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# Survival of Patients Paced with Leadless Versus Conduction System Pacemakers

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## Disclosures

- N/A



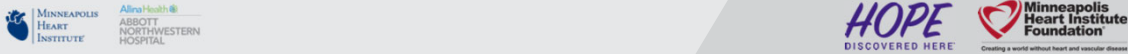

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## Background

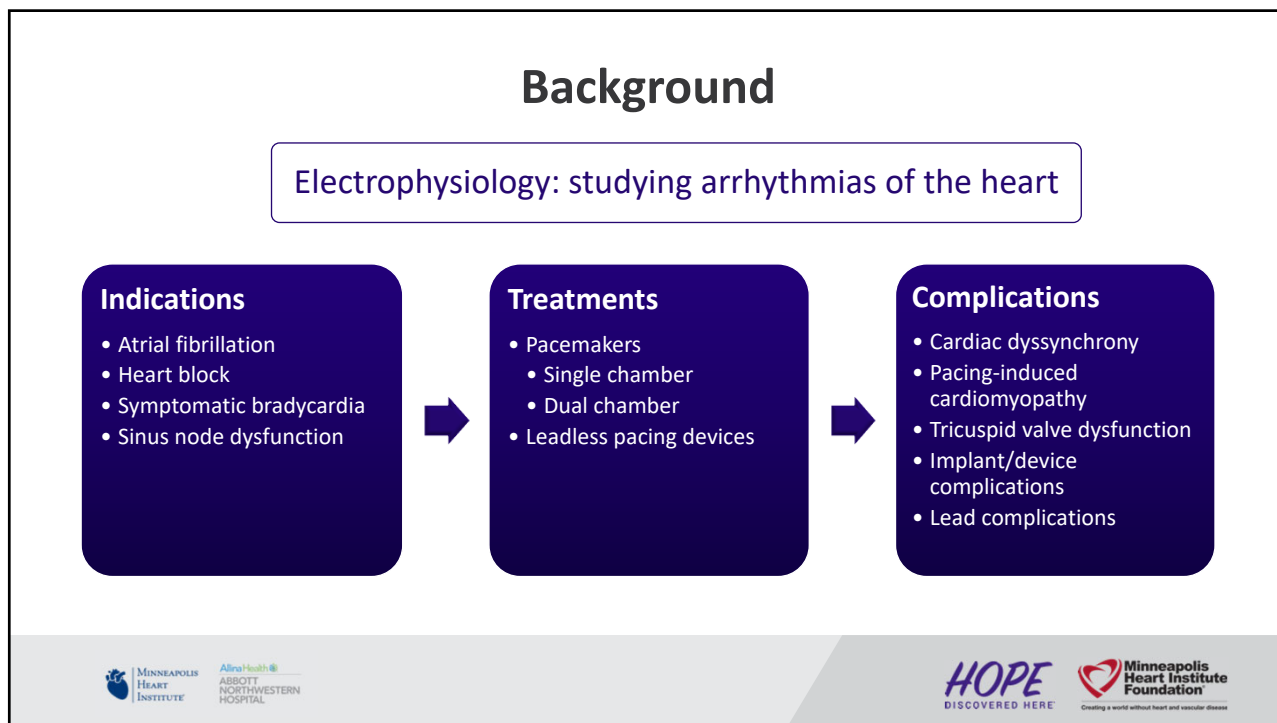
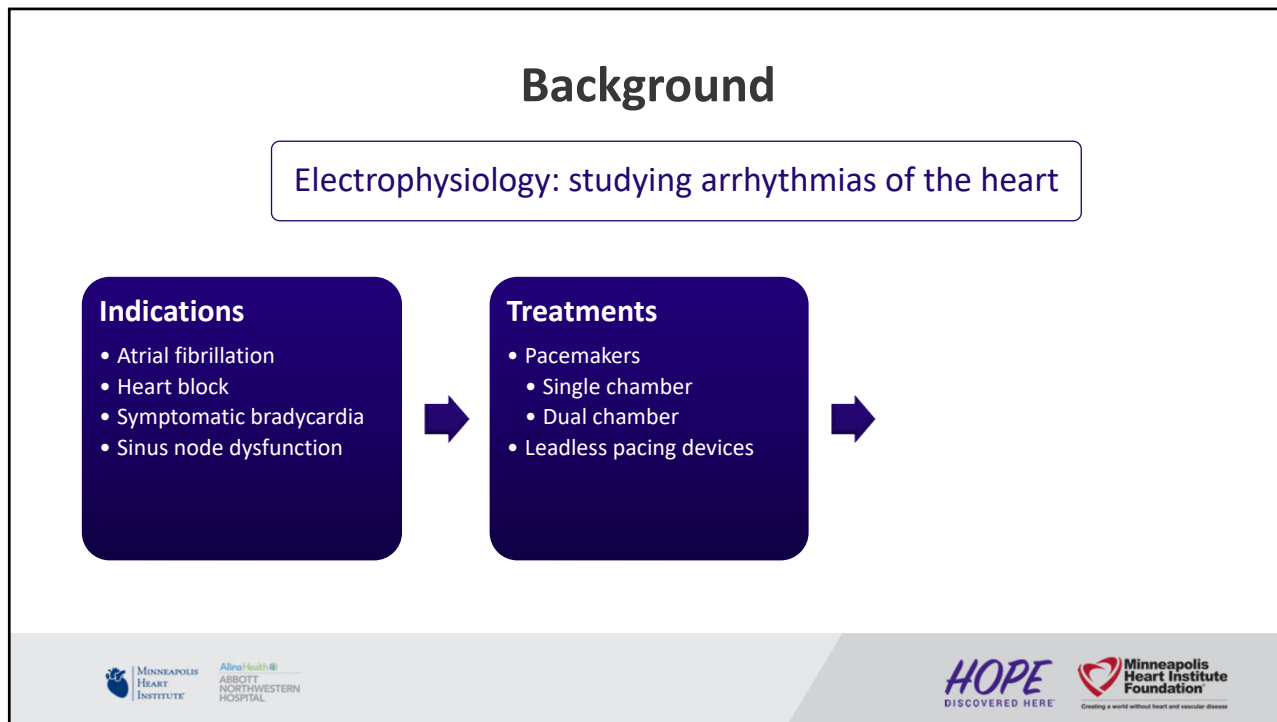
Electrophysiology: studying arrhythmias of the heart

### Indications

- Atrial fibrillation
- Heart block
- Symptomatic bradycardia
- Sinus node dysfunction



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## Background: Pacing Types

The diagram shows the heart with the following components labeled: SA node, AV node, Bundle of His, Right bundle branch, Left bundle branch, and Purkinje fibres. The ECG strips are labeled as follows:

- Atrial pacing:** Shows a regular rhythm with narrow QRS complexes and a P wave preceding each QRS complex. The lead is V1.
- Ventricular pacing:** Shows a regular rhythm with narrow QRS complexes and a P wave preceding each QRS complex. The lead is V1.
- Conduction system pacing:** Shows a regular rhythm with narrow QRS complexes and a P wave preceding each QRS complex. The lead is V1.
- LBB pacing:** Shows a regular rhythm with narrow QRS complexes and a P wave preceding each QRS complex. The lead is V1.

**Logos:** MINNEAPOLIS HEART INSTITUTE, Alina Health ABBOTT NORTHWESTERN HOSPITAL, HOPE DISCOVERED HERE, Minneapolis Heart Institute Foundation

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## Background: Conduction System Pacing (CSP)

The diagram shows the heart with a 3830 lead placed in the His bundle. Labels include: tonal right-ventricular maker lead placement, HIS bundle pacemaker placement, and 3830.

- CSP utilizes the body's natural conduction system opposed to pacing in the myocardium.
- Procedural difficulty has limited CSP use in clinical practice.
- CSP is often achieved with a 3830 4Fr lead.
- Ventricular synchrony is preserved but a transvenous lead is required.

**Fig 1.** Image of CSP and 3830 lead.

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## Background: Micra Leadless Pacemaker

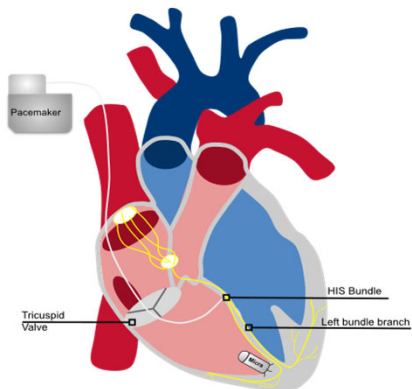


Fig 2. Diagram of CSP and Micra devices.  
Image Credit: Maya Palmer

- Leadless pacemakers (LP) avoid pocket and transvenous lead complications.
- LPs are useful for patients with severe TR, limited vascular access, or high risk of infection.
- LPs are placed in the RV septum and do not provide synchronous pacing.
- Survival benefit of LPs versus CSP is unknown.

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## Methods

- All patients with Micra LP or CSP implants from Jan 2010 – March 2022 were included.
- Kaplan-Meier survival curves were generated to compare patients with conduction system and lead-less pacemakers.
- A Cox proportional hazards model was used to assess the association between various comorbidities with 1 year mortality.

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### Results: Patient Characteristics

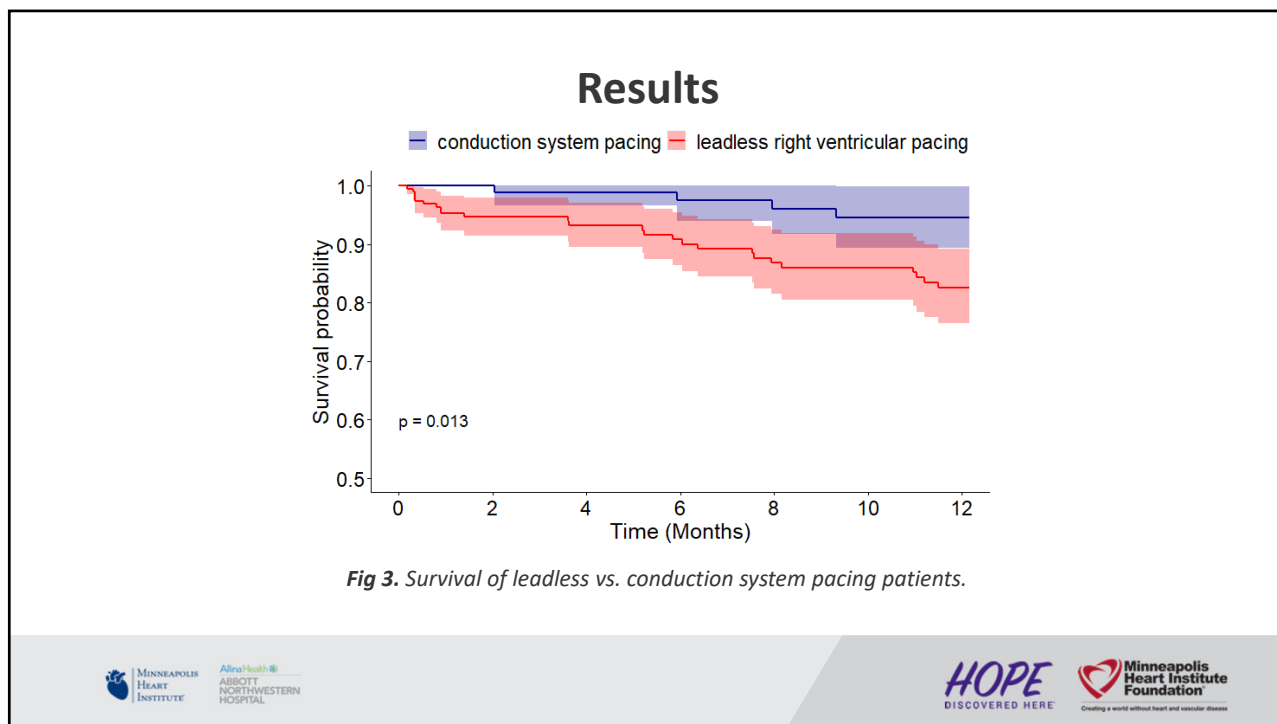
Patient Demographics			
Variable	Conduction System Pacing (3830) N = 89	Leadless Pacing (Micra) N = 196	P-value
Age, years	78 (72, 84)	78 (71, 84)	0.7
Sex, Male (%)	44 (49%)	124 (63%)	0.028
BMI	27.8 (23.8, 32.0)	28.2 (24.7, 31.9)	0.9
Coronary artery disease	35 (39%)	90 (46%)	0.3
Valvular heart disease	27 (30%)	48 (24%)	0.3
Heart failure	46 (52%)	104 (53%)	0.8
Diabetes	25 (28%)	67 (34%)	0.4
Hypertension	66 (74%)	156 (79%)	0.4
Atrial fibrillation	56 (63%)	166 (85%)	<b>&lt;0.001</b>
Left bundle branch block	14 (16%)	22 (11%)	0.3
Ventricular tachycardia	8 (9%)	5 (3%)	0.03

