

# The Modern Era of TAVR: Asymptomatic Aortic Stenosis and Beyond

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### **Disclosures**

Within the prior 24 months, I have had a relevant financial relationship(s) with an ineligible company(ies) listed below.

### Nature of Financial Relationship

**Grant/Research Support** 

Consultant Fees/Honoraria

### **Ineligible Company**

NA

Abbott Structural, AMX, 4C Medical **Technologies**, Alleviant Medical, Edwards Lifesciences, Philips, GE, Valcare Med Ltd, Vdyne, WL Gore, Siemens, Laza, CroiValve

Individual Stock(s)/Stock Options

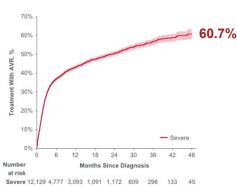
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## Treatment gaps persist in patients with severe aortic stenosis (AS)<sup>1</sup>

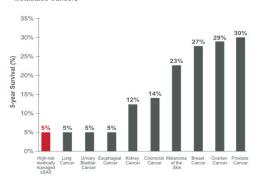
Large contemporary database demonstrates ~40% of patients with severe aortic stenosis remain untreated at 4 years.1

Treatment Rate by AS Severity<sup>1</sup>

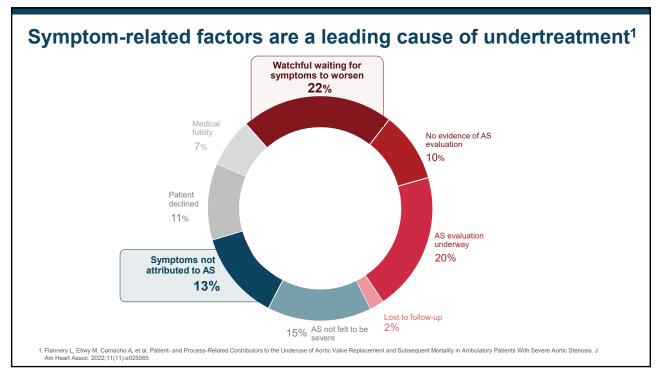


Prognosis of untreated symptomatic severe AS is worse than several metastatic cancers<sup>2,3</sup>

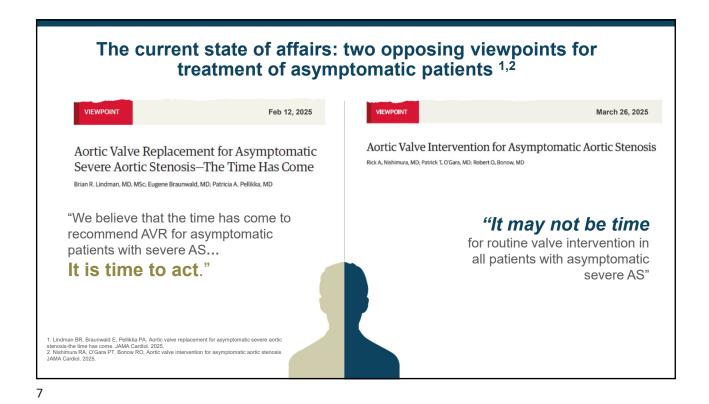
Five-year Survival in Patients with High-Risk sSAS or Metastatic Cancers<sup>2,3</sup>



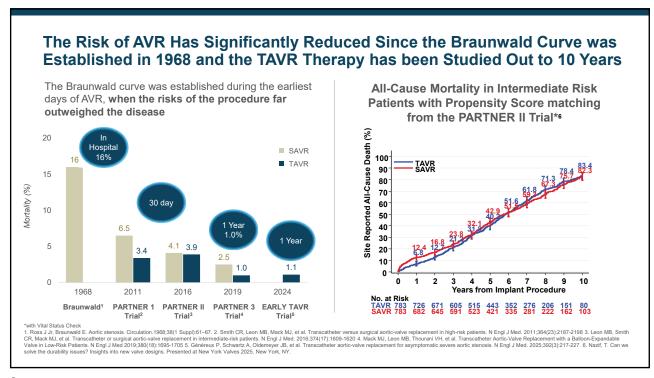
<sup>.</sup> Généreux P, et al. The mortality burden of untreated aortic stenosis. J Am Coll Cardiol. 2023;20:S0735-1097(23)07504-6. 2. Siegel RL, Miller KD, Jemal A (2019) Cancer statistics, 2019. CA Cancer J Clin 69 (1): 7-34. 3. Clark MA, Arnold SV, Duhay FG, Thompson AK, Keyes MJ et al. (2012) Five-year Clinical and Economic Outcomes Among Patients With Medically Managed Severe Aortic Stenosis. Circ Cardiovasc Qual Outcomes 5 (5): 697-704.

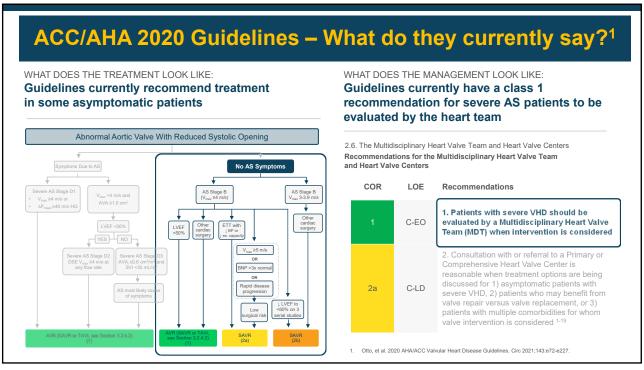


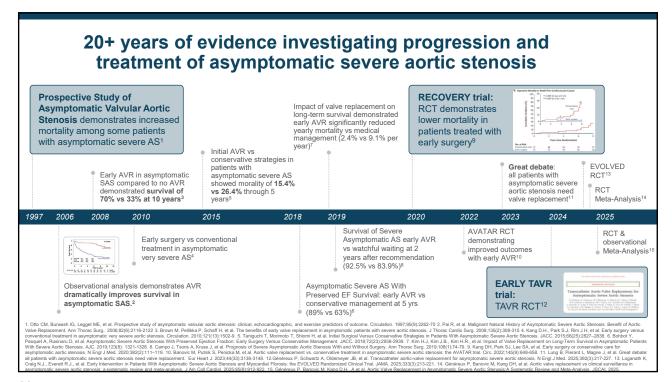
## Severe Aortic Stenosis with no Symptoms: Is it bad?

