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**Effects of SGLT2-i and GLP1-RA on CV and Limb Events,
Primarily in Patients with PAD**

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Disclosures






-  Consulting and speaking for Jenssen, A.Z., and Lexicon
-  No financial conflict related to this talk
-  Information: evidence-based







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Learning Objectives



-  PAD: a major under-represented health problem with worse outcome than CAD and CVD!
-  Effects of SGLT2-i and GLP1-RA in patients with CV risk or disease
-  Effects of SGLT2-i and GLP1-RA in patients with PAD
-  Current guidelines and evidence-based recommendations
-  Summary





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PAD a Major Atherosclerotic Disease

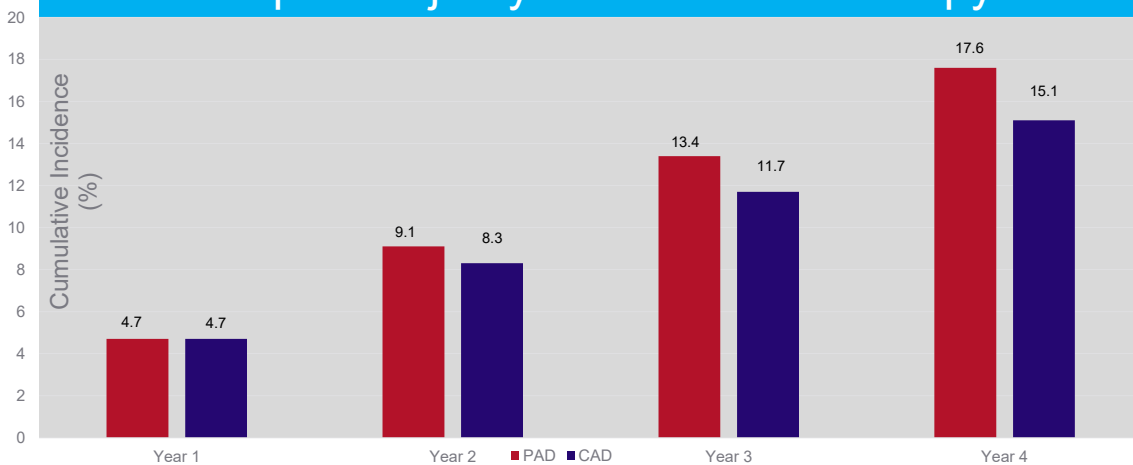
- Globally, over 236 million people with PAD, up from 200 million in 2010.
- PAD: 3rd. most common ASO after CAD and CVD.
 - More significant cause of morbidity, mortality, and disability.
- Compared with CAD and CVD, evidence for optimal CV risk reduction therapy in patients with PAD is lacking.

Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.



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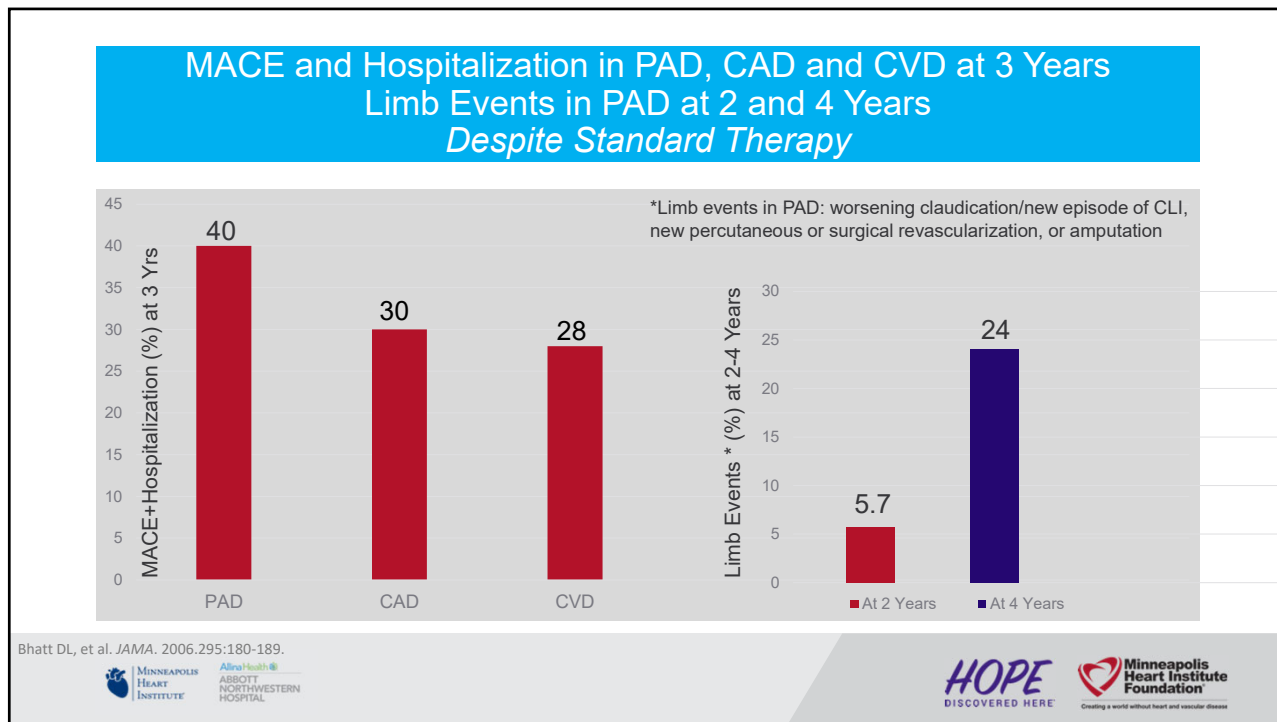
Major CV Event Rates Despite Majority on Standard Therapy



Abtan. J, et al. *Clin Card.* 2017;40:710-718



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DM and Cardiovascular Including PAD

- CVD: leading cause of morbidity and mortality in patients with T2D.
- 8.5 M Americans with PAD, 1/3rd have concurrent DM.
- PAD: underestimated in pts with DM due to neuropathy.
- Prediabetes: 20% with abnormal ABI.
- DM increases incidence of limb ischemia and amputation in pts with PAD:
 - Mechanisms: increased inflammation, endothelial dysfunction, augmented vasoconstriction, and thrombosis.

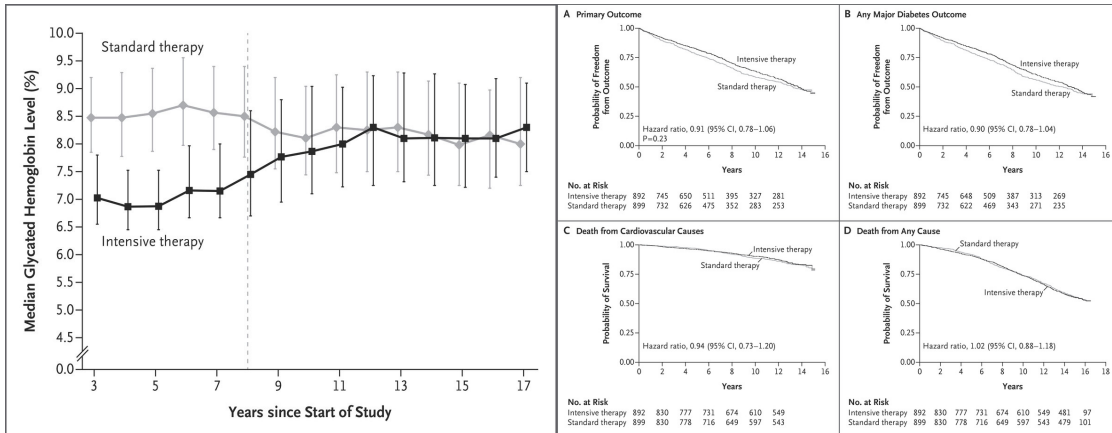
Skeik N et al. Vasc Med. 2023 Feb;28(1):62-76.

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Intensive Glucose Control in Patients with Type 2 Diabetes — 15-Year Follow-up (VADT Study)

Primary outcome: composite MI, stroke, new or worsening CHF, amputation for ischemic gangrene, or CV death



Reaven P et al. *N Engl J Med* 2019; 380:2215-2224.



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DM and Cardiovascular Disease

- Multiple SGLT2-i and GLP1-RA drugs: have shown significant reduction in MACE in patients with T2D and established or at risk for CVD.
- Some SGLT2-i have also shown substantial reduction in HHF and progression of CKD.
- PAD population was underrepresented in these CVOT.
- Will provide a general review of CVOT with SGLT2-i and GLP1-RA.
- Focus on PAD population when available.

Skeik N et al. *Vasc Med*. 2023 Feb;28(1):62-76.



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SGLT-i Mechanism of Action

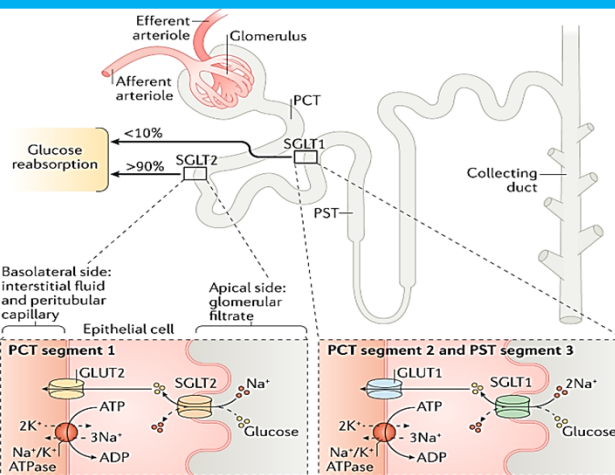
- Blocks the Na-glucose cotransporter at proximal tubule leading to glucosuria and natriuria.
- Lowers BP, weight, lipids and uric acid.
- Reduces arterial stiffness, pre and afterload, epicardial fat, and cardiac thrombosis
- Hyperketonemia..
- **Exact mechanism for CV benefit is not well known!**
- Available agents globally:
 - *Canagliflozin, dapagliflozin, empagliflozin, sotagliflozin, ertugliflozin, luseogliflozin, ipragliflozin, and tofogliflozin*

Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.



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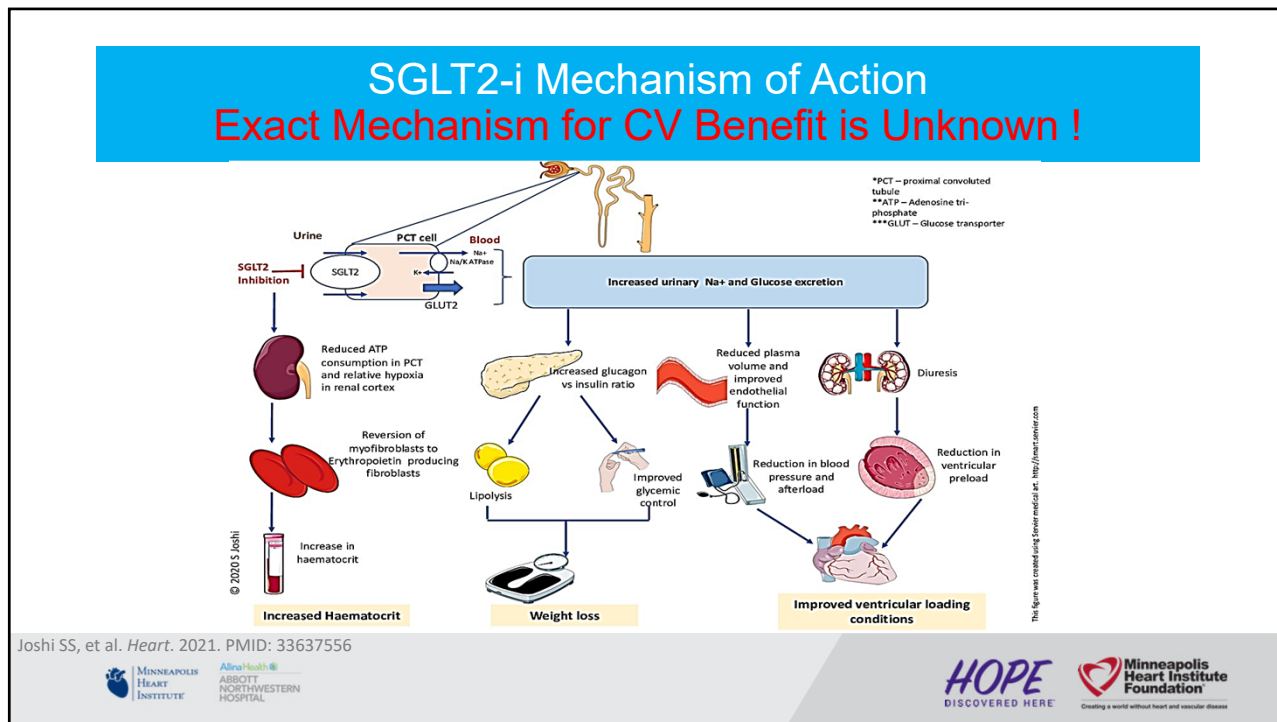
SGLT-i Mechanism of Action



Cowie MR et al. *Nature Reviews Cardiology* volume 17, pages 761–772 (2020)



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SGLT-i Reduction in MACE Empagliflozin (*EMPA-REG*) Trial

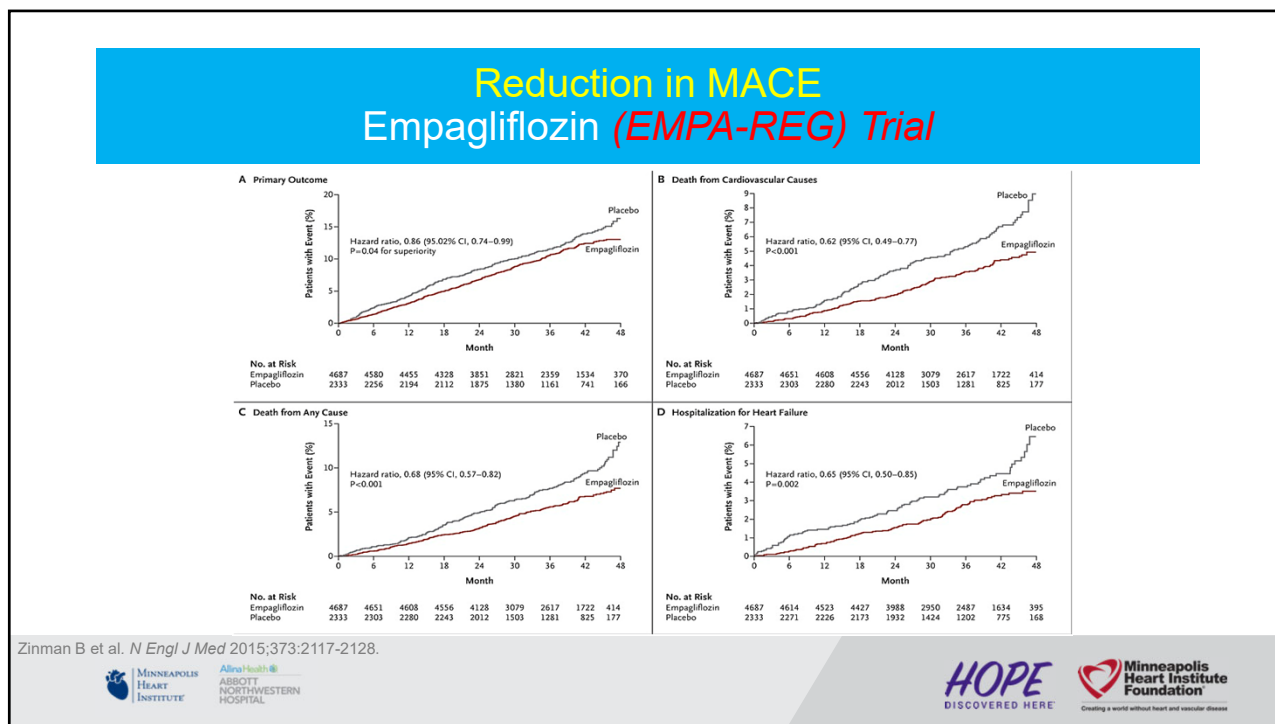
- 7020 patients with T2D and established CVD.
- 10 or 25 mg of empagliflozin or placebo as add on to the standard of care therapies.
- Study Duration: up to 3.1 years.
- Outcome: MACE.
- Results: significant reduction in *MACE* with empagliflozin, (mainly CV death reduction).
➢ HR, 0.86; 95.02% CI, 0.74 to 0.99; P=0.04 for superiority.

Zinman B et al. *N Engl J Med* 2015;373:2117-2128.

