



# Minneapolis Heart Institute® at Abbott Northwestern Hospital

# Radial vs Femoral

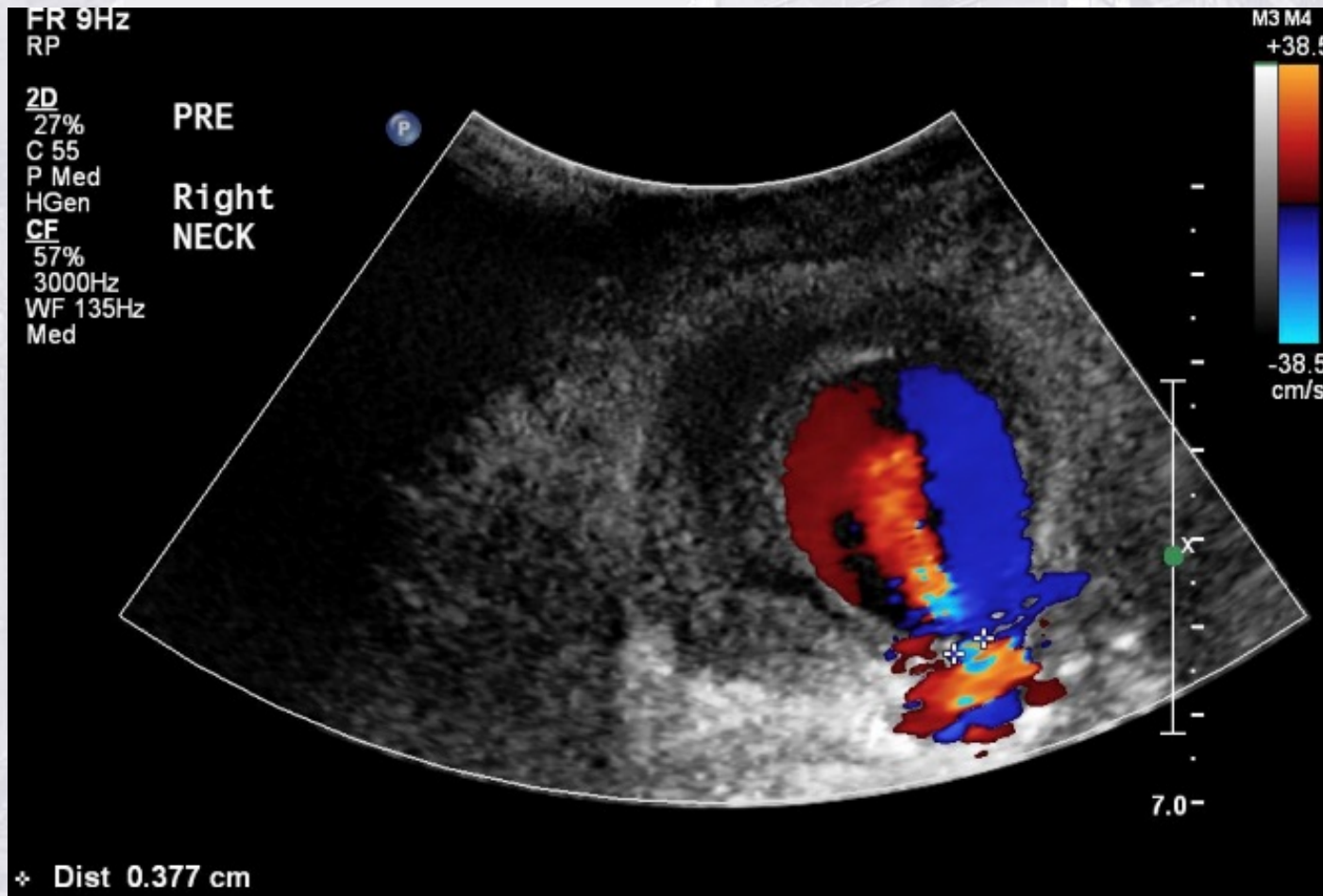
Or  
Really?

Is that still a thing?

