MHIF FEATURED STUDY:

TAMBE

OPEN AND ENROLLING!

EPIC message: Research MHIF Patient Referral

CONDITION:

Para/Juxarenal AAA disease

PI:

Jesse Manunga, MD

RESEARCH CONTACT:

Jo Anne Goldman RT. CCRC Joanne.goldman@allina.com | 612-863-3793 **SPONSOR:**

W.L. Gore

DESCRIPTION:

Evaluation of the **GORE® EXCLUDER® Thoracoabdominal Branch Endoprosthesis** in the Treatment of Thoracoabdominal and Pararenal Aortic Aneurysms. This study will look at treating thoracoabdominal or pararenal aneurysm disease with a new stent-graft design.

CRITERIA LIST/ QUALIFICATIONS:

Inclusion:

- 1. Aortic aneurysm involving the visceral vessel(s) requiring treatment defined as at least one of the following:
 - Fusiform aneurysm diameter ≥ 5 cm
 - Saccular aneurysm (no diameter requirement)
 - Rapid aneurysm growth (≥ 5 mm in one year)
- 2. Aortic aneurysm that involves the abdominal aorta, with:
 - Involvement of at least one visceral vessel and aneurysmal extension as far as 65 mm proximal to the celiac artery, and/or
 - No normal aorta between the upper extent of aneurysm and renal artery(s)

Exclusion:

- Prior open, aortic surgery of the ascending aorta or aortic arch
- 2. Ruptured or leaking aortic aneurysm
- 3. Aneurysmal dilatation due to chronic aortic dissection
- 4. Infected aorta
- 5. Mycotic aneurysm
- 6. Life expectancy <2 years











ECMO Management of Amniotic Fluid Embolism

12/14/2020

Jonathan Urbach MD, Cardiology Fellow Minneapolis Heart Institute





Disclosure

None





Case

29-year-old healthy G1P1 presented at 39+0 for elective IOL

- Given misoprostol and went into active labor
- At 748 started feeling presyncopal and fetal bradycardia noted
- Arrive in OR at 754 for emergent Caesarean section
- During c-section, she had hemodynamic deterioration and ultimately PEA arrest
- No significant bleeding noted at this time, though the tissues were described as dusky in the op report
- CODE BLUE called at 0812





Code

- LUCAS, ACLS
- 0829 VT
 - o DCCV x3 0831, 0832, 0835
- Completion of the emergent c-section
 - Noted that she was seeping through the sterile dressing and from all line sites
 - Massive transfusion protocol









POCUS







ECMO Activation

- ECMO activated in setting of refractory arrest
 - Working diagnosis was amniotic fluid embolism
- Cannulated for peripheral VA-ECMO via RFA and RFV and was on flow at 0900
- Continued to have uterine bleeding, but improving with blood product resuscitation
- Taken to cath lab for confirmation of cannula position as well as placement of a PA catheter and arterial line





Outline

- Indications / Contraindications for ECMO
- ECMO Complications
 - Thrombotic and hemorrhagic
- Anticoagulation in ECMO
 - o AC of choice, monitoring strategies, institutional variation
 - ROTEM
- Amniotic fluid embolism
 - Pathophysiology, diagnosis, management
 - Role of ECMO





ECMO

Indications

- Inadequate perfusion (hypotension, low CO) despite adequate intravascular volume.
- Shock that persists despite volume, vasoactive meds, and IABP (if appropriate)
- As a bridge
 - Recovery
 - Transplant
 - Durable MCS

Contraindications

- Absolute: unrecoverable condition / not a candidate for VAD or transplant, advanced age, chronic organ dysfunction (emphysema, cirrhosis, renal failure), compliance (financial, cognitive, psychiatric, or social limitations), or prolonged CPR without adequate tissue perfusion
- o **Relative**: unable to receive anticoagulation, advanced age, obesity





ECMO Stats

- Survival to hospital discharge for adults requiring ECMO 57% (respiratory illness) and 42% (cardiac disease)
- Bleeding / thrombotic complications are common with ECMO
 - o In review of ELSO data from 2016:
 - Bleeding from surgical or cannula insertion sites 10-30%
 - CNS hemorrhage 2.2%-6%
 - Oxygentor thrombosis 7-13%
 - CNS infarction 2-4.4%





- platelet activation
- reduced ADAMTS13

Systemic

Underlying Disease

- · intracardiac clot due to stasis
- · infection/sepsis
- · post resuscitation
- trauma