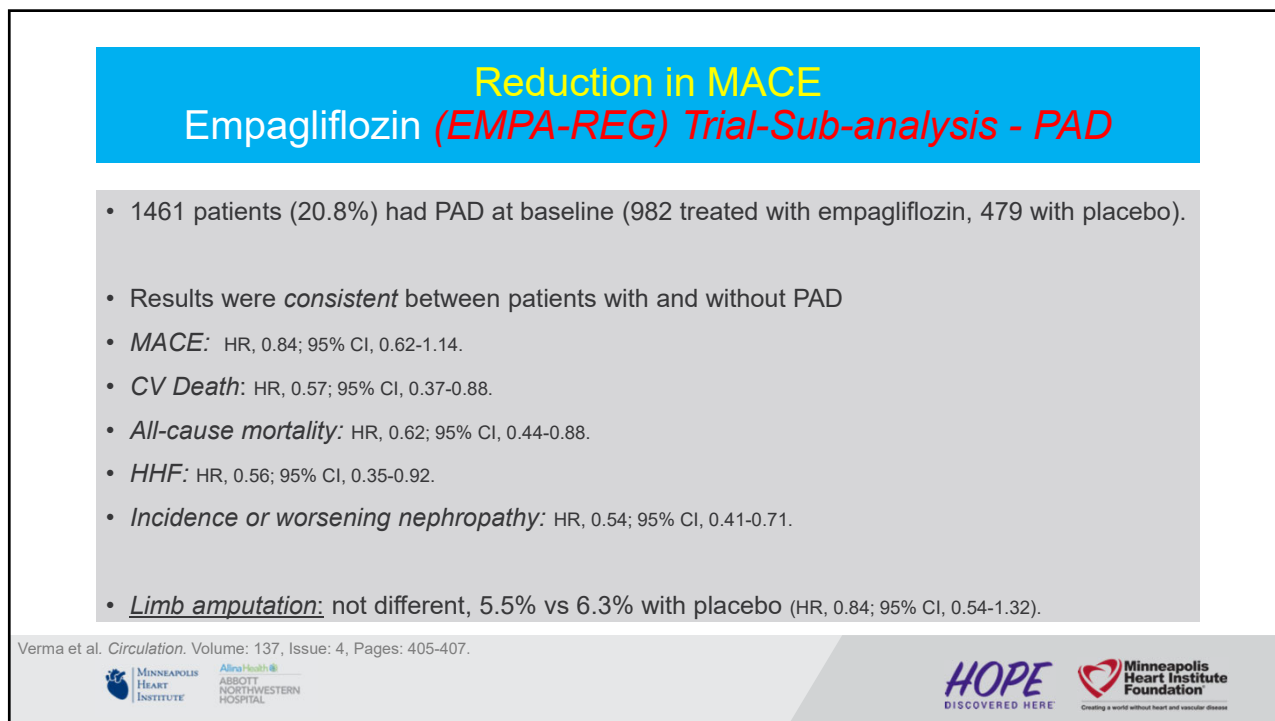
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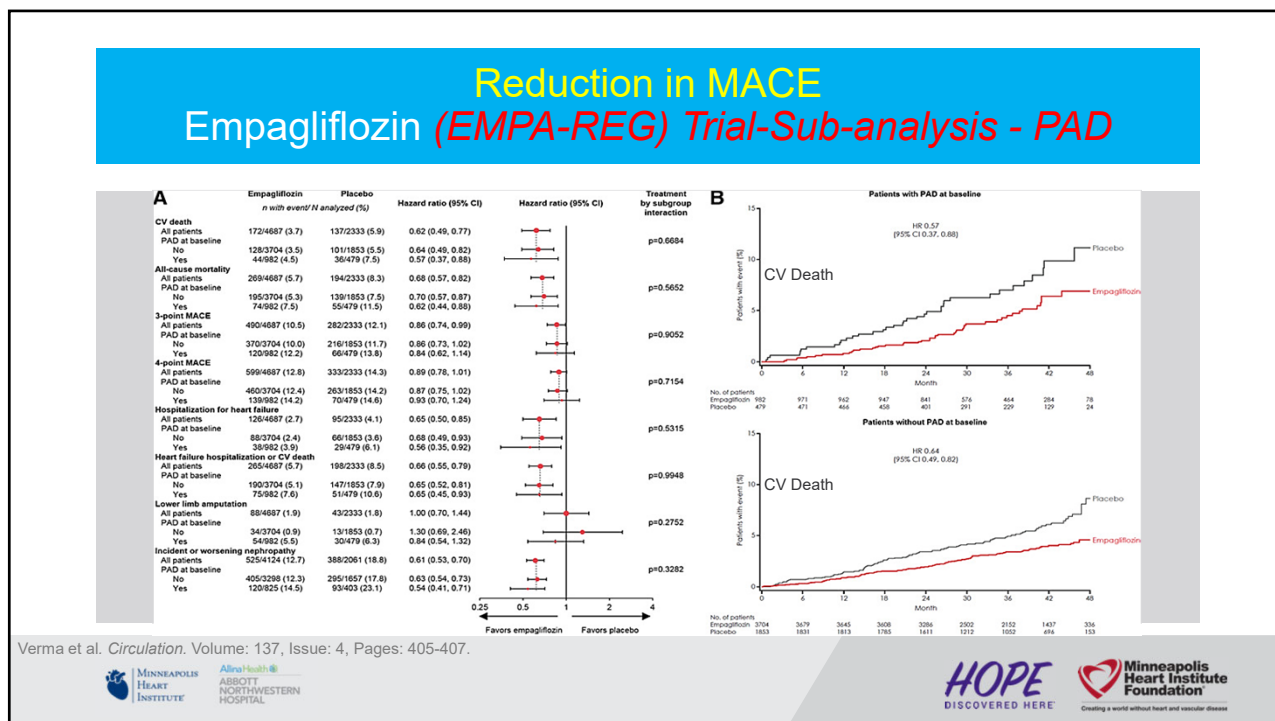
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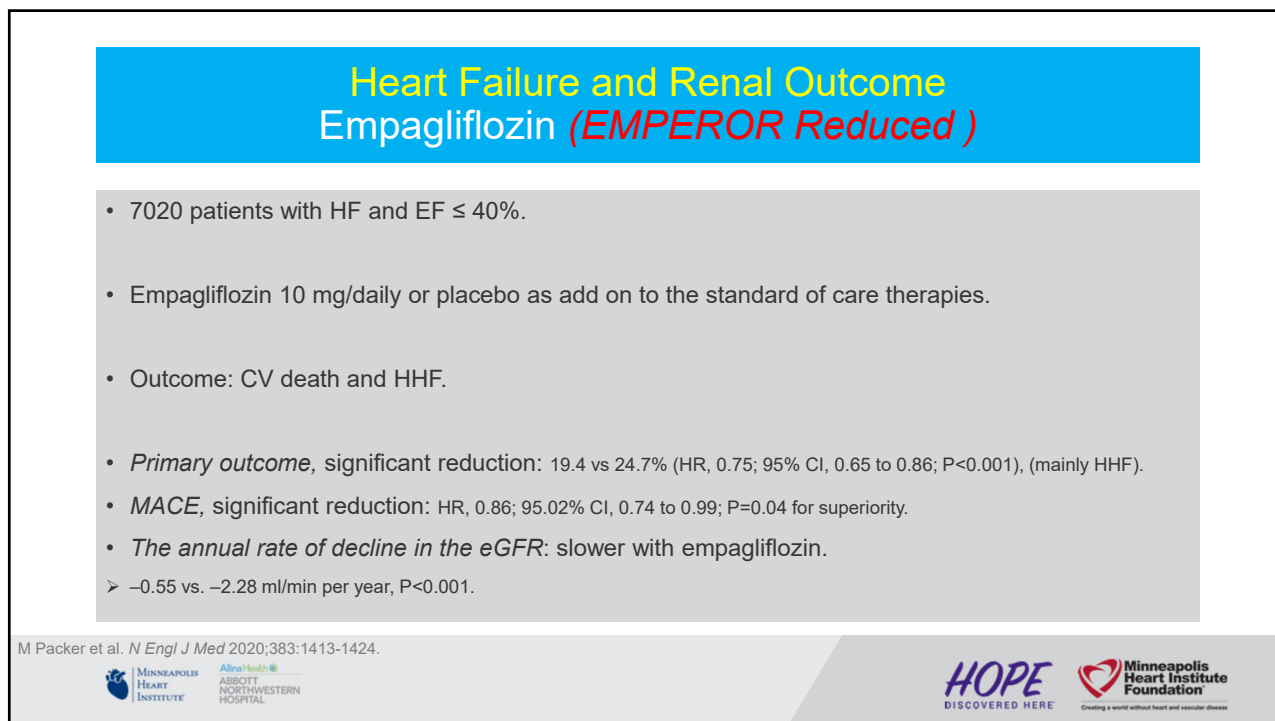
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Heart Failure and Renal Outcome Empagliflozin (*EMPEROR-Reduced*)

A Primary Outcomes

B First and Recurrent Hospitalizations for Heart Failure

Table 2. Primary and Secondary Cardiovascular Outcomes.^a

Variable	Empagliflozin (N=1863)	Placebo (N=1867)	Hazard Ratio or Absolute Difference (95% CI) ^b	P Value
	events/100 patient-yr	events/100 patient-yr		
Primary composite outcome—no. (%)	361 (19.4)	462 (24.7)	0.75 (0.65 to 0.86)	<0.001
Hospitalization for heart failure	246 (13.2)	342 (18.3)	0.69 (0.59 to 0.81)	
Cardiovascular death	187 (10.0)	202 (10.8)	0.92 (0.75 to 1.12)	
Secondary outcomes specified in hierarchical testing procedure				
Total no. of hospitalizations for heart failure	388	553	0.70 (0.58 to 0.85)	<0.001
Mean slope of change in eGFR—ml/min/1.73 m ² per year ^c	-0.55±0.23	-2.28±0.23	1.73 (1.10 to 2.37)	<0.001
Other prespecified analyses				
Composite renal outcome—no. (%) ^d	30 (1.6)	58 (3.1)	0.50 (0.32 to 0.77)	
Change in quality-of-life score on KCCQ at 52 weeks ^e	5.8±0.4	4.1±0.4	1.7 (0.5 to 3.0)	
No. of hospitalizations for any cause	1364	1570	0.85 (0.75 to 0.95)	
Death from any cause—no. (%)	249 (13.4)	266 (14.2)	0.92 (0.77 to 1.10)	
Onset of new diabetes in patients with prediabetes—no./total no. (%)	71/632 (11.2)	9.3/80/636 (12.6)	0.86 (0.62 to 1.19)	
Laboratory and other measurements (adjusted change from baseline to 52 wk)				
Glycated hemoglobin in patients with diabetes—%	-0.28±0.03	-0.12±0.03	-0.16 (-0.25 to -0.08)	
Hematoctrit (%)	1.98±0.10	-0.38±0.10	2.36 (2.08 to 2.63)	
Median NT-proBNP (IQI)—pg/ml	-244 (-890 to 260)	-141 (-784 to 585)	0.87 (0.82 to 0.93)	
Body weight—kg	-0.73±0.13	0.08±0.13	-0.82 (-1.18 to -0.45)	
Systemic blood pressure—mm Hg	-2.4±0.4	-1.7±0.4	-0.7 (-1.8 to 0.4)	

M Packer et al. *N Engl J Med* 2020;383:1413-1424.

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Heart Failure and Renal Outcome Empagliflozin (*EMPEROR-Preserved*)

- 5988 patients with HF and EF > 40%.
- Empagliflozin 10 mg/daily or placebo as add on to the standard of care therapies.
- Outcome: CV death and HHF.
- Results, *primary outcome*, significant reduction: 13.8% vs 17.1% (HR, 0.79; 95% CI, 0.69 to 0.90; P<0.001).
- *The annual rate of decline in the eGFR*: was slower with empagliflozin.
 - -0.55 vs. -2.28 ml/min per year, P<0.001.

SD Anker et al. *N Engl J Med* 2021;385:1451-1461.

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Heart Failure and Renal Outcome Empagliflozin (*EMPEROR- Preserved*)

**Hazard ratio, 0.79 (95% CI, 0.69-0.90)
P<0.001**

HHF and CV death

No. at Risk

Time (Months)	Placebo	Empagliflozin
0	2991	2997
3	2888	2928
6	2786	2843
9	2706	2780
12	2627	2708
15	2424	2491
18	2066	2134
21	1821	1858
24	1534	1578
27	1278	1332
30	961	1005
33	681	709
36	400	402

Table 2. Primary and Secondary Cardiovascular Outcomes.^a

Variable	Empagliflozin (N=2997)	Placebo (N=2991)	Hazard Ratio or Difference (95% CI)	P Value
	events per 100 patient-yr	events per 100 patient-yr		
Primary composite outcome — no. (%)	415 (13.8)	511 (17.1)	0.79 (0.69-0.90)	<0.001
Hospitalization for heart failure	259 (8.6)	332 (11.8)	0.71 (0.60-0.83)	
Cardiovascular death	219 (7.3)	244 (8.2)	0.91 (0.76-1.09)	
Secondary outcomes specified in hierarchical testing procedure				
Total no. of hospitalizations for heart failure	407	541	0.73 (0.61-0.88)	<0.001
eGFR (CKD-EPI) mean slope change per year — ml/min/1.73 m ² †	-1.25±0.11	-2.62±0.11	1.36 (1.06-1.66)	<0.001
Other prespecified analyses				
Change in KCCQ clinical summary score at 52 wk‡	4.51±0.31	3.18±0.31	1.32 (0.45-2.19)	
Total no. of hospitalizations for any cause	2566	2769	0.93 (0.85-1.01)	
Composite renal outcome — no. (%)	108 (3.6)	112 (3.7)	0.95 (0.73-1.24)	
Onset of new diabetes in patients with prediabetes — no. (%)	120 (12.0)	137 (14.0)	0.84 (0.65-1.07)	
Death from any cause — no. (%)	422 (14.1)	427 (14.3)	1.00 (0.87-1.15)	

SD Anker et al. *N Engl J Med* 2021;385:1451-1461.

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PAD Subgroup Analysis Empagliflozin (*EMPEROR- Pooled*)

- 821/9718 (8.4%) patients had PAD (261 in Reduced and 560 in Preserved).
- PAD pts were more likely to be men (70.5% vs 62.6%), white (83.9% vs 72.9%), and older (72.2±8.3 vs 69.7±10.5 years).
- Patients with PAD were:**
 - More symptomatic: median KCCQ scores [PAD, 68.8 versus no PAD, 75.0].
 - NYHA class ≥III [PAD, 27.4% versus no PAD, 20.3%].
 - More likely to have ischemic HF (60.5% versus 39.9%).
 - More likely to be previous/current smokers (65.0% versus 48.8%).
 - More likely to have DM (65.2% versus 47.9%).
 - More likely to have HTN (90.6% versus 82.9%).
 - More likely to have and HL (84.8% versus 62.9%).



Verma et al. *Arterioscler Thromb Vasc Biol.* 2023 Jul; 43(7): 1334-1337.

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PAD Subgroup Analysis Empagliflozin (*EMPEROR- Pooled*)

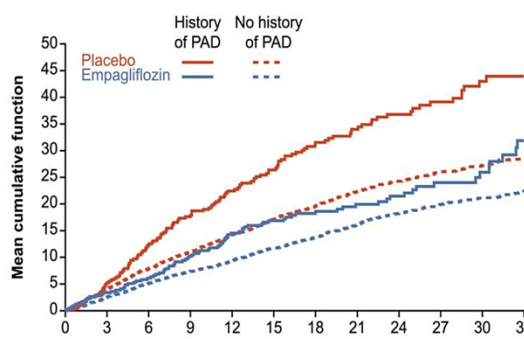
- PAD vs placebo group had an elevated risk of HF outcomes and mortality compared with no PAD.
- HHF, CV death, all-cause mortality, and composite of CV death/HHF were higher in pts with PAD.
 - HHF: $P=0.007$; CV death: $P=0.02$; all-cause mortality: $P=0.002$; HHF/CV death: $P=0.08$.
- The efficacy of empagliflozin on cardiorenal outcomes was consistent regardless of PAD history.
 - PAD: HR for total HHF, 0.64 [95% CI, 0.42–0.98] vs no PAD: HR for total HHF, 0.73 [95% CI, 0.63–0.84]; $P_{interaction}$, 0.56.
- Absolute risk reductions for total HHF events was higher (6.0% in PAD and 3.2% in no PAD groups).

Verma et al. *Arterioscler Thromb Vasc Biol.* 2023 Jul; 43(7): 1334–1337.

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PAD Subgroup Analysis Empagliflozin (*EMPEROR- Pooled*)

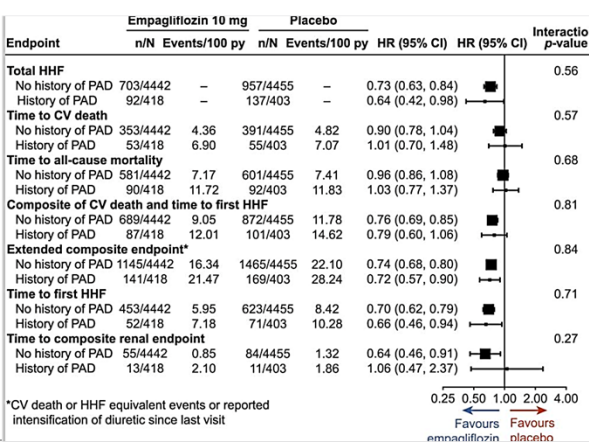


Patients at risk



	Months since randomization											
	0	3	6	9	12	15	18	21	24	27	30	33
History of PAD												
Placebo	403	393	382	366	342	310	264	229	186	153	107	78
Empagliflozin	418	412	398	380	361	319	254	214	176	136	101	70
No history of PAD												
Placebo	4455	4372	4281	4015	3759	3325	2726	2266	1784	1396	983	673
Empagliflozin	4442	4376	4283	4021	3739	3293	2725	2258	1780	1411	1001	698

Endpoint	Empagliflozin 10 mg		Placebo		HR (95% CI)	HR (95% CI)	Interaction p-value
	n/N	Events/100 py	n/N	Events/100 py			
Total HHF							
No history of PAD	703/4442	–	957/4455	–	0.73 (0.63, 0.84)		0.56
History of PAD	92/418	–	137/403	–	0.64 (0.42, 0.98)		
Time to CV death							
No history of PAD	353/4442	4.36	391/4455	4.82	0.90 (0.78, 1.04)		0.57
History of PAD	53/418	6.90	55/403	7.07	1.01 (0.70, 1.48)		
Time to all-cause mortality							
No history of PAD	581/4442	7.17	601/4455	7.41	0.96 (0.86, 1.08)		0.68
History of PAD	90/418	11.72	92/403	11.83	1.03 (0.77, 1.37)		
Composite of CV death and time to first HHF							
No history of PAD	689/4442	9.05	872/4455	11.78	0.76 (0.69, 0.85)		0.81
History of PAD	87/418	12.01	101/403	14.62	0.79 (0.60, 1.06)		
Extended composite endpoint*							
No history of PAD	1145/4442	16.34	1465/4455	22.10	0.74 (0.68, 0.80)		0.84
History of PAD	141/418	21.47	169/403	28.24	0.72 (0.57, 0.90)		
Time to first HHF							
No history of PAD	453/4442	5.95	623/4455	8.42	0.70 (0.62, 0.79)		0.71
History of PAD	52/418	7.18	71/403	10.28	0.66 (0.46, 0.94)		
Time to composite renal endpoint							
No history of PAD	55/4442	0.85	84/4455	1.32	0.64 (0.46, 0.91)		0.27
History of PAD	13/418	2.10	11/403	1.86	1.06 (0.47, 2.37)		

*CV death or HHF equivalent events or reported intensification of diuretic since last visit



Verma et al. *Arterioscler Thromb Vasc Biol.* 2023 Jul; 43(7): 1334–1337.