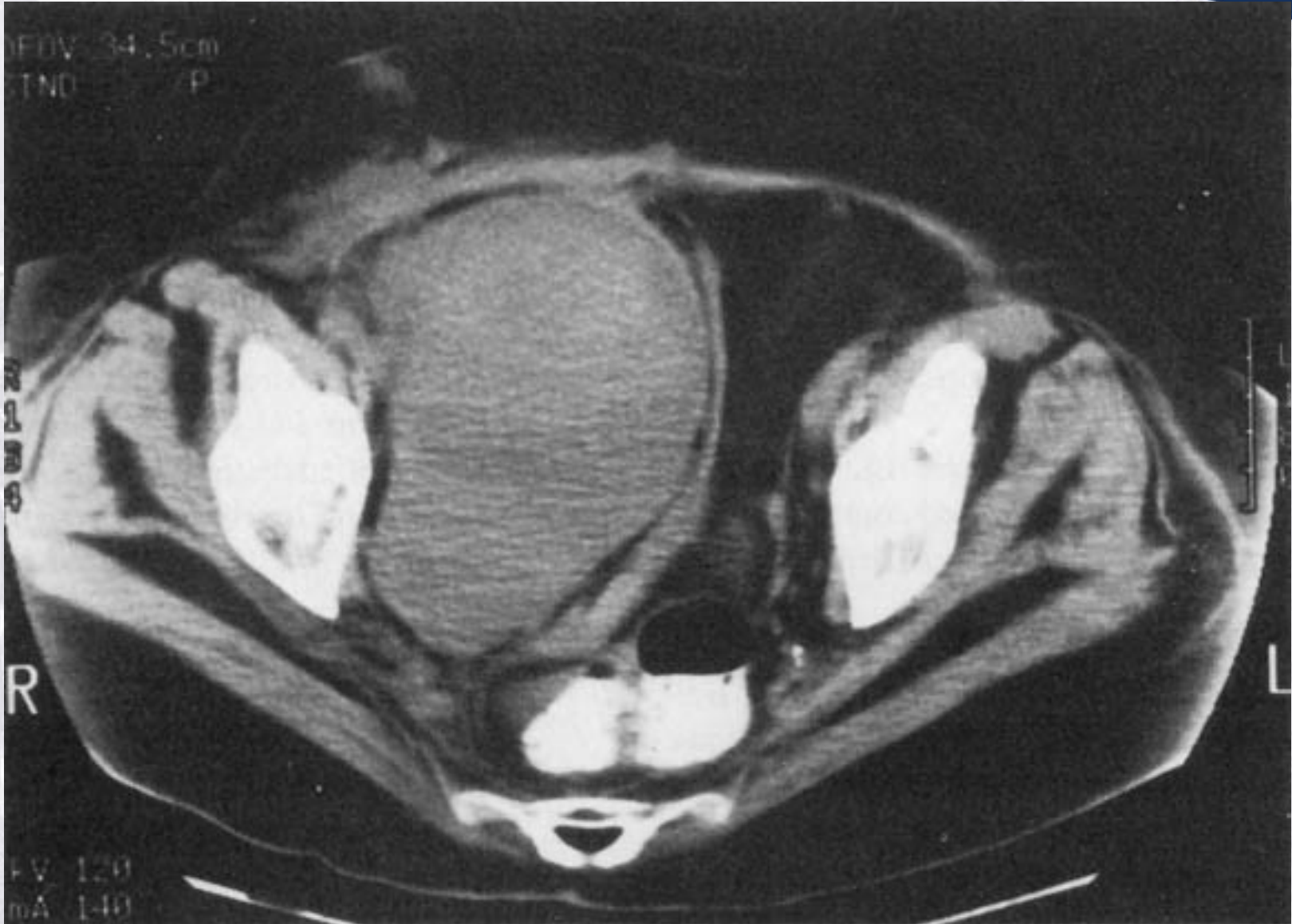




















## SCAI QIT Quality Improvement Toolkit

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### Quality Initiatives to Prevent and Manage Major Femoral Access-Site Bleeding

This Tip of the Month summarizes effective strategies for the prevention and management of major femoral bleeding following percutaneous coronary intervention (PCI).

[Read the Tip](#)

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For more information on quality improvement in the cath lab, [check out our QI toolkit](#), including modules on procedural quality, facility and environmental issues, and care coordination.



# SCAI Quality Measures for Prevention of Major Femoral Bleeding:

1<sup>st</sup> recommendation:

Use radial instead of femoral access for PCI, if possible, especially in patients at high risk of bleeding, including ACS. In the RIVAL trial, transradial PCI was associated with a 64% reduction in access-site bleeding (ACUITY trial definition) compared with transfemoral PCI in patients with both non-STEMI and STEMI.