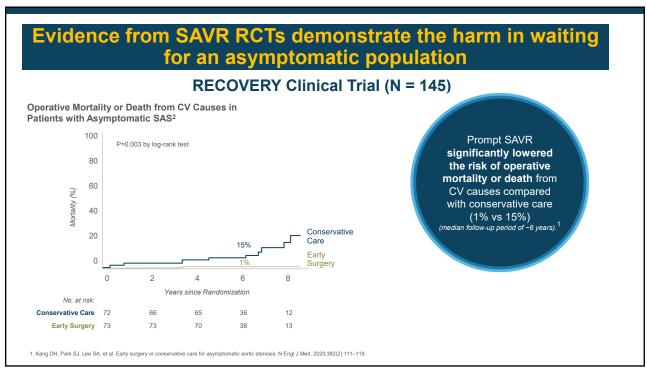


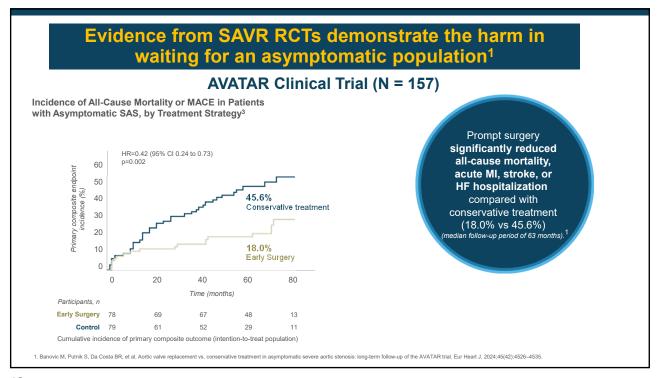
In 1968, the Braunwald Curve was Established – an Illustration that has Defined the Treatment Paradigm for 50+ Years Ross and Braunwald. Circulation, 1968. Average age of subjects\*: Valvular Aortic Stenosis in Adults 48 years Average Course (Post Mortem Data) Onset severe symptoms 100 Many congenitally bicuspid patients 80 Latent period (increasing obstruction, myocardial overload) Data included postmortem studies % survival 60 Pre-dates widespread use of echo 40 > 80% of deceased patients had 20 symptoms for < 4 years 50 Age (yr) 40 70 \*Age of time of clinical presentation 1. Ross J Jr, Braunwald E. Aortic stenosis. Circulation.1968;38(1 Suppl):61–67.

