaffarian.eventbrite.com

Webinar: If you cannot attend grand rounds in person, attend via webcast (you can join the webinar up to 15 minutes before the presentation starts at 7:00 a.m.). Connect to the webinar at mplsheart.org/gr

About: Dr. Kevin Graham

Dr. Kevin J. Graham has been a tireless and innovative thought leader in cardiology. His bold vision spearheaded Hearts Beat Back: The Heart of New Ulm Project — an initiative to reduce heart attacks and improve modifiable cardiovascular disease risk factors in a southwestern Minnesota community. This award-winning heart disease prevention initiative, offered in partnership with the Minneapolis Heart Institute Foundation®, Allina Health and the city of New Ulm, moved beyond the walls of health care establishments and into the community to make health and well-being the easy choice where people live, learn, work, worship and play.

He has been actively involved in the development of cardiology practice guidelines and computerized interfaces for cardiovascular disease management in both specialty and primary care settings. He has authored numerous articles in both preventive cardiology and managed care, especially with regard to quality measures.

Dr. Graham served as the President of the Minneapolis Heart Institute® and the Cardiovascular Services Division of Abbott Northwestern Hospital from 2007 to 2012. He established and led the Preventive Cardiology practice and was Director of Outpatient Clinical Laboratory at the Minneapolis Heart Institute®. Dr. Graham was also an Assistant Professor of Clinical Medicine at the University of Minnesota Medical School. He completed his residency in Internal Medicine at Hennepin County Medical Center and his fellowship in cardiovascular disease at the University of Minnesota.
DISCLOSURE POLICY AND STATEMENTS

Allina Health, Learning & Development intends to provide balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. All speakers and planning committee members participating in sponsored activities and their spouse/partner are required to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of this conference.

The ACCME defines a commercial interest as “any entity” producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interests - unless the provider of clinical service is owned, or controlled by, an ACCME-defined commercial interest.

Moderator(s)/Speaker(s):

Dean Mozaffarian has declared the following relationships:
Research funding – National Institutes of Health, Gates Foundation; Consultant fees – GOED Omega-3 (Global Organization for EPA and DHA Omega-3), Nutrition Impact, Pollock Communications, Bunge, Indigo Agriculture, Amarin, Acasti Pharma, Cleveland Clinic Foundation, America’s Test Kitchen, Danone; Scientific advisory board – Elysium Health (with stock options), Omada Health, Day Two; Royalties – UpToDate (all outside the submitted work).

Planning Committee: Dr. Alex Campbell, Jake Cohen, Jane Fox, Dr. Mario Goessl, Dr. Kevin Harris, Dr. Kasia Hryniewicz, Rebecca Lindberg, Amy McMeans, Dr. Michael Miedema, Dr. JoEllyn Moore, Pamela Morley, Dr. Scott Sharkey, and Jolene Bell Makowesky have declared that they do not have any conflicts of interest associated with the planning of this event. Dr. David Hurrell discloses the following relationship: Boston Scientific: Chair, Clinical Event Committee.

NON-ENDORSEMENT OF COMMERCIAL PRODUCTS AND/OR SERVICES

We would like to thank the following companies for exhibiting at our activity:

Actelion Pharmaceutical Companies of Johnson & Johnson
Janssen Pharmaceutical Companies of Johnson & Johnson

Accreditation of this educational activity by Allina Health does not imply endorsement by Allina Learning & Development of any commercial products displayed in conjunction with an activity.

A reminder for Allina employees and staff: The Allina Policy on Ethical Relationship with Industry prohibits taking back to your place of work, any items received at this activity with branded and or product information from our exhibitors.

Together, we can create a world without heart and vascular disease.

mplsheart.org  
Facebook.com/MinneapolisHeart  
Twitter.com/MHIF_Heart

Instagram.com/mlsheart  
Linkedin.com/company/minneapolis-heart-institute-foundation