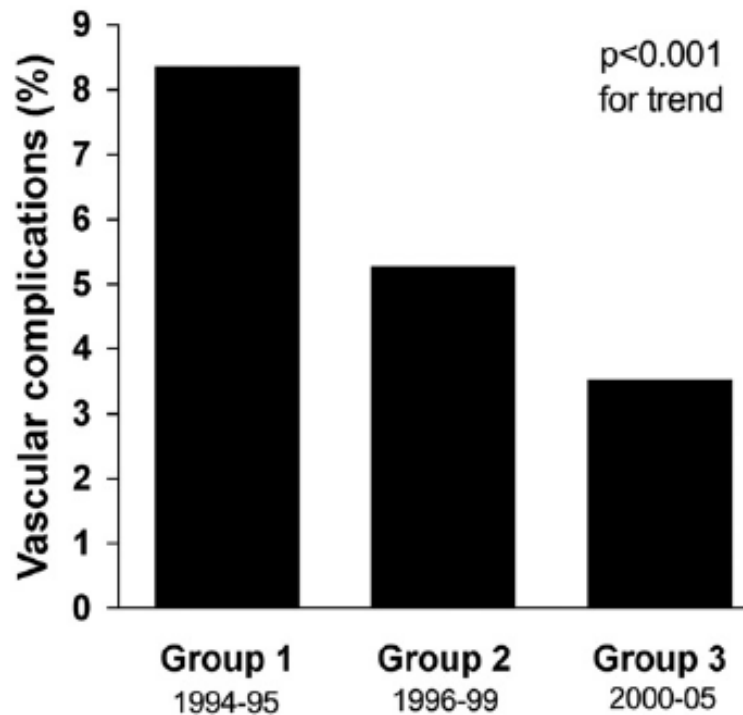


CHANGE IN RECOMMENDATIONS 2012	2017	2017 NEW RECOMMENDATIONS
<b>Radial access<sup>a</sup></b> MATRIX <sup>143</sup>		<ul style="list-style-type: none"> <li>• Additional lipid lowering therapy if LDL &gt;1.8 mmol/L (70 mg/dL) despite on maximum tolerated statins IMPROVE-IT<sup>176</sup>, FOURIER<sup>182</sup></li> <li>• Complete revascularization during index primary PCI in STEMI patients in shock Expert opinion</li> <li>• Cangrelor if P2Y<sub>12</sub> inhibitors have not been given CHAMPION<sup>193</sup></li> <li>• Switch to potent P2Y<sub>12</sub> inhibitors 48 hours after fibrinolysis Expert opinion</li> <li>• Extend Ticagrelor up to 36 months in high-risk patients PEGASUS-TIMI 54<sup>233</sup></li> <li>• Use of poly pill to increase adherence FOCUS<sup>232</sup></li> <li>• Routine use of deferred stenting DANAMI 3-DEFER<sup>155</sup></li> </ul>
<b>DES over BMS</b> EXAMINATION <sup>150,151</sup> COMFORTABLE-AMI <sup>149</sup> , NORSTENT <sup>152</sup>		
<b>Complete Revascularization<sup>b</sup></b> PRAMI <sup>148</sup> , DANAMI-3-PRIMULTI <sup>170</sup> , CVLPRI <sup>149</sup> , Compare-Acute <sup>171</sup>		
<b>Thrombus Aspiration<sup>c</sup></b> TOTAL <sup>152</sup> , TASTE <sup>157</sup>		
<b>Bivalirudin</b> MATRIX <sup>209</sup> , HEAT-PPCI <sup>205</sup>		
<b>Enoxaparin</b> ATOLL <sup>200,201</sup> , Meta-analysis <sup>202</sup>		
<b>Early Hospital Discharge<sup>d</sup></b> Small trials & observational data <sup>159-242</sup>		
<b>Oxygen when SaO<sub>2</sub> &lt;95%</b> AVOID <sup>14</sup> , DETO2X <sup>144</sup>	<b>Oxygen when SaO<sub>2</sub> &lt;90%</b>	
<b>Dose i.V. TNK-tPA same in all patients</b> STREAM <sup>21</sup>	<b>Dose i.V. TNK-tPA half in Pts ≥75 years</b>	
<b>2017 NEW / REVISED CONCEPTS</b>		
<b>MINOCA AND QUALITY INDICATORS:</b> <ul style="list-style-type: none"> <li>• New chapters dedicated to these topics.</li> </ul>		<b>TIME LIMITS FOR ROUTINE OPENING OF AN IRA<sup>e</sup>:</b> <ul style="list-style-type: none"> <li>• 0–12h (Class I); 12–48h (Class IIa); &gt;48h (Class III).</li> </ul>
<b>STRATEGY SELECTION AND TIME DELAYS:</b> <ul style="list-style-type: none"> <li>• Clear definition of first medical contact (FMC).</li> <li>• Definition of “time 0” to choose reperfusion strategy (i.e. the strategy clock starts at the time of “STEMI diagnosis”).</li> <li>• Selection of PCI over fibrinolysis: when anticipated delay from “STEMI diagnosis” to wire crossing is ≤120 min.</li> <li>• Maximum delay time from “STEMI diagnosis” to bolus of fibrinolysis agent is set in 10 min.</li> <li>• “Door-to-Balloon” term eliminated from guidelines.</li> </ul>		<b>ELECTROCARDIOGRAM AT PRESENTATION:</b> <ul style="list-style-type: none"> <li>• Left and right bundle branch block considered equal for recommending urgent angiography if ischemic symptoms.</li> </ul>
		<b>TIME TO ANGIOGRAPHY AFTER FIBRINOLYSIS:</b> <ul style="list-style-type: none"> <li>• Timeframe is set in 2–24h after successful fibrinolysis.</li> </ul>
		<b>PATIENTS TAKING ANTICOAGULANTS:</b> <ul style="list-style-type: none"> <li>• Acute and chronic management presented.</li> </ul>