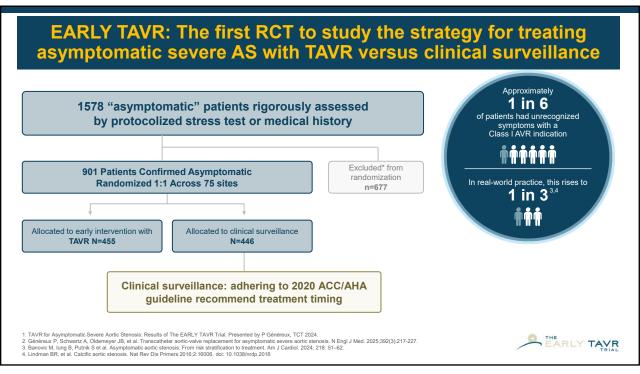




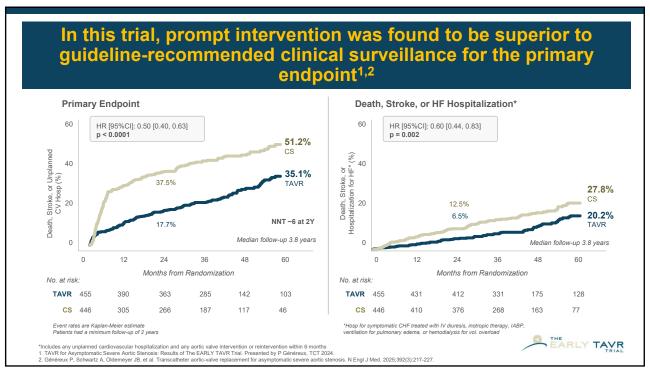


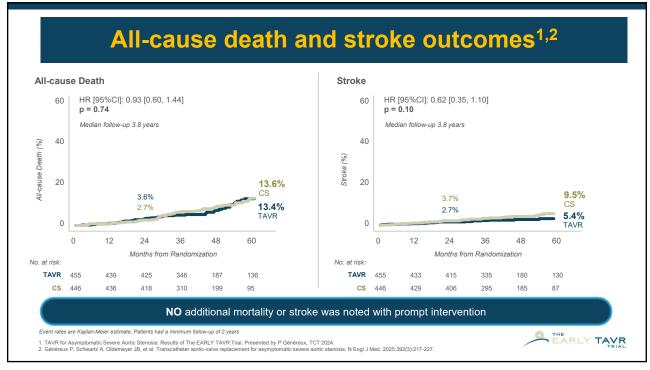


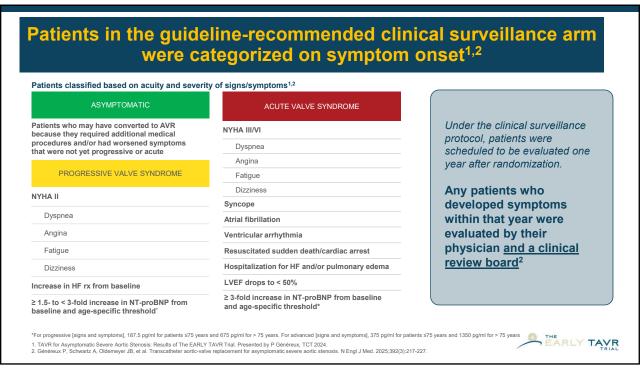


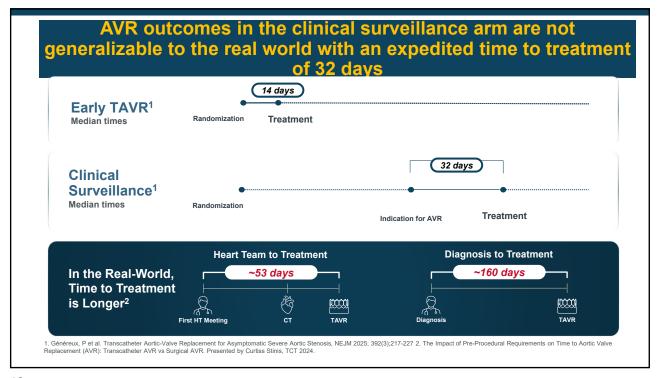


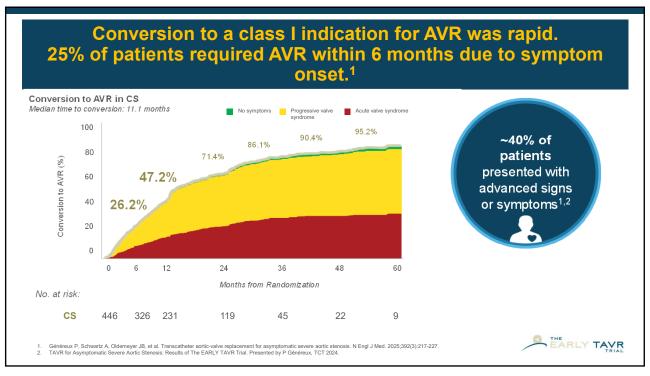
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			3	11030	tost				
CHARACTERISTIC	TAVR (N=455)	CS (N=446)	CHARACTERISTIC	TAVR (N=455)	CS (N=446)		CHARACTERISTIC	TAVR (N=455)	CS (N=446)
Age, y	76.0 ± 6.0	75.6 ± 6.0	Bicuspid valve	8.1%	8.8%		AVA, cm²	0.9 ± 0.2	$0.8 \pm 0.2$
Female sex	28.8%	33.0%	Hx of afib	15.6%	13.2%		Peak velocity, m/s	4.3 ± 0.5	4.4 ± 0.4
BMI, kg/m²	28.4 ± 4.6	28.6 ± 4.8	Pacemaker <sup>†</sup>	4.6%	2.0%		Mean gradient, mmHg	46.5 ± 10.1	47.3 ± 10.6
STS score, %	1.8 ± 1.0	1.7 ± 1.0	Prior MI	5.1%	4.0%	-	LVEF, %	67.4 ± 6.5	67.4 ± 6.7
Low-risk per Heart team	83.5%	83.9%	Prior stroke	4.2%	4.5%		LV diastolic dysfunction ≥ Grade II	42.7%	37.3%
Asymptomatic Criteria			CAD	29.2%	25.3%				
Treadmill stress test	90.3%	90.8%	PVD	7.3%	4.7%				
Clinical history only	9.7%	9.2%	HTN	81.1%	81.8%				
KCCQ Score	92.7 ± 8.7	92.7 ± 9.4	Diabetes	26.2%	25.6%				
NT-proBNP, pg/mL	276 (139, 599)	297 (148, 608)	eGFR <45 mL/min/ 1.73 m <sup>2</sup>	6.8%	4.5%				