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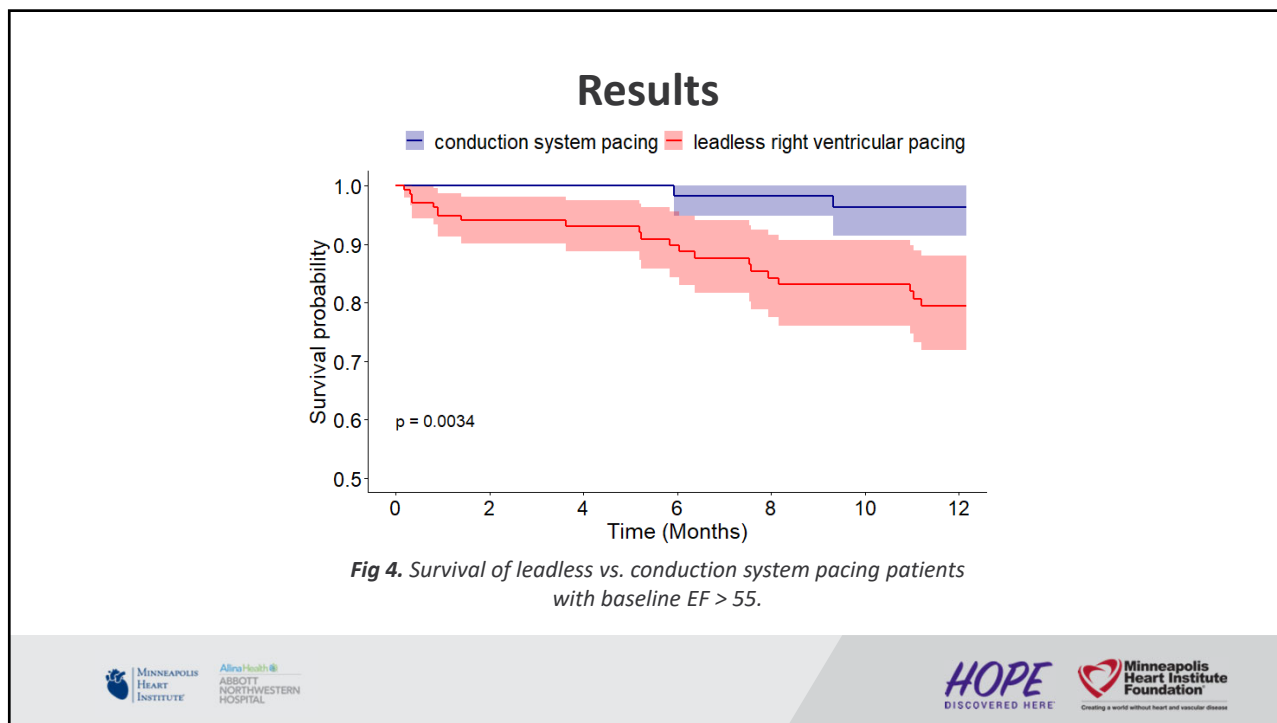
### Results: Patient Characteristics

Patient Demographics			
Variable	Conduction System Pacing (3830) N = 89	Leadless Pacing (Micra) N = 196	P-value
Baseline LV ejection fraction	60 (55, 65)	55 (50, 60)	<b>0.007</b>
≤35%	2 (2%)	7 (4%)	
36-54%	18 (20%)	47 (24%)	
≥55%	69 (78%)	140 (72%)	
Chronic kidney disease	40 (45%)	103 (53%)	0.2
stage III	28 (31%)	70 (36%)	0.5
stage IV-V	3 (3.4%)	38 (19%)	<b>&lt;0.001</b>
Dialysis	2 (2.3%)	23 (12%)	0.010
<b>Post implant</b>			
Ventricular pacing ≥50%	66 (74.2%)	126 (65.0%)	0.2
Paced QRS duration (msec)	141 (123, 152)	171 (158, 184)	<b>&lt;0.001</b>

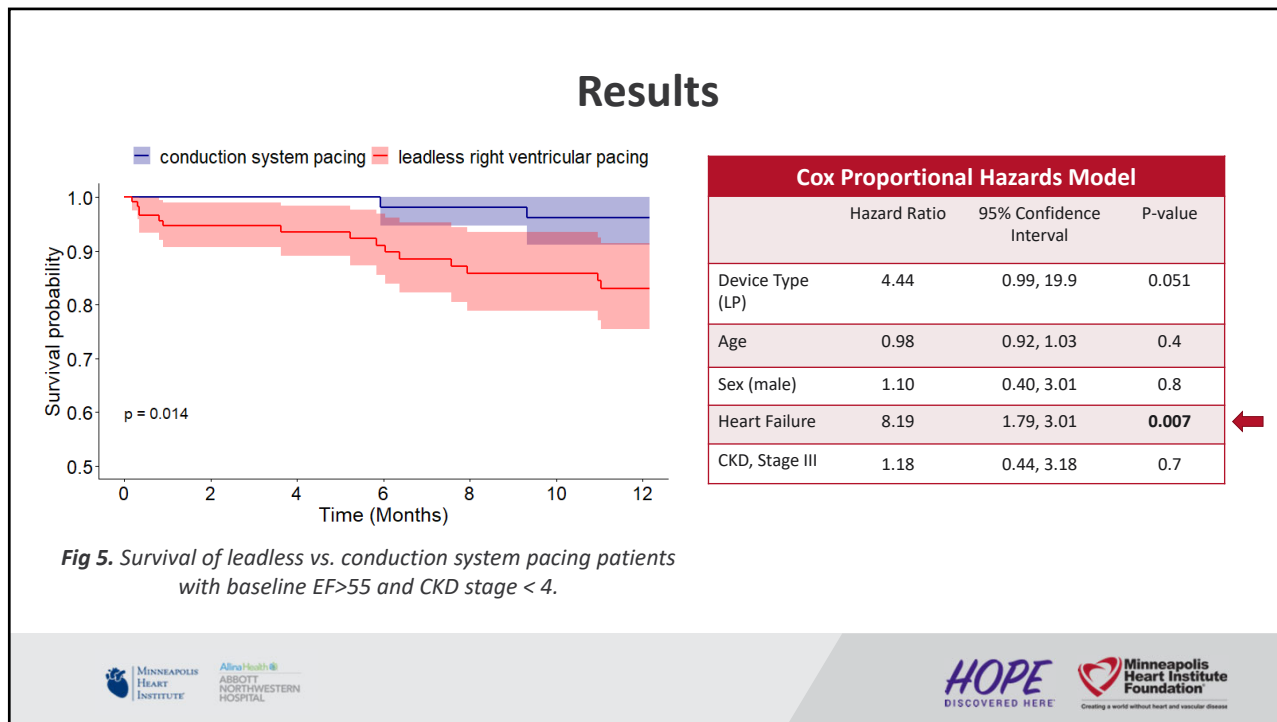
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## Limitations and Future Directions

**Limitations**

- Relatively short retrospective single-center study
- CSP candidacy restrictions
- Selection bias against CSP

**Future Work**

- Characterize differences in HF between the two cohorts
- Apply Charlson co-morbidity score
- Increase amount and length of follow-up

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## Conclusions

- Results of this study suggest that CSP improves short-term survival compared to LP regardless of EF.
  - This implies that preservation of ventricular synchrony is important in our patient population.
- History of HF was particularly impactful on patient survival in the LP population.
- A leadless pacemaker capable of pacing the conduction system is needed.



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## Acknowledgements

- We would like to acknowledge the Joseph F. Novogratz Family Heart Rhythm Center at the Minneapolis Heart Institute Foundation for their support on this study.



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Questions?



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March, 2023

## Usefulness of preprocedural computed tomography in surgical aortic valve sizing

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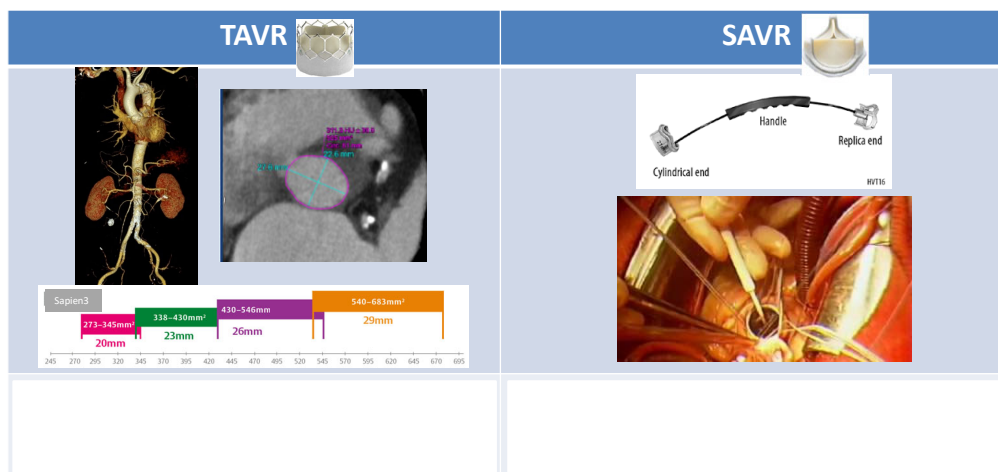
Minneapolis Heart Institute Foundation



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## Background

- Valve size selection methods are different between transcatheter aortic valve replacement (TAVR) and surgical aortic valve replacement (SAVR)



Usefulness of CT annulus sizing for SAVR is not understood

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## Hypothesis / Aims

- Hypothesis:
  - Applying CT sizing for SAVR would lead to less operator bias and improved valve selection compared to the conventional sizer method
- Aims:
  - Cohort 1 (2019-2021): Retrospectively evaluate the relationship between CT annulus size and implanted SAVR valve label size
  - Cohort 2 (Jun 2022-Dec 2022): Compared CT annulus size and true annulus size (using Hegar dilators) during SAVR, and the classification of valve selection

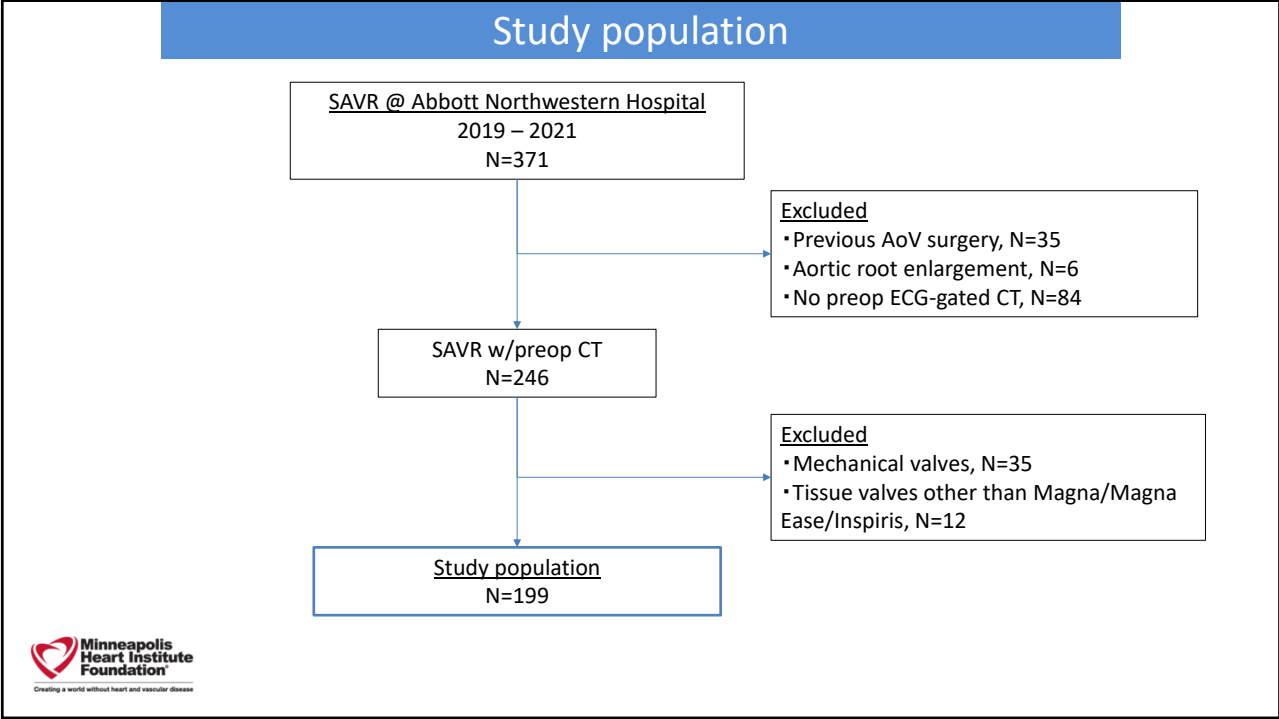


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# Methods - Cohort 1



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## Methods: CT prediction

- CT predicted minimum SAVR size

CT derived Annulus diameter	Minimum SAVR valve label size (Stent outer diameter)	External diameter of the valve (Magna or Magna Ease / Inspiris)
19.9 mm or smaller	19	24 / 25 mm
20.0 - 21.9 mm	21	26 / 27 mm
22.0 - 23.9 mm	23	28 / 29 mm
24.0 - 25.9 mm	25	30 / 32 mm
26.0 - 27.9 mm	27	32 / 34 mm
28.0 mm or larger	29	34 / 36 mm