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Heart Failure and Renal Outcome Empagliflozin (*EMPA-Kidney*)

- 6609 pts with CKD: (eGFR of at least 20) with a urinary albumin-to-creatinine ratio of at least 200.
- Empagliflozin 10 mg/daily or placebo.
- Outcome: composite of progression of kidney disease (ESRD, sustained decrease in eGFR to <10 ml/min, a sustained decrease in eGFR of ≥40% from baseline, or renal death) or CV death.
- Results, *primary outcome, significant reduction*: 13.1 vs 16.9% (HR: 0.72; 95% CI: 0.64 to 0.82; P<0.001).
- *Annual rate of decline in the eGFR*: was slower with empagliflozin.
 - -0.55 vs. -2.28 ml per minute per 1.73 m² of body-surface area per year, P<0.001.

The EMPA-KIDNEY Collaborative Group. *N Engl J Med* 2023;388:117-127.



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Heart Failure and Renal Outcome Empagliflozin (*EMPA-Kidney*)

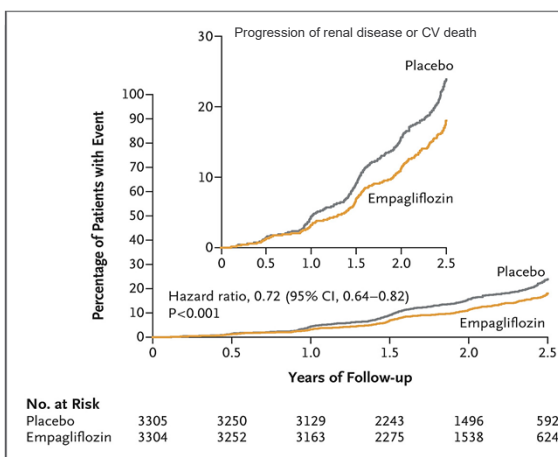


Table 2. Primary, Secondary, and Safety Outcomes.

Outcome	Empagliflozin (N=3304)		Placebo (N=3305)		Hazard Ratio (95% CI) ^a	P Value
	no. (%)	no. of events/100 patient-yr	no. (%)	no. of events/100 patient-yr		
Primary outcome: progression of kidney disease or death from cardiovascular causes	432 (13.1)	6.85	558 (16.9)	8.96	0.72 (0.64-0.82)	<0.001
Key secondary outcomes ^b						
Hospitalization for heart failure or death from cardiovascular causes	131 (4.0)	2.04	152 (4.6)	2.37	0.84 (0.67-1.07)	0.15
Hospitalization for any cause ^c	—	24.8	—	29.2	0.86 (0.78-0.95)	0.003
Death from any cause	148 (4.5)	2.28	167 (5.1)	2.58	0.87 (0.70-1.08)	0.21
Other secondary outcomes						
Progression of kidney disease	384 (11.6)	6.09	504 (15.2)	8.09	0.71 (0.62-0.81)	
Death from cardiovascular causes	59 (1.8)	0.91	69 (2.1)	1.06	0.84 (0.60-1.19)	
End-stage kidney disease or death from cardiovascular causes ^d	163 (4.9)	2.54	217 (6.6)	3.40	0.73 (0.59-0.89)	
Safety outcomes						
Serious urinary tract infection	52 (1.6)	0.81	54 (1.6)	0.84	0.94 (0.64-1.37)	
Serious genital infection	1 (<0.1)	0.02	1 (<0.1)	0.02	—	
Serious hyperkalemia	92 (2.8)	1.44	109 (3.3)	1.72	0.83 (0.63-1.09)	
Serious acute kidney injury	107 (3.2)	1.67	135 (4.1)	2.11	0.78 (0.60-1.00)	
Serious dehydration	30 (0.9)	0.46	24 (0.7)	0.37	1.25 (0.73-2.14)	
Liver injury	13 (0.4)	0.20	12 (0.4)	0.19	1.09 (0.50-2.38)	
Ketoacidosis ^e	6 (0.2)	0.09	1 (<0.1)	0.02	—	
Lower-limb amputation	28 (0.8)	0.43	19 (0.6)	0.29	1.43 (0.80-2.57)	
Bone fracture	133 (4.0)	2.09	123 (3.7)	1.93	1.08 (0.84-1.38)	
Severe hypoglycemia ^f	77 (2.3)	1.20	77 (2.3)	1.21	1.00 (0.73-1.37)	
Symptomatic dehydration ^g	83 (2.5)	1.30	76 (2.3)	1.19	1.10 (0.81-1.51)	

The EMPA-KIDNEY Collaborative Group. *N Engl J Med* 2023;388:117-127.



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Reduction in MACE Canagliflozin (CANVAS-CANVAS-Renal) Trials

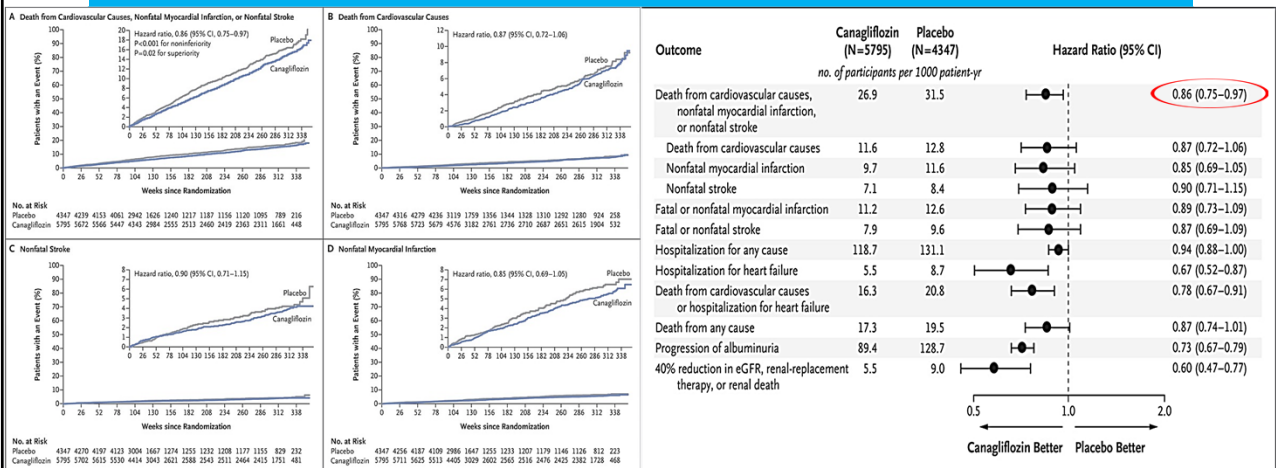
- 10,142 participants with T2D and high CV risk.
- Canagliflozin 300 mg, 100 mg, or a matching placebo.
- Study Duration: up to 3.6 years.
- Combined analysis primary outcome: MACE.
- Results, MACE: significant reduction
 - HR: 0.86, 95% CI, 0.75 to 0.97; P<0.001 for noninferiority and P=0.02 for superiority.
 - CV Death: no significant difference.

Neal B et al. *N Engl J Med* 2017; 377:644-657



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Reduction in MACE Canagliflozin (CANVAS-CANVAS-Renal) Trials



Neal B et al. *N Engl J Med* 2017; 377:644-657



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Amputation Risk Canagliflozin (*CANVAS-CANVAS-Renal*) Trials

- The risk of LE amputation was *almost doubled* with canagliflozin.
 - 6.3 vs. 3.4 participants per 1000 pts-years: HR, CI, 1.41-2.75.
- 187 participants had amputation, with 290 amputation events.
 - 123 single amputation event.
 - 71% minor amputation at the level of the toe or metatarsal.
- The highest absolute risk of amputation occurred among patients with PAD.

Neal B et al. *N Engl J Med* 2017; 377:644-657



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Amputation Risk Canagliflozin (*CANVAS-CANVAS-Renal*) Sub-analysis

- An *increased risk* of amputation (major and minor) with canagliflozin compared to placebo.
- Anticipated risk factors for amputation:
 - Prior history of amputation
 - PAD
 - Neuropathy
- No specific etiological mechanism or at-risk subgroup for canagliflozin was identified.

Mathews DR, Li Q et al. *Diabetologia* 2019; 62: 926–938.



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Amputation Risk Canagliflozin (*CANVAS-CANVAS-Renal*) Sub-analysis

a Any amputation
HR 1.97 (95% CI 1.41, 2.75)

b Major amputation
HR 2.33 (95% CI 1.08, 5.02)

c Minor amputation
HR 1.84 (95% CI 1.31, 2.60)

	Canagliflozin participants with an event per 1000 participant-years	Placebo participants with an event per 1000 participant-years	HR (95% CI)
All amputation	6.30	3.37	1.97 (1.41, 2.75)
Minor amputation	4.48	2.44	1.94 (1.31, 2.68)
Toe	3.44	2.16	1.65 (1.07, 2.53)
Transmetatarsal	1.04	0.29	4.17 (1.43, 12.16)
Major amputation	1.82	0.93	2.03 (1.08, 3.82)
Ankle	0.04	0.07	0.69 (0.04, 11.58)
Below knee	1.16	0.64	1.88 (0.87, 4.05)
Above knee	0.62	0.21	2.91 (0.83, 10.23)
Canagliflozin 100 mg vs placebo ^a	6.17	2.76	2.24 (1.36, 3.69)
Canagliflozin 300 mg vs placebo ^a	5.54	2.76	2.01 (1.20, 3.34)
Proximate aetiology			
Infection	2.43	1.15	2.18 (1.24, 3.83)
Chronic ischaemia	3.69	2.22	1.77 (1.17, 2.69)
Acute ischaemia	0.09	0.00	—
Undetermined	0.14	0.00	—

Mathews DR, Li Q et al. *Diabetologia* 2019; 62: 926–938.

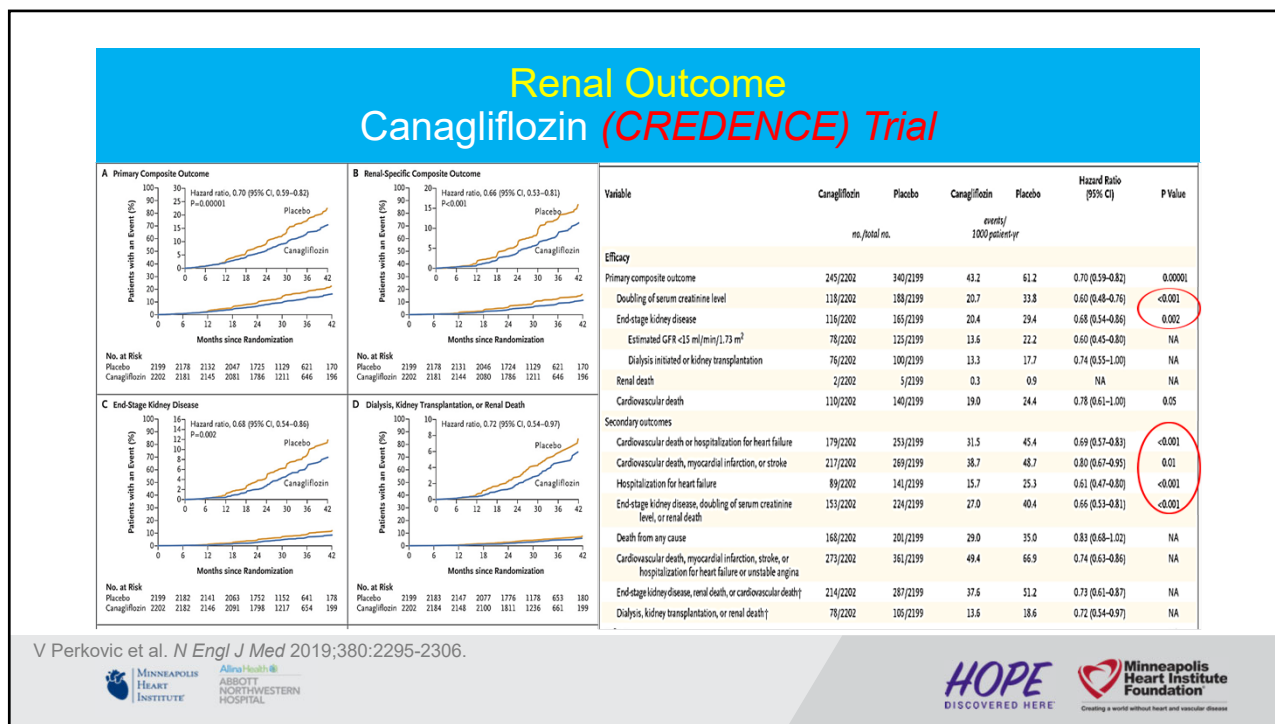
31

Renal Outcome Canagliflozin (*CREDENCE*) Trial

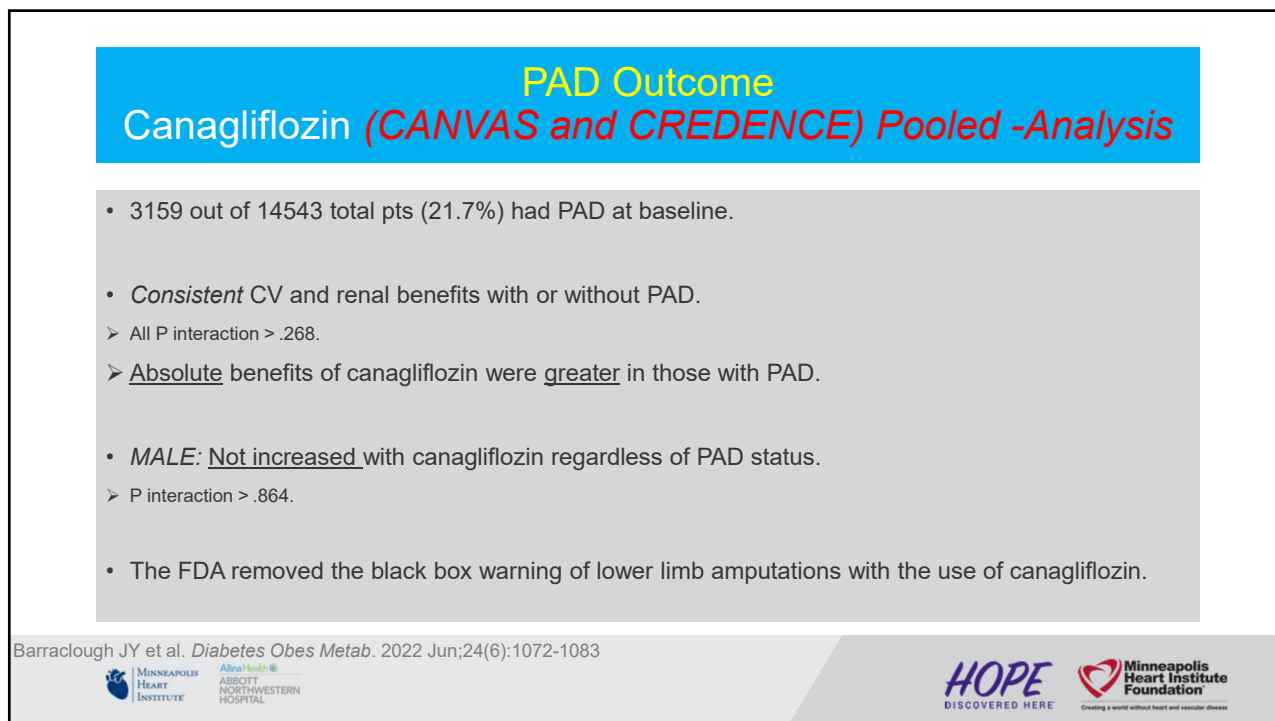
- 4401 patients with T2D and albuminuric CKD.
- Canagliflozin 100 mg daily or placebo in addition to ACE-i
- Study Duration: up to 2.62 years.
- Combined analysis primary outcome: ESRD, a doubling of the serum CR level, or death from renal or CV causes.
- **Primary Results:** significant reduction with canagliflozin:
 - 43.2 and 61.2 per 1000 patient-years, (HR, 0.70; 95% [CI], 0.59 to 0.82; P=0.00001).
- **MACE**, lower: (HR, 0.80; 95% CI, 0.67 to 0.95; P=0.01).
- **HHF**, lower: (HR, 0.61; 95% CI, 0.47 to 0.80; P<0.001).
- **Amputation rate, not significant:** 12.3 and 11.2 per 1000 patient-years (HR, 1.11; 95% CI, 0.79 to 1.56).