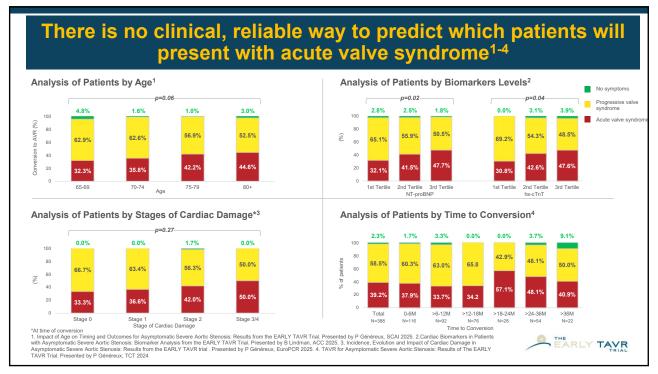


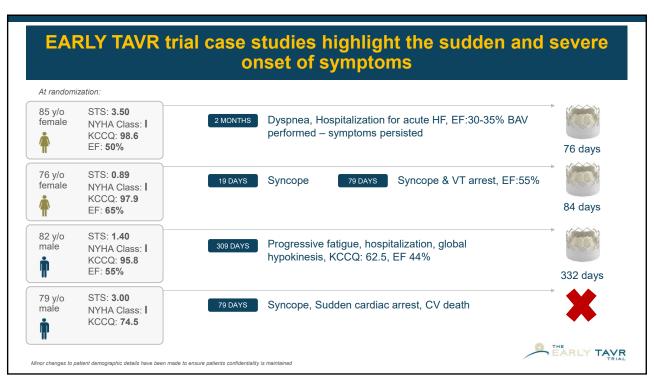


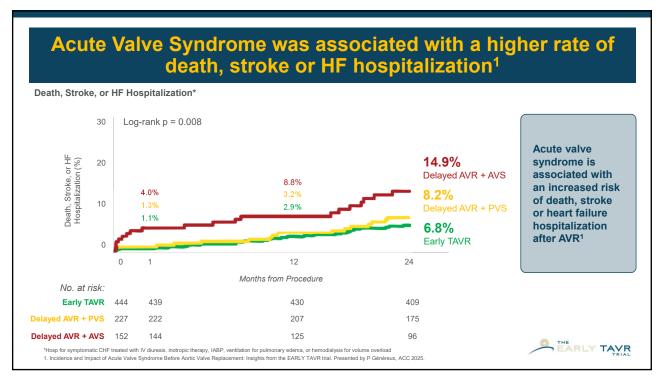


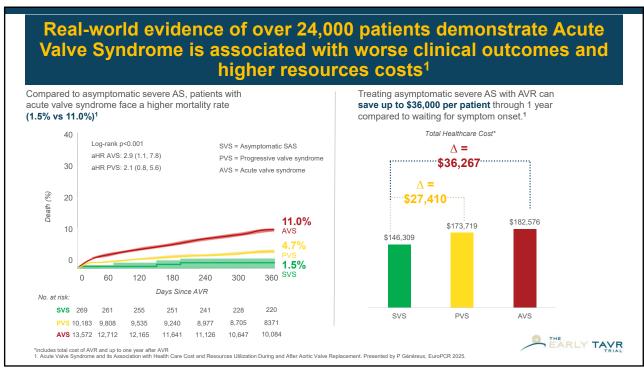


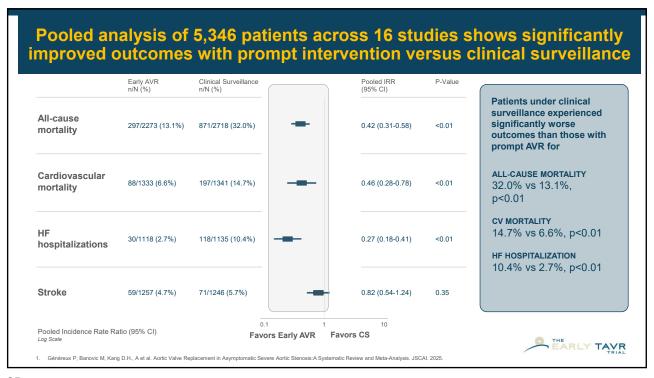


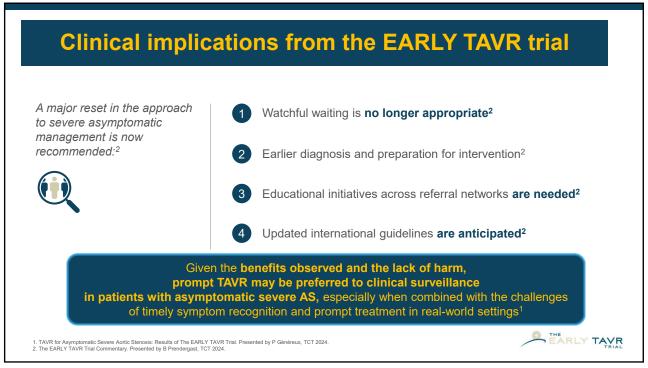






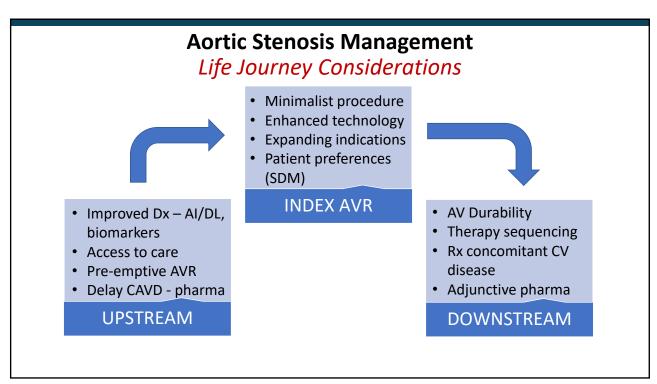


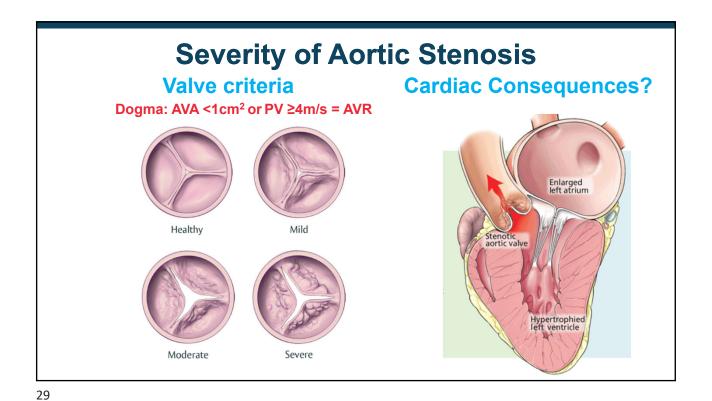




### **Updated 2025 ESC Valvular Guidelines** Symptomatic patients with severe aortic stenosis Intervention is recommended in symptomatic patients with severe, high-gradient AS [mean gradient $\geq$ 40 mmHg, $V_{max} \geq$ 4.0 m/s, AVA $\leq$ 1.0 cm<sup>2</sup> (or $\leq$ 0.6 cm<sup>2</sup>/m<sup>2</sup> BSA)]. <sup>388,471</sup> Intervention is recommended in symptomatic patients with low-flow (SVi $\leq$ 35 mL/m<sup>2</sup>), low-gradient (<40 mmHg) AS with reduced LVEF (<50%) after careful confirmation that AS is severe. $^{342,345,346,346,475}$ В Intervention should be considered in symptomatic patients with low-flow (SVi $\leq$ 35 mL/m²), low-gradient (<40 mmHg) AS with normal LVEF ( $\geq$ 50%) after careful confirmation that AS is severe. c 293,348,349,46-481 Asymptomatic patients with severe aortic stenosis Intervention is recommended in asymptomatic patients with severe AS and LVEF <50% without another cause. 14,354–359 Intervention should be considered in asymptomatic patients (confirmed by a normal exercise test, if feasible) with severe, high-gradient AS and LVEF≥50% as an alternative to close active surveillance, if the procedural risk is low. 360-363,367,366 Intervention should be considered in asymptomatic patients with severe AS and LVEF≥50% if the procedural risk is low and one of the following parameters is present: Very severe AS (mean gradient ≥60 mmHg or V<sub>max</sub> >5.0 m/s). 