- Classification of valve selection

1.  $SAVR_{CTpredicted} > SAVR$  (CT predicted minimal label size *larger than* SAVR received)
2.  $SAVR_{CTpredicted} = SAVR$  (CT predicted minimal label size *equal to* SAVR received)
3.  $SAVR_{CTpredicted} < SAVR$  (CT predicted minimal label size *smaller than* SAVR received)

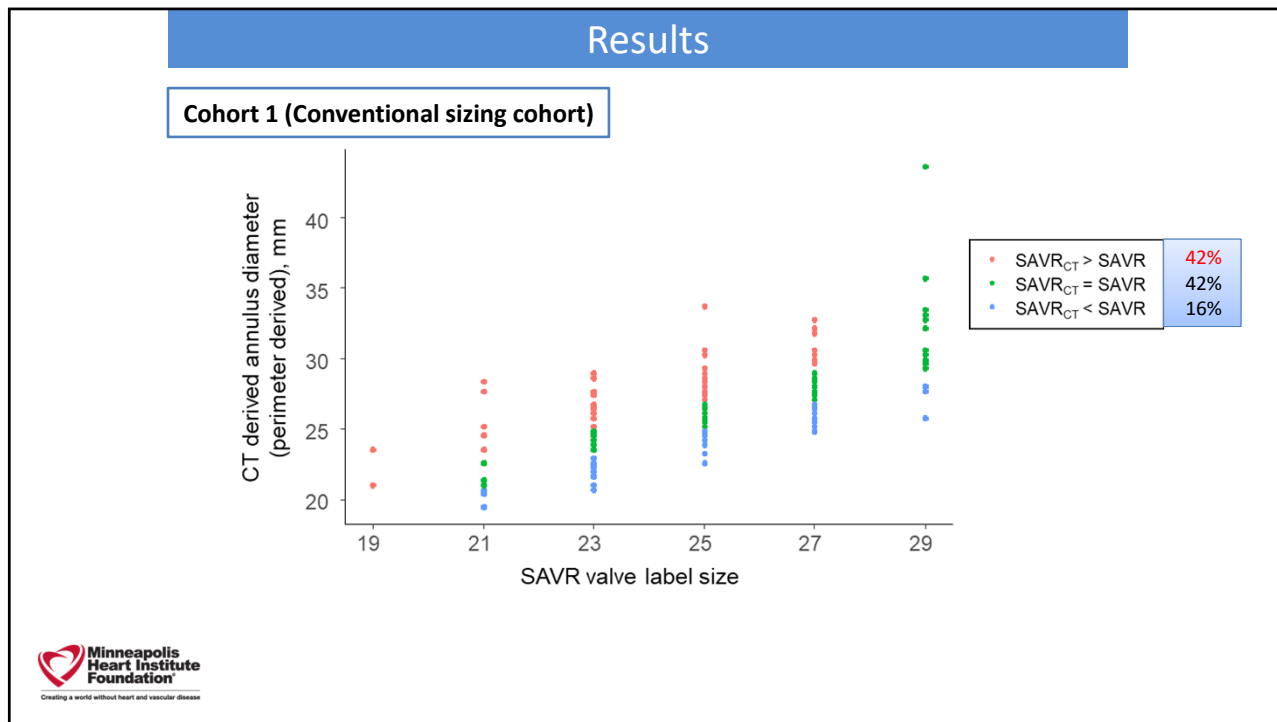


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## Results – Cohort 1



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### Results

	SAVR <sub>CT</sub> > SAVR N = 76	SAVR <sub>CT</sub> = SAVR N = 76	SAVR <sub>CT</sub> < SAVR N = 28	P value
Age, years	70 (65, 74)	70 (64, 76)	71 (66, 73)	0.99
Male	47 (61.8%)	48 (63.2%)	17 (60.7%)	0.97
Body surface area, m <sup>2</sup>	2.03 (1.82, 2.16)	2.03 (1.88, 2.18)	1.97 (1.81, 2.05)	0.17
Bicuspid valve	37 (48.7%)	36 (47.4%)	10 (35.7%)	0.48
<b>CT annulus measurements</b>				
Area, mm <sup>2</sup>	560 (510, 610)	487 (426, 555)	408 (361, 485)	<b>&lt;0.001</b>
Area derived diameter, mm	26.7 (25.5, 27.9)	24.9 (23.3, 26.6)	22.8 (21.5, 24.9)	<b>&lt;0.001</b>
Perimeter, mm	86 (82, 90)	81 (75, 85)	74 (69, 79)	<b>&lt;0.001</b>
Perimeter derived diameter, mm	27.4 (26.1, 28.7)	25.8 (23.9, 27.2)	23.6 (22.0, 25.2)	<b>&lt;0.001</b>
Ellipticity (Dmax/Dmin)	1.28 (1.22, 1.37)	1.26 (1.18, 1.33)	1.28 (1.24, 1.36)	0.33
<b>CT other measurements</b>				
Aortic valve calcium score, AU	2921 (1551, 4247)	2244 (1440, 3457)	2173 (1044, 3146)	0.065
SoV diameter (mean), mm	35.0 (32.1, 37.0)	33.3 (30.7, 37.0)	32.3 (29.5, 34.6)	<b>0.032</b>
SoV height (mean), mm	23.0 (21.3, 24.7)	22.3 (20.4, 25.0)	22.2 (19.6, 24.5)	0.33
ST junction diameter (mean), mm	30.8 (28.5, 32.6)	30.8 (28.0, 33.6)	28.3 (26.4, 30.7)	<b>0.014</b>
Ascending aorta, mm	36.0 (33.0, 38.0)	36.9 (33.0, 39.0)	34.2 (32.0, 37.1)	0.12


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Results				
	SAVR <sub>CT</sub> > SAVR N = 76	SAVR <sub>CT</sub> = SAVR N = 76	SAVR <sub>CT</sub> < SAVR N = 28	P value
SAVR valve label size, mm	24.4 ± 2.1	25.5 ± 2.5	25.2 ± 2.1	<b>0.016</b>
Valve model				<b>0.003</b>
Inspiris Resilia	55 (72.4%)	68 (89.5%)	28 (100%)	
Magna	8 (10.5%)	1 (1.3%)	0 (0%)	
Magna Ease	13 (17.1%)	7 (9.2%)	0 (0%)	
Operators				<b>&lt;0.001</b>
A	18 (23.7%)	8 (10.5%)	0 (0%)	
B	7 (9.2%)	12 (15.8%)	12 (42.9%)	
C	8 (10.5%)	1 (1.3%)	0 (0%)	
D	11 (14.5%)	4 (5.3%)	1 (3.6%)	
E	11 (14.5%)	13 (17.1%)	0 (0%)	
F	15 (19.7%)	19 (25.0%)	7 (25.0%)	
G	2 (2.6%)	6 (7.9%)	0 (2%)	
H	4 (5.3%)	13 (17.1%)	8 (28.6%)	




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Summary of Cohort 1	
<ul style="list-style-type: none"> <li>The relationship between CT annulus size and implanted SAVR valve label size                             <ul style="list-style-type: none"> <li>showed a large variation</li> <li>42% of cases were classified as SAVR<sub>CT</sub> &gt; SAVR (i.e. CT predicted minimal label size larger than SAVR received)</li> </ul> </li> <li>Anatomical factors (larger aortic annulus) and operator dependency were associated with SAVR<sub>CT</sub> &gt; SAVR.</li> </ul>	



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## Cohort 2 (CT sizing cohort)



Creating a world without heart and vascular disease

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### Cohort 2 (CT sizing)


- Jun 2022-Dec 2022, SAVR for bicuspid aortic disease
- Compared CT annulus size and true annulus sizing using Hegar dilators during SAVR, and the classification of valve selection
- Results

True annulus size (Hegar sizing) during SAVR, mm

CT derived annulus diameter, mm

R=0.935

Classification	Cohort 1 (Conventional sizing)	Cohort 2 (CT/Hegar sizing)
SAVR <sub>CT</sub> > SAVR	42%	11%
SAVR <sub>CT</sub> = SAVR	42%	78%
SAVR <sub>CT</sub> < SAVR	16%	11%



Creating a world without heart and vascular disease

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## Cohort 2 (CT sizing)

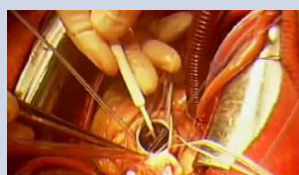
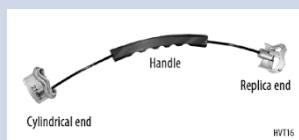
- CT-derived annulus size showed strong correlation with Hegar sizing during SAVR
  - Validates that CT sizing corresponds to the annulus size
- Applying CT sizing led to lower rates of SAVR<sub>CT</sub> > SAVR



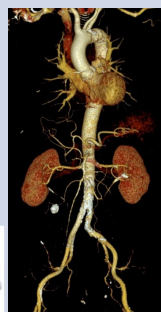
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## Conclusions

Conventional method  
(using sizers during surgery)



CT annulus sizing for SAVR



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# Association Of Extracellular Volume And Global Longitudinal Strain Assessment by CT With Post TAVR Outcomes

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**BACKGROUND**  
Myocardial extracellular volume (ECV) and left ventricular global longitudinal strain (LVGLS) associate with post-transcatheter aortic valve replacement (TAVR) outcomes.

**METHODS**  
Consecutive patients with severe aortic stenosis who underwent TAVR CTA assessment with pre-contrast and 3-minute-delayed acquisitions for ECV measurement were included between 01/2021 and 06/2022. Dedicated software for post-processing of CTA-derived ECV and CTA-LVGLS was used (Figure 1). Clinical and imaging characteristics were collected from chart review. All patients received commercially approved TAVR devices. All-cause mortality and composite outcomes defined as cardiac death and heart failure hospitalization (HFH) were collected.

**RESULTS**  
Study workflow is shown in Figure 2. Median CT-ECV and LVGLS were 26.5% and -20.1%, respectively. Matching the threshold associated with increased risk on restricted cubic spline curves. Patients' characteristics according to presence of either CT-ECV and/or LVGLS above the median are shown in Table 1. Over a median follow-up of 12.4 [IQR 8.2-15.3] months, 32 deaths and 44 composite outcomes occurred. Univariate (Table 2) and multivariate Cox hazard analysis (Table 3), adjusting for other comorbidities, demonstrates the association between abnormalities of either or and even more so both CT parameters with cardiac death and HFH post-TAVR.

