2019 Kevin Graham Prevention Lecture
Food is Medicine: Dietary and Policy Priorities for Cardiometabolic Health

Speaker: Dariush Mozaffarian, MD, DrPH
Dean, Friedman School of Nutrition Science & Policy
Tufts University
Boston, MA

Learning Objectives
At the completion of this activity, the participants should be able to:
• Be familiar with the current dietary priorities to improve cardiometabolic health
• Gain an appreciation for new "Food is Medicine" approaches to integrate food and nutrition into the healthcare system
• Understand the potential economic cost-benefit and policy implications of such interventions

Minneapolis Heart Institute Foundation Cardiovascular Grand Rounds
Date: October 28, 2019 | Time: 7 - 8 A.M. | Location: Abbott Northwestern Hospital Education Building, Auditorium A/B

Seating is limited. Please register here: https://mhifgrandrounds-mozaffarian.eventbrite.com

Webinar: If you cannot attend grand rounds in person, attend via webcast (you can join the webinar up to 15 minutes before the presentation starts at 7:00 a.m.). Connect to the webinar at mplsheart.org/gr

About: Dr. Kevin Graham

Dr. Kevin J. Graham has been a tireless and innovative thought leader in cardiology. His bold vision spearheaded Hearts Beat Back: The Heart of New Ulm Project — an initiative to reduce heart attacks and improve modifiable cardiovascular disease risk factors in a southwestern Minnesota community. This award-winning heart disease prevention initiative, offered in partnership with the Minneapolis Heart Institute Foundation®, Allina Health and the city of New Ulm, moved beyond the walls of health care establishments and into the community to make health and well-being the easy choice where people live, learn, work, worship and play.

He has been actively involved in the development of cardiology practice guidelines and computerized interfaces for cardiovascular disease management in both specialty and primary care settings. He has authored numerous articles in both preventive cardiology and managed care, especially with regard to quality measures.

Dr. Graham served as the President of the Minneapolis Heart Institute® and the Cardiovascular Services Division of Abbott Northwestern Hospital from 2007 to 2012. He established and led the Preventive Cardiology practice and was Director of Outpatient Clinical Laboratory at the Minneapolis Heart Institute®. Dr. Graham was also an Assistant Professor of Clinical Medicine at the University of Minnesota Medical School. He completed his residency in Internal Medicine at Hennepin County Medical Center and his fellowship in cardiovascular disease at the University of Minnesota.
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Physician: Allina Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Allina Health designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Moderator(s)/Speaker(s):

Dean Mozaffarian has declared the following relationships: Research funding – National Institutes of Health, Gates Foundation; Consultant fees – GOED Omega-3 (Global Organization for EPA and DHA Omega-3), Nutrition Impact, Pollock Communications, Bunge, Indigo Agriculture, Amarin, Acasti Pharma, Cleveland Clinic Foundation, America’s Test Kitchen, Danone; Scientific advisory board – Elysium Health (with stock options), Omada Health, Day Two; Royalties – UpToDate (all outside the submitted work).

Planning Committee: Dr. Alex Campbell, Jake Cohen, Jane Fox, Dr. Mario Goessl, Dr. Kevin Harris, Dr. Kasia Hryniewicz, Rebecca Lindberg, Amy McMeans, Dr. Michael Miedema, Dr. JoEllyn Moore, Pamela Morley, Dr. Scott Sharkey, and Jolene Bell Makowesky have declared that they do not have any conflicts of interest associated with the planning of this event. Dr. David Hurrell discloses the following relationship- Boston Scientific: Chair, Clinical Event Committee

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