V Perkovic et al. *N Engl J Med* 2019;380:2295-2306.

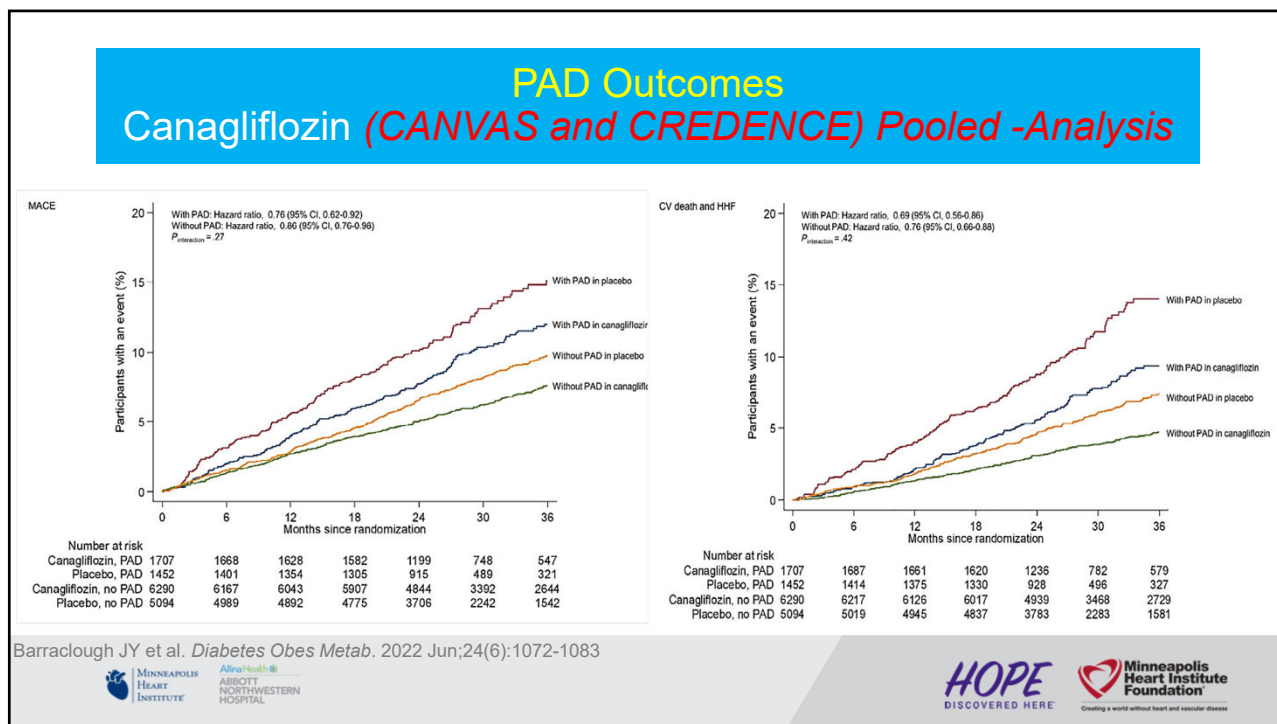
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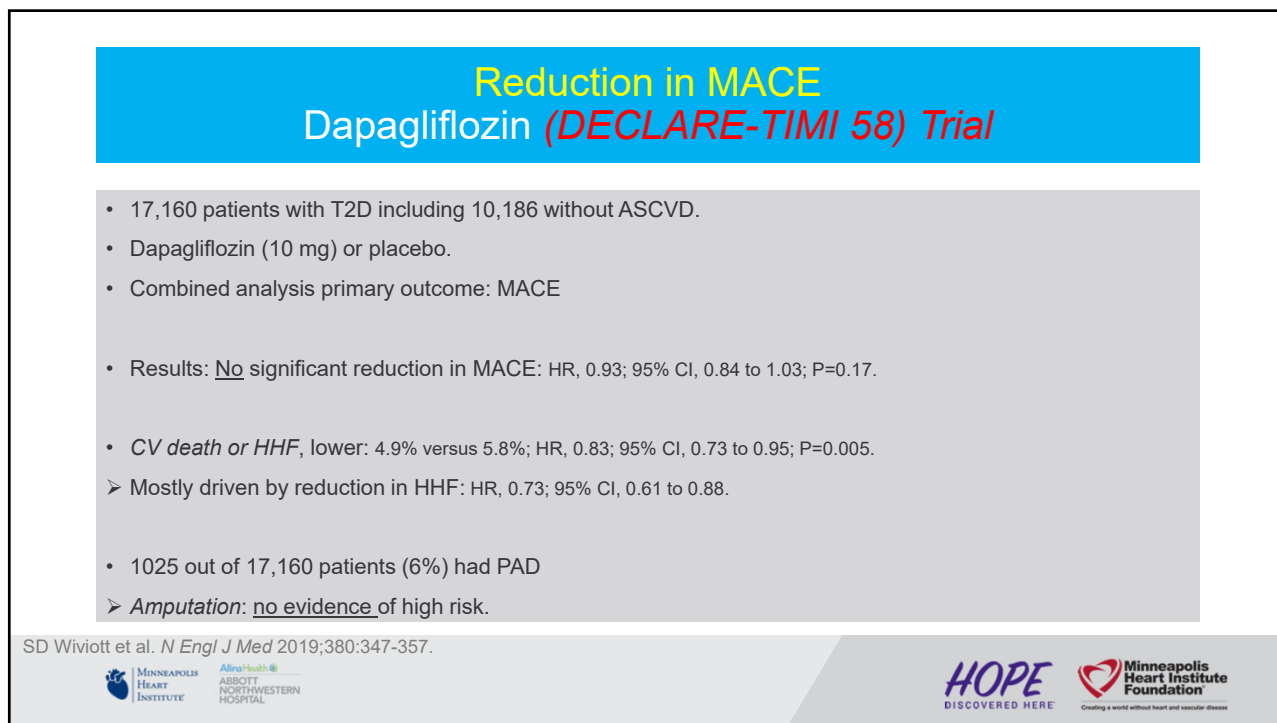
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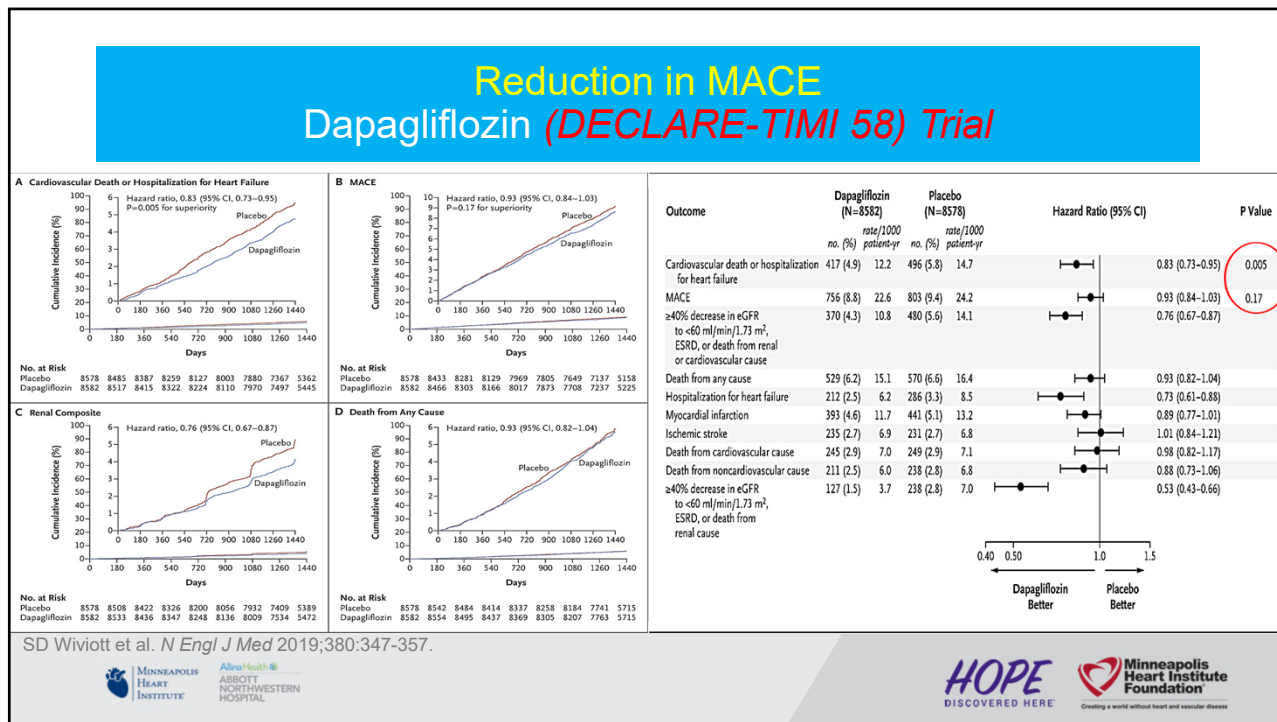
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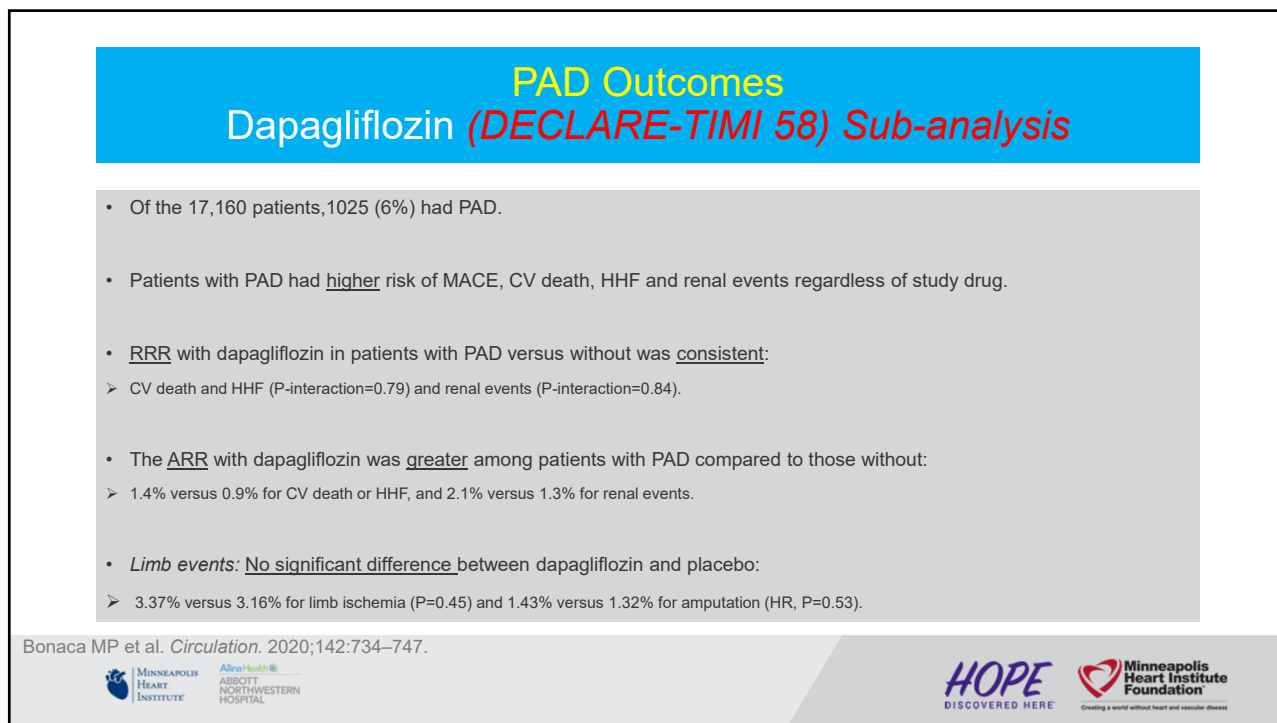
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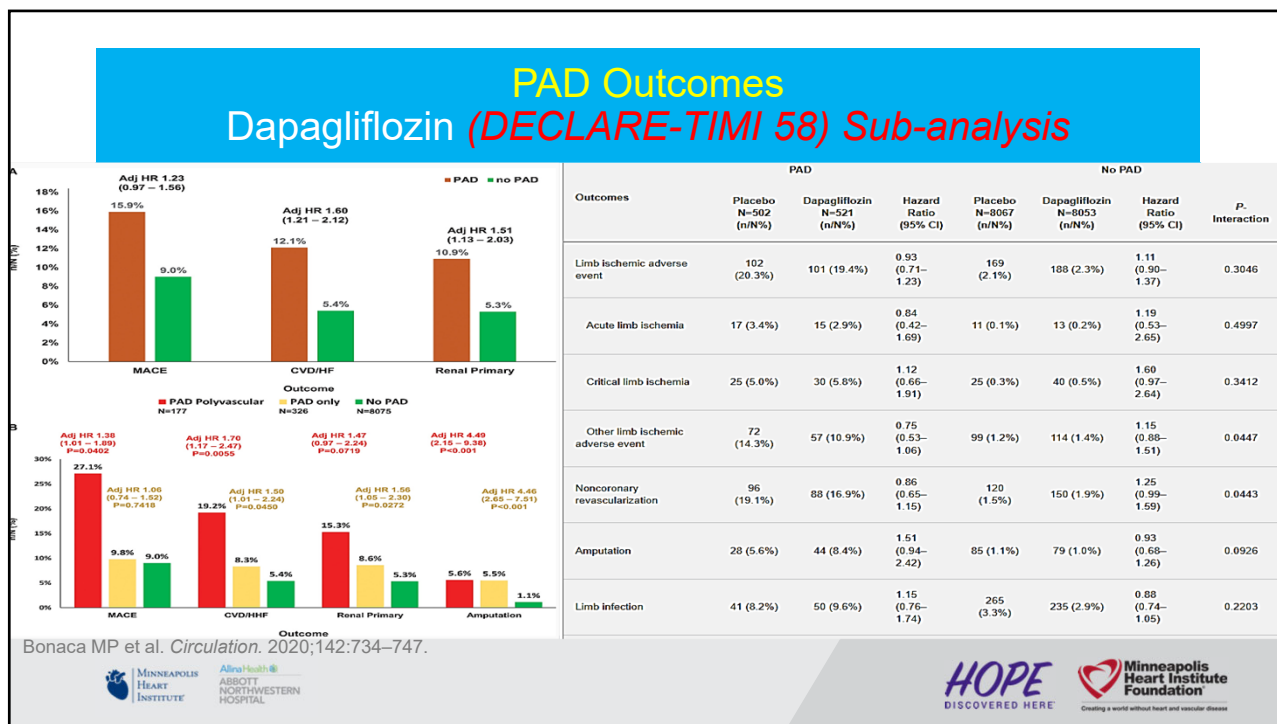
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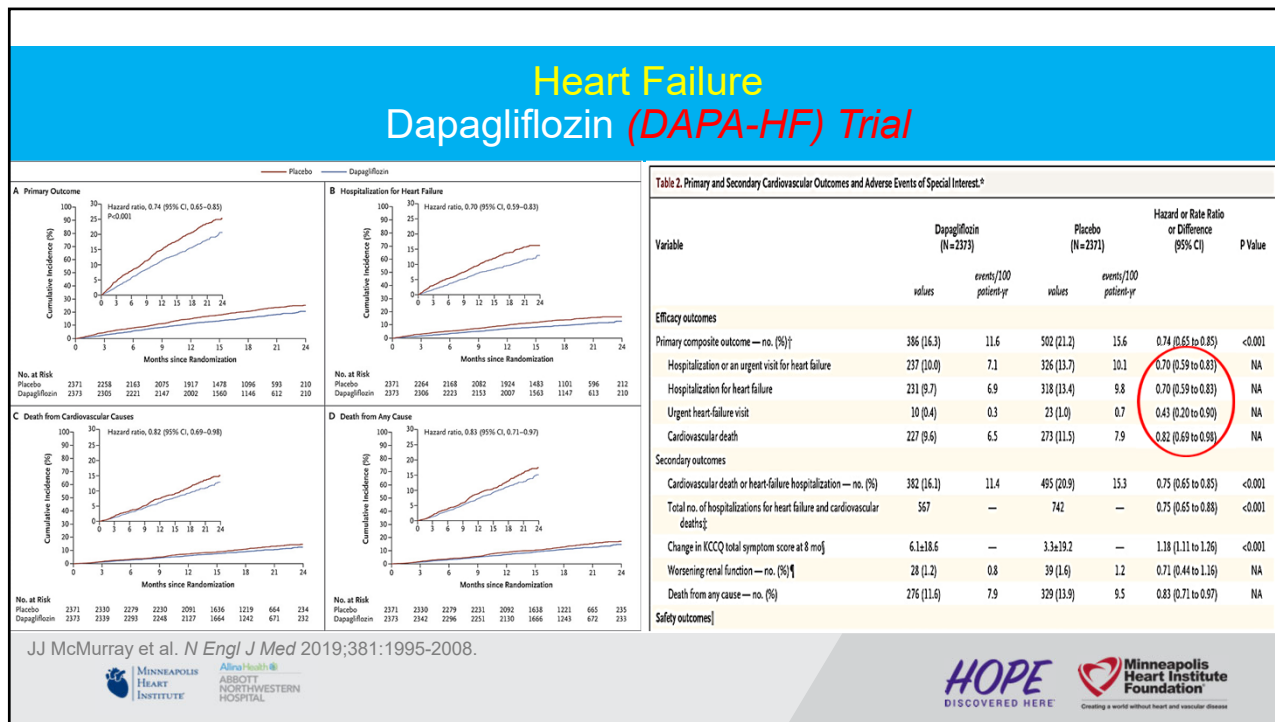
Heart Failure Dapagliflozin (*DAPA-HF*) Trial