**DISCLOSURE INFORMATION**  
Conflict of interest: This research was supported in part by grant from Zentaris.

## Association Of Extracellular Volume And Global Longitudinal Strain Assessment by Computed Tomography With Post Transcatheter Aortic Valve Replacement Outcomes

**FIGURE 2. Study Workflow**

1/2021 - 6/2022 : n = 375  
 Excluded:  
 • Lack of delayed imaging data=48. (Difference of FDV, slice numbers)  
 • VIV cases=17.  
 • Atrial fibrillation=1.  
 • Poor image for LV strain 9. (poor functional CT image)

N = 309  
 Excluded:  
 • Poor image for LV strain 9. (poor functional CT image)

N = 300

**ACC.23 WCC**

**MAIN FIGURE**

ECV ≥ 26.5%      LVGLS ≥ -20.1%

1. None: ECV < median and GLS < median  
 2. Either: ECV ≥ median or GLS ≥ median  
 3. Both: ECV ≥ median and GLS ≥ median

**All cause mortality**

**Composite outcomes**

1. None: Reference  
 2. Either: HR (95% CI), 2.30 (1.07-5.04), p=0.148  
 3. Both: HR (95% CI), 3.43 (1.13-10.44), p=0.030

1. None: Reference  
 2. Either: HR (95% CI), 5.58 (1.23-23.53), p=0.025  
 3. Both: HR (95% CI), 15.26 (3.63-64.20), p<0.001

**TABLE 3. Cox hazard multivariable analysis**

Multivariable model for all-cause mortality			Multivariable model for composite outcomes		
	HR (95% CI)	p-value		HR (95% CI)	p-value
STS PROM score	1.18 (1.06-1.32)	0.003	AF	2.02 (1.10-3.73)	0.024
LVGLS+ECV	1.06 (0.93-1.21)	0.401	STS PROM score	1.46 (0.66-3.23)	0.347
None	Ref.		MR ≥ moderate	1.46 (0.66-3.23)	0.347
Either	2.20 (0.72-6.75)	0.169	LVGLS+ECV	None	
Both	2.71 (0.85-8.61)	0.090	None	4.50 (1.02-19.81)	0.047
			Both	11.07 (2.56-47.91)	0.001

To prevent co-linearity, these variables were chosen.

**TABLE 1. Patient characteristics among the 3 groups**

	None N=88	Either N=194	Both N=98	p-value
Age (years)	78.5 ± 10.9	79.6 ± 9.73	82.1 ± 6.9	0.035
BMI (kg/m <sup>2</sup> )	29.1 (25.8-33.3)	29.9 (26.1-34.7)	27.6 (24.1-31.3)	0.029
Male	43 (48.9)	66 (33.2)	56 (57.6)	0.106
AF	17 (19.3)	51 (26.1)	43 (43.9)	<0.001
Coronary artery disease	30 (34.1)	55 (28.4)	51 (52.0)	0.026
COPD	6 (6.8)	15 (7.7)	14 (14.3)	0.168
Diabetes	20 (22.7)	40 (20.3)	35 (35.8)	0.051
Hypertension (%)	71 (80.7)	105 (54.7)	68 (77.3)	0.388
Tricuspid regurgitation	10 (11.4)	14 (7.3)	13 (13.3)	0.270
Prior CABG (%) / PCI (%)	8 (8.1) / 24 (27.3)	17 (13.7) / 30 (24.2)	17 (19.3) / 32 (36.4)	0.147
Prior valve surgery	0 (0.0)	6 (6.8)	5 (5.7)	0.089
NVHA ≥ III	41 (46.6)	70 (36.5)	50 (56.8)	0.139
STS PROM score	2.47 (1.59-3.30)	2.66 (1.92-3.84)	3.55 (2.36-5.23)	<0.001

**TABLE 2. Cox hazard analysis for clinical outcomes**

All-cause mortality			Composite outcomes		
Univariable	HR (95% CI)	p-value	Univariable	HR (95% CI)	p-value
Age (years)	1.05 (0.99-1.10)	0.086	Age (years)	1.05 (1.00-1.10)	0.035
AF	2.82 (1.37-5.81)	0.005	AF	2.54 (1.40-4.61)	0.002
STS PROM score	1.18 (1.06-1.32)	0.003	STS PROM score	1.17 (1.05-1.30)	0.002
AVA index	0.98 (0.93-1.0)	0.089	AVA index	0.14 (0.01-3.22)	0.218
AV mean gradient	0.97 (0.94-0.99)	0.037	AV mean gradient	0.97 (0.94-0.99)	0.021
MR ≥ moderate	1.33 (0.51-3.47)	0.566	MR ≥ moderate	2.24 (1.04-5.56)	0.026
TR ≥ moderate	2.32 (1.00-5.40)	0.050	TR ≥ moderate	3.12 (1.57-6.21)	0.001
LVF (%)	0.98 (0.96-1.01)	0.136	LVF (%)	0.97 (0.95-0.98)	<0.001
LVGLS (CT)	1.04 (0.98-1.10)	0.230	LVGLS (CT)	1.09 (1.03-1.14)	0.001
ECV	1.11 (1.01-1.22)	0.030	ECV	1.16 (1.08-1.25)	<0.001

**CONCLUSION**

- Baseline comprehensive CTA assessment of ECV and GLS is feasible, and provides independent association with 1-year post-TAVR cardiovascular outcomes in a contemporary, and predominantly low-risk cohort.
- Future studies in emerging TAVR cohorts should explore the incremental role of these imaging biomarkers for improving risk-stratification, timing of intervention and tracking response to treatment.

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## BACKGROUND

Myocardial extracellular volume (ECV) and left ventricular global longitudinal strain (LVGLS) associate with post-transcatheter aortic valve replacement (TAVR) outcomes.

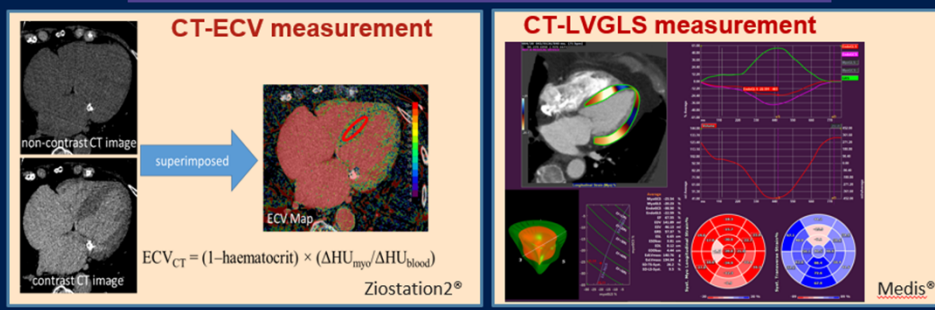
We aimed to evaluate whether the combination of these parameters could be leveraged by a comprehensive computed tomography angiography (CTA) assessment, and help in the risk stratification of a contemporary cohort of predominantly low-risk patients undergoing TAVR interventions.

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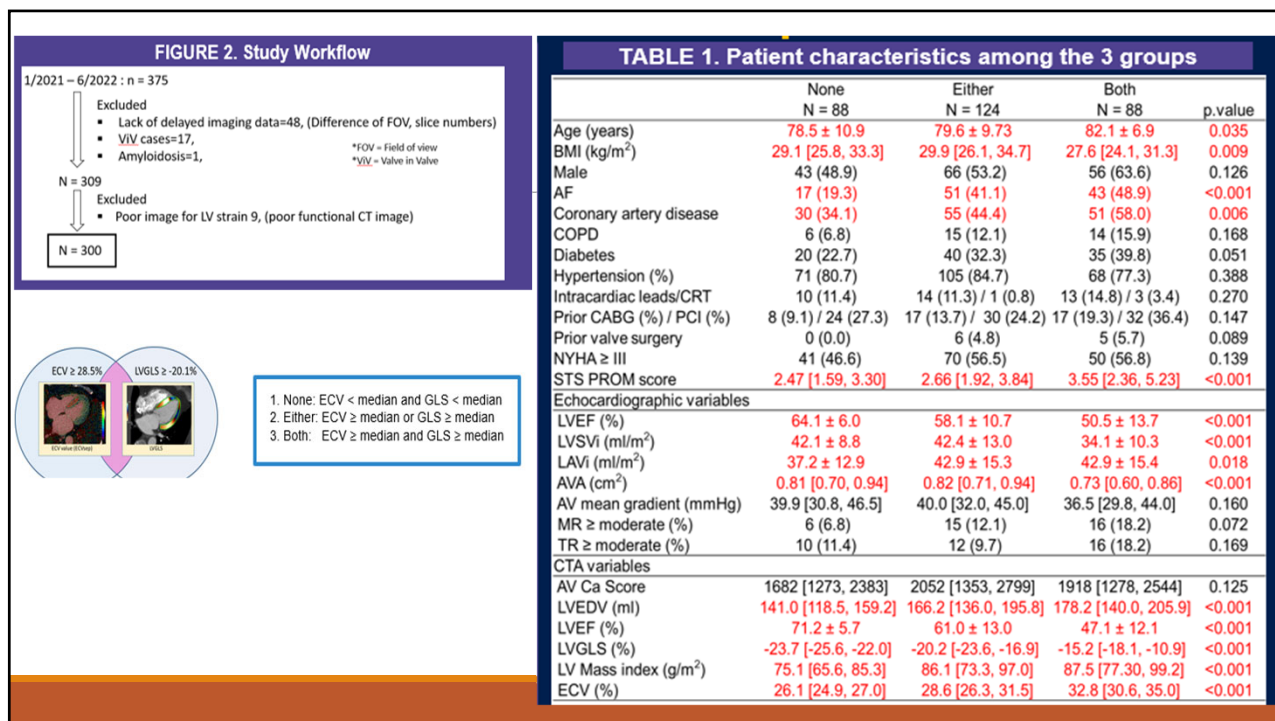
## METHODS

Consecutive patients with severe aortic stenosis who underwent TAVR CTA assessment with pre-contrast and 3-minute-delayed acquisitions for ECV measurement were included between 01/2021 and 06/2022. Dedicated software for post-processing of CTA-derived ECV and CTA-LVGLS was used (Figure 1). Clinical and imaging characteristics were collected from chart review. All patients received commercially approved TAVR devices. All-cause mortality and composite outcomes defined as cardiac death and heart failure hospitalization (HFH) were collected.

### FIGURE 1. CT-ECV and LVGLS Assessment



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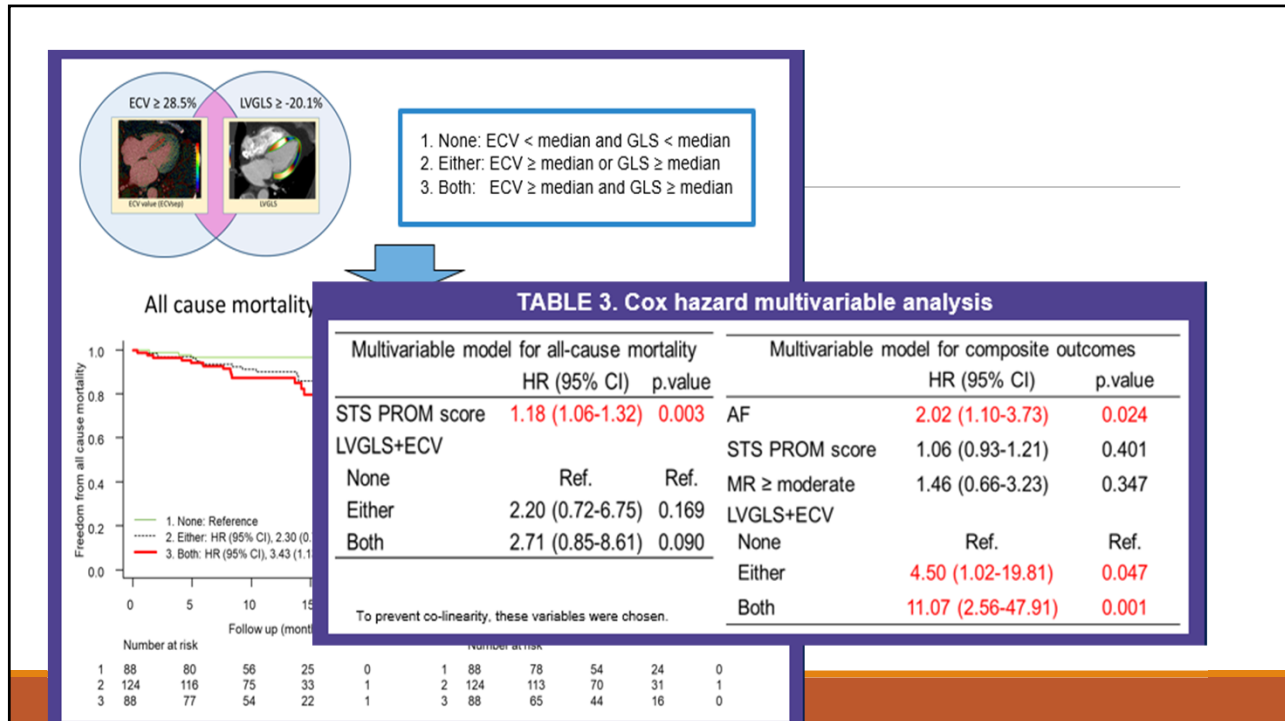