©ESC 2017



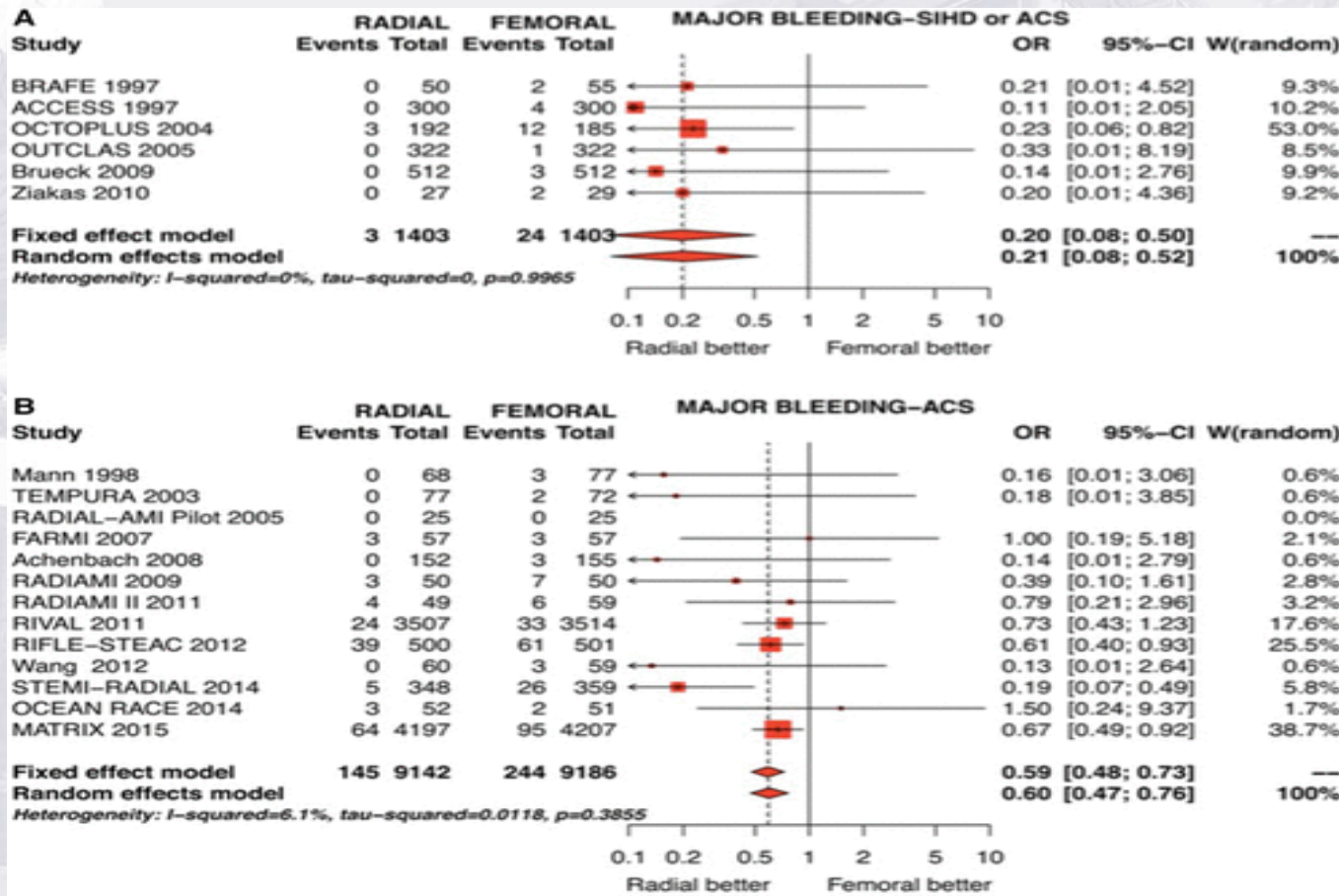
# Bleeding complications have decreased but are still bad!



**Figure 1. Changing Incidence of Major Femoral Bleeding Complications From 1994 to 2005**

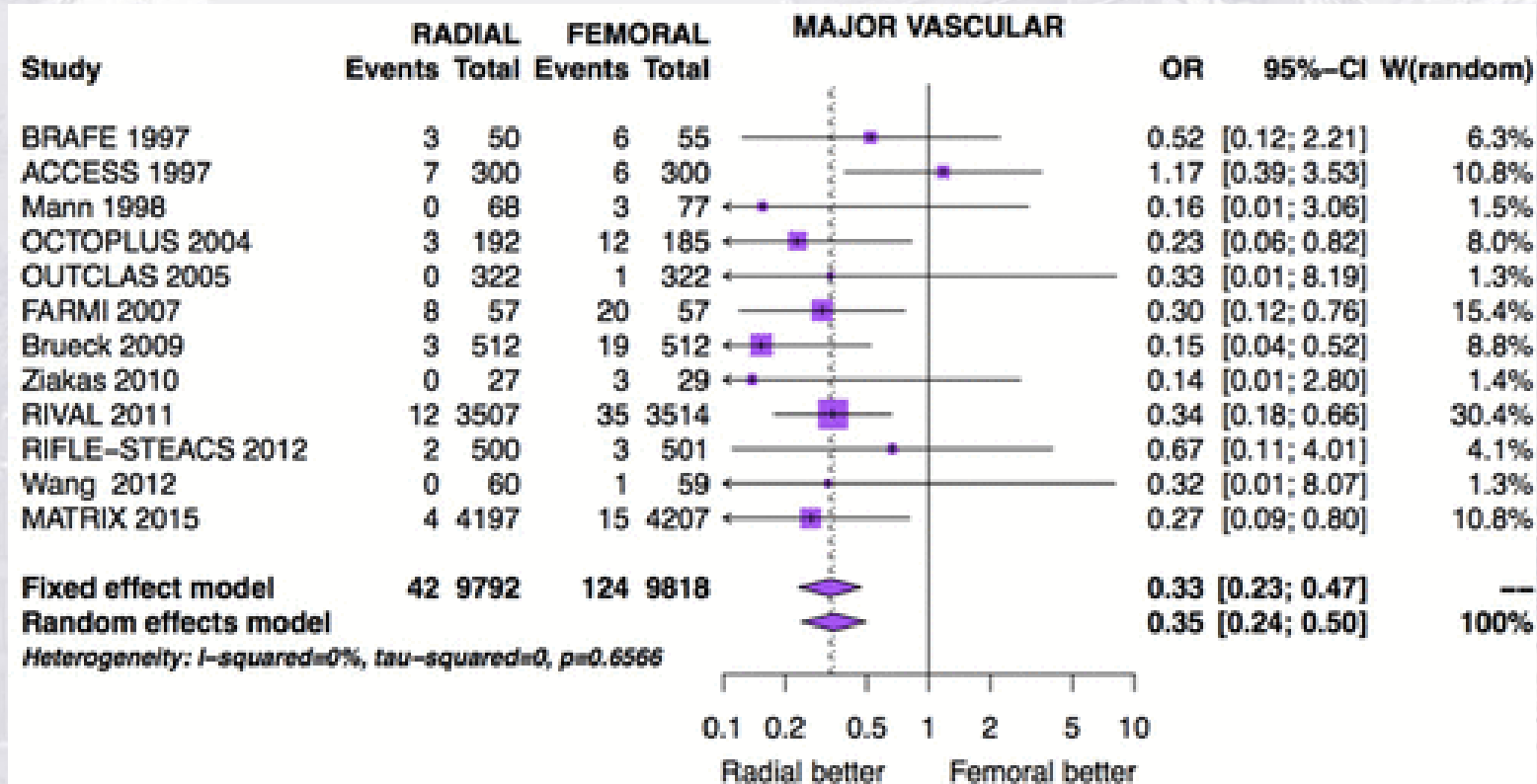
The incidence of major femoral bleeding declined significantly from the earliest (8.4%) to the contemporary time period (3.5%).