- 4744 patients with NYHA class II, III, or IV HF and an EF of 40% or less.
- Dapagliflozin (10 mg once daily) or placebo.
- Primary outcome: composite of worsening HF (hospitalization or an urgent visit resulting in intravenous therapy for HF) or CV death

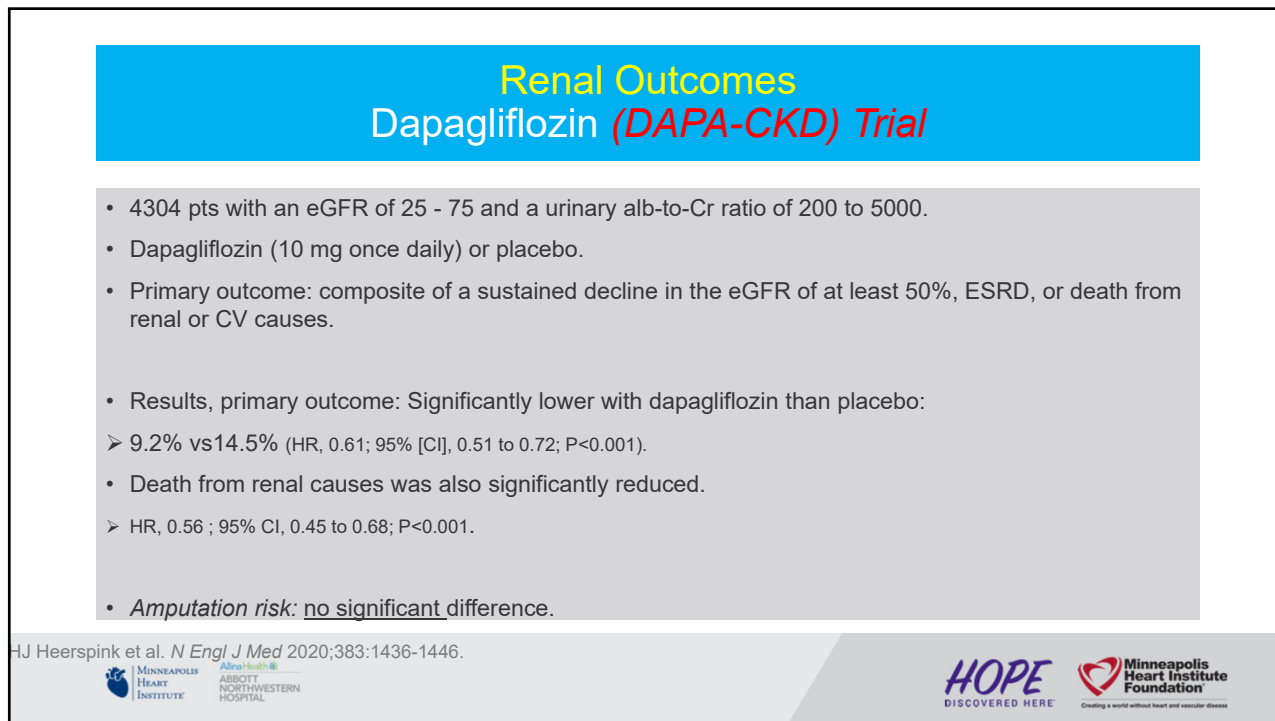
- Results, *primary outcome*, reduced with dapa: 16.3% vs 21.2%, (HR, 0.74; 95% [CI], 0.65 to 0.85; P<0.001).
 - HHF: HR, 0.70; 95% CI, 0.59 to 0.83.
 - CV death: HR, 0.82; 95% CI, 0.69 to 0.98.
 - Death from any cause: HR, 0.83; 95% CI, 0.71 to 0.97.
- *Amputation risk*: No significant difference.

JJ McMurray et al. *N Engl J Med* 2019;381:1995-2008.

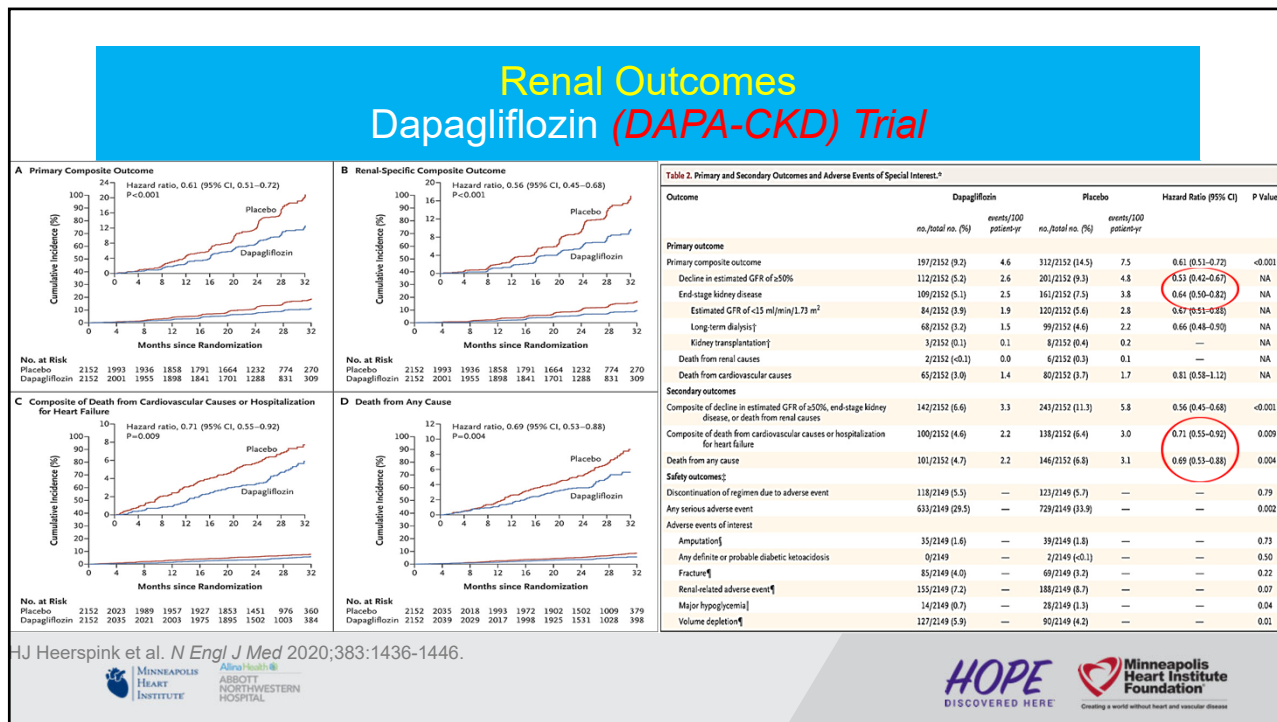
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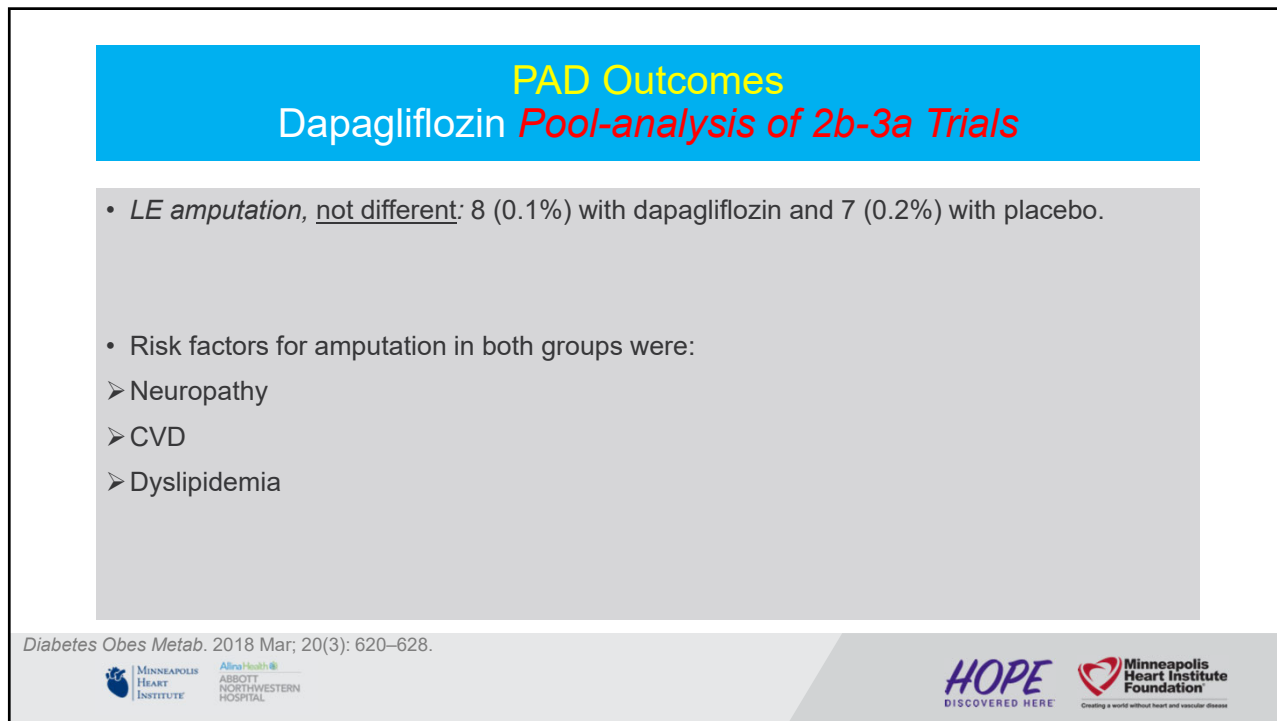
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CV Outcome Sotagliflozin (SGLT1 and 2-i) (SCORED) Trial

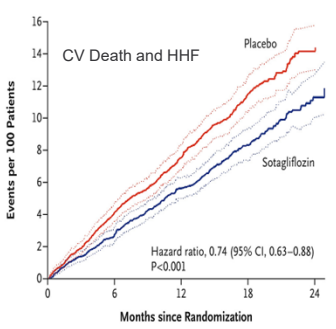
- 10,584 patients with T2D, CKD (eGFR 25–60 mL/min/1.73 m²) and risks for CVD.
- Sotagliflozin or placebo.
- Primary outcome: CV death, HHF, and urgent visits for HF.
- Ended early due to loss of fund.
- Results, *primary outcome*: reduced with sotagliflozin.
 - 5.6 vs. 7.5%; HR 0.74; 95% CI, 0.63 to 0.88; P<0.001.
- *MACE*, reduced: HR 0.84; 95% CI, 0.72 to 0.99.

Bhatt DL, et al. *N Engl J Med* 2021; 384:129-139

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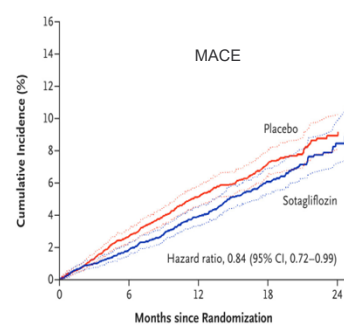
CV Outcome Sotagliflozin (SCORED) Trial



CV Death and HHF

Hazard ratio, 0.74 (95% CI, 0.63-0.88)
P<0.001

No. at Risk	0	6	12	18	24
Placebo	5292	5160	3914	2061	441
Sotagliflozin	5292	5197	3965	2085	444



MACE



Hazard ratio, 0.84 (95% CI, 0.72-0.99)

No. at Risk	0	6	12	18	24
Placebo	5292	5090	3817	1985	421
Sotagliflozin	5292	5150	3892	2034	432

Table 2. Primary End Point and Secondary End Points.*

End Point	Sotagliflozin (N=5292)	Placebo (N=5292)	Hazard Ratio (95% CI)†	P Value
	no. of events/100 patient-yr (no. of events)			
Primary end point: total no. of deaths from cardiovascular causes, hospitalizations for HF, and urgent visits for HF	5.6 (400)	7.5 (530)	0.74 (0.63-0.88)	<0.001
Major secondary end points, in order of hierarchical testing				
Total no. or hospitalizations for HF and urgent visits for HF	3.5 (245)	5.1 (360)	0.67 (0.55-0.82)	<0.001
Deaths from cardiovascular causes	2.2 (155)	2.4 (170)	0.90 (0.73-1.12)	0.35‡
Total no. of deaths from cardiovascular causes, hospitalizations for HF, nonfatal myocardial infarctions, and nonfatal strokes	7.6 (541)	10.4 (738)	0.72 (0.63-0.83)	—
Total no. of deaths from cardiovascular causes, hospitalizations for HF, urgent visits for HF, and events of HF during hospitalization	6.4 (453)	8.3 (589)	0.76 (0.65-0.89)	—
First occurrence of a sustained decrease of ≥50% in the eGFR from baseline for ≥30 days, long-term dialysis, renal transplantation, or sustained eGFR of <15 mL/min/1.73 m ² for ≥30 days	0.5 (37)	0.7 (52)	0.71 (0.46-1.08)	—
Deaths from any cause	3.5 (246)	3.5 (246)	0.99 (0.83-1.18)	—
Total no. of deaths from cardiovascular causes, nonfatal myocardial infarctions, and nonfatal strokes	4.8 (343)	6.3 (442)	0.77 (0.65-0.91)	—

Bhatt DL, et al. *N Engl J Med* 2021; 384:129-139

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Heart Failure Outcome Sotagliflozin (SOLOIST-WHF) Trial

- 1222 patients with T2D and a recent hospitalization for acute decompensated HF (either reduced or preserved EF%).
- Sotagliflozin or placebo.
- Primary outcome: CV death and hospitalizations and urgent visits for HF.
- Ended early due to loss of fund.
- Results, *primary outcome*: reduced with sotagliflozin.
 - 51.0 versus 76.3%; HR, 0.67; 95% CI, 0.52 to 0.85; P<0.001.
- *Death from CV or any cause*: no significant difference.

Bhatt DL, et al. *N Engl J Med* 2021; 384:117-128

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Heart Failure Outcome Sotagliflozin (SOLOIST-WHF) Trial

End Point	Sotagliflozin (N=608)	Placebo (N=614)	Hazard Ratio or Difference (95% CI) ^a	P Value
Primary end point: deaths from cardiovascular causes and hospitalizations and urgent visits for heart failure — total no. of events (rate) [†]	245 (51.0)	355 (76.3)	0.67 (0.52 to 0.85)	<0.001
Secondary end points in order of hierarchical testing				
Hospitalizations and urgent visits for heart failure — total no. of events (rate) [†]	194 (40.4)	297 (63.9)	0.64 (0.49 to 0.83)	<0.001
Deaths from cardiovascular causes — total no. of events (rate) [†]	51 (10.6)	58 (12.5)	0.84 (0.58 to 1.22)	0.36§
Deaths from cardiovascular causes, hospitalizations for heart failure, nonfatal myocardial infarctions, and nonfatal strokes — total no. of events (rate) [†]	247 (51.4)	330 (71.0)	0.72 (0.56 to 0.92)	
Deaths from cardiovascular causes, hospitalizations and urgent visits for heart failure, and events of heart failure during hospitalization — total no. of events (rate) [†]	263 (54.7)	375 (80.6)	0.68 (0.54 to 0.86)	
Deaths from any cause — total no. of events (rate) [†]	65 (13.5)	76 (16.3)	0.82 (0.59 to 1.14)	
Least-squares mean change in KCCQ-12 score to month 4	17.7	13.6	4.1 (1.3 to 7.0)	
Least-squares mean change in estimated GFR — ml/min/1.73 m ²	-0.34	-0.18	-0.16 (-1.30 to 0.98)	

Bhatt DL, et al. *N Engl J Med* 2021; 384:117-128

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CV Outcome Ertugliflozin (VERTIS-CV) Trial

- 8246 patients with T2D and ASCVD.
- Ertugliflozin 5 or 15 mg or placebo.
- Primary outcome: MACE.