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### TABLE 2. Cox hazard analysis for clinical outcomes

	All-cause mortality		Composite outcomes		
	Univariable HR (95% CI)	p.value	Univariable HR (95% CI)	p.value	
Age (years)	1.05 (0.99-1.10)	0.086	Age (years)	1.05 (1.00-1.10)	0.035
AF	2.82 (1.37-5.81)	0.005	AF	2.54 (1.40-4.61)	0.002
STS PROM score	1.18 (1.06-1.32)	0.003	STS PROM score	1.17 (1.06-1.30)	0.002
AVA index	0.98 (0.03-31.0)	0.989	AVA index	0.14 (0.01-3.22)	0.218
AV mean gradient	0.97 (0.94-0.99)	0.037	AV mean gradient	0.97 (0.94-0.99)	0.012
MR ≥ moderate	1.33 (0.51-3.47)	0.566	MR ≥ moderate	2.24 (1.10-4.56)	0.026
TR ≥ moderate	2.32 (1.00-5.40)	0.050	TR ≥ moderate	3.12 (1.57-6.21)	0.001
LVEF (CT)	0.98 (0.96-1.01)	0.136	LVEF (CT)	0.97 (0.95-0.98)	< 0.001
LVGLS (CT)	1.04 (0.98-1.10)	0.230	LVGLS (CT)	1.09 (1.03-1.14)	0.001
ECV	1.11 (1.01-1.22)	0.030	ECV	1.16 (1.08-1.25)	< 0.001
LVGLS+ECV			LVGLS+ECV		
None	Ref.	Ref.	None	Ref.	Ref.
Either	2.30 (0.75-7.04)	0.146	Either	5.38 (1.23-23.53)	0.025
Both	3.43 (1.13-10.4)	0.030	Both	15.26 (3.63-64.2)	< 0.001

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## CONCLUSION





- Baseline comprehensive CTA assessment of ECV and GLS is feasible and provides independent association with 1-year post-TAVR cardiovascular outcomes in a contemporary, and predominantly low-risk cohort.
- Future studies in emerging TAVR cohorts should explore the incremental role of these imaging biomarkers for improving risk-stratification, timing of intervention and tracking response to treatment.

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# Thank you so much !!



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## Impact of Calcium on Procedural Techniques and Outcomes of Chronic Total Occlusion Percutaneous Coronary Intervention: Insights from the PROGRESS-CTO registry

March 27, 2023

**Spyridon Kostantinis, MD**  
(on the behalf of the PROGRESS-CTO investigators)

Research Scholar, Center for Coronary Artery Disease (CCAD),  
Minneapolis Heart Institute Foundation

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## Disclosure of Relevant Financial Relationships

I, **Spyridon Kostantinis** DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.



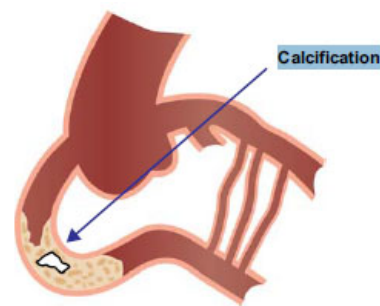
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## Background

Coronary calcification is common and often increases the difficulty of chronic total occlusion (CTO) percutaneous coronary intervention (PCI)



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Brilakis ES. Manual of chronic total occlusion interventions: a step-by-step approach. 3<sup>rd</sup> Edition: Academic Press, 2023.



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## Goal

To examine the impact of calcium on the procedural techniques and outcomes of CTO PCI in a large multicenter registry

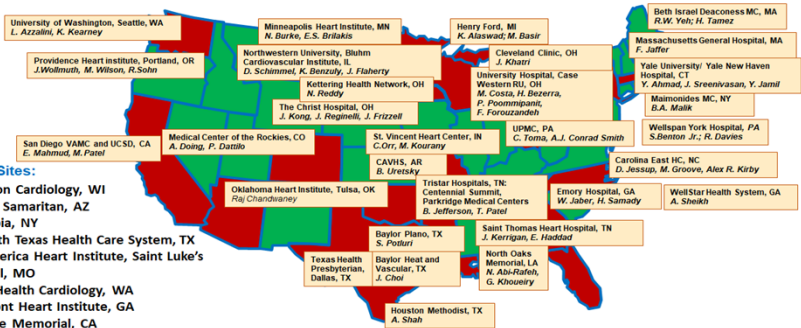


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## PROGRESS-CTO USA Sites

**Global Coordinating Center:** Chairman/PI: E. S. Briaklis; **Global Director:** B.V. Rangan;  
**Database Managers:** Judit Karacsonyi, Spyridon Kostantinis, Bahadir Simsek, Athanasios Rempakos  
**Operational Support:** Olga Mastrodemos  
**Project Impact:** Data from 13,556 cases at 69 participating centers, 10 countries  
 Resulting in 101 publications, 164 conference presentations

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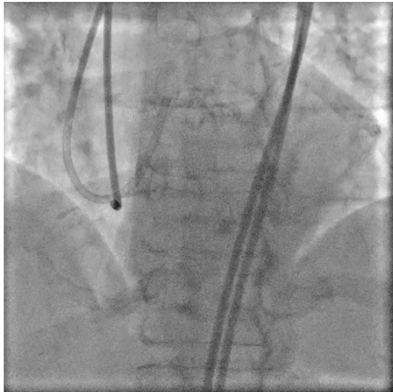
## Statistical analysis

- Categorical variables are presented as percentages and compared using Pearson's chi-square test or Fisher's exact test.
- Continuous variables are presented as mean  $\pm$  SD or as median (interquartile range [IQR]) and compared using the Student's t-test and the Wilcoxon rank sum test.
- A 2-sided p value of 0.05 was considered to indicate statistical significance.




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## Classification of Coronary Calcification

ACC/AHA Type A Lesion	{	<p><b>None:</b> No radiopacity</p> <p><b>Mild:</b> Faint radiopacities noted during cardiac cycles</p>
ACC/AHA Type B Lesion	{	<p><b>Moderate:</b> Dense radiopacities noted during cardiac cycle before contrast injection.</p> <p><b>Severe:</b> Dense radiopacities noted on both sides of the arterial wall (“tram-track”) without cardiac motion before contrast injection.</p>



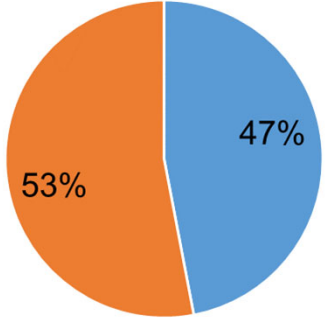
Smith SC Jr, Feldman TE, Hirshfeld JW Jr, Jacobs AK, Kern MJ, King SB III, Morrison DA, O'Neill WW, Schaff HV, Whitlow PL, Williams DO. ACC/AHA/SCAI 2005 guideline update for percutaneous coronary intervention: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (ACC/AHA/SCAI Writing Committee to Update the 2001 Guidelines for Percutaneous Coronary Intervention). Circulation. 2006;113:e166–e286.




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## Results

- N=12,344 CTO PCIs
- 44 centers
- 2012-2022



Calcification Type	Percentage
None/mild calcium	53%
Moderate/severe calcium	47%

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**Table 1. Baseline clinical characteristics**

Variable	Moderate/severe calcium	None/mild calcium	P value
	n=5,747, 47%	n=6,597, 53%	
Age (years)	67 ± 13	62 ± 10	<0.001
Men	82%	81%	0.366
Hypertension	92%	87%	<0.001
Diabetes mellitus	48%	38%	<0.001
Dyslipidemia	92%	80%	<0.001
Prior MI	44%	45%	0.062
Prior CABG	40%	19%	<0.001
Prior PCI	66%	60%	<0.001
Congestive heart failure	31%	26%	<0.001
LVEF (%)	49 ± 13	51 ± 13	<0.001
Cerebrovascular disease	11%	9%	<0.001
Peripheral arterial disease	18%	11%	<0.001



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CABG: coronary artery bypass grafting; LVEF: left ventricular ejection fraction; MI: myocardial infarction; PCI: percutaneous coronary intervention.



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**Table 2. Angiographic characteristics**

Variable	Moderate/severe calcium	None/mild calcium	P value
	n=5,747, 47%	n=6,597, 53%	
CTO Target Vessel			<0.001
▪ RCA	55%	51%	
▪ LAD	25%	27%	
▪ LCX	18%	20%	
Occlusion length (mm)	35 ± 23	28 ± 19	<0.001
Proximal cap ambiguity	41%	30%	<0.001
Moderate/severe proximal tortuosity	42%	20%	<0.001
Prior attempt to open CTO	21%	17%	<0.001
J-CTO score	3.0 ± 1.1	1.9 ± 1.2	<0.001
PROGRESS-CTO score	1.4 ± 1.1	1.1 ± 1.0	<0.001



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CTO: chronic total occlusion; J: Japan; LAD: left anterior descending; LCX: left circumflex; PROGRESS-CTO: prospective global registry for the study of chronic total occlusion intervention; RCA: right coronary artery.



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**Table 3. Procedural characteristics**

Variable	Moderate/severe calcium	None/mild calcium	P value
	n=5,747, 47%	n=6,597, 53%	
Crossing strategies used			<0.001
▪ AW	85%	90%	
▪ Retrograde	40%	24%	
▪ ADR	27%	16%	
IVUS	60%	42%	<0.001
Procedure time (min)	138 (94, 195)	95 (64, 137)	<0.001
Fluoroscopy time (min)	53 (33, 81)	35 (22, 56)	<0.001
AK radiation dose (Gray)	2.4 (1.3, 4.1)	2.0 (1.1, 3.5)	<0.001
Contrast volume (ml)	210 (150, 300)	210 (150, 300)	0.932
LV assist device	6%	2%	<0.001



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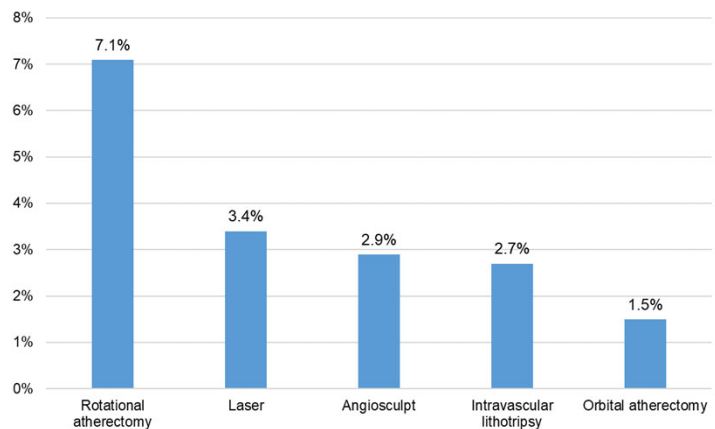
ADR: antegrade dissection and re-entry; AK: air kerma; AW: antegrade wiring; IVUS: intravascular ultrasound; LV: left ventricular.