Drugs

- heparin → bleeding / HIT
- · antiplatelet agents

Liver

- · synthetic function -procoagulant and natural anticoagulants
- fibrinolytic pathway

Systemic Inflammatory Response

- · microparticle release
- · leucocyte activation and NETs
- DIC
- · platelet/endothelial activation

Low Flow Zones and Connectors

negative pressure

cavitation

haemolvsis → reduced NO

(e.g. cannula to circuit connectors, back perfusion cannula -----)

- · turbulence & increased shear
- · platelet activation

Murphy DA, Hockings LE, Andrews RK, et al. Extracorporeal membrane oxygenation-hemostatic complications. Transfusion Medicine Reviews. 2015 Apr;29(2):90-101.





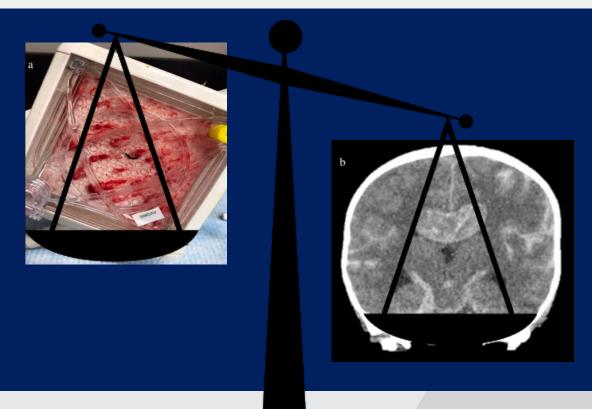
Anticoagulation in ECMO

- Strategies for Anticoagulation
 - Counterbalance exposure to non-endothelial surface of ECMO circuit
 - Bioactive coatings on surfaces limit coagulation response to circuit
 - Unfractionated heparin is the current international standard
 - Optimal anticoagulation (prevent thrombosis / limit bleeding risk) remains unknown
- Monitoring Anticoagulation
 - o aPTT, ACT, anti-Xa, thromboelastography, absolute heparin dose
 - All used alone or in combination; no ideal strategy / consensus guidelines for monitoring





In the balance...







HELP-ECMO Pilot

- Randomized, controlled, un-blinded pilot study at 2 ICUs in Australia
 - VA and VV ECMO pts randomized to either "standard" (aPTT target 50-70s) or low-intensity heparin protocol (aPTT target <45 seconds)
 - 31 pts; 9/31 (29%) VA, 22/31 (71%) VV
 - 16 randomized to low-intensity protocol, 15 to the rapeutic dose heparin
 - Primary endpoint:
 - Difference between mean heparin dose and aPTT, anti-Xa levels
 - Secondary endpoints:
 - Thromboembolic events, ECMO circuit thrombosis, bleeding events





	Low-intensity (n=16)	Standard (n=15)		
mean aPTT	48.1	56.2	p=0.03	
mean anti-Xa	0.11	0.3	p=0.003	
mean heparin dose	11784	22050	p=0.004	
DVT	2	3	p=0.57	
PE	1	0	p=0.33	
CVA	0	0		
intracardiac thrombus	1	2	p=0.51	
distal perfusion cannula thrombosis	2	0	p=0.16	
acute pump thrombosis	1	1	p=0.96	
ICH	0	1	p=0.29	
RPH	1	1	p=0.96	
GI	0	2	p=0.13	
haemoptysis	1	1	p=0.96	





ECMO without AC

- Retrospective, single-center analysis
 - 203 adult patients treated with VA-ECMO
 - Primary endpoint:
 - Composite of hemorrhagic and thrombotic complications
 - Secondary outcomes:
 - Transfusion needs, HIT, hospital LOS, in-hospital mortality
 - 35% (n = 75) were not anticoagulated
 - Lower complication rates in this group (57% vs 76%; p=0.007)
 - No difference in mortality, pump failure, or thrombotic complications

Venoarterial-Extracorporeal Membrane Oxygenation Without Routine Systemic Anticoagulation Decreases Adverse Events

Presented at the Fifty-fifth Annual Meeting of The Society of Thoracic Surgeons, San Diego, CA, Jan 26-29, 2019. Winner of the Thoracic Surgery Directors Association Benson R. Wilcox Award.