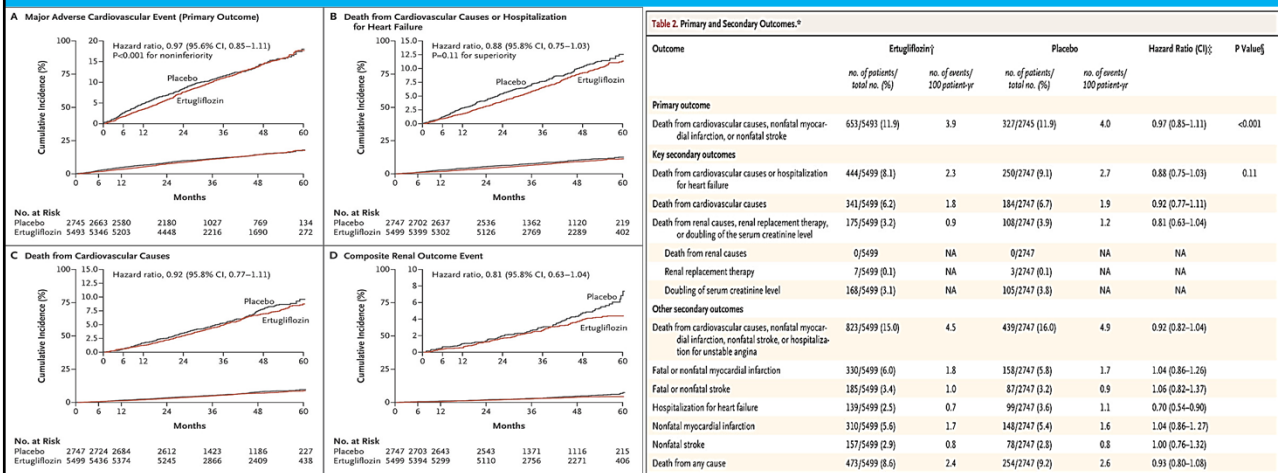
- Results, **MACE**: not significant
 - HR, 0.97; 95.6% [CI], 0.85 to 1.11; P<0.001 for non-inferiority.
- **CV death or HHF**: were not significant
 - HR, 0.88; 95.8% CI, 0.75 to 1.03; P=0.11 for superiority.
- **Amputations**: in 54 pts (2.0%) with 5-mg of ertugliflozin and in 57 pts (2.1%) with 15-mg, as compared with 45 pts (1.6%) with placebo.

Cannon CP, et al. *N Engl J Med* 2020; 383:1425-1435



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CV Outcome Ertugliflozin (VERTIS-CV) Trial



Cannon CP, et al. *N Engl J Med* 2020; 383:1425-1435






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SGLT-i Drugs Dosing and Indications


Drug	Doses	Indications
Empagliflozin <i>Jardiance®</i>	10 mg daily	1- Improve glycemic control in T2D 2- Reduce the risk of CV death in adults with T2D and established CV disease 3- Reduce CV death and HHF in adults with HF 4- Reduce renal disease progression, CV death or hospitalization in patients with CKD
Canagliflozin <i>Invokana®</i>	100 mg daily	1- Improve glycemic control in T2D 2- Reduce MACE in adults with T2D and established CVD 3- Reduce risk of ESRD, doubling of Cr, CV death, and HHF in T2D with albuminuria (>300 mg/day)
Dapagliflozin <i>Farxiga®</i>	10 mg daily	1- Improve glycemic control in T2D 2- Reduce risk of HHF in adults with T2D and known CVD or multiple CV risks 3- Reduce risk of CV death and HHF in adults with HF 4- Reduce risk of worsening renal disease, ESRD, CV death and HHF in pts with CKD
Sotagliflozin <i>Inpefa®</i>	200-400 mg daily	1- Reduce risk of CV death/HHF in adults with HF 2- Reduce risk of CV death/HHF in adults with T2D, CKD, and other CV risks

Skeik N et al. *Vasc Med*. 2023 Feb;28(1):62-76.




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SGLT-i: Summary




Empagliflozin: Reduction in MACE (EMPA-REG), HHF and CV death (EPERORs), and renal and CV outcomes (EMPA-Kidney). *No difference in amputation risk (EMPA-REG sub-analysis).*




Canagliflozin: Reduction in MACE (CANVAS). *Increased amputation risk.*
Reduction in CV and renal outcomes (CRENCE). *No difference in amputation risk.*



Dapagliflozin: Reduction in HHF/CV death (DAPA-HF), renal/CV outcome (DAPA-CKD), no difference in MACE (DECLARE-TIMI 58). *No difference in amputation risk.*






Sotagliflozin: Reduction in HHF/CV death and MACE (SCORED/SOLOIST-WHF).




Ertugliflozin: No difference HHF/CV death (VERTIS-CV). *No difference in amputation risk.*

Skeik N et al. *Angiology*. 2022 Mar;73(3):197-206



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Glucagon Like Peptide Receptor Agonist (GLP1-RA) Mechanism of Action

- Food---GLP1 secretion from L-cells---inactivated after 2-3 mins by the DPP-4, (GLP-1 is reduced in T2D).
- GLP1-RA---increases GLP-1---increases insulin/reduces glucagon and delaying gastric emptying---reduces gluc.
- *CV benefits:* weight, BP and Tg reductions, natriuresis, anti-inflammatory properties.
- Anti-atherosclerotic and thrombotic effects.

- **Six GLP1-RA SC agents:**
 - Short-acting: [exenatide](#), [lixisenatide](#)
 - Intermediate-acting: [liraglutide](#)
 - Long-acting: [exenatide](#), [dulaglutide](#), [albiglutide](#), and [semaglutide](#) (comes in oral too)

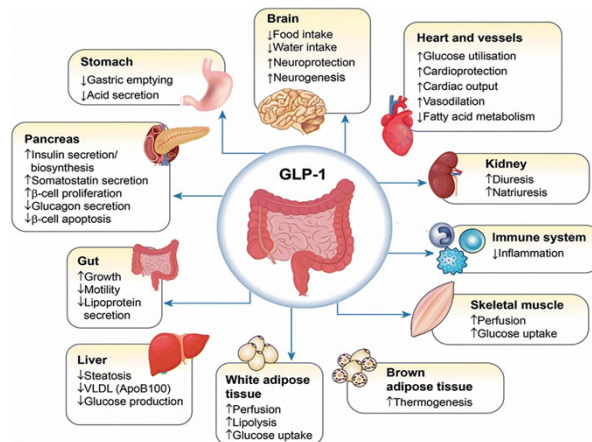
- **GIP** (glucose dependent insulintropic polypeptide) and **GLP1-RA:** [Tirzepatide](#) (*Mounjaro*)

Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.



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GLP1-RA Mechanism of Action *Exact Mechanism Behind CV Benefit Not Well Known!*



Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.



54

GLP1-RA Reduction in MACE Dulaglutide (*REWIND*) Trial

- 9,901 patients with T2D and previous CV events or risk.
- Weekly SC dulaglutide (1.5mg) or placebo.
- Outcome: MACE.
- Results, *MACE*: significant reduction with dulaglutide.
 - HR: 0.88; 95% CI: 0.79 to 0.99, P=0.026.
 - Driven by reduction of *stroke*: HR: 0.76; 95% CI: 0.62 to 0.94.

Gerstein HC et al. *Lancet*. 2019 Jul 13;394(10193):121-130..

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GLP1-RA Reduction in MACE Dulaglutide (*REWIND*) Trial

A Composite cardiovascular outcome

HR 0.88 (95% CI 0.79-0.99)
p=0.026

B Cardiovascular death

HR 0.91 (95% CI 0.78-1.06)
p=0.21

C Non-fatal myocardial infarction

HR 0.96 (95% CI 0.79-1.16)
p=0.65

D Non-fatal stroke

HR 0.76 (95% CI 0.61-0.95)
p=0.017

	Dulaglutide (n=4949)		Placebo (n=4952)		Hazard ratio (95% CI)	p value
	Number of patients (%)	Incidence rate (number of events per 100 person-years)	Number of patients (%)	Incidence rate (number of events per 100 person-years)		
Primary composite outcome	594 (12.0%)	2.35	663 (13.4%)	2.66	0.88 (0.79-0.99)*	0.026
Myocardial infarction	223 (4.5%)	0.87	231 (4.7%)	0.91	0.96 (0.79-1.15)	0.63
Non-fatal myocardial infarction	205 (4.1%)	0.80	212 (4.3%)	0.84	0.96 (0.79-1.16)	0.65
Fatal myocardial infarction	26 (0.5%)	0.10	20 (0.4%)	0.08	1.29 (0.72-2.30)	0.40
Stroke	158 (3.2%)	0.61	205 (4.1%)	0.81	0.76 (0.62-0.94)	0.010
Non-fatal stroke	135 (2.7%)	0.52	175 (3.5%)	0.69	0.76 (0.61-0.95)	0.017
Fatal stroke	26 (0.5%)	0.10	33 (0.7%)	0.13	0.78 (0.47-1.30)	0.34
Cardiovascular death†	317 (6.4%)	1.22	346 (7.0%)	1.34	0.91 (0.78-1.06)	0.21
Non-cardiovascular death	219 (4.4%)	0.84	246 (5.0%)	0.95	0.88 (0.73-1.06)	0.18
All-cause death	535 (10.8%)	2.06	592 (12.0%)	2.29	0.90 (0.80-1.01)	0.067
Hospital admission for heart failure or urgent visit	213 (4.3%)	0.83	226 (4.6%)	0.89	0.93 (0.77-1.12)	0.46
Hospital admission for unstable angina	88 (1.8%)	0.34	77 (1.6%)	0.30	1.14 (0.84-1.54)	0.41
Composite microvascular outcome (eye or renal outcome)	910 (18.4%)	3.76	1019 (20.6%)	4.31	0.87 (0.79-0.95)	0.0020
Eye outcome‡	95 (1.9%)	0.37	76 (1.5%)	0.30	1.24 (0.92-1.68)	0.16
Renal outcome§	848 (17.1%)	3.47	970 (19.6%)	4.07	0.85 (0.77-0.93)	0.0004

Gerstein HC et al. *Lancet*. 2019 Jul 13;394(10193):121-130..

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PAD Outcome


Dulaglutide (*Effects of Dulaglutide on Endothelial Progenitor Cells and Arterial Elasticity in Patients with T2D*) Study

- Sixty patients with T2D.
- Metformin monotherapy group (n = 30), and metformin combined with dulaglutide group (MET-DUL group, n = 30).
- Outcome: number of CD34+CD133+ endothelial progenitor cells (EPCs) and the brachial-ankle pulse wave velocity (baPWV).
- Results: NO levels and EPCs increased with dulaglutide (P < 0.05).
- EPC proliferation, adhesion, migration, and tubule formation abilities were significantly enhanced (P < 0.05).

Xie Det al. Cardiovasc Diabetol. 2022; 21: 200.



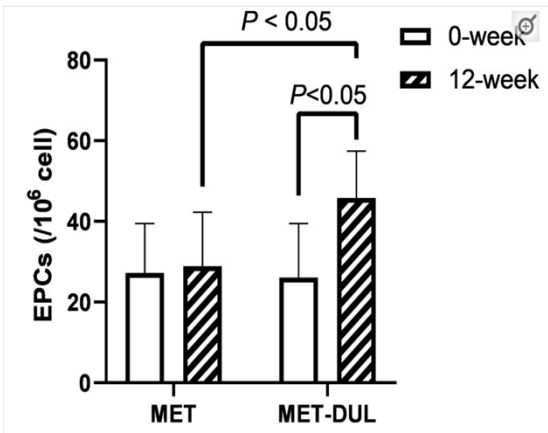




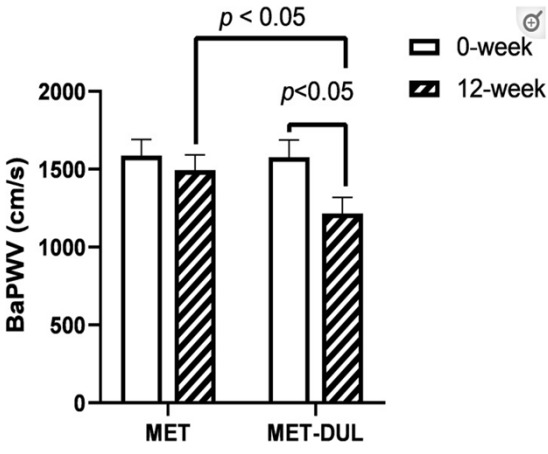
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PAD Outcome

Dulaglutide (*Effects of Dulaglutide on Endothelial Progenitor Cells and Arterial Elasticity in Patients with T2D*) Study





Group	0-week	12-week
MET	~28	~29
MET-DUL	~26	~46




Group	0-week	12-week
MET	~1600	~1500
MET-DUL	~1600	~1200

Xie Det al. Cardiovasc Diabetol. 2022; 21: 200.







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Reduction in MACE Liraglutide (*LEADER*) Trial

- 9,340 patients with T2D and high CV risk (81% had established CV disease).
- Weekly SC liraglutide or placebo.
- Outcome: MACE.
- Results, *MACE*, significant reduction: 13.0% vs 14.9% (P<0.001 for non-inferiority; P=0.01 for superiority).
- Driven by reduction of *CV death*: 4.7 vs 6.0% (HR, 0.78; 95% CI, 0.66 to 0.93; P=0.007).
- **Post-hoc analysis:**
 - In pts with DFU, **significant reduction** in amputations (HR 0.65, 95% CI 0.45, 0.95; P = 0.03).
 - No difference in foot infection or revascularization.

Marso SP et al. *N Engl J Med* 2016; 375:311-322.



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Reduction in MACE Liraglutide (*LEADER*) Trial

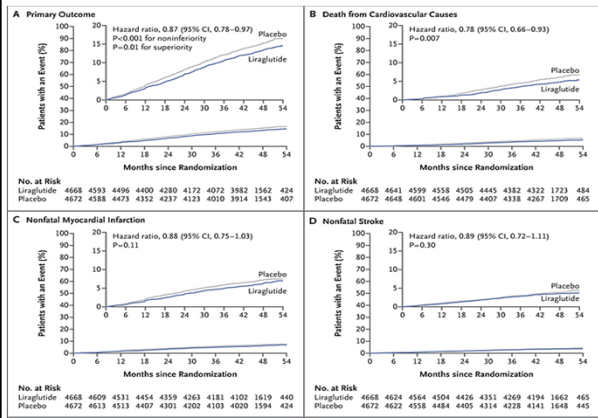


Table 1. Primary and Secondary Outcomes.*

Outcome	Liraglutide (N=4668)	Incidence Rate	Placebo (N=4672)	Incidence Rate	Hazard Ratio (95% CI)	P Value
	no. of patients (%)	no. of events/100 patient-yr	no. of patients (%)	no. of events/100 patient-yr		
Primary composite outcome†	608 (13.0)	3.4	694 (14.9)	3.9	0.87 (0.78–0.97)	0.01
Expanded composite outcome‡	948 (20.3)	5.3	1062 (22.7)	6.0	0.88 (0.81–0.96)	0.005
Death from any cause	381 (8.2)	2.1	447 (9.6)	2.5	0.85 (0.74–0.97)	0.02
Death from cardiovascular causes	219 (4.7)	1.2	278 (6.0)	1.6	0.78 (0.66–0.93)	0.007
Death from noncardiovascular causes	162 (3.5)	0.9	169 (3.6)	1.0	0.95 (0.77–1.18)	0.66
Myocardial infarction§	292 (6.3)	1.6	339 (7.3)	1.9	0.86 (0.73–1.00)	0.046
Fatal¶	17 (0.4)	0.1	28 (0.6)	0.2	0.60 (0.33–1.10)	0.10
Nonfatal	281 (6.0)	1.6	317 (6.8)	1.8	0.88 (0.75–1.03)	0.11
Silent	62 (1.3)	0.3	76 (1.6)	0.4	0.86 (0.61–1.20)	0.37
Stroke§	173 (3.7)	1.0	199 (4.3)	1.1	0.86 (0.71–1.06)	0.16
Fatal¶	16 (0.3)	0.1	25 (0.5)	0.1	0.64 (0.34–1.19)	0.16
Nonfatal	159 (3.4)	0.9	177 (3.8)	1.0	0.89 (0.72–1.11)	0.30

Marso SP et al. *N Engl J Med* 2016; 375:311-322.



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Reduction in MACE Semaglutide (*SUSTAIN-6 and PIONEER-6*) Trials

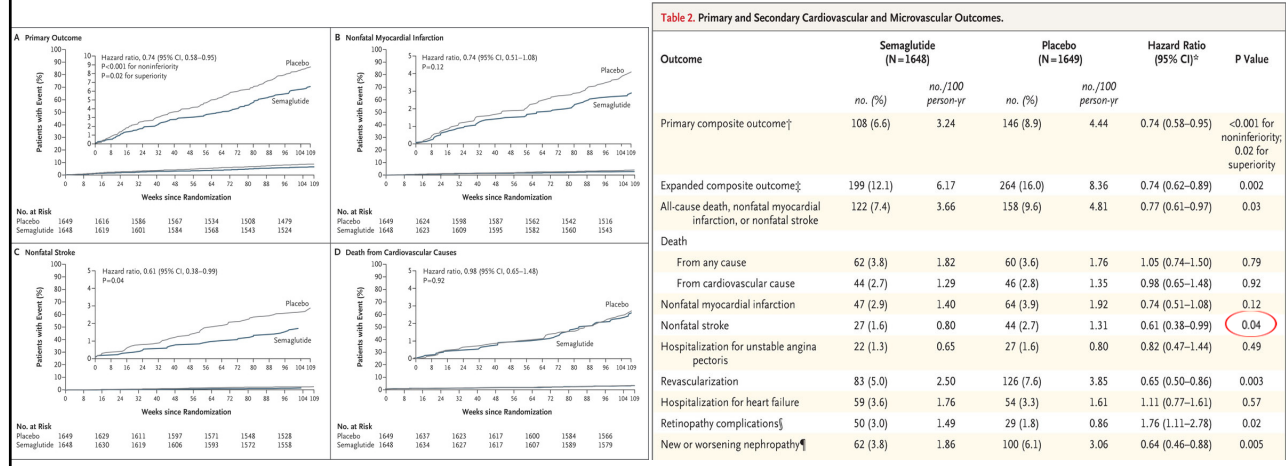
- SUSTAIN-6 Trial**
- 3,297 patients with T2D and high CV risk.
 - Once weekly 0.5 -1 mg SC semaglutide or placebo, follow up 2.1 years.
 - Outcome: MACE.
 - Results, **MACE**, significant reduction: HR, 0.74; 95% [CI], 0.58 to 0.95; P<0.001 for non-inferiority.
 - Driven by reduction of *non-fatal stroke*: HR, 0.61; 95% CI, 0.38 to 0.99; P=0.04.
- PIONEER-6 Trial**
- 3183 patients with established CV or CKD
 - Oral semaglutide or placebo
 - Outcome: MACE
 - No significant difference 3.8% with semaglutide vs 4.8% in placebo: HR 0.79, 95% CI 0.57–1.11; P < 0.001 for non-inferiority.