14,362,363,482–484 Severe valve calcification (ideally assessed by CCT) and V<sub>max</sub> progression ≥0.3 m/s/year.<sup>303,353,364</sup> Markedly elevated BNP/NT-proBNP levels (more than three times age- and sex-corrected normal range, confirmed on repeated measurement without other explanation). 97,365 • LVEF < 55% without another cause. 14,354,356–359 Intervention should be considered in asymptomatic patients with severe AS and a sustained fall in BP (> 20 mmHg) during exercise testing. Fabien Praz et al. EHJ 2025

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At What Severity of Aortic Stenosis
Adverse Cardiac Events Occur?

Adverse Events
-Mortality
-Valve-related symptoms
-Cardiac damage

Aortic Valve Area (AVA cm²)



European Heart Journal (2017) 00, 1–9 doi:10.1093/eurhearti/ehx381

**FASTTRACK CLINICAL RESEARCH** 

### Staging classification of aortic stenosis based on the extent of cardiac damage

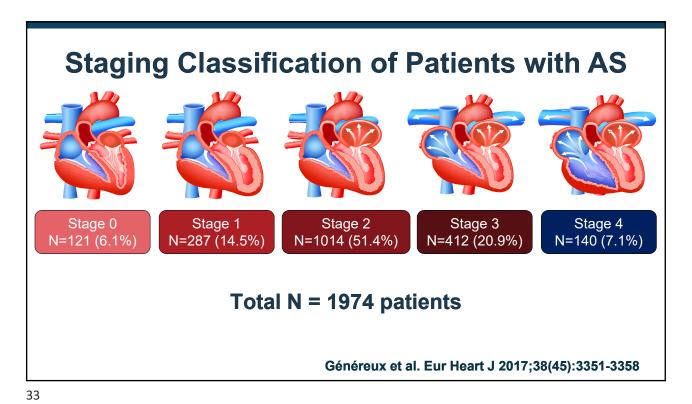
Philippe Généreux<sup>1,2,3</sup>, Philippe Pibarot<sup>4</sup>, Björn Redfors<sup>1,5</sup>, Michael J. Mack<sup>6</sup>, Raj R. Makkar<sup>7</sup>, Wael A. Jaber<sup>8</sup>, Lars G. Svensson<sup>8</sup>, Samir Kapadia<sup>8</sup>, E. Murat Tuzcu<sup>8</sup>, Vinod H. Thourani<sup>9</sup>, Vasilis Babaliaros<sup>9</sup>, Howard C. Herrmann<sup>10</sup>, Wilson Y. Szeto<sup>10</sup>, David J. Cohen<sup>11</sup>, Brian R. Lindman<sup>12</sup>, Thomas McAndrew<sup>1</sup>, Maria C. Alu<sup>13</sup>, Pamela S. Douglas<sup>14</sup>, Rebecca T. Hahn<sup>1,13</sup>, Susheel K. Kodali<sup>1,13</sup>, Craig R. Smith<sup>13</sup>, D. Craig Miller<sup>15</sup>, John G. Webb<sup>16</sup>, and Martin B. Leon<sup>1,13</sup>\*

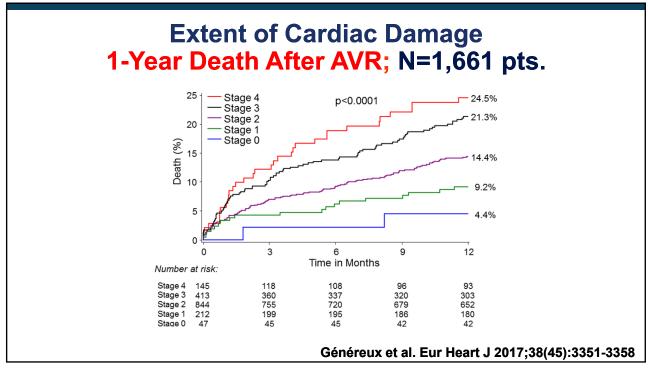
Généreux et al. Eur Heart J 2017;38(45):3351-3358