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**Lesion preparation for calcified lesions**

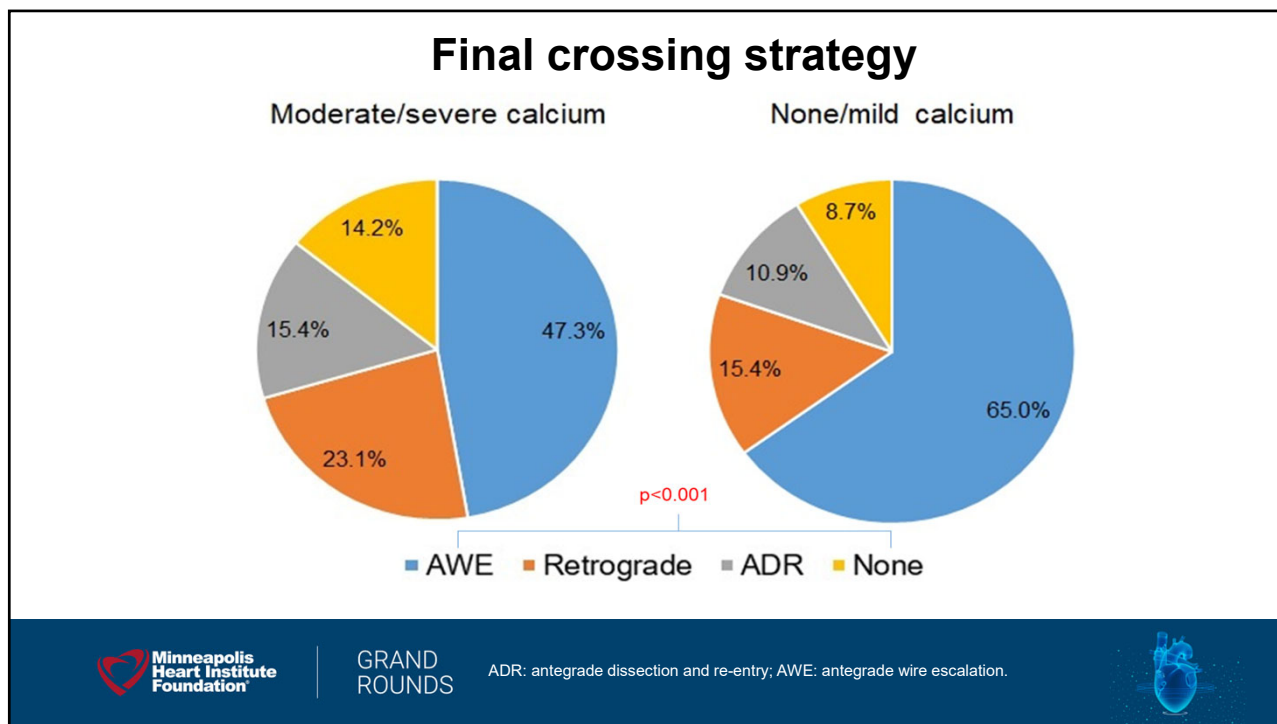
Balloon angioplasty was the most common lesion preparation technique for moderate to severe calcified lesions (76.1%)



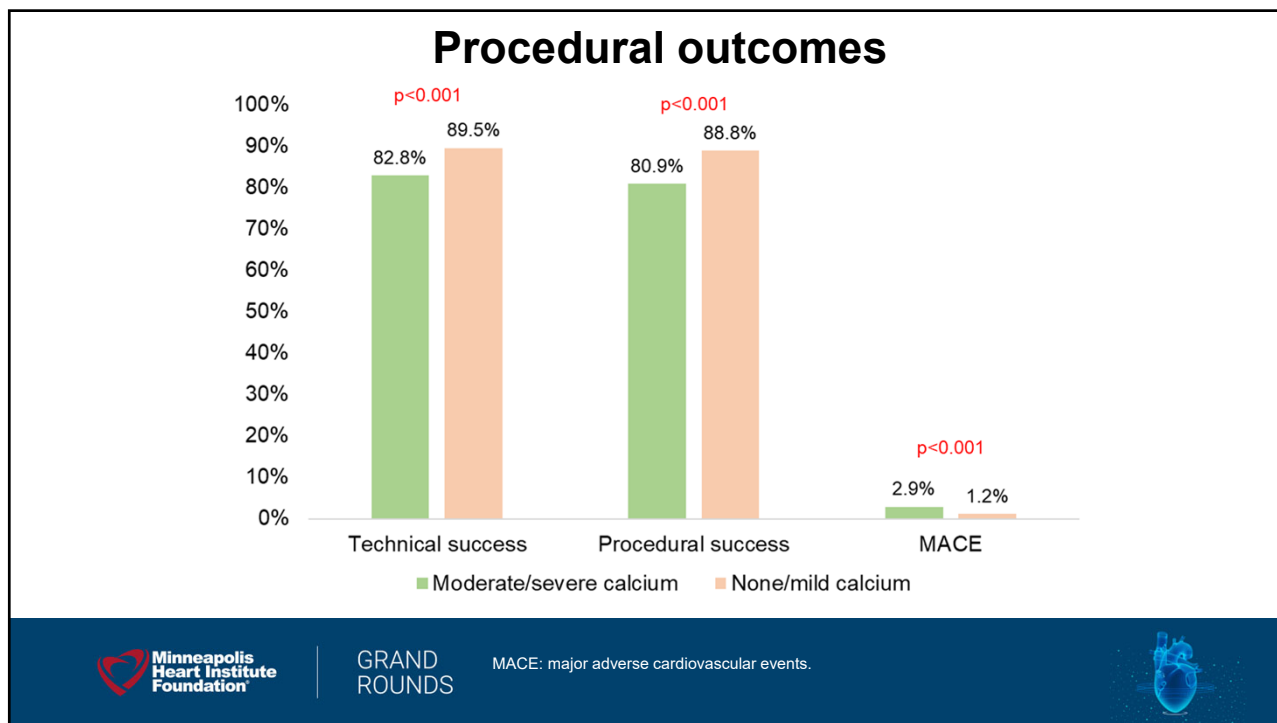
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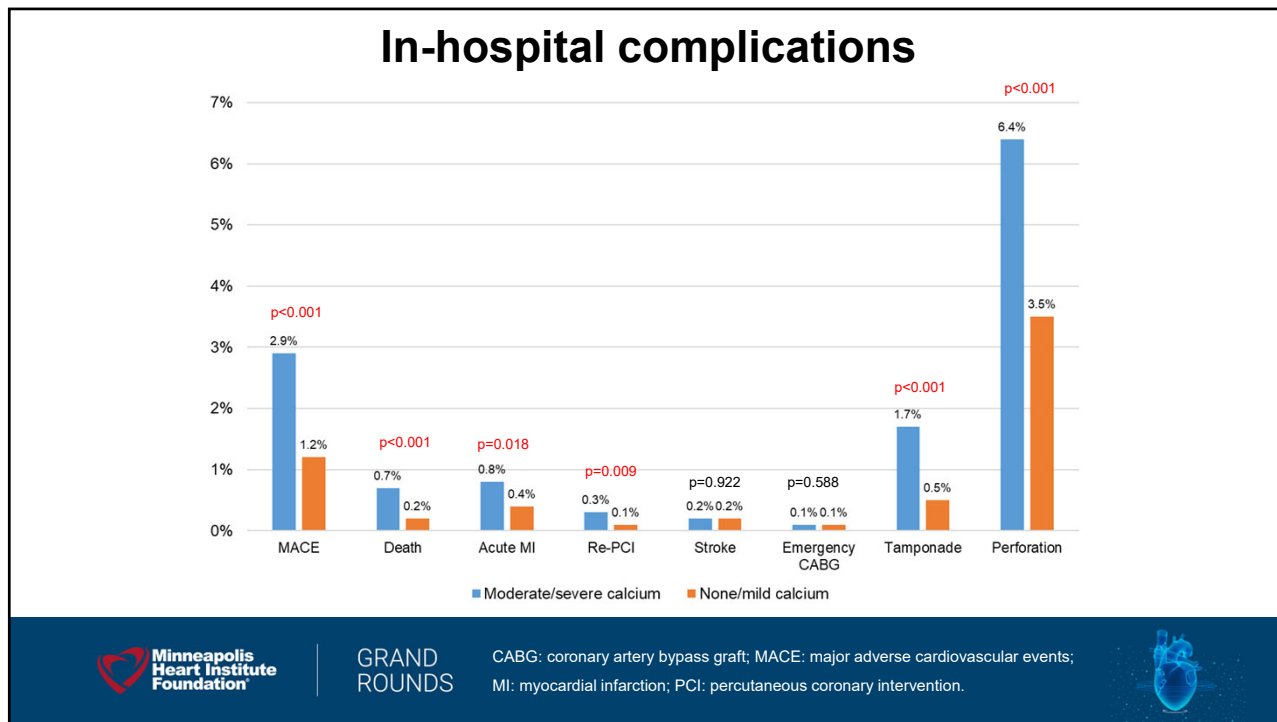
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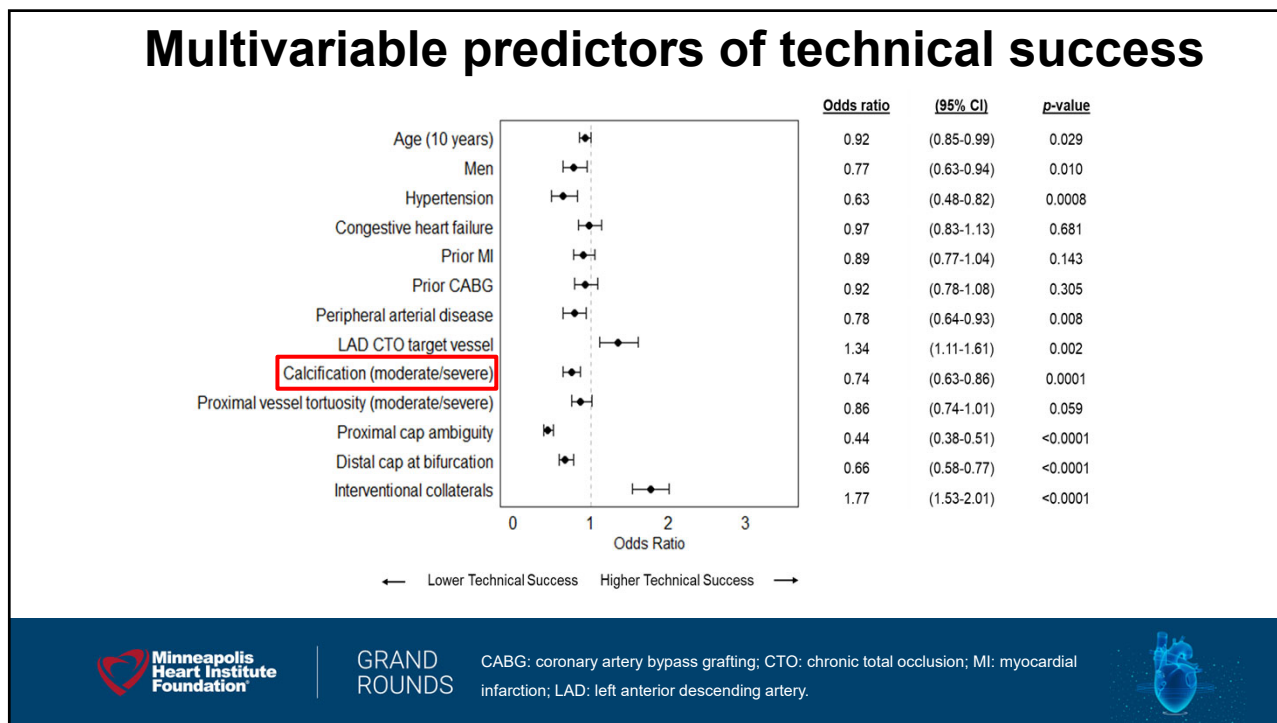
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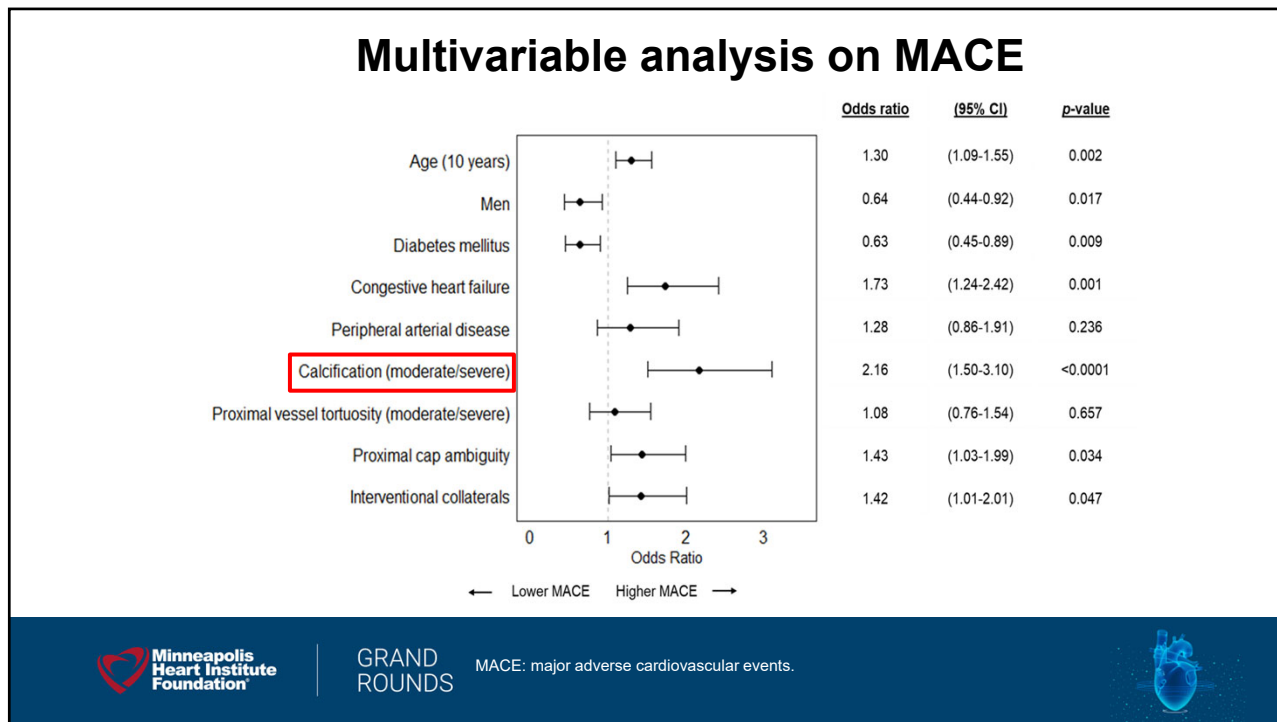
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### Limitations

- Observational study without adjudication of clinical events by an independent committee
- Quantitative coronary angiographic analyses were not performed.
- CTO PCIs in the PROGRESS-CTO registry are performed at dedicated, high-volume CTO centers with experienced operators, limiting the generalizability of the findings to centers with limited CTO PCI experience.