Marso SP et al. *N Engl J Med* 2016; 375:1834-1844
Husain M, et al. *N Engl J Med* 2019; 381:841-851



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Reduction in MACE Semaglutide (*SUSTAIN-6*) Trial



Marso SP et al. *N Engl J Med* 2016; 375:1834-1844.



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PAD Outcome Liraglutide/Semaglutide (*LEADER and SUSTAIN-6*) Post-hoc Analysis

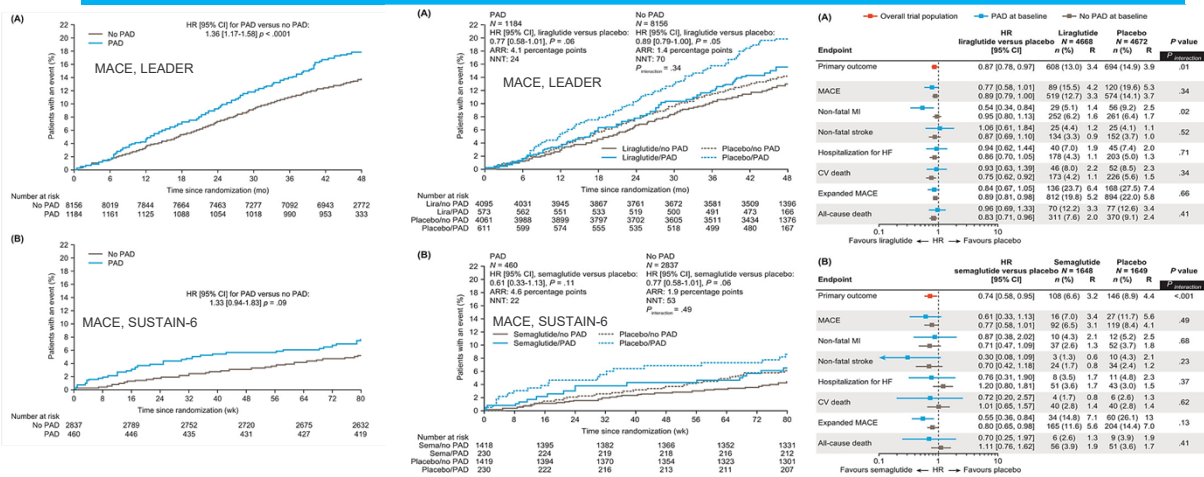
- In LEADER and SUSTAIN 6 trials, 1184/9340 (12.7%) and 460/3297 (14%) of pts had PAD.
- Patients with PAD had ~35% greater risk of MACE irrespective of treatment, compared to those without.
 - LEADER: hazard HR 1.36, 95% CI 1.17-1.58; SUSTAIN 6: HR 1.33, 95% CI 0.94-1.83.
- The benefit of MACE risk reduction was consistent in PAD.
 - (Liraglutide: HR 0.77, 95% CI 0.58-1.01; semaglutide: 0.61, 0.33-1.13) vs without (liraglutide: HR 0.89, 95% CI 0.79-1.00; semaglutide: HR 0.77, 95% CI 0.58-1.01; P interaction = .34 for liraglutide and .49 for semaglutide).
- Absolute risk reductions of MACE with both medications were greater in patients with PAD.
 - (Liraglutide: 4.13%-point, 95% CI -0.15-8.42; semaglutide: 4.63%-point, 95% CI -0.58-9.84) versus without (liraglutide: 1.42%-point, 95% CI -0.03-2.87; semaglutide: 1.90%-point, 95% CI 0.00-3.80).

Verma S, et al. *Diabetes Obes Metab.* 2022 Jul; 24(7): 1288–1299.



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PAD Outcome Liraglutide (*LEADER and SUSTAIN-6*) Post-hoc Analysis



Verma S, et al. *Diabetes Obes Metab.* 2022 Jul; 24(7): 1288–1299.






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Reduction in MACE Albiglutide (*HARMONY*) Trial

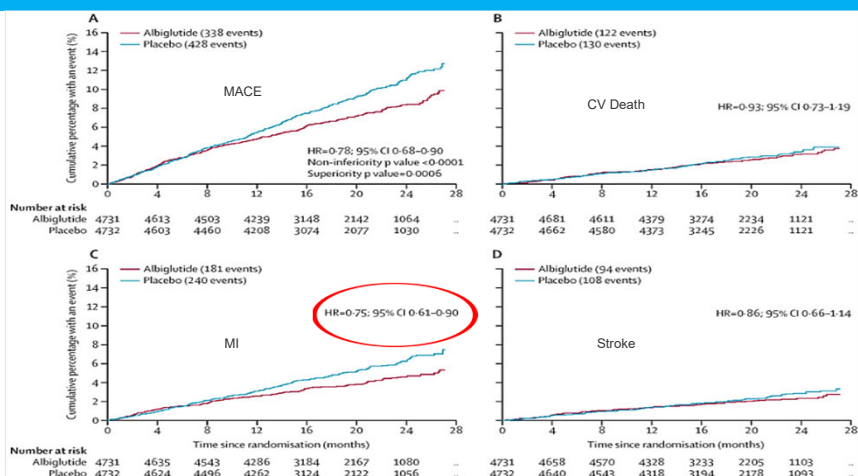
- 9463 patients with T2D and CVD.
- Weekly SC albiglutide (30-50 mg based on glycemic control) or placebo.
- Outcome: MACE at 1.5 year.
- Results, *MACE*, significant reduction: HR: 0.78, 95% CI 0.68–0.90, p=0.0006.
- Driven by risk reduction of MI.
- The drug was withdrawn from the market due to economic reasons.

Hernandez AF et al. *Lancet*. VOLUME 392, ISSUE 10157, P1519-1529.

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Reduction in MACE Albiglutide (*HARMONY*) Trial



A MACE: HR=0.78; 95% CI 0.68-0.90, Non-inferiority p value <0.0001, Superiority p value=0.0006

Number at risk	Albiglutide	4731	4613	4503	4239	3148	2142	1064	..
	Placebo	4732	4603	4460	4208	3074	2077	1030	..

B CV Death: HR=0.93; 95% CI 0.73-1.19

Number at risk	Albiglutide	4731	4681	4611	4379	3274	2234	1121	..
	Placebo	4732	4662	4580	4373	3245	2226	1121	..




C MI: HR=0.75; 95% CI 0.61-0.90

Number at risk	Albiglutide	4731	4635	4543	4286	3184	2167	1080	..
	Placebo	4732	4624	4496	4262	3124	2122	1056	..

D Stroke: HR=0.86; 95% CI 0.66-1.14

Number at risk	Albiglutide	4731	4658	4570	4328	3233	2205	1103	..
	Placebo	4732	4640	4543	4318	3194	2178	1093	..

Hernandez AF et al. *Lancet*. VOLUME 392, ISSUE 10157, P1519-1529.







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Reduction in MACE Exenatide (*EXCEL*) Trial

- 14,752 patients with T2D with or without CVD.
- Weekly SC exenatide (2 mg) or placebo.
- Outcome: MACE.
- Median follow up of 3.2 years.
- **MACE**, non-inferior: HR, 0.91; 95% [CI], 0.83 to 1.00, P<0.001 for non-inferiority and P=0.06 for superiority.

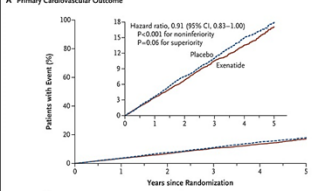
Holman RR et al. *N Engl J Med* 2017; 377:1228-1239.

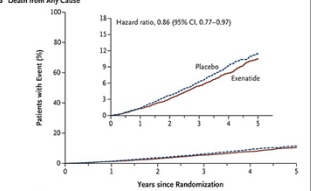
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Reduction in MACE Exenatide (*EXCEL*) Trial

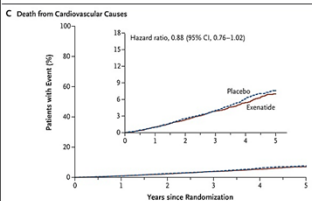
A Primary Cardiovascular Outcome



B Death from Any Cause



C Death from Cardiovascular Causes



D Hospitalization for Heart Failure

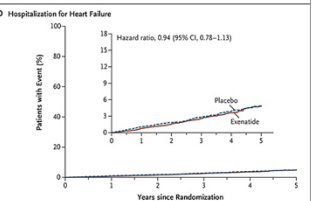




Table 1. Rates of the Primary Composite Outcome and Key Secondary Outcomes.^a

Outcome	Exenatide (N=7356)		Placebo (N=7396)		Hazard Ratio (95% CI) [†]
	Patients with Event	Incidence Rate of First Event	Patients with Event	Incidence Rate of First Event	
	no. (%)	no. of events/100 patient-yr	no. (%)	no. of events/100 patient-yr	
Primary composite outcome	839 (11.4)	3.7	905 (12.2)	4.0	0.91 (0.83-1.00)
Secondary outcomes					
Death from any cause	507 (6.9)	2.0	584 (7.9)	2.3	0.86 (0.77-0.97)
Death from cardiovascular causes‡	340 (4.6)	1.4	383 (5.2)	1.5	0.88 (0.76-1.02)
Fatal or nonfatal myocardial infarction	483 (6.6)	2.1	493 (6.7)	2.1	0.97 (0.85-1.10)
Fatal myocardial infarction§	17 (0.2)	—	13 (0.2)	—	1.29 (0.63-2.66)
Fatal or nonfatal stroke	187 (2.5)	0.8	218 (2.9)	0.9	0.85 (0.70-1.03)
Fatal stroke¶	18 (0.2)	—	25 (0.3)	—	0.71 (0.39-1.30)
Hospitalization for heart failure	219 (3.0)	0.9	231 (3.1)	1.0	0.94 (0.78-1.13)
Hospitalization for acute coronary syndrome	602 (8.2)	2.6	570 (7.7)	2.5	1.05 (0.94-1.18)

Holman RR et al. *N Engl J Med* 2017; 377:1228-1239.

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PAD Outcome Exenatide (EXCEL) Post-hoc Analysis

- 2800 (19%) of the EXSCEL pts had PAD.
- Higher *MACE*: 13.6% versus 11.4%: adjusted HR, 1.13 [95% CI, 1.00-1.27]; P=0.047.
- Higher *all-cause mortality*: adjusted HR 1.38 [95% CI, 1.20-1.60]; P<0.001.
- More frequent *lower extremity amputation*: adjusted HR 5.48 [95% CI, 4.16-7.22]; P<0.001.

- *MACE and amputation*: Similar with exenatide and placebo, regardless of PAD.
- *All-cause mortality*: Lower with exenatide in patients with T2D and PAD (consistent with main trial).

Badjatiya A et al. *CIRCINTERVENTIONS*.119.008018.

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PAD Outcome Exenatide (EXCEL) Post-hoc Analysis

MACE

MALE

Number at Risk							Number at Risk								
Exenatide & No PAD	Exenatide & PAD	Placebo & No PAD	Placebo & PAD	Exenatide & No PAD	Exenatide & PAD	Placebo & No PAD	Placebo & PAD	Exenatide & No PAD	Exenatide & PAD	Placebo & No PAD	Placebo & PAD	Exenatide & No PAD	Exenatide & PAD	Placebo & No PAD	Placebo & PAD
5955	1400	5996	1400	5955	1400	5996	1400	5955	1400	5996	1400	5955	1400	5996	1400
5741	1359	5777	1343	5802	1352	5843	1330	5802	1352	5843	1330	5683	1295	5714	1269
5574	1318	5596	1301	5683	1295	5714	1269	5683	1295	5714	1269	5455	1234	5487	1212
5319	1260	5322	1243	5455	1234	5487	1212	5455	1234	5487	1212	4948	1104	4984	1067
4789	1122	4809	1099	4948	1104	4984	1067	4948	1104	4984	1067				
3697	777	3717	751												
3046	548	3050	515												

Badjatiya A et al. *CIRCINTERVENTIONS*.119.008018.

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Reduction in MACE Lixisenatide (*ELIXA*) Trial

- 6068 patients with T2D and a history of acute coronary syndrome.
- SC Lixisenatide or placebo.
- Outcome: 4-point MACE (CV death, nonfatal MI, nonfatal stroke, or hospitalization for unstable angina).
- Median follow up of 2.1 years.
- 4-Point MACE, non-inferior: HR 1.02, 95% CI 0.89–1.17, p = 0.81.
- HHF, not different: HR 0.96; 95% CI, 0.75 to 1.23.
- Rate of death, not different: HR, 0.94; 95% CI, 0.78 to 1.13.

Pfeffer MA et al. *N Engl J Med* 2015; 373:2247-2257.

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Reduction in MACE Lixisenatide (*ELIXA*) Trial

End Point	Placebo (N=3034)		Lixisenatide (N=3034)		Adjusted Hazard Ratio (95% CI)	P Value
	Patients with Event	No. of Events/100 Patient-Yr	Patients with Event	No. of Events/100 Patient-Yr		
Primary end point: death from cardiovascular causes, nonfatal stroke, nonfatal myocardial infarction, or unstable angina — no. (%)	399 (13.2)	6.3	406 (13.4)	6.4	1.02 (0.89–1.17)	0.81
Components of primary end point — no./total no. (%)						
Death from cardiovascular causes	93/399 (23.3)	—	88/406 (21.7)	—	—	—
Nonfatal myocardial infarction	247/399 (61.9)	—	255/406 (62.8)	—	—	—
Nonfatal stroke	49/399 (12.3)	—	54/406 (13.3)	—	—	—
Unstable angina	10/399 (2.5)	—	9/406 (2.2)	—	—	—
Patients with each primary end-point event — no. (%) ^a						
Death from cardiovascular causes	158 (5.2)	2.4	156 (5.1)	2.3	0.98 (0.78–1.22)	0.85
Myocardial infarction	261 (8.6)	4.1	270 (8.9)	4.2	1.03 (0.87–1.22)	0.71
Stroke	60 (2.0)	0.9	67 (2.2)	1.0	1.12 (0.79–1.58)	0.54
Unstable angina	10 (0.3)	0.1	11 (0.4)	0.2	1.11 (0.47–2.62)	0.81
Secondary end points — no. (%)						
Primary end-point event or hospitalization for heart failure	469 (15.5)	7.6	456 (15.0)	7.3	0.97 (0.85–1.10)	0.63
Primary end-point event, hospitalization for heart failure, or revascularization	659 (21.7)	11.2	661 (21.8)	11.1	1.00 (0.90–1.11)	0.96
Additional end points — no. (%)						
Hospitalization for heart failure	127 (4.2)	1.9	122 (4.0)	1.8	0.96 (0.75–1.23)	0.75
Death from any cause	223 (7.4)	3.3	211 (7.0)	3.1	0.94 (0.78–1.13)	0.50

^a Some patients had more than one component of the primary end point. In the analyses for the separate components, they were included once for each end point they had, regardless of whether it was their first event.

No. at Risk	0	12	24	36
Placebo	3034	2759	1566	476
Lixisenatide	3034	2785	1558	484




Pfeffer MA et al. *N Engl J Med* 2015; 373:2247-2257.

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Current and Future Research

- **STARDUST Trial:**
 - Open-label, randomized controlled trial, to evaluate the effects of liraglutide on peripheral perfusion, as compared to aggressive treatment of cardio-metabolic risk factors in people with T2D and PAD.
 - Pending results.
- **STRIDE Trial:**
 - Evaluates the effects of semaglutide vs placebo on walking ability in patients with T2D and PAD.
 - Closed with pending results.

Pfeffer MA et al. *N Engl J Med* 2015; 373:2247-2257.








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GLP1-RA Drugs Dosing and Indications


Drug	Doses	Indications
Dulaglutide <i>Trulicity</i> ®	Initiate 0.75 mg SC/wk titrate to max	1- Improve glycemic control in adults with T2D. 2- Reduce MACE in adults with T2D with <i>established or at risk</i> for CVD.
Liraglutide <i>Victosa</i> ® <i>Saxenda</i> ®	Initiate 0.6 mg SC/day titrate to max	1- Improve glycemic control in adults with T2D. 2- Reduce MACE in adults with T2D and <i>established</i> CVD. 3- Weight reduction as adjunct to diet/exercise in obese or overweight+comorbidity.
Semaglutide <i>Ozempic</i> ® <i>Wegovy</i> ®	Initiate 0.25 mg SC/wk titrate to max	1- Improve glycemic control in adults with T2D. 2- Reduce MACE in adults with T2D and <i>established</i> CVD. 3- Weight reduction as adjunct to diet/exercise in obese or overweight+comorbidity.


Skeik N et al. *Vasc Med*. 2023 Feb;28(1):62-76.







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GLP1-RA: Summary

 **Dulaglutide:** Reduction in MACE (REWIND) driven by reduction in stroke.

 **Liraglutide:** Reduction in MACE (LEADER) driven by reduction in CV death.
Significant reduction in amputation risk (Post-hoc).

