# Regularly Scheduled Series Continuing Medical Education (CME)





## Minneapolis Heart Institute Foundation Cardiovascular Grand Rounds

Title: A 2024 Cardiovascular Prevention Update

Speaker(s): Felipe Villa Martignoni, MD, PhD

Cardiovascular Disease Prevention Fellow, Nolan Center for Cardiovascular

Health, Minneapolis Heart Institute Foundation

Michael Miedema, MD, MPH

Director, Cardiovascular Prevention

Allina Health Minneapolis Heart Institute

Director, Nolan Family Center for Cardiovascular Health

Minneapolis Heart Institute Foundation

Date: April 22, 2024 Time: 7:00 – 8:00 AM

**Location:** Minneapolis Heart Institute Building, Suite 100, MHIF Learning Center

Webinar - visit www.mplsheart.org/grandrounds for login information

#### **OVERVIEW/PURPOSE STATEMENT**

MHIF Cardiovascular Grand Rounds provides physicians and other health care providers the opportunity to review and discuss the latest developments in cardiovascular care.

#### **OVERALL OBJECTIVES**

At the completion of this activity, the participants should better be able to:

- 1. Outline the recent data on statin safety and the rationale for the modern approach to lipid-lowering therapy
- 2. Discuss the role of lipoprotein a in cardiovascular risk assessment and the potential future treatment options
- 3. Define the role of GLP-1 medications in weight loss and cardiovascular risk reduction

### **DISCLOSURE STATEMENTS**

Speaker(s) – Drs. Felipe Villa Martignoni and Michael Miedema have disclosed that they DO NOT have any relationships with ineligible companies that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended, as it relates to presenting the content in this CME activity.

Planning Committee - The following planners Ross Garberich, Dr. Kevin Harris, Maia Hendel, Dr. Michael Miedema, Dr. JoEllyn Moore, Dr. Scott Sharkey, Dr. Robert Steffen and Dr. Elizabeth Tuohy have disclosed that they DO NOT have any financial relationships with ineligible companies that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended as it relates to planning the content of this CME activity. The following members have disclosed relationships: Dr. João Cavalcante – Existing: Consultant: 4C Medical, Abbott Structural, Anteris, Boston Scientific, Edwards Lifesciences, JenaValve, Medtronic, Research Grants: Abbott Structural, Abbott Northwestern Hospital Foundation, JenaValve, Siemens Healthineers; Dr. Nadira Hamid-Existing: Consultant: Abbott Structural, Anteris, AMX, Vdyne, 4C Medical Technologies, Edwards Lifesciences, Philips, GE, Siemens; Dr. Kasia Hryniewicz - Existing: Consultant: Abiomed; Dr. David Hurrell– Existing: Clinical Events Committee: Boston Scientific; Dr. Elliot Stephenson-Existing consultant: Boston Scientific; Dr. Yader Sandoval- Existing: Consultant/Advisory Board: Roche Diagnostics, Abbott Diagnostic, Philips, Prior: Advisory Board: Zoll, Patent 20210401347; and Jan Dick – Existing: Stock: Pfizer, Inc.

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Regeneron

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