JACC CI 2008;1:202-9



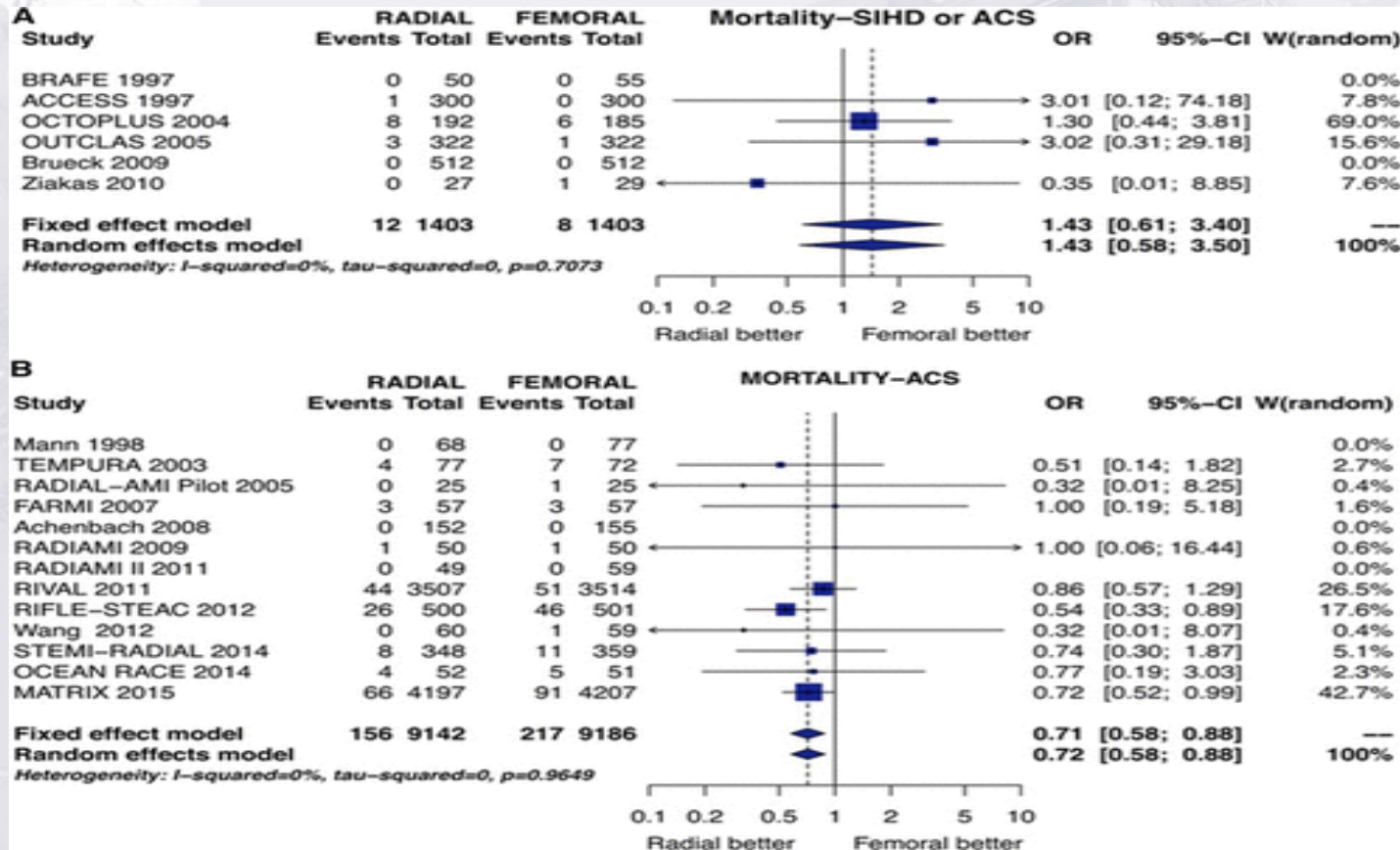
Peter J. Mason. Circulation: Cardiovascular Interventions. An Update on Radial Artery Access and Best Practices for Transradial Coronary Angiography and Intervention in Acute Coronary Syndrome: A Scientific Statement From the American Heart Association, Volume: 11, Issue: 9, DOI: (10.1161/HCV.0000000000000035)