Meta-analysis of ECMO without AC

- 6 case series included (n=70)
 - o 84% VA-ECMO
- Reason for no AC
 - High risk of bleeding after CV surgery (64%)
 - Active major bleeding (23%)
 - Severe traumatic injury (9%)
- Successful ECMO wean in 74% and survival to hospital dc 58%
 - There was significant variation in rates of circuit thrombosis
 - Patient complications inconsistently reported; small numbers





ELSO Guidelines

- Current ELSO guidelines recommend initial heparin infusion rate of 7.5-20.0 u/kg/h
 - No standardized method to achieve and monitor AC during ECMO
 - AC management / monitoring varies by institution







Institutional Variation

- Anticoagulant used
- Monitoring strategy





Institutional Variation

- Survey of transfusion and anticoagulation practices in adults at ECMO centers (54/166 surveyed)
 - 45/47 use heparin as primary AC
 - 1/47 uses heparin and bivalirudin equally
 - 1/47 uses bivalirudin only

ORIGINAL PAPER

Vox Sanguinis (2017) 112, 443-452

© 2017 International Society of Blood Transfusion DOI: 10.1111 vox.12514

Adult extracorporeal membrane oxygenation: an international survey of transfusion and anticoagulation techniques

S. A. Esper, ¹ D. I. J. Welsby, ² K. Subramaniam, ¹ W. John Wallisch, ¹ J. H. Levy, ² J. H. Waters, ¹ D. J. Triulzi, ³ J. W. A. Hayanga ⁴ & G. J. Schears ⁵





¹Department of Anesthesiology, University of Pittsburgh, Pittsburgh, PA, USA

²Department of Anesthesiology, Duke University, Durham, NC, USA

³Department of Pathology, University of Pittsburgh, Pittsburgh, PA, USA

⁴Department of Surgery, University of Pittsburgh, Pittsburgh, PA, USA

⁵Department of Anesthesiology, Mayo Clinic, Rochester, MN, USA

Mechanism known Possible HIT induction Easy to antagonise (protamine) Accumulation in renal impairment Can only be partially antagonised

Non-linear, variable effect

Not easy to monitor (aXa levels)

Easy to monitor (aPTT/ACT) Easy to administer Lower risk of HIT induction

Table 1. Anticoagulants used in ECMO

Well known

Unfractionated

Low-molecular-

weight heparin

Direct thrombin

inhibitors

Bivalirudin

heparin

Independent of AT levels Good dose response No HIT induction Mainly renal clearance

No antagonist Lesser coagulation inhibition in areas of stasis Ceiling effect in aPTT

 Argatroban Mainly hepatic clearance Could interfere with INR measurement Antiplatelet drugs Inhibit coagulation at No sufficient antistarting point coagulation

Mulder, M.M.G. & Hassan, Ibrahim & Lancé, Marcus. (2018). ECMO and anticoagulation:

Might reduce platelet No sufficient evidence consumption ACT = activated clotting time; aPTT = activated partial thromboplastin time; AT = antithrombin; HIT = heparin-induced thrombocytopenia; INR = international normalised ratio: VET = viscoelastic test.





Institutional Variation

- Anticoagulant used
- Monitoring strategy





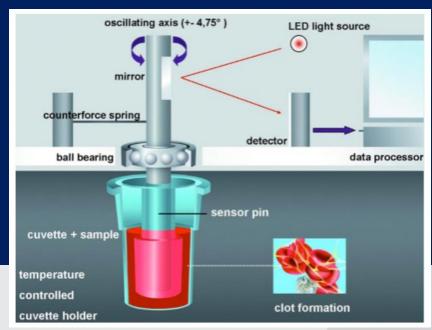
MHIF Cardiovacular Grand Rounds Decemble 20½0 nitoring coagulation					
		Advantages	Disadvantages		
	Standard coagulation tests				
	aPTT (sec)	Well known Monitoring UFH Easy to interpret	Inter-laboratory variance (could be excluded by using ratio) Time consuming		
	ACT (sec)	Bedside method Easy to use Immediate results	Relatively insensitive to low doses of UFH Different devices with different reference ranges		
	Anti Xa assay (IU/ml)	Sensitive to UFH	Time consuming Needs calibration Free haemoglobin & biliru- bin could be underestimated		
	VETs (ROTEM/TEG)	Inhibit coagulation at starting point Might reduce platelet consumption	Poor specificity and sen- sitivity regarding therapy adjustment		
	Fibrinogen mg/l	Consumption marker	Increased in inflammatory situations Time consuming		
	D-dimer (mg/l)	Prognostic value for oxygenator failure	Time consuming Expensive		
	AT (%)	Heparin resistance (partial) Pro-coagulatory marker	Heparin resistance not completely relying on AT		
	Haemoglobin (g/dl)	Easy and fast	Not very relevant for coagulation		
Mulder, M.M.G. & Hassan, Ibrahim & Lancé,	Platelet count 10º/l	Easy and fast	No proven threshold Platelet count does not reflect platelet function		
Marcus. (2018). ECMO and anticoagulation: A comprehensive review. Netherlands Journal of Critical Care. 26. 6-13.	time; AT = antithrom	ing time; aPTT = activated par pin; ROTEM = rotational thron in; TEG = thromboelastograpl	boelastometry; UFH =		

