



Most common genetic cardiomyopathy; as many as 1:500 individuals in the general population

Most common cause of SCD in the young

More than 1400 known mutations in at least 11 genes encoding proteins of the cardiac sarcomere

Very heterogeneous phenotypic expression and diverse natural history



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#### CARDIOVASCULAR MEDICINE

Detection of apical hypertrophic cardiomyopathy by cardiovascular magnetic resonance in patients with nondiagnostic echocardiography

J C C Moon, N G Fisher, W J McKenna, D J Pennell

Heart 2004;90:645-649. doi: 10.1136/hrt.2003.014969









10 patients with suspected apical HCM and normal echo: all cases confirmed by CMR (apical hypertrophy as severe as 2.8 cm)

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# Patterns and distributions of LVH

Right ventricular hypertrophy





## Patterns and distributions of LVH

Apical aneurysm



























MR secondary to SAM











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		Zhen Weng, PHD, <sup>a</sup> Jialu	313								
		Zhen Weng, PHD, <sup>a</sup> Jialu		A meta-Analysis							
		Yafeng Zhou, MD, PHD	u Yao, MD, <sup>b</sup> Raymond H. C , <sup>b</sup> Yang He, MD <sup>a</sup>	nan, MD, MPH, <sup>c</sup> Jun He, M	D, <sup>a</sup> Xiangjun Yang, MD,	PHD, <sup>b</sup>					
TABLE 1 Character	ristics of Studies Cor	nplying With PRISMA Guidelines			TABLE 36	.2 Adjusted Hazard	Ratios for				
First Authors (Bed. #	Patients Mean I	follow-Up	Field	Providentiana Interfacidad	Sudden Ca	rdiac Death Using Da	ta From				
Bruder et al. (19)	220 3	16.3 Prospective, single center 1	.5-T Visual assessment of LGE by	Patients with known or suspected		and ismall et al.	_				
Rubinshtein et al. (2)	0) 424 4	3.0 Retrospective, single center 1	2 reviewers .5-T Visual assessment of LGE by	Patients with HCM who underwent	LGE %	Pooled HR <sub>adjusted</sub> Point Estimate	95% C				
Chan et al. (11)	1,293 4	0.2 Prospective, multiple center 1	2 reviewers .5-T Visual assessment of LGE by	ce-MRI Patients with HCM who underwent	CMR 0	1.0	_				
Hen et al. (12)	345 3	21.8 Retrospective, single center 1	2 reviewers .5-T Visual assessment of LGE by	Patients with HCM who underwent	CMR 10	1.03	1.01-1.0				
Ismail et al. (13)	711 4	2.6 Prospective, single center 1	3 reviewers	Consecutive patients with HCM ref	arred 15	1.59	1.10-1.1				
				for CMR	20	1.86	1.21-2.8				
ce-MRI – contrast-enha	nced magnetic resonance	imaging; CMR – cardiac magnetic resonance; HCM	I – hypertrophic cardiomyopathy; LGE – late ga	Iolinium enhancement; NR – not reported; PRI	ama - 30	2.5	1.33-4.8				
	TABLE 3	6.1 Metaanalysi Unadjusted H	is for Late Gadol R, lass 95% Cl	inium Enhancem P	ent and Sudde Adjusted HR, per 10% LV Mass	en Death 95% Cl	P				
5	Study	per 10 % LV W									
	Study SCD	17	12-25	< 01	NΔ	NΔ	NΔ				
S S B	SCD Bruder et al. <sup>39</sup>	1.7 15	1.2-2.5	< .01	NA 1.2	NA 0.8–1.7	NA 2				
S S B Is	SCD Bruder et al. <sup>39</sup> smail et al. <sup>41</sup> Chan et al. <sup>37</sup>	1.7 1.5 1.5	1.2–2.5 1.1–2.1 1.2–1.8	< .01 .007 < .0001	NA 1.2 1.4	NA 0.8–1.7 1.1–1.9	NA .2 .002				
S S B Is C O P	Study SCD Bruder et al. <sup>39</sup> smail et al. <sup>41</sup> Chan et al. <sup>37</sup> Pooled	1.7 1.5 1.5 1.5	1.2–2.5 1.1–2.1 1.2–1.8 1.3–1.8	< .01 .007 < .0001 < .0001	NA 1.2 1.4 1.3	NA 0.8–1.7 1.1–1.9 1.1–1.6	NA .2 .002 .005				
S S B Ik C C P	Study SCD Bruder et al. <sup>39</sup> smail et al. <sup>41</sup> Chan et al. <sup>37</sup> Pooled	1.7 1.5 1.5 1.5	1.2–2.5 1.1–2.1 1.2–1.8 1.3–1.8	< .01 .007 < .0001 < .0001	NA 1.2 1.4 1.3	NA 0.8–1.7 1.1–1.9 1.1–1.6	NA .2 .002 .005				
S S B Ik C C P H Is	Study SCD Bruder et al. <sup>39</sup> smail et al. <sup>41</sup> Chan et al. <sup>37</sup> Pooled HF Death smail et al. <sup>41</sup>	1.7 1.5 1.5 1.5 1.5	1.2-2.5 1.1-2.1 1.2-1.8 1.3-1.8	< .01 .007 < .0001 < .0001	NA 1.2 1.4 1.3	NA 0.8–1.7 1.1–1.9 1.1–1.6 NA	NA .2 .002 .005				