Peter J. Mason. Circulation: Cardiovascular Interventions. An Update on Radial Artery Access and Best Practices for Transradial Coronary Angiography and Intervention in Acute Coronary Syndrome: A Scientific Statement From the American Heart Association, Volume: 11, Issue: 9, DOI: (10.1161/HCV.0000000000000035)





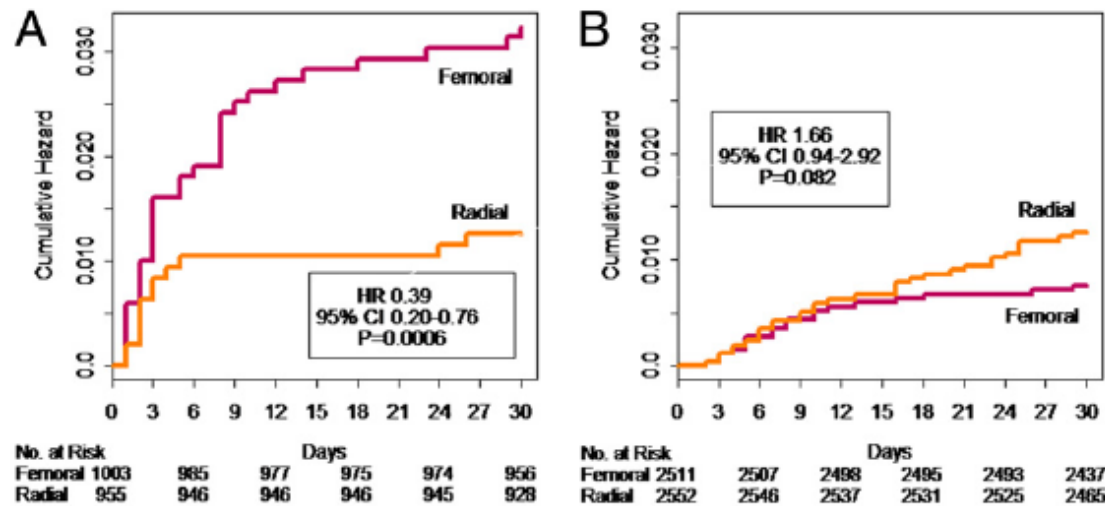
Peter J. Mason. Circulation: Cardiovascular Interventions. An Update on Radial Artery Access and Best Practices for Transradial Coronary Angiography and Intervention in Acute Coronary Syndrome: A Scientific Statement From the American Heart Association, Volume: 11, Issue: 9, DOI: (10.1161/HCV.0000000000000035)







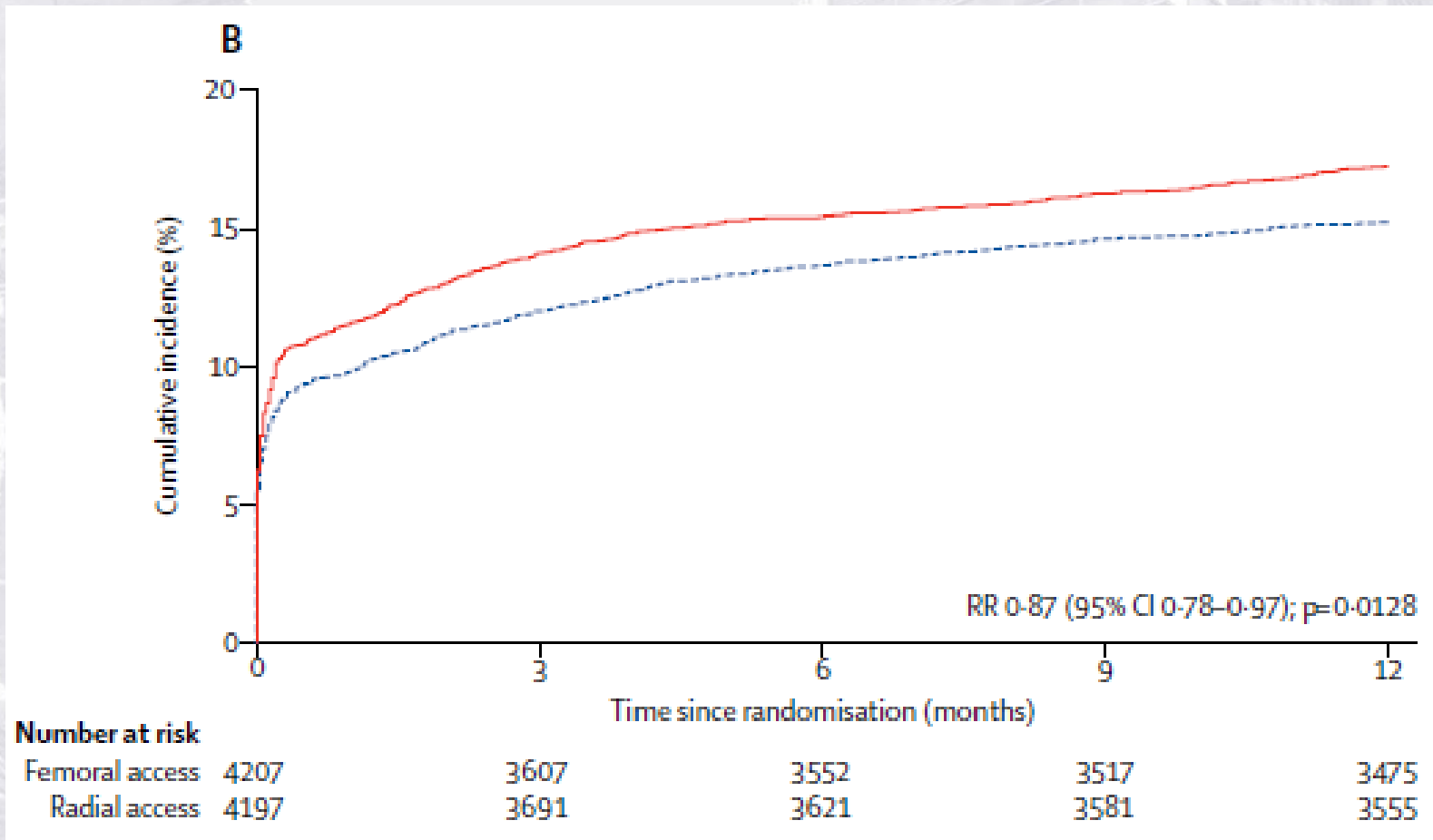
# Mortality is lower with radial access in STEMI