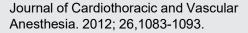




Rotational Thrombelastometry

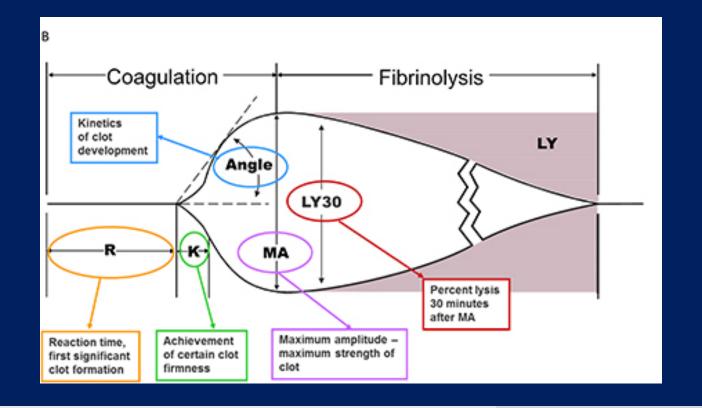
- ROTEM is a method for measuring the quality of hemostasis
 - Uses viscoeslastic properties of a blood clot
 - Measures clot formation, clot integrity, and the presence of fibrinolysis





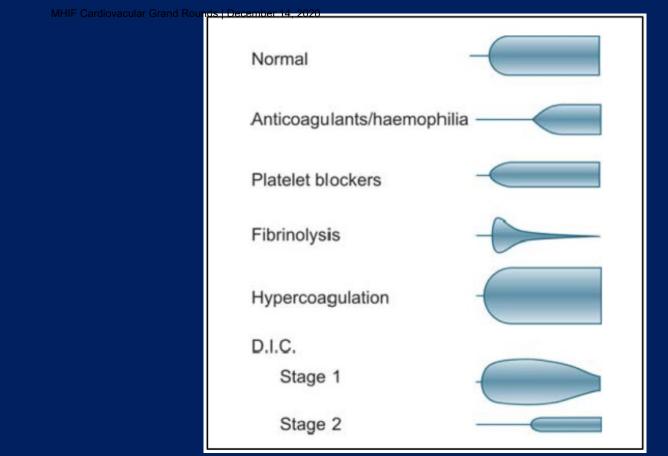






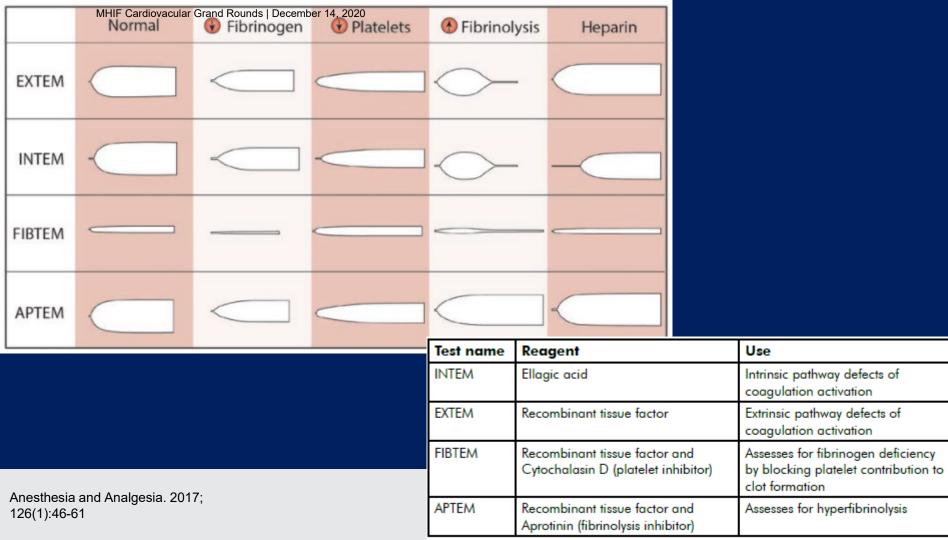






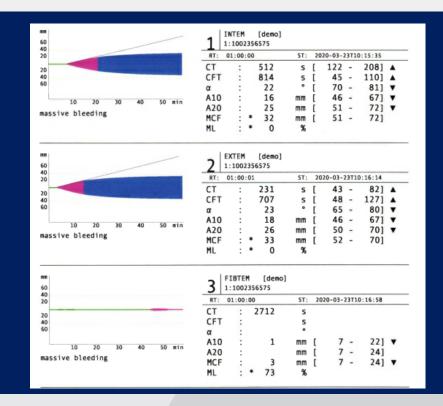






Back to our case...

	15			
	3/23/2020 0955			
COAGULATION				
D-DIMER,QUANTITATI	>4.00 *	^		
PROTIME	26.6 *	^		
INR	2.5 *	^		
APTT	95 *	^		
FIBRINOGEN, QUANTIT	100	•		







Correction of Coagulopathy

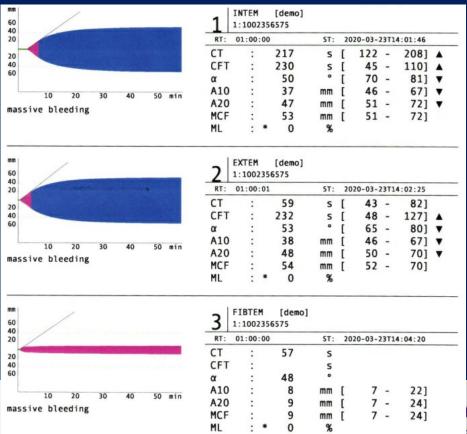
- Massive transfusion protocol
 - o RBC 8u
 - PLT 5u
 - FFP 5u
 - o Cryo 5u

	15	14	13	12	11	10	9	8	7
	3/23/2020 0955	3/23/2020 1048	3/23/2020 1341	3/23/2020 2158	3/24/2020 0354	3/24/2020 1051	3/24/2020 1529	3/24/2020 2139	3/25/2020 0429
COAGULATION									
D-DIMER,QUANTITATI	>4.00 *	^							
PROTIME	26.6 *	^	16.9 * ^		14.5 * ^			14.8 * ^	14.0 *