### End-stage Hypertrophic Cardiomyopathy



				Recommendations for CMR Imaging Referenced studies that support the recommendations are summarized in Online Dete Supplement 4.			
202			COR	LOE	Recommendations		
of I	define for the Management Hypertrophic Cardiomyopathy		1	B-NR	<ol> <li>For patients suspected to have HCM in whote echocardiography is inconclusive, CMR image ing is indicated for diagnostic clarification.<sup>1-7</sup></li> </ol>		
A Repor Joint Co	t of the American Heart Association/American College of Cardiology mmittee on Clinical Practice Guidelines		1	B-NR	<ol> <li>For patients with LVH in whom there is a sus picion of alternative diagnoses, including inf trative or storage disease as well as athlete's heart, CMR imaging is useful<sup>1-7</sup> (Figure 1).</li> </ol>		
TABLE 8 Clinical Sudden Family history of sudden death from HCM	Death Risk Factors for Adults and Children With HCM Sudden death judged definitively or likely attributable to HCM in ≥1 first-degree or close relatives who are ≈50 y of ag generally be second-degree relatives; however, multiple SCDs in tertiary relatives should also be considered rele	e. Close relatives would rant. <sup>30,11</sup>	1	<ol> <li>For patients with HCM who are not otherwind identified as high risk for SCD, or in whom a decision to proceed with ICD remains uncer- tain after clinical assessment that includes persona/family history, echocardiograph, at</li> </ol>			
Massive LVH	Wall thickness ≥ 30 mm in any segment within the chamber by echocardiography or CMR imaging; consideration for thir also given to borderline values of =28 mm in individual patients at the discretion of the treating cardiologist. For HCM, an absolute or z-score threshold for wall thickness has not been established; however, a maximal wall thickn a z-score ≥20 (and >10 in conjunction with other risk factors) appears reasonable. <sup>22,33</sup>	morphologic marker is pediatric patients with ess that corresponds to		D-INK	ambulatory electrocardiographic monitoring CMR imaging is beneficial to assess for maxi mun LV wall thickness, ejection fraction (EF, LV apical aneurysm, and extent of myocardii fibrosis with LGE. <sup>1-15</sup>		
Unexplained syncope	Lained syncope ≥1 unexplained episodes involving acute transient loss of consciousness, judged by history unlikely to be of neurocardiogenic (vasovagal) etiology, not attributable to LVOTO, and especially when occurring within 6 mo of evaluation (events beyond 5 y in the past do not appear to have relevance). <sup>16</sup>				<ol> <li>For patients with obstructive HCM in whom the anatomic mechanism of obstruction is inconclusive on echocardiography, CMR implication of the structure of the struct</li></ol>		
HCM with LV systolic dysfunction	with LV systolic dysfunction Systolic dysfunction with EF <50% by echocardiography or CMR imaging. <sup>24,27</sup>						
LV apical aneurysm	Apical aneurysm defined as a discrete thin-walled dyskinetic or akinetic segment with transmural scar or LGE of the m LV chamber, independent of size. (In children, apical aneurysm is uncommon, and the risk has not been studied.)	est distal portion of the			ing is indicated to inform the selection ar planning of SRT. <sup>16-20</sup>		
Extensive LGE on CMR imaging	e LGE on CMR imaging Extensive LGE, representing replacement fibrosis, either quantified or estimated by visual inspection, comprising ≥15% of LV mass (extent o LGE conferring risk has not been defined in children). <sup>9 ±1,20-22,25</sup>				<ol> <li>For patients with HCM, repeat contrast- enhanced CMR imaging on a periodic basi (not be a seried of the series of t</li></ol>		
NSVT on ambulatory monitor	≥3 bests at ≥120 bpm has generally been used in studies. It would seem most appropriate to place greater weight o when runs are frequent (eg, ≥3), poor (eg, ≥10 bests), or faster (eg, ≥200 bpm) occurring usually over 24 to pediatic paients, a VT rate that exceeds the baseline sinus rate by >20% is considered significant. <sup>55,27</sup>	NSVT as a risk marker 8 h of monitoring. For	2b	C-EO	(every 3 to 5 years) for the purpose of SCD risk stratification may be considered to eval ate changes in LGE and other morphologic changes including EE development of anic		
Genotype status	enotype-positive status (ie, harboring a putatively disease-causing pathogenic/likely pathogenic variant) is associated with higher SCD risk pediatric patients with HCM. <sup>12,14</sup>				aneurysm, or LV wall thickness (Figure 1, Table 7).		
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