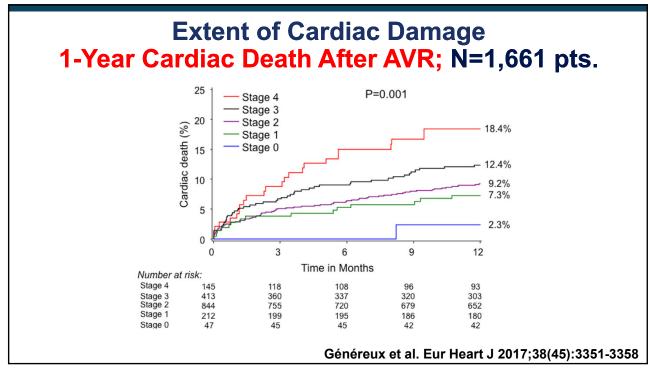
Généreux et al. Eur Heart J 2017;38(45):3351-3358

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### **Staging Classification of Patients with AS: Specific Criteria** Stage 0 Stage 1 Stage 2 Stage 4 Stage 3 PA/Tricuspid damage No damage LV damage LA/Mitral damage **RV** damage Increased LV Mass Index Indexed left atrial volume >115 g/m² Male >95 g/m² Female Moderate-Severe PASP ≥60mmhg >34mL/m<sup>2</sup> RV dysfunction E/e' >14 Moderate-Severe MR Moderate-Severe TR **Atrial Fibrillation** Patients hierarchically classified based on the presence of at least one variable in the highest stage (independent, not additive)







## Evolution and Prognostic Impact of Cardiac Damage After Aortic Valve Replacement



Philippe Généreux, MD, <sup>a</sup> Philippe Pibarot, DVM, PhD, <sup>b</sup> Björn Redfors, MD, PhD, <sup>c,d,e</sup> Jeroen J. Bax, MD, PhD, <sup>f</sup> Yanglu Zhao, MD, PhD, <sup>g</sup> Raj R. Makkar, MD, <sup>h</sup> Samir Kapadia, MD, <sup>i</sup> Vinod H. Thourani, MD, <sup>j</sup> Michael J. Mack, MD, <sup>k</sup> Tamim M. Nazif, MD, <sup>d</sup> Brian R. Lindman, MD, <sup>l</sup> Vasilis Babaliaros, MD, <sup>m</sup> Flavien Vincent, MD, <sup>c,n</sup> Mark Russo, MD, <sup>o</sup> James M. McCabe, MD, <sup>p</sup> Linda D. Gillam, MD, MPH, <sup>a</sup> Maria C. Alu, MS, <sup>c,d</sup> Rebecca T. Hahn, MD, <sup>c,d</sup> John G. Webb, MD, <sup>q</sup> Martin B. Leon, MD, <sup>c,d</sup> David J. Cohen, MD, MSc<sup>c,r</sup>



Généreux et al. J Am Coll Cardiol 2022;80:783-800.

### **Evolution of Cardiac Damage**

1120 patients were alive and had paired TTE assessment at baseline AND 1 year.

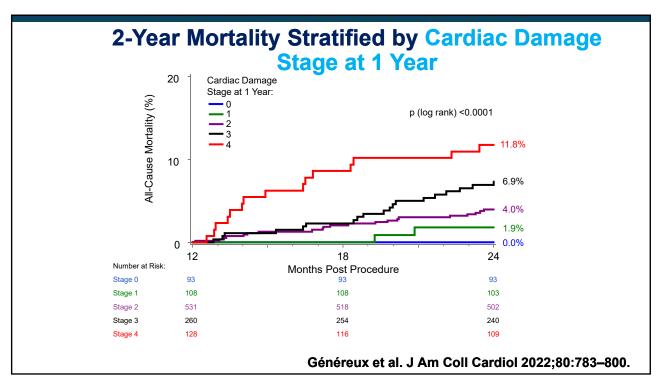
### Among survivors at 1 year, compared to baseline:

- 15.6% of patients improved at least 1 Stage.
- 57.9% remained in the same Stage.
- 26.5% deteriorated at least 1 Stage.

#### Independent predictors of Stage deterioration at 1-year:

- Hypertension (OR 1.73; 95% CI 1.01-2.96; P = 0.044).
- Index procedure performed with SAVR (OR 2.04; 95% CI 1.52-2.74; P < 0.0001).</li>

Généreux et al. J Am Coll Cardiol 2022;80:783-800.