**Figure 2** Death in Patients With STEMI and NSTEMI/UA

For death, there was a significant interaction between access site allocation (radial or femoral) and acute coronary syndrome type (STEMI or NSTEMI/UA) with an interaction p value of 0.001. In patients with STEMI (A), radial artery access reduced the mortality compared with femoral artery access, whereas in patients with NSTEMI/UA (B), there was no significant difference in mortality between radial and femoral artery access. Abbreviations as in Figure 1.

# Matrix: improved outcomes with radial

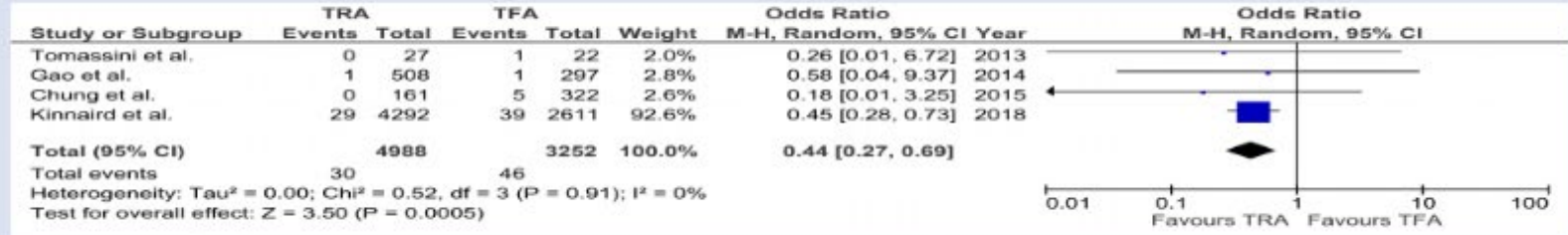


# Most common rationalization for using femoral access

“ It’s better for high risk or  
complex interventions”

