

Regularly Scheduled Series

Continuing Medical Education (CME)



Minneapolis Heart Institute Foundation Cardiovascular Grand Rounds

CloudCME ID: 3123

Text ID to: 844-939-3950 (your email must be paired)

DATE: October 12, 2026

TIME: 7:00 AM - 8:00 AM

LOCATION:

MHI Building - MHIF Suite 100
Learning Center - Virtual Zoom

TOPIC(S) OR TITLE: Work Design for Occupational Wellbeing

FACULTY:

Katherine Jacoby, MD

Neurocritical Care, Critical Care Medicine

Lead for the Allina Health Center for Provider Wellbeing

Abbott Northwestern Hospital

Mary Anderson, MD

Hospitalist

Abbott Northwestern Hospital

Elizabeth Hofbauer, MD

Internal Medicine Pediatrics

Allina Health

Mary Beth Lardizabal, DO, DFAPA

Vice President Mental Health and Addiction Allina Health

Allina Health

Mona Roach, MD

Family Physician

Allina Health

Jena Wirt, DO

Critical Care

Abbott Northwestern Hospital

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OVERVIEW/PURPOSE STATEMENT:

Our Cardiovascular Grand Rounds offers physicians and other health care providers the opportunity to review and discuss the latest developments in cardiovascular care every Monday morning during our Grand Rounds seasons. These weekly meetings feature topics across the spectrum of cardiovascular medicine. Practitioners share research highlights, offer treatment or diagnostic best practices, and collaborate to improve care for those with cardiovascular disease.

OVERALL OBJECTIVES:

1. Demonstrate improved awareness of emerging cardiovascular clinical care standards derived from new research.
2. Discuss the implications on new cardiovascular care guidelines and develop more standardized approaches to treating cardiovascular disease.
3. Utilize current evidence-based guidelines to improve standards of care for individuals with cardiovascular disease.

LECTURE-SPECIFIC OBJECTIVES:

1. Describe factors that contribute to Occupational wellbeing.
2. Define work design and its process.
3. Discuss ways organizations can design work for wellbeing.

DISCLOSURE POLICY AND STATEMENTS:

Allina Health, Office of Accreditation intends to provide balance, independence, objectivity, and scientific rigor in all of its educational activities and will adhere to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. The ACCME defines an ineligible company as "any entity" whose primary business is producing, marketing, re-selling, or distributing health care products/services used by or on patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interests - unless the provider of clinical service is owned, or controlled by, an ACCME-defined ineligible company.

Any individual in a position to control the content of a CE activity, including faculty, planners, reviewers, or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests) that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended. All relevant financial relationships/conflicts of interest have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Lin Anderson, BA	Activity Coordinator	Nothing to disclose - 12/29/2025
Mary Anderson, MD	Faculty	Nothing to disclose - 09/30/2026
Ross Garberich, MS, MBA	Planning Committee Member	Nothing to disclose - 06/23/2026
Kevin Harris, MD	Lead Physician/Planning Committee Lead	Nothing to disclose - 10/02/2026
Elizabeth Hofbauer, MD	Faculty	Nothing to disclose - 10/06/2026
Katherine Jacoby , MD	Faculty	Nothing to disclose - 12/02/2025
Mary Beth Lardizabal, DO, DFAPA	Faculty	Nothing to disclose - 10/01/2026
Riley McGinnity, BS	Activity Coordinator	Nothing to disclose - 04/20/2026
Cindy Resman, MS	Planning Committee Member	Nothing to disclose - 11/20/2025
Mona Roach, MD	Faculty	Nothing to disclose - 10/05/2026
Jena Wirt, DO	Faculty	Nothing to disclose - 01/08/2026

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