### Cardiac Damage and Quality of Life After Aortic Valve Replacement in the PARTNER Trials

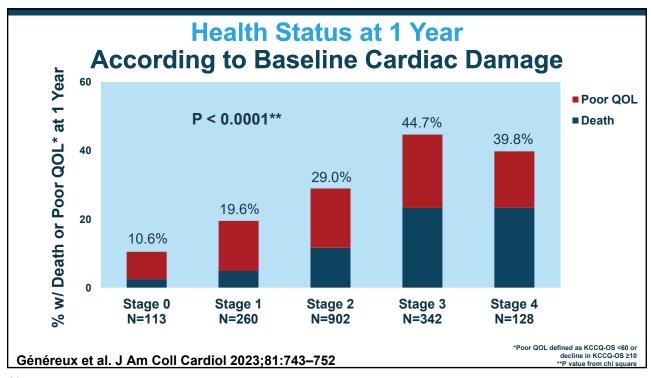


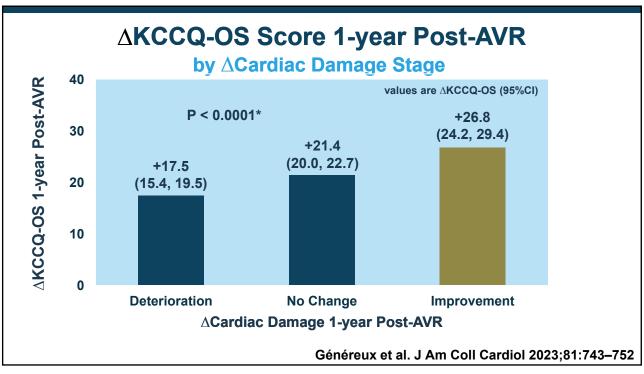
Philippe Généreux, MD, a David J. Cohen, MD, MSc, b.c Philippe Pibarot, DVM, PhD, d Björn Redfors, MD, PhD, b.e,f Jeroen J. Bax, MD, PhD, Yanglu Zhao, MD, PhD, h Heather Prince, PhD, Raj R. Makkar, MD, Samir Kapadia, MD, Vinod H. Thourani, MD, Michael J. Mack, MD, Tamim M. Nazif, MD, Brian R. Lindman, MD, Wasilis Babaliaros, MD, Mark Russo, MD, James M. McCabe, MD, Linda D. Gillam, MD, MPH, Maria C. Alu, MS, b.e Rebecca T. Hahn, MD, b.e John G. Webb, MD, Martin B. Leon, MD, b.e Suzanne V. Arnold, MD, MHA<sup>r,5</sup>

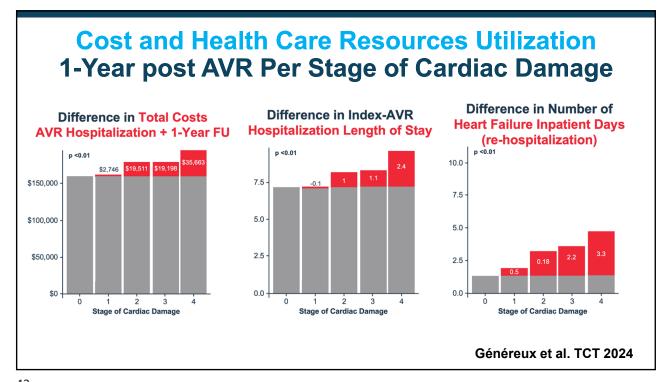


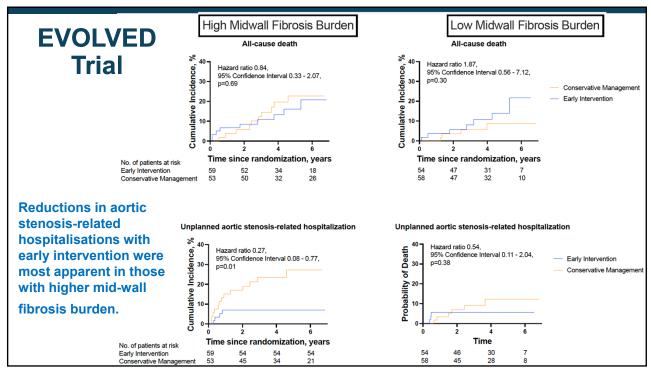
Généreux et al. J Am Coll Cardiol 2023;81:743-752

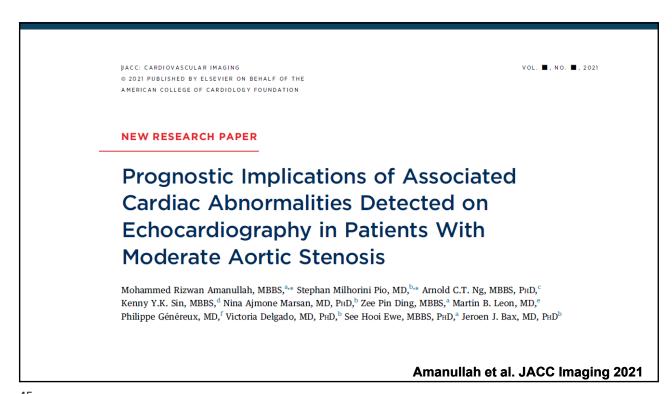
KCCQ-OS Score According to Baseline Cardiac Damage						
KCCQ-OS Score	Stage 0 (N=121)	Stage 1 (N=287)	Stage 2 (N=1014)	Stage 3 (N=412)	Stage 4 (N=140)	<i>P</i> value
Baseline	65.6 ± 21.5	60.6 ± 23.9	58.4 ± 22.7	49.6 ± 23.3	47.0 ± 24.9	<0.0001
1-Year	87.8 ± 13.1	82.0 ± 19.2	80.5 ± 19.1	74.1 ± 21.2	79.1 ± 19.7	<0.0001
∆ at 1-Year	21.8 ± 21.7	20.0 ± 21.9	20.6 ± 21.4	22.7 ± 21.7	28.4 ± 28.4	0.011
values are mean ± SD						
			Généreux e	t al. J Am Coll	Cardiol 2023;8	31:743–752