 **Albiglutide:** Reduction MACE (HARMONY), driven by reduction of MI risk.

 **Exenatide:** non-inferior MACE (EXCEL).
No significant difference in amputation risk

 **Lixisenatide:** non-inferior 4-point MACE (VELIXA).

Skeik N et al. *Angiology*. 2022 Mar;73(3):197-206



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SGLT2-i Risk of Amputation

- Amputation risk: *increased* in CANVAS but *not* in a pooled analysis of CANVAS and CREDENCE trials.
- Not reported with other SGLT2-i agents.
- CANVAS and CREDENCE trials' populations are different but no confirmed explanation for difference in amputation.
- Proposed mechanisms: glycosuria-induced hypovolemia and hypo-perfusion.
 - SURDIAGENE study: worsened amputation with diuresis.
- A meta-analysis of CRTs of SGLT2-i drugs in pts with T2D:
 - A positive association between SGLT2i-induced BP/weight reduction and limb events including amputation and PAD.
- A cohort study using data from the Clinical Practice Research Datalink GOLD (2013-2019):
 - SGLT2-i drugs in 51,847 pts, with or without signs of hypovolemia, was *not associated* with an increased amputation!

Skeik N et al. *Vasc Med*. 2023 Feb;28(1):62-76.



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SGLT2-i Risk of Amputation, Cont.

- Six observational studies using the Truven Market Scan health claims database from the USA. The results vary:
 - *No difference* in amputation risk with canagliflozin compared with non-SGLT2-i agents in 3 studies.
 - *Lower amputation risk* with SGLT2-i drugs (canagliflozin comprised 70% of SGLT2-i use) compared with sulfonylurea, but not compared to DPP-4 inhibitors in 2 studies.
 - Only one study showed a *higher amputation risk* with SGLT2-i drugs compared with DPP-4 inhibitors, but not compared with sulfonylurea or non-metformin, non-SGLT2-i agents.
- Observational study using the U.S. Department of Defense Health System:
 - SGLT2-i associated with *twofold risk* of amputation vs non-SGLT2-i agents (HR 1.99; 95% CI 1.12–3.51 mostly with canagliflozin).
- Observational study using the Swedish/Danish National Register:
 - *Increased amputation* incidence with SGLT2-i drugs compared with GLP1-RA (HR 2.48; 95% CI 1.14–5.40).

Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.



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SGLT2-i Risk of Amputation, Cont.

- Large multicenter observational study from seven Canadian provinces and the U.K.:
 - *No association* with SGLT2-i drugs, including canagliflozin, compared with DPP-4 inhibitors.
- A retrospective analysis from Taiwan National Health Insurance Database:
 - *No difference* in amputation between SGLT2-i drugs compared to DPP-4, GLP1-RA, and other medications.
- **Heterogeneity of results:** differences in studies population, methods, comparator drugs, the extent of amputation recorded, follow-up duration, and inclusion or exclusion of patients with a history of amputations.
- **Until stronger data is available, SGLT2-i (mainly canagliflozin) may need to be avoided in patients with high risk for amputation (previous amputation, ischemic ulcers, or neuropathy).**

Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.



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GLP1-RAs Risk of Amputation

- Trials have *not exclusively* addressed PAD or lower limb complication as a primary or secondary endpoint.
- Although a post-hoc analysis of the *LEADER trial* demonstrated a *reduction in amputations* with liraglutide versus placebo, there is *no strong evidence* regarding the effect of *GLP1-RAs on MALE*.
- A real-world study has evaluated the role of GLP1-RA in 9772 patients in clinical practice:
 - GLP1-RAs were associated with *lower rates* of death, cerebrovascular disease and ischemic stroke, PVD, and lower limb complications compared with other therapies.
- Scandinavian population-based study:
 - *Lower risk* of limb outcome with liraglutide compared to DPP-4.

Skeik N et al. *Vasc Med*. 2023 Feb;28(1):62-76.



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GLP1-RAs Risk of Amputation Cont.

- A retrospective analysis conducted using the Taiwan National Health Insurance database:
 - GLP1-RAs were associated with significantly *lower risks* of MALE when compared with DPP4i drugs.
 - This was mainly driven by the *reduction* of the amputation rate.
 - GLP1-RAs were associated with *lower risks* of MACE and death from any cause.




Skeik N et al. *Vasc Med*. 2023 Feb;28(1):62-76.



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SGLT-i Related Clinical Trial Data							
Trials with SGLT-i	Study Design	Patients (n)	Primary End Point	Treatment Arms	Incidence	RR or HR [95% CI]	P-Value
EMPAGLIFLOZIN							
EMPA-REG 2015	RCT	7,020	MACE	Empagliflozin – 10 or 25 mg	10.5%	HR 0.86 [0.74 – 0.99]	Non-inferiority: <0.001 Superiority: 0.04
				Placebo	12.1%		
EMPEROR REDUCED 2020	RCT	4744	CV death or HHF	Empagliflozin – 10 mg	19.4%	HR 0.75 [0.65 – 0.86]	Superiority <0.001
				Placebo	24.7%		
EMPEROR PRESERVED 2021	RCT	5988	CV death or HHF	Empagliflozin – 10 mg	13.8%	HR 0.79 [0.69 – 0.90]	Superiority <0.001
				Placebo	17.1%		
CANAGLIFLOZIN							
CANVAS & CANVAS-Renal 2017	RCT	10,142	MACE	Canagliflozin – 100 or 300 mg	26.9 patients/1000 patient-year	HR 0.86 [0.75 – 0.97]	Non-inferiority: <0.001 Superiority: 0.02
				Placebo	31.5 patients/1000 patient-year		
CRENDENCE 2019	RCT	4,401	ESRD, a doubling of the serum or level, or death from renal or CV causes	Canagliflozin – 100 mg	43.2 events per 1000	HR 0.70 [0.59 – 0.82]	0.00001
				Placebo	61.2 events per 1000 patient-years		




Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.

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SGLT-i Related Clinical Trial Data, Cont.							
DAPAGLIFLOZIN							
DECLARE-TIMI 2019	RCT	17,160	CV death or HHF	Dapagliflozin – 10 mg	4.9%	HR 0.83 [0.73 – 0.95]	0.005
				Placebo	5.8%		
			MACE	Dapagliflozin – 10 mg	8.8%	HR 0.93 [0.84 – 1.03]	0.17
				Placebo	9.4%		
DAPA-HF 2019	RCT	4,744	Composite of worsening HF (hospitalization or an urgent visit resulting in intravenous therapy for HF) or CV death	Dapagliflozin – 10 mg	16.3%	HR 0.74 [0.65 – 0.85]	<0.001
				Placebo	21.2%		
DAPA-CKD 2020	RCT	4,304	Composite of a sustained decline in the eGFR of at least 50%, ESRD, or death from renal or CV causes	Dapagliflozin – 10 mg	9.2%	HR 0.61 [0.51 – 0.72]	<0.001
				Placebo	14.5%		
SOTAGLIFLOZIN							
SCORED 2021	RCT	10,584	CV death or HHF or urgent visit for HF	Sotagliflozin	5.6%	HR 0.74 [0.63 – 0.88]	Superiority: <0.001
				Placebo	7.5%		
SOLOIST WHF 2021	RCT	1222	CV death and HHF and urgent visit for HF	Sotagliflozin	51.0%	HR 0.67 [0.52 – 0.85]	Superiority: <0.001
				Placebo	76.3%		
ERTUGLIFLOZIN							
VERTIS-CV 2020	RCT	8,246	MACE	Ertugliflozin – 5 or 15 mg	11.9%	HR 0.97 [0.85 – 1.11]	Non-inferiority: <0.001
				Placebo	11.9%		

Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.

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GLP1-RA Related Clinical Trial Data							
Trial with GLP1-RA	Study Design	Patients (n)	Primary End Point	Treatment Arms	Incidence	RR or HR [95%CI]	P-value
DULAGLUTIDE							
REWIND 2019	RCT	9,901	MACE	Dulaglutide – 1.5 mg	12%	HR 0.88 [0.79 - 0.99]	0.026
				Placebo	13.4%		
LIRAGLUTIDE							
LEADER 2018	RCT	9,340	MACE	Liraglutide – 1.8 mg	13%	HR 0.87 [0.78 – 0.97]	Non-inferiority: <0.001 Superiority: 0.01
				Placebo	14.9%		
SEMAGLUTIDE							
SUSTAIN-6 2016	RCT	3,297	MACE	Semaglutide – 0.5 or 1.0 mg	6.6%	HR 0.74 [0.58 – 0.95]	Non-inferiority: <0.001 Superiority: 0.02
				Placebo	8.9%		
PIONEER 6 2019	RCT	3,183	MACE	Semaglutide – 14 mg	3.8%	HR 0.79 [0.57 – 1.11]	Non-inferiority: <0.001 Superiority: 0.17
				Placebo	4.8%		
ALBIGLUTIDE							
Harmony Outcomes 2018	RCT	9,463	MACE	Albiglutide – 30 or 50 mg	7%	HR 0.78 [0.68 – 0.90]	Non-inferiority: <0.001 Superiority: 0.0006
				Placebo	9%		
EXENATIDE							
EXSCEL 2017	RCT	14,752	MACE	Exenatide – 2mg	11.4%	HR 0.91 [0.83 – 1.00]	Non-inferiority: <0.001 Superiority: 0.06
				Placebo	12.2%		
LIXISENATIDE							
ELIXA 2015	RCT	6,068	4 factor MACE	Lixisenatide – 10 or 20 µg	13.4%	HR 1.02 [0.89 – 1.17]	Non-inferiority: <0.001 Superiority: 0.81
				Placebo	13.2%		

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SGLT-i and GLP1-RA with PAD Outcome							
Trial	Study Design	Patients (n)	Primary End Point	Treatment Arms	Incidence	RR or HR [95% CI]	P-value
SGLT2i Drugs							
EMPAGLIFLOZIN							
EMPA-REG 2015	RCT	1,461 (PAD Subgroup)	MACE	Empagliflozin 10 or 25 mg	12.2%	HR 0.84 [0.62 – 1.14], <i>P-interaction</i> :0.9052	NR
				Placebo	13.8%		
CANAGLIFLOZIN							
CANVAS & CANVAS-Renal 2017	RCT	2,113 (history of PAD)	MACE	Canagliflozin – 100 or 300 mg	33.9	HR 0.75 [0.58 – 0.97] <i>P-interaction</i> > .268.	NR
				Placebo	43.2 patients/1000 pt-year		
DAPAGLIFLOZIN							
DECLARE-TIMI 2019	RCT	6,974 (pts with any ASCVD)	CV death or HHF	Dapagliflozin – 10 mg	272/3474 = 7.8%	HR 0.83 [0.71 – 0.98] <i>P-interaction</i> =0.79	NR
				Placebo	325/3500 = 9.3%		
			MACE	Dapagliflozin – 10 mg	483/3474 = 13.9%	HR 0.90 [0.79 – 1.02] <i>P-interaction</i> >0.05	
				Placebo	537/3500 = 15.3%		
GLP1-RA Drugs							
LIRAGLUTIDE							
LEADER 2018	Post Hoc	9,340	Diabetic foot ulcers	Liraglutide – 1.8 mg	3.8%	HR 0.92 [0.75 – 1.13]	0.41
				Placebo	4.1%		
			Amputation	Liraglutide – 1.8 mg	NR	HR 0.65 [0.45 – 0.95]	0.03
				Placebo	NR		
EXENATIDE							
EXSCEL 2017	Post Hoc	11,951 (without -PAD)	MACE	Exenatide – 2 mg	11.4%	HR 1.13 [1 – 1.27] <i>P-interaction</i> >0.05	0.047
		2,800 (with- PAD)		Placebo	13.6%		

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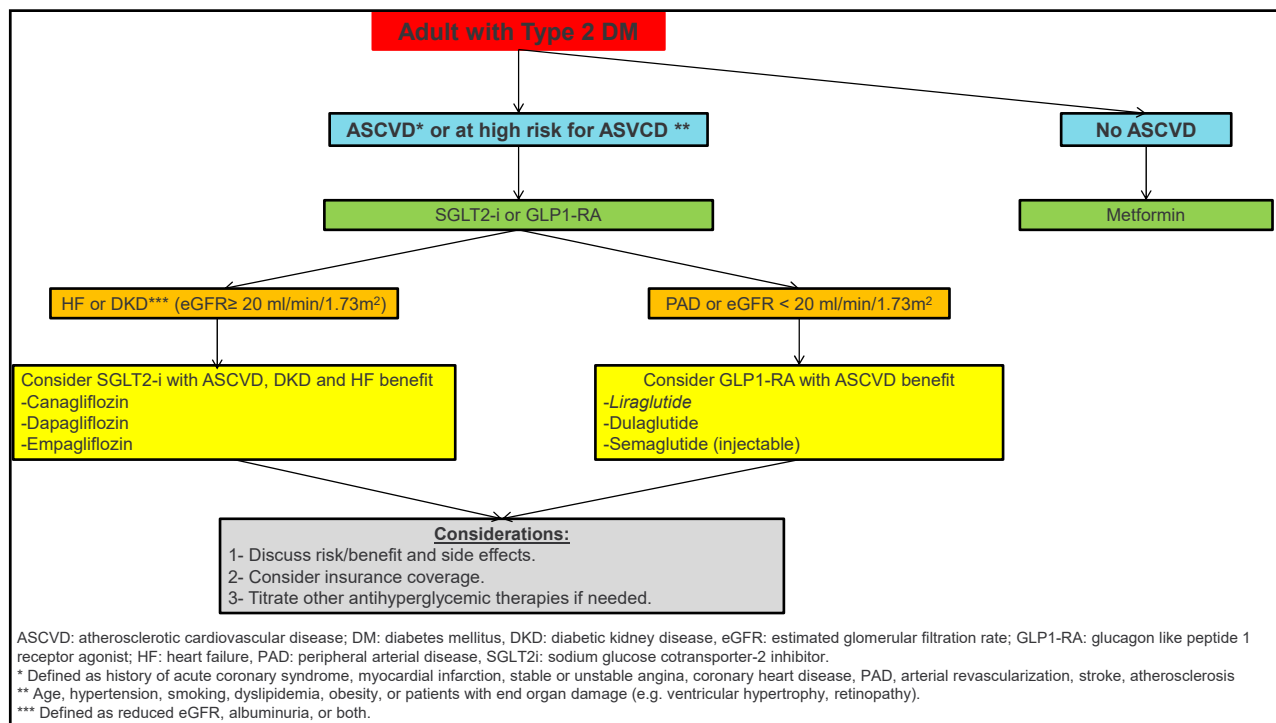
Summary of Societal Guideline Recommendations	
Societal Guidelines	Recommendations
2023-ADA	<ul style="list-style-type: none"> T2D and high risk for or eASCVD, DKD, or HF: Recommend SGLT2-i or GLP1-RA with demonstrated CV benefit. T2D and high risk for or eASCVD and DKD: Recommend SGLT2-i. T2D and high risk for or eASCVD: Recommend GLP1-RA or a combination with SGLT2-i (in CKD). HFrEF/HFpEF: Recommend SGLT2i with proven benefit (eGFR>20ml/min). CKD and albuminuria: Recommend a SGLT2-i with evidence of reducing CKD progression.
2019-ACC/AHA: Primary Prevention of CVD	<ul style="list-style-type: none"> Glycemic Control: Recommend metformin as first line pharmacological agent. T2D and additional ASCVD risk factors: reasonable to initiate a SGLT2-i or a GLP1-RA as add on to metformin.
2020-ACC Expert Consensus Decision Pathway on Novel Therapies for CV Risk Reduction in Patients with T2D	<ul style="list-style-type: none"> T2D and ASCVD: Recommend starting SGLT2-i or GLP1-RA with CV benefit. DKD and/or HF: Consider a SGLT2-i. eGFR <30 ml/min/1.73 m²: Consider a GLP1-RA as an alternative. At discharge after ASCVD admission: Consider a SGLT2-i or GLP1-RA. Consider SGLT2-i in case of HFrEF.
2022-AHA/ACC/HFSA Heart Failure	<ul style="list-style-type: none"> HFrEF: Recommend SGLT2i regardless of T2D. SGLT2-i can also be beneficial in HFmrEF and HFpEF.
2019-ESC on DM and CVD-2019	<ul style="list-style-type: none"> T2D and CVD or high CV risk: Recommend empagliflozin, canagliflozin, dapagliflozin, liraglutide, semaglutide, or dulaglutide to reduce CV events. Recommend empagliflozin or liraglutide to reduce risk of CV death.



Skeik N et al. *Vasc Med.* 2023 Feb;28(1):62-76.








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Summary

-  PAD and T2D are two prevalent and often concurrent major health problems with increased morbidity and mortality.
-  SGLT-i and GLP1-RA have shown a significant reduction of MACE in patients with T2D and CVD.
-  Some SGLT-i have shown a significant reduction in CV mortality, HHF, and renal outcome. Few GLP1-RA drugs have weight and stroke risk reductions.
-  PAD had worse CV outcomes in most trials. RRR of CV outcome was generally consistent and ARR was more in patients with and without PAD.
-  Amputation risk: Inconsistent data with SGLT-i (mainly with canagliflozin). : Signal of reduced MALE with GLP1-RAs (mainly with liraglutide).

Skeik N et al. *Angiology*. 2022 Mar;73(3):197-206





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Sunset, Gaza City (Prayers for Peace!)



Thank You!

Nedaa Skeik





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