

## Minneapolis Heart Institute Foundation Cardiovascular Grand Rounds

**Title:** Lifecourse Approaches to Atrial Fibrillation: Focus on Prevention & Social Drivers

**Faculty:** Emelia J. Benjamin, MD, ScM, DrHC

Associate Provost for Faculty Development, Boston University Medical Campus  
Vice Chair, Faculty Development and Diversity, Department of Medicine  
Jany and Louise Coffman Professor in Vascular Medicine, BU CAMEd  
Professor of Epidemiology, Boston University School of Public Health  
Doctor Honoris Causa, Aalborg University, Aalborg, Denmark

**Date:** September 8, 2025

**Time:** 7:00 – 8:00 AM

**Location:** Minneapolis Heart Institute Building, Suite 100, MHIF Learning Center

**Webinar – visit [www.mplsheart.org/grandrounds](http://www.mplsheart.org/grandrounds) for login information**

### OVERVIEW/PURPOSE STATEMENT

MHIF Cardiovascular Grand Rounds provides physicians and other health care providers the opportunity to review and discuss the latest developments in cardiovascular care.

### OVERALL OBJECTIVES

At the completion of this activity, the participants should better be able to:

1. Practice primary & secondary prevention of atrial fibrillation
2. Discuss data linking social drivers to atrial fibrillation
3. Identify critical research priorities to improve health outcomes in atrial fibrillation

### DISCLOSURE STATEMENTS

**Faculty** - Dr. Benjamin has disclosed that she DOES NOT have any financial relationships with ineligible companies that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended, as it relates to presenting the content in this CME activity.

**Planner(s)** - The following planners have disclosed that they DO NOT have any financial relationships with ineligible companies that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended as it relates to planning the content of this CME activity: Ross Garberich, Dr. Kevin Harris, Maia Hendel, Dr. Kasia Hryniewicz, Dr. Carly Lodewyks, Cindy Resman, Dr. Scott Sharkey, Dr. Robert Steffen, Dr. Elliot Stephenson, Dr. Siu-Hin Wan and Dr. Edwin Zishiri.

The following members DO have relevant financial relationship to disclose with ineligible companies that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended, as it related to planning the content of this activity: Dr. Nadira Hamid-Existing: Consultant: Abbott Structural, Vdyne, AMX Medical Technologies, 4C Medical Technologies, Edwards Lifesciences, Alleviant Medical, Philips, GE, Valcare Medical, Topaz, CroiValve; Dr. David Hurrell- Existing: Clinical Events Committee: Boston Scientific; Dr. Michael Miedema-Existing: Research (PI): Merck, Clearly; Dr. Yader Sandoval- Existing: Consultant/Speaker: Roche Diagnostics, Abbott Diagnostic, Cathworks, HeartFlow, Speaker/Research Grant: Clearly, Consultant: Phillips, GE Healthcare, Speaker: Medtronic. All relevant financial relationships have been mitigated.

### NON-ENDORSEMENT OF COMMERCIAL PRODUCTS AND/OR SERVICES

We would like to thank the following company for exhibiting at our activity.

**Edwards Lifesciences**

**Novartis Pharmaceuticals**