INR	2.5 *	^	1.4 * ^		1.2 *			1.2 *	1.1 *
APTT	95 *	55 * ^	35 *	30 *	29 *	29 *	28 *	35 *	35 *
FIBRINOGEN, QUANTIT	100	~	218		317			444	475 ^





ROTEM 1341







Amniotic Fluid Embolism







Amniotic Fluid Embolism

- Catastrophic complication of pregnancy
 - Cardiovascular collapse
 - Respiratory failure
 - Coagulopathy
- Incidence estimated to be 1/8000 1/80,000 deliveries
 - Inaccurate diagnosis/inconsistent reporting of cases
- Mortality rate
 - Prior estimates with mortality rate as high as 86%
 - More recent estimates 13-26%
 - Neurologically intact survival remains low, 15% of women

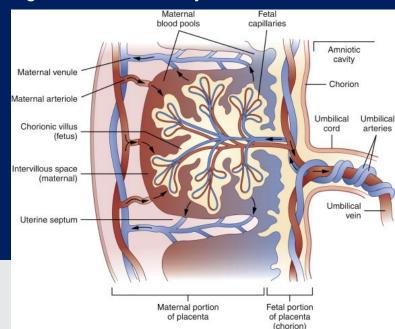




Pathophysiology AFE

Disruption of the maternal-fetal interface

- Amniotic fluid enters maternal circulation
- Accompanied by procoagulants and fibrinolytic activators



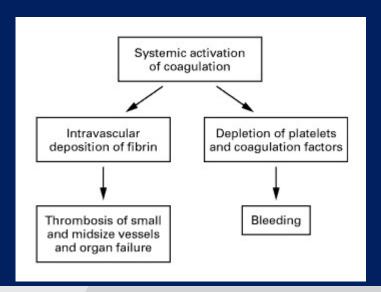




Maternal hematologic effects

- Mediated by fetal prothrombotic substances, plasminogen activator, and plasminogen activator inhibitors
- Ultimately leads to DIC