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## Conclusion

Moderate/severe calcification was present in 47% of CTO lesions and was associated with:

- higher utilization of the retrograde approach and ADR
- lower technical and procedural success rates
- higher incidence of in-hospital MACE



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## Acknowledgments

The authors are grateful for the philanthropic support of our generous anonymous donors, and the philanthropic support of Drs. Mary Ann and Donald A Sens, Mrs. Diane and Dr. Cline Hickok, Mrs. Wilma and Mr. Dale Johnson, Mrs. Charlotte and Mr. Jerry Golinvaux Family Fund, the Roehl Family Foundation and the Joseph Durda Foundation. The generous gifts of these donors to the Minneapolis Heart Institute Foundation's Science Center for Coronary Artery Disease (CCAD) helped support this research project.



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<ul style="list-style-type: none"><li>• Spyridon Kostantinis</li><li>• Athanasios Rempakos</li><li>• Bahadir Simsek</li><li>• Judit Karacsonyi</li><li>• Salman Allana</li><li>• Khaldoon Alaswad</li><li>• Mir Babar Basir</li><li>• Oleg Krestyaninov</li><li>• Dmitrii Khelimskii</li><li>• Sevket Gorgulu</li><li>• Rhian Davies</li><li>• Stewart Benton</li><li>• Jaikirshan Khatri</li><li>• Paul Poomipanit</li><li>• James Choi</li><li>• Wissam Jaber</li><li>• Stephane Rinfret</li></ul>	<ul style="list-style-type: none"><li>• William Nicholson</li><li>• Farouc Jaffer</li><li>• Jimmy Kerrigan</li><li>• Elias Haddad</li><li>• Mitul Patel</li><li>• Ehtisham Mahmud</li><li>• Srinivasa Potluri</li><li>• Karim Al-Azizi</li><li>• Korhan Soylu</li><li>• Ufuk Yildirim</li><li>• Ahmed ElGuindy</li><li>• Nidal Abi Rafeh</li><li>• Omer Goktekin</li><li>• Olga Mastrodemos</li><li>• Bavana Rangan</li><li>• Yader Sandoval</li><li>• M Nicholas Burke</li><li>• Emmanouil S Brilakis</li></ul>	 <p><a href="http://www.progresscto.org">www.progresscto.org</a></p> <h1>Thank you!</h1> <p>Spyridon Kostantinis, MD kostadinis95@gmail.com</p>
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	 <small>Creating a world without heart and vascular disease</small>	 MINNEAPOLIS HEART INSTITUTE	 Allina Health ABBOTT NORTHWESTERN HOSPITAL
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## Impact of lesion length on the outcomes of chronic total occlusion percutaneous coronary intervention: Insights from the PROGRESS-CTO registry

March 27, 2023

Athanasios Rempakos, MD  
(on the behalf of the PROGRESS-CTO investigators)

Research Scholar, Center for Coronary Artery Disease (CCAD),  
Minneapolis Heart Institute Foundation

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## Disclosure of Relevant Financial Relationships

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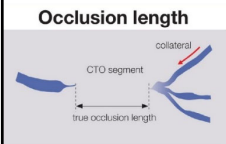


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## Background

O2HYT xhtwj

OPEN-CLEAN score



Using good collateral images, try to measure "true" distance of occlusion, which tends to be shorter than the first impression.

Variables	Points
<u>C</u> ABG	1
<u>O</u> ccl.Length	
<input type="checkbox"/> <20mm (0) <input type="checkbox"/> ≥20mm (1)	Occlusion length 20 to <60 mm ≥60 mm
point	1
<u>E</u> jection fraction <50%	1
<u>A</u> ge	
<input type="checkbox"/> 50 to <70 <input type="checkbox"/> ≥70	1 2
<u>C</u> alcification	1

Morino Y et al. Predicting successful guidewire crossing through chronic total occlusion of native coronary lesions within 30 minutes: the J-CTO (Multicenter CTO Registry in Japan) score as a difficulty grading and time assessment tool. JACC Cardiovasc Interv. 2011;4:213-21.



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Hirai T et al. Development and validation of a prediction model for angiographic perforation during chronic total occlusion percutaneous coronary intervention: OPEN-CLEAN perforation score. Catheter Cardiovasc Interv. 2022 Feb;99(2):280-285.



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## Goal

- Patient and angiographic characteristics associated with **longer CTO lesions**
- Impact of **occlusion length** on the outcomes of CTO PCI



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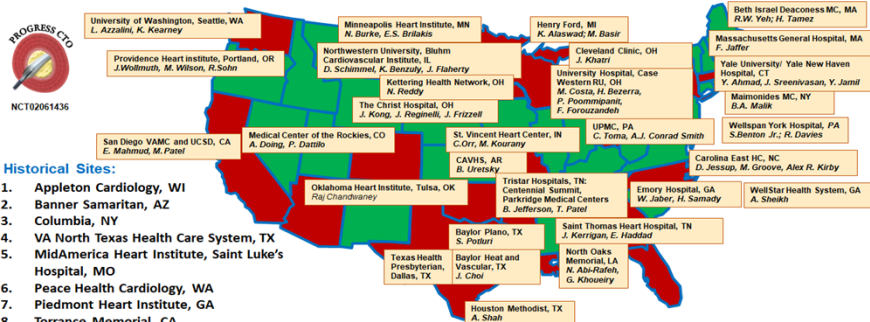


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## PROGRESS-CTO USA Sites

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7. Piedmont Heart Institute, GA
8. Torrance Memorial, CA
9. Minneapolis VA Medical Center
10. Memorial Hospital, Jacksonville, FL
11. Oklahoma VA Medical Center, OK
12. Providence Hospital, Waco, TX
13. Trinity Medical Center WNY, Buffalo, NY
14. Tulane University, LA
15. University of Texas Southwestern Medical Center



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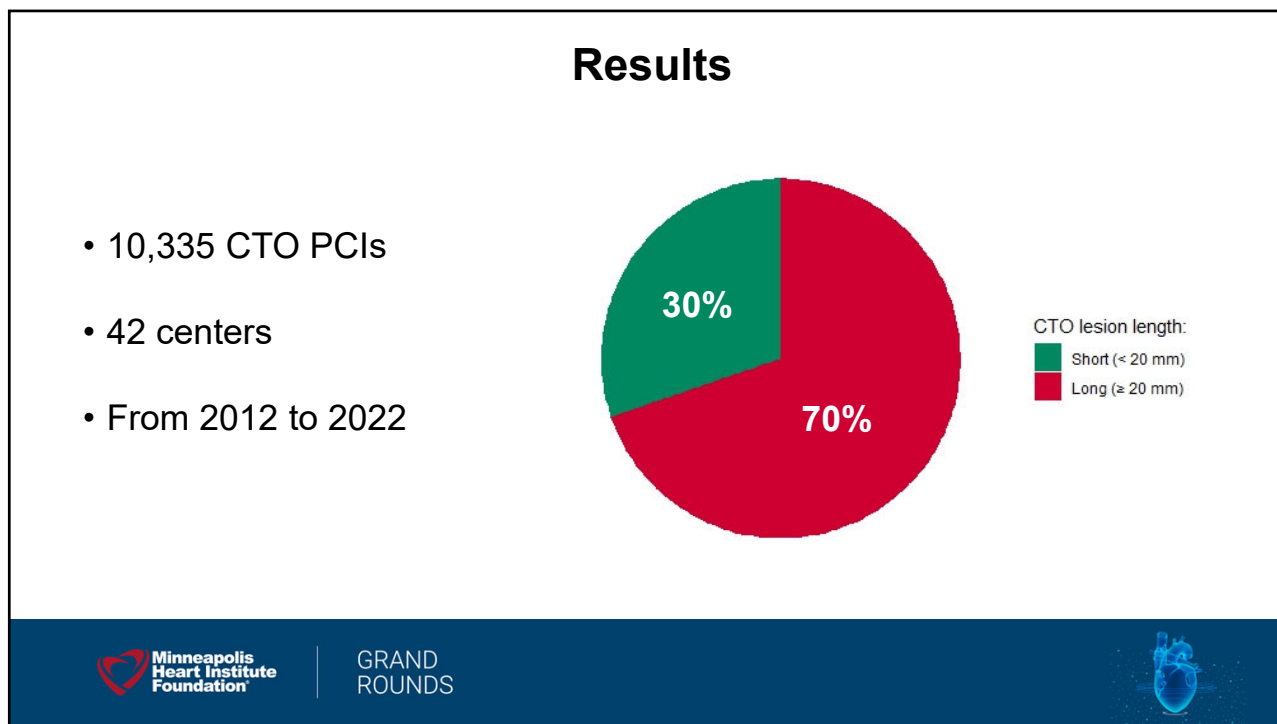
71

### Statistical analysis

- Categorical variables are presented as percentages and compared using Pearson's chi-square test or Fisher's exact test.
- Continuous variables are presented as mean  $\pm$  SD or as median (interquartile range [IQR]) and compared using the Student's t-test and the Wilcoxon rank sum test.
- A 2-sided p value of 0.05 was considered to indicate statistical significance.
- **Long lesions** defined as lesions with length  $\geq 20$  mm and **short lesions** were defined as lesions with length  $< 20$  mm

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### Table 1. Baseline clinical characteristics

Variable	Long Lesion	Short Lesion	P value
	n=7208, 70%	n=3127, 30%	
Age (years)	64.2 ± 10.2	64.5 ± 10.5	0.331
Men	82.5%	78.2%	<0.001
BMI (kg/m <sup>2</sup> )	30.5 ± 6.3	30.3 ± 6.3	0.082
Diabetes mellitus	45.3%	37.6%	<0.001
Hypertension	90.1%	87.5%	<0.001
Dyslipidemia	88.7%	78.6%	<0.001
Prior MI	45.7%	42.5%	0.004
Prior CABG	32.7%	19.5%	<0.001
Congestive heart failure	29.3%	26.2%	0.002
LVEF (%)	49.6 ± 13.2	52.2 ± 12.2	<0.001
Peripheral arterial disease	15.0%	11.2%	<0.001

CABG: coronary artery bypass grafting; LVEF: left ventricular ejection fraction; MI: myocardial infarction; PCI: percutaneous coronary intervention.

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**Table 2. Angiographic characteristics**

Variable	Long Lesion	Short Lesion	P value
	n=7208, 70%	n=3127, 30%	
CTO Target Vessel			<0.001
▪ RCA	57.3%	43.5%	
▪ LAD	23.4%	32.3%	
▪ LCX	17.3%	21.8%	
Vessel diameter (mm)	2.9 ± 0.5	2.8 ± 0.5	<0.001
Proximal cap ambiguity	39.7%	22.8%	<0.001
Side branch at the proximal cap	56.9%	51.6%	<0.001
Blunt/no stump	60.0%	35.9%	<0.001
Moderate/severe calcification	50.3%	34.9%	<0.001
Moderate/severe proximal tortuosity	31.4%	21.6%	<0.001



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CTO: chronic total occlusion; J: Japan; LAD: left anterior descending; LCX: left circumflex; PROGRESS-CTO: prospective global registry for the study of chronic total occlusion intervention; RCA: right coronary artery.