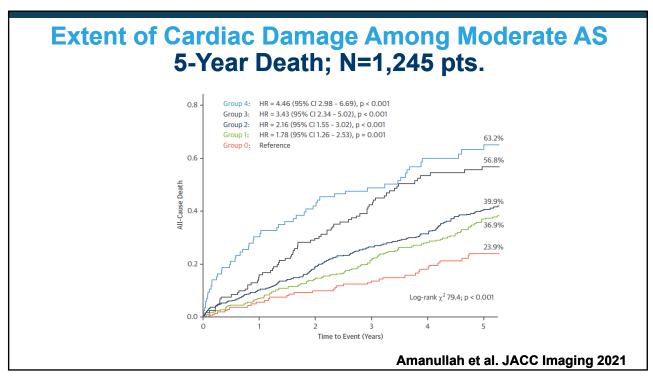










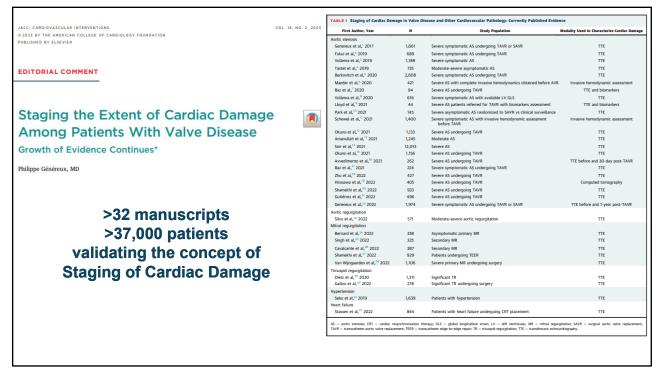


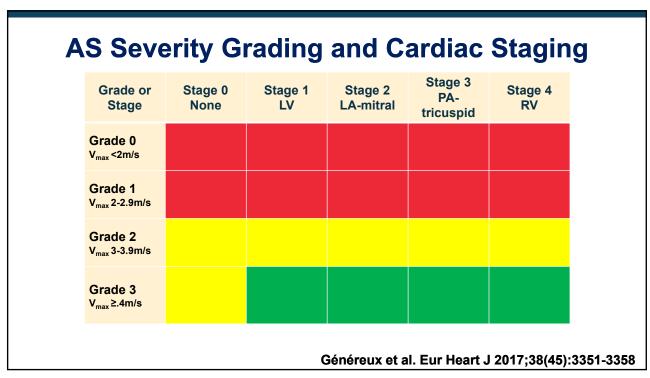
### What is 'at-risk' Moderate AS?

Dimension	Examples of "at-risk" thresholds	Rationale		
Symptoms / function	NYHA ≥ II, 6-MWT <300 m	Symptom-limited functional reserve despite only moderate gradients		
Systolic pump function	LVEF < 60 % or GLS worse than -16 %	EF declines late; strain picks up earlier contractile loss		
Flow & filling pressures	Stroke-volume index <35 mL m², E/e' ≥ 14, PASP > 50 mm Hg	Identify low-flow / diastolic- dysfunction phenotype		
Remodelling	LV mass index >115/95 g m², LA volume index >34 mL m²	Maladaptive hypertrophy & LA stretch predict HF		
Valve calcification	CT calcium above sex-specific severe cut-offs	Surrogate for rapid haemodynamic progression		
Biomarkers / rhythm	NT-proBNP ≥ 600 pg mL <sup>-1</sup> , recent AF, high- sensitivity troponin	Reflect wall stress, fibrosis and atrial myopathy		
Clinical HF burden	≥1 HF hospitalization in prior year	Signals imminent decompensation		

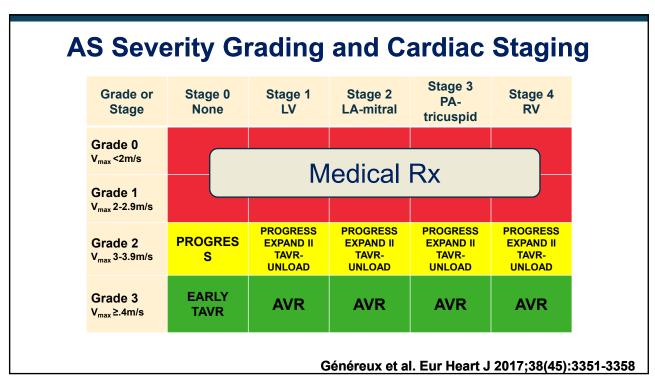
Khan KR, et al. J Am Coll Cardiol. 2023;81(13):1235-1244 Lee HJ, et al. JACC Cardiovasc Imaging. 2025;18(2):180-191 Zhu D, et al. Circ Cardiovasc Imaging. 2020;13(4):e009958 Truong VT, et al. Korean Circ J. 2022;52(12):878-886

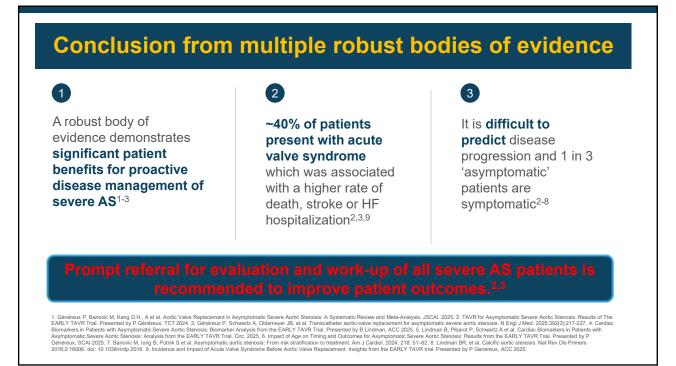
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#### **AS Severity Grading and Cardiac Staging** Stage 3 Stage 4 Grade or Stage 0 Stage 1 Stage 2 PA-Stage None LV **LA-mitral** RV tricuspid Grade 0 V<sub>max</sub> <2m/s Grade 1 V<sub>max</sub> 2-2.9m/s **PROGRESS PROGRESS PROGRESS PROGRESS PROGRES** Grade 2 **EXPAND II EXPAND II EXPAND II** EXPAND II V<sub>max</sub> 3-3.9m/s S TAVR-TAVR-TAVR-TAVR-**UNLOAD UNLOAD** UNLOAD UNLOAD **EARLY** Grade 3 **AVR AVR AVR AVR** V<sub>max</sub> ≥.4m/s **TAVR** Généreux et al. Eur Heart J 2017;38(45):3351-3358





## The Modern Era of TAVR Treating Aortic Stenosis Earlier

To prevent death

To prevent irreversible symptoms

To prevent irreversible lost of quality of life

To prevent irreversible cardiac damage

Treat/Prevent Cardiac Damage before Symptoms or Another Cardiac Disease Occurs!

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