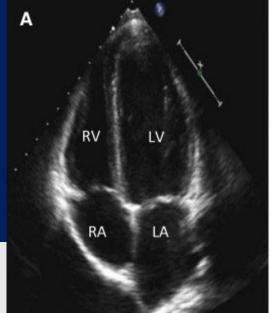


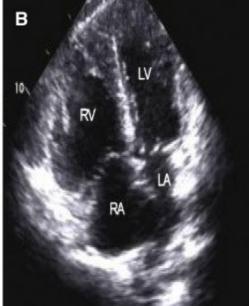




Maternal Cardiovascular Effects

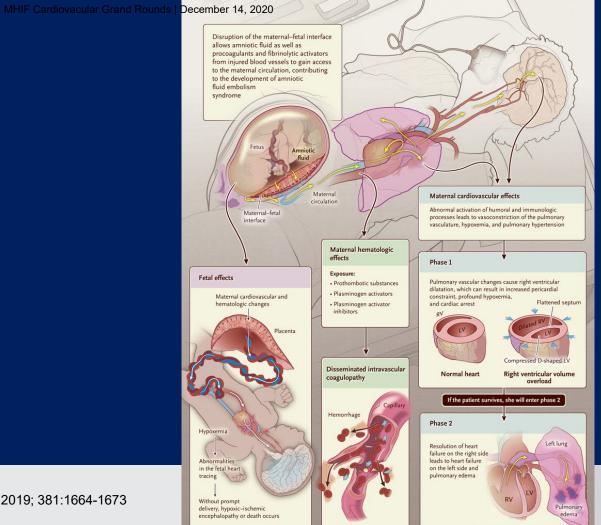
- Unbalanced activation of vasoactive substances
 - → vasoconstriction of pulmonary vasculature with resultant hypoxemia and PH
 - → Cor pulmonale, cardiac arrest















Clinical Presentation

- Symptoms often sudden
 - Prodrome typically involves acute dyspnea or cough, AMS, sudden hypoxia
 - Up to ½ of patients describe an aura of impending doom, chills, nausea/vomiting
 - Hypotension quickly follows
 - Postulated to be related to obstructive shock vs anaphylactoid reaction
 - Sudden cardiorespiratory failure
 - Typically related to sustained VT or VF, occasionally bradyarrhythmia
- If patient survives the initial cardiovascular collapse
 - DIC -> hemorrhage seen in >80% of pts with AFE
 - Seizures and/or stroke
 - Rarely reported as initial manifestations or complications of AFE
 - Case reports suggest related to presence of PFO





AFE Diagnosis

- Society for Maternal-Fetal Medicine and the AFE Foundation proposed the following diagnostic criteria (all must be present)
 - Sudden cardiac arrest or hypotension (SBP<90) with evidence of respiratory compromise (e.g. dyspnea, hypoxia, cyanosis)
 - Documentation of DIC (using modified ISTH criteria)
 - PLT > 100.000 = 0; < 100.000 = 1; < 50.000 = 2</p>
 - Prolonged PT or INR (<25% increase = 0, 25-50% = 1, >50% = 2)
 - Fibrinogen >200 mg/L = 0; < 200 = 1
 - Score of ≥ 3 compatible with overt DIC
 - Onset during labor or within 30 min of placental delivery
 - Absence of fever during labor





AFE Risk Factors

- Large, population-based studies evaluating multiple risk factors
 - Several identified, some discordance between studies
 - Most commonly cited risk factors
 - Cesarean delivery
 - Instrumented vaginal delivery
 - Placental abnormalities (previa, abruption, accreta)
 - Preeclampsia/eclampsia
 - No clinical or demographic risk factors consistently identified





Management of AFE

- SMFM Guidelines
 - Immediate high quality CPR (standard BCLS and ACLS) (Grade 1C)
 - Multidisciplinary team (Best Practice)
 - Vasopressors, antiarrhythmics, and defibrillation should be used with standard doses
 - Emergent perimortem cesarean performed simultaneously

TABLE 1

Components of high-quality cardiopulmonary resuscitation in pregnancy

Components

Rapid chest compressions (100 × minute)

Perform hard compressions, achieving a depth of at least 2 inches

Assure adequate chest recoil between compressions

Minimize interruptions of chest compressions

Avoid prolonged pulse checks (no more than 5-10 seconds)