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**Table 3. Procedural characteristics**

Variable	Long Lesion	Short Lesion	P value
	n=7208, 70%	n=3127, 30%	
First crossing strategy			<0.001
▪ AWE	78.6%	93.5%	
▪ ADR	5.0%	1.2%	
▪ Retrograde	15.5%	4.0%	
Successful crossing strategies			<0.001
▪ AWE	47.7%	74.6%	
▪ ADR	14.8%	8.1%	
▪ Retrograde	22.8%	8.2%	
▪ None	14.7%	9.2%	
Balloon undilatable CTO lesion	9.5%	6.3%	<0.001
Procedure time (min)	123 [82, 178]	91 [60, 134]	<0.001
Fluoroscopy time (min)	47.1 [28.8, 73.2]	32.2 [20.2, 51]	<0.001
AK radiation dose (Gray)	2.4 [1.4, 4.1]	1.7 [0.9, 2.9]	<0.001
Contrast volume (ml)	218 [150, 300]	200 [140, 270]	<0.001

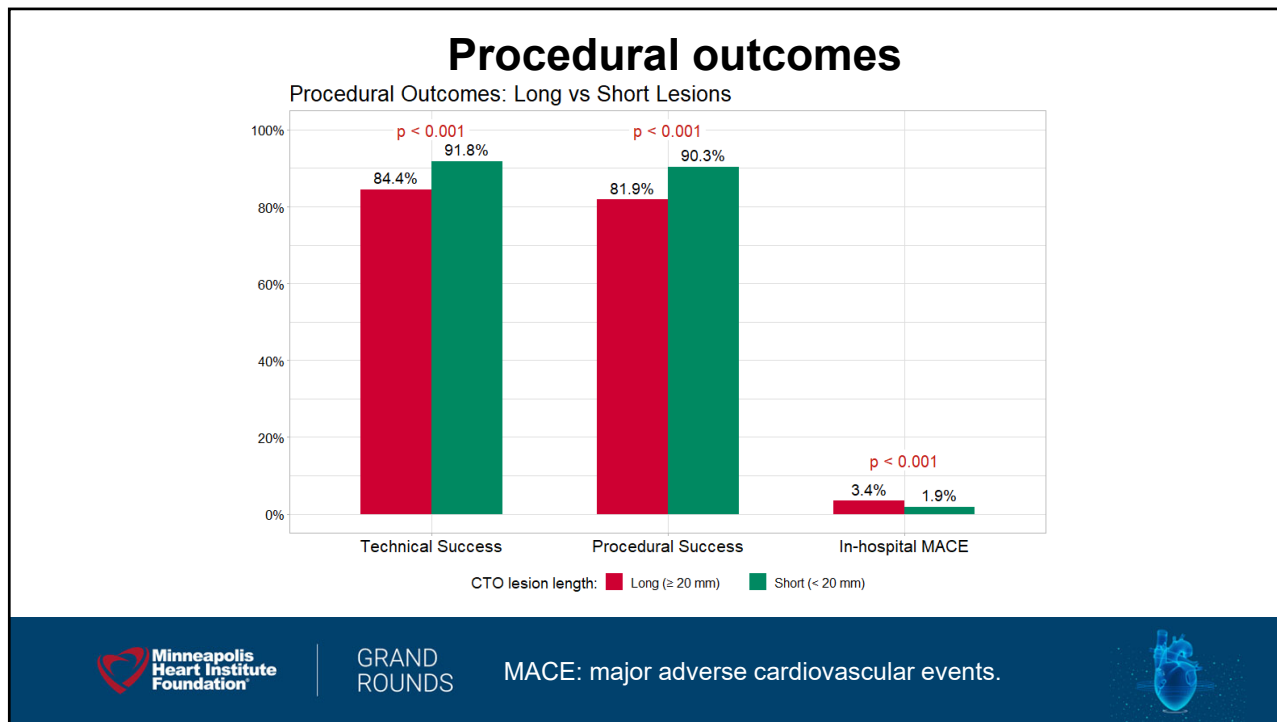


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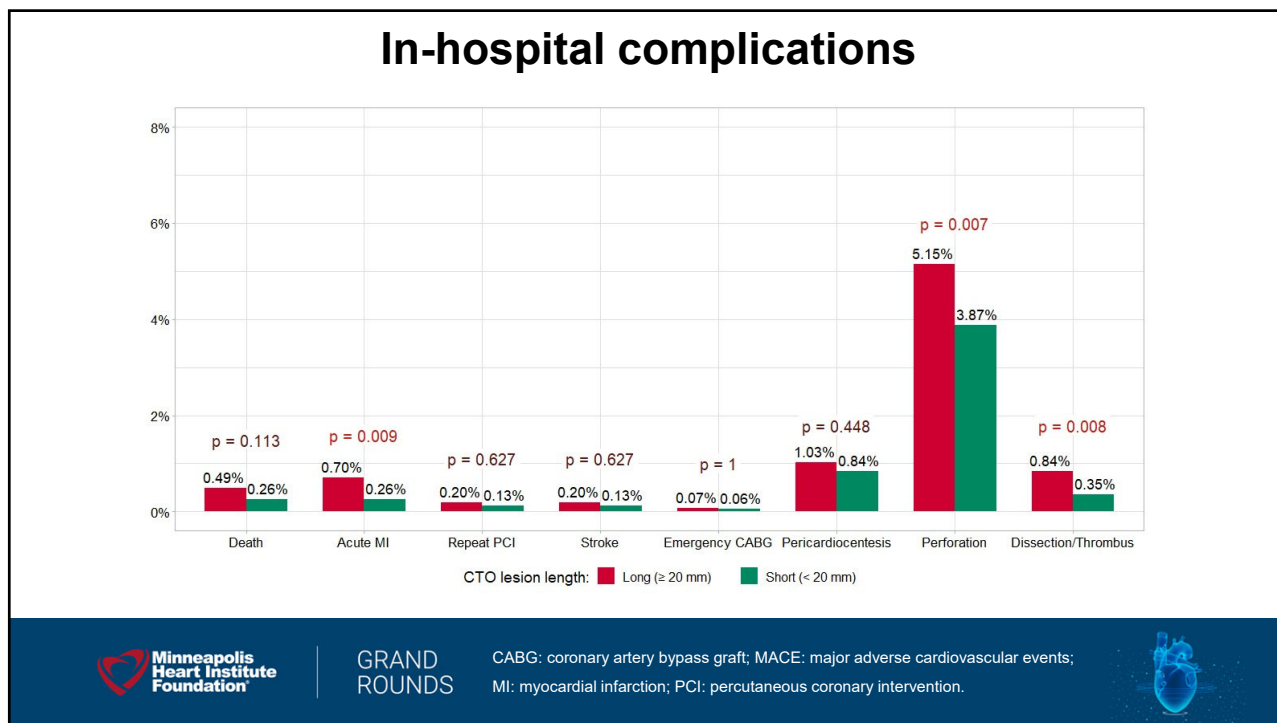
ADR: antegrade dissection and re-entry; AK: air kerma; AW: antegrade wiring; IVUS: intravascular ultrasound; LV: left ventricular.



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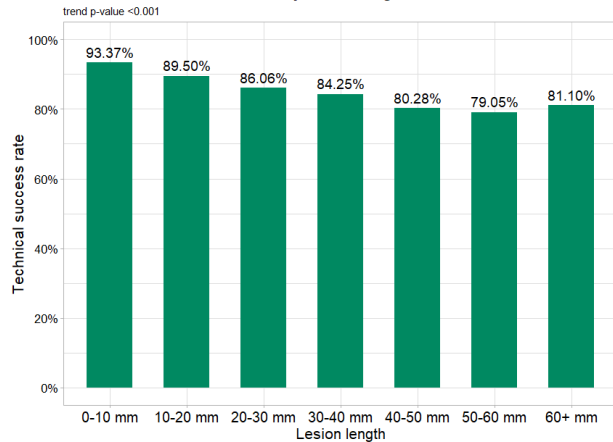
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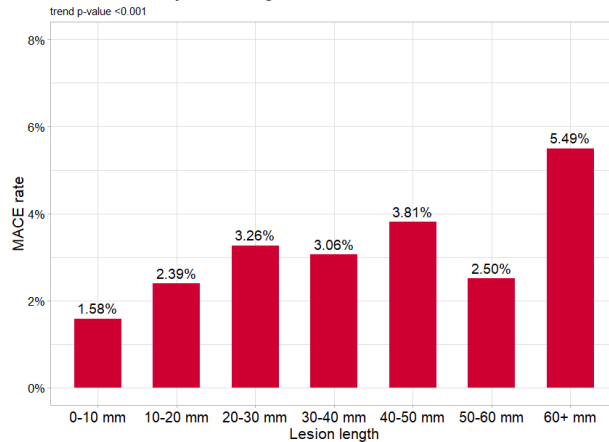
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## Success and MACE by lesion length

Technical success rates by CTO length



MACE rates by CTO length



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## Logistic Regression Analysis

Technical success

Characteristic	OR	95% CI	p-value
Occlusion length (10 mm)	0.91	0.88, 0.94	<0.001
Age (10 years)	0.91	0.85, 0.98	0.014
Gender (male)	0.74	0.61, 0.90	0.002
BMI (kg/m <sup>2</sup> )	0.99	0.98, 1.00	0.079
Hypertension	0.60	0.46, 0.78	<0.001
Congestive heart failure	0.95	0.82, 1.11	0.6
Prior MI	0.84	0.73, 0.97	0.017
Prior CABG	1.01	0.86, 1.18	>0.9
Peripheral arterial disease	0.84	0.70, 1.02	0.069
Proximal cap ambiguity	0.64	0.54, 0.76	<0.001
Side branch at the proximal cap	0.83	0.71, 0.96	0.015
Blunt/no stump	0.75	0.63, 0.89	0.001
Vessel diameter (mm)	1.50	1.31, 1.72	<0.001
Calcification (moderate/severe)	0.76	0.65, 0.88	<0.001
Tortuosity (moderate/severe)	0.77	0.66, 0.89	<0.001
Retrograde strategy used	0.65	0.56, 0.76	<0.001

MACE

Characteristic	OR	95% CI	p-value
Occlusion length (10 mm)	1.08	1.02, 1.15	0.012
Age (10 years)	1.20	1.03, 1.41	0.022
Gender (male)	0.57	0.41, 0.79	<0.001
Hypertension	1.10	0.67, 1.91	0.7
Dyslipidemia	0.81	0.54, 1.25	0.3
Smoking (current)	0.71	0.48, 1.04	0.086
Left ventricular ejection fraction	0.99	0.98, 1.01	0.3
Congestive heart failure	1.35	0.95, 1.90	0.090
Cerebrovascular disease	1.32	0.87, 1.96	0.2
Peripheral arterial disease	1.25	0.85, 1.80	0.2
Proximal cap ambiguity	1.22	0.85, 1.76	0.3
Blunt/no stump	0.93	0.65, 1.35	0.7
Vessel diameter (mm)	0.96	0.73, 1.27	0.8
Calcification (moderate/severe)	1.77	1.29, 2.44	<0.001
Tortuosity (moderate/severe)	1.23	0.90, 1.66	0.2
Retrograde strategy used	1.59	1.14, 2.21	0.006



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MACE: major adverse cardiovascular events.



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## Limitations

- Observational study without adjudication of clinical events by an independent committee.
- Core laboratory analysis of the study's angiograms was not performed.
- The operators in the PROGRESS-CTO registry are more experienced in performing CTO PCI, potentially limiting the external validity of the study's results.



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## Conclusions

- Long CTO lesions ( $\geq 20$  mm) made up **70% of CTO PCIs** in our registry
- **Comorbidities** and **complex angiographic characteristics** were more common in patients with longer occlusions
- **Advanced crossing techniques** were more frequently required in long CTOs
- Long lesions were independently associated with **lower technical success**, and **increased incidence of complications**



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## Acknowledgments

The authors are grateful for the philanthropic support of our generous anonymous donors, and the philanthropic support of Drs. Mary Ann and Donald A Sens, Mrs. Diane and Dr. Cline Hickok, Mrs. Wilma and Mr. Dale Johnson, Mrs. Charlotte and Mr. Jerry Golinvaux Family Fund, the Roehl Family Foundation and the Joseph Durda Foundation. The generous gifts of these donors to the Minneapolis Heart Institute Foundation's Science Center for Coronary Artery Disease (CCAD) helped support this research project.



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## Thank you!

Simsek B, Kostantinis S, Karacsonyi J, Choi JW, Poommipanit P, Khatri JJ, Jaber W, Rinfret S, Nicholson W, Gorgulu S, Jaffer FA, Chandwaney R, Koutouzis M, Tsiafoutis I, Alaswad K, Krestyaninov O, Khelimskii D, Karpalioitis D, Uretsky BF, Patel MP, Mahmud E, Potluri S, Rangan BV, Mastrodemos OC, Allana S, Sandoval Y, Burke NM, Brilakis ES.



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