

CARDIOLOGY GRAND ROUNDS

Title: Physician burnout and wellbeing: causes, consequences, and solutions

Speaker(s): Colin P. West, MD, PhD, FACP
Professor of Medicine, Medical Education, and
Biostatistics
Mayo Clinic



Date & Time: Monday, November 23, 2015, 7:00 – 8:00 AM

Location: ANW Education Building, Watson Room

OBJECTIVES

At the completion of this activity, the participants should be able to:

1. Interpret the scope of the problem of physician burnout and distress.
2. Recognize the contributors and consequences of physician burnout and distress.
3. Describe evidence-based methods to prevent burnout and promote physician wellbeing.

ACCREDITATION

Physician: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Allina Health and Minneapolis Heart Institute Foundation. Allina Health is accredited by the ACCME to provide continuing medical education for physicians.

Allina Health designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: This activity has been designed to meet the Minnesota Board of Nursing continuing education requirements for 1.2 hours of credit. However, the nurse is responsible for determining whether this activity meets the requirements for acceptable continuing education.

DISCLOSURE STATEMENTS

Moderator(s)/Speaker(s)

Dr. West has declared that he does not have any conflicts of interest in making this presentation.

Planning Committee

Dr. Michael Miedema, and Jolene Bell Makowsky have declared that they do not have any conflicts of interest associated with the planning of this activity. Dr. Robert Schwartz declared the following relationships - stockholder: Cardiomind, Interface Biologics, Aritech, DSI/Transoma, InstyMeds, Intervale, Medtronic, Osprey Medical, Stout Medical, Tricardia LLC, CoAptus Inc, Augustine Biomedical; scientific advisory board: Abbott Laboratories, Boston Scientific, MEDRAD Inc, Thomas, McNerney & Partners, Cardiomind, Interface Biologics; options: BackBeat Medical, BioHeart, CHF Solutions; speakers bureau: Vital Images; consultant: Edwards LifeSciences.

PLEASE SAVE A COPY OF THIS FLIER AS YOUR CERTIFICATE OF ATTENDANCE

Signature: _____
My signature verifies that I have attended the above stated number of hours of the CME activity.