Resume chest compressions immediately after defibrillating

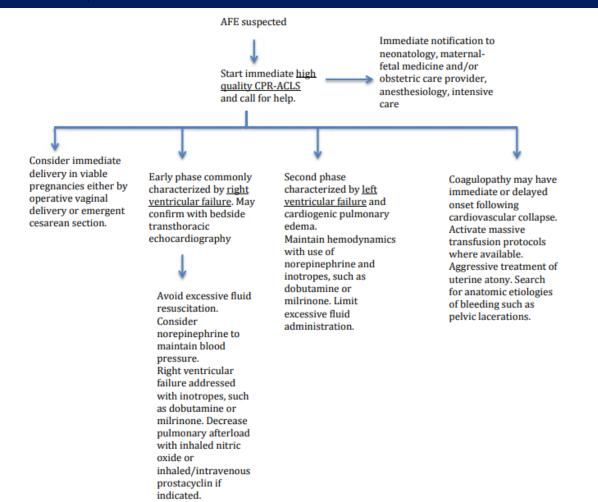
Switch provider of compressions every 2 minutes to avoid fatigue

Lateral displacement of uterus during resuscitation

SMFM. Amniotic fluid embolism: diagnosis and management. Am J Obstet Gynecol 2016.







Am J Obstet Gynecol 2016 Oct;215(4):408-12.



Management of AFE

- Multidisciplinary, team-based approach recommended
 - o CPR
 - Control hemorrhage / reverse coagulopathy
 - Deliver the fetus
 - Exclude alternative diagnoses
 - PE, sepsis, MI, OB hemorrhagic shock, air embolism, anesthetic complications, etc.
- Improved coordination of resuscitation postulated to account for improved mortality rate
 - What about ECMO?





Current Guidelines

 "The use of VA-ECMO has been described in cases of AFE refractory to conventional resuscitation maneuvers. However, the use of AC during ECMO may worsen bleeding in the profoundly coagulopathic patient with active hemorrhage. Because of these concerns, as well as lack of adequate evidence of benefit, ECMO is controversial and not routinely recommended in the management of AFE."



SMFM Clinical Guidelines No. 9:

smfm.org

Amniotic fluid embolism: diagnosis and management



Society for Maternal-Fetal Medicine (SMFM) with the assistance of Luis D. Pacheco, MD; George Saade, MD; Gary D. V. Hankins, MD; Steven L. Clark, MD





Extracorporeal Therapies for Amniotic Fluid Embolism

Use of Extracorporeal Membrane Oxyg
Fluid Embolism Syndrome Immediate

Pulmonary extracorporeal circulatory support and

fluid embolic catastrophic and Successful application of extracorporeal Pulmonary embolectomy for catastrophic amniotic miotic fluid emiotic fluid emi Amniotic fluid em catastrophic pulmonary vasi Cat Russell D Stanten MD³, Leigh I.G Iverson MD³, Terrance M Daugharty MD³, Edward Blumenstock MD³

Case

- 45 G2P0, h/o prior myectomy admitted 37.5 weeks for elective Cesarean
 - 1 minute after clamping cord --> acute SOB, desats, hypotension, and LOC
 - o Intubation, CPR
 - TEE within 10 minutes of arrest
 - Dilated, akinetic RV
 - Underfilled, hyperdynamic LV
 - Central cardiopulmonary bypass 53 minutes following arrest
 - 30,000u heparin at start of run
 - Coagulopathy corrected with blood products
 - TEE showed normalization of RV function
 - Decannulated after 83 minutes of run time
 - Extubated POD1, DC POD7 with near complete recovery (memory loss surrounding event)

Case report

Amniotic fluid embolism causing catastrophic pulmonary vasoconstriction: diagnosis by transesophageal echocardiogram and treatment by cardiopulmonary bypass ★





Case

- 34 G7P3A3 admitted at term in labor
 - Cervical dilation to 3cm, reassuring FHT
 - 4 hrs after admission, sudden onset of sharp thoracic pain, dyspnea, and cyanosis
 - Followed by maternal disorientation and fetal bradycardia
 - Emergency cesarean section under local anesthesia
 - During C-section:
 - Maternal tachycardia, loss of pulse, DIC
 - CPR, massive transfusion, DCCV
 - Bedside u/s with dilated RV, underfilled/hyperdynamic LV
 - Peripherally cannulated VA-ECMO along with an IABP
 - Heparin administered
 - MCS weaned at 40 hrs post-partum
 - Discharged after 24 days without complication

Case Reports

Successful application of extracorporeal membrane oxygenation and intra-aortic balloon counterpulsation as lifesaving therapy for a patient with amniotic fluid embolism *

