

Minneapolis Heart Institute Foundation® Cardiovascular Grand Rounds

Title: A 2021 Cardiovascular Prevention Update

Speakers: Michael D Miedema, MD, MPH

Director of Cardiovascular Prevention

Minneapolis Heart Institute® at Abbott Northwestern Hospital

Courtney Jordan Baechler, MD, MS

Medical Director, Emerging Science Centers

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Director, Lipid Research

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Preventive Cardiologist

Medical Director, Heart Disease Prevention Clinic

Minneapolis Heart Institute® at United Hospital

Date: April 5, 2021

Time: 7:00 - 8:00 AM

Location: Minneapolis Heart Institute Building, Suite 100, Learning Center

Webinar - visit www.mplsheart.org/grandrounds for login information

OBJECTIVES

At the completion of this activity, the participants should be able to:

1. Determine the optimal use of fish oil for CVD prevention.
2. Describe the indications for use of SGLT-2 Inhibitors for CVD prevention.
3. Discuss the importance of “Food as Medicine” as a method to reduce CVD risk.
4. Discuss the emerging lipid-lowering therapies.

Moderator(s)/Speaker(s)

Drs. Michael Miedema, Courtney Jordan Baechler, Thomas Knickelbine and Elizabeth Touhy have disclosed that they DO NOT have any real or apparent conflicts with any commercial interest as it relates to presenting the content in this activity/course.

NON-ENDORSEMENT OF COMMERCIAL PRODUCTS AND/OR SERVICES

We would like to thank the following company for exhibiting at our activity.

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