Case

- 36F primigravida with twins
 - Gestational DM and HTN
 - \circ Admitted at 30x5 with uncontrolled progression of labor \to C-section under general anesthesia
 - Shortly after extubation, became cyanotic and hypotensive → PEA arrest
 - CPR and "immediate" cannulation for VA-ECMO
 - 3,000u heparin administered
 - Weaned off of ECMO at ~72 hrs
 - Labs consistent with DIC
 - CTA without PE
 - Trach placed on day 7
 - o Prolonged encephalopathy, discharged to nursing home on HD 40 with cognitive impairment

Use of Extracorporeal Membrane Oxygenation in a Fulminant Course of Amniotic Fluid Embolism Syndrome Immediately after Cesarean Delivery





TEE in AFE

Table 1. Transesophageal Echocardiographic Findings in Acute Amniotic-Fluid Embolism.			
Year	Study	Findings	Outcome
2010	Lee et al.15	Severe right ventricular dysfunction Free-floating clot in the right and left atria	Cardiopulmonary bypass and survival
2009	Vellayappan et al. ¹⁹	Enlarged right ventricle Moderate right ventricular hypokinesis Large mass in the right atrium through patent foramen ovale Dilated tricuspid valve annulus Trace-to-mild tricuspid regurgitation Normal left ventricle	Cardiopulmonary resuscitation and survival (pathology re- port showed squamous-cell epithelium in the mass)
2004	James et al. ¹³	Normal left ventricular contractility D-shaped left ventricle Enlarged pulmonary artery and right ventricle Sluggish flow in the pulmonary arteries	Cardiopulmonary resuscitation and death
2003	Stanten et al. ¹⁰	Massive right ventricular dilatation and akinesis Vigorous, small left ventricle	Cardiopulmonary bypass and survival
1999	Shechtman et al. ¹⁸	Right ventricular failure Bulging of interatrial septum and interventricular septum toward the left Severe tricuspid regurgitation Small and decompressed left ventricle	Cardiopulmonary resuscitation and death



The Case for ECMO in AFE

- Cardiovascular collapse is a hallmark of AFE
- Standard of care is supportive in nature
 - Case can be made that ECMO cannulation should be considered
 - Anticoagulation used in many of these cases, though may not be needed if deemed too risky
 - The importance of multidisciplinary teams in the rapid management of presumed AFE
- Guidelines lag behind





Back to our case...

- Initial hemodynamics upon arrival to ICU
 - 3-4 LPM at 3500 RPM
 - PA 38/28 (32), RA 20, MAP 94
 - Started on dobutamine, lasix gtt, and nitroprusside
- No heparin was administered with cannulation in setting of hemorrhage
 - Decision made to forgo AC during ECMO run pending correction of coagulopathy
 - In coordination with OB/GYN, intensivists, and heart failure teams → started low-intensity fixed rate heparin (500 u/hr on 3/24, ~32.5 hrs after starting run)
- Hemodynamics remained stable
 - Limited turndown echo 3/24 AM reassuring
 - Full turndown 3/25 with therapeutic AC followed by decannulation (51.3 hrs total run time)









- Family meeting
 - While neurologic prognosis unclear, proceed with restorative care
 - Plan for trach/PEG and eventual LTACH











- Fully independent
- Return to normal cognition
- No appreciable deficits





Close to home

- A truly devastating turn of events in a moment supposed to be joyful
- An outcome worth celebrating
- Personal connection

Thank You!

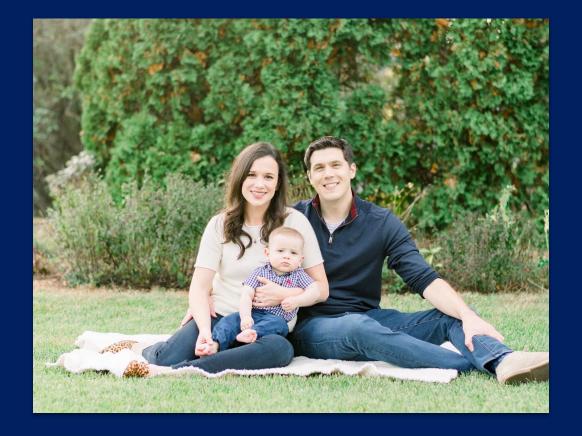
















Future Directions

- ELSO Registry
 - All cases of AFE managed with ECMO in the past 5 years
 - Will analyze clinical data and short-term outcomes
 - Collaboration with cardiology, ICU, OB/GYN
 - No prior case-series has been published