**Central Illustration: Bleeding Outcomes For LM PCI- Radial versus Femoral access**

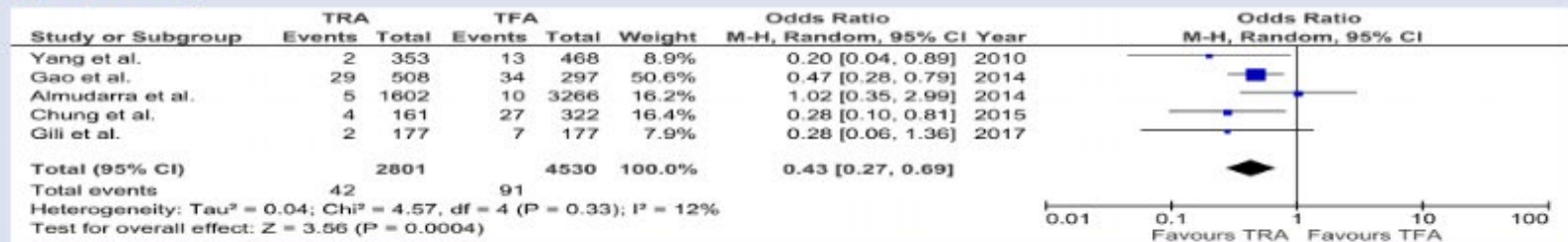
**(A) Major Bleeding**



**(B) Access Site Bleeding**



**(C) Any Bleeding**

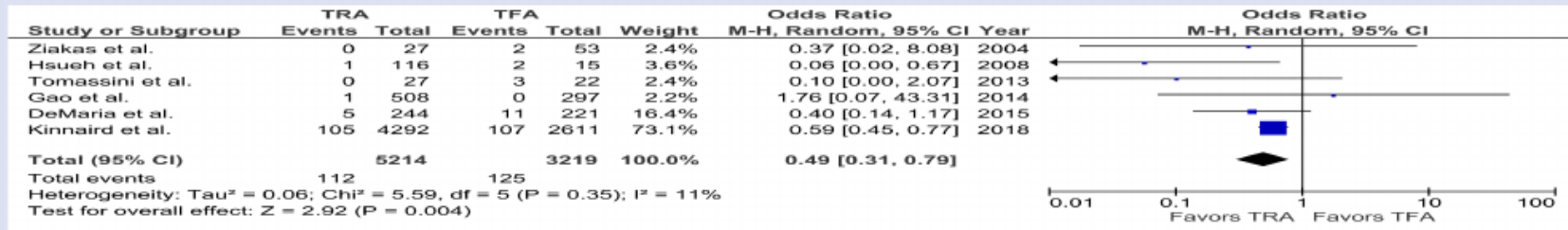




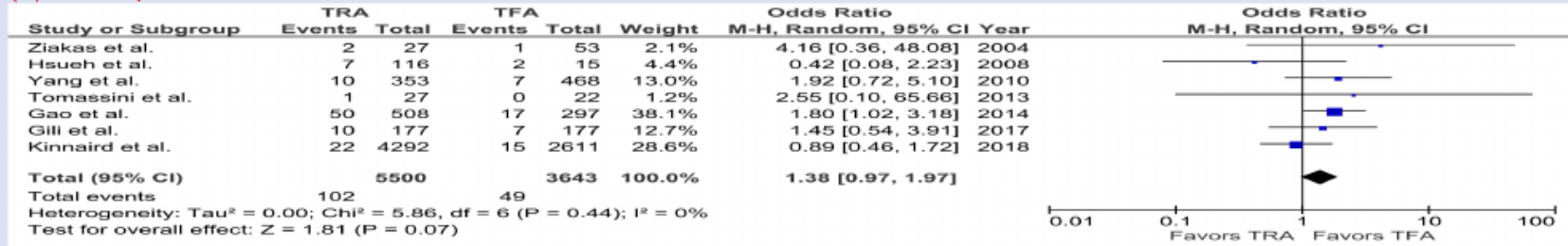
WILEY

### In-Hospital Outcomes For LM PCI

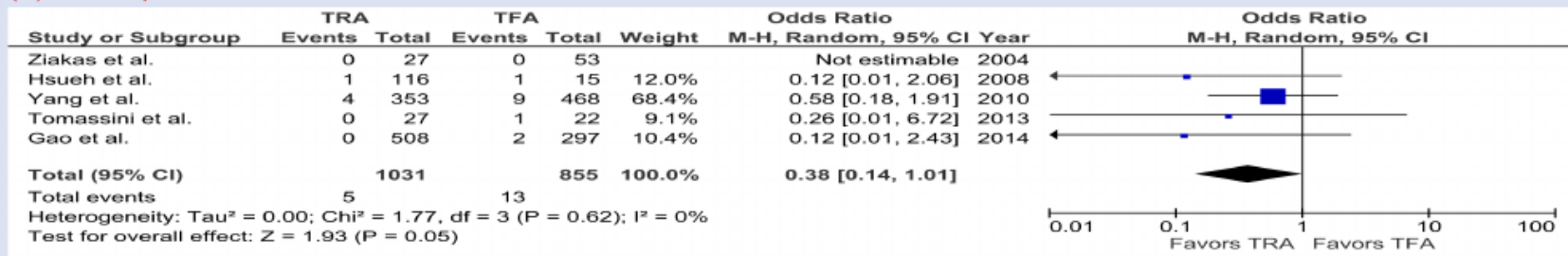
#### (A) In-Hospital Mortality



#### (B) In-Hospital MI



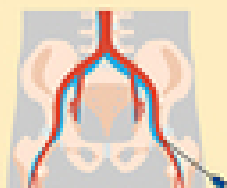
#### (C) In-Hospital TVR



## Radial vs. Femoral Approach in Chronic Total Occlusion Percutaneous Coronary Intervention Meta-analysis of 9 observational studies (10,590 patients)



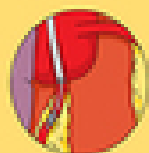
Radial approach, 4591 patients



Femoral approach, 5999 patients

**Lower complexity**

2.3 +/- 1.2

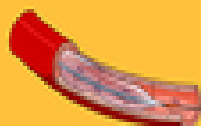


J-CTO score  
p < 0.001

2.5 +/- 1.3

**Similar success**

78.7 %



Technical success  
p=0.24

78.5 %

**Lower risk**

0.73 %



Access-site complications  
p<0.001

1.79 %

0.18%



Major bleeding  
p<0.001

0.9 %

**Similar risk**



Q-wave myocardial infarction  
p=0.15



In-hospital mortality  
p=0.07



Pericardial tamponade  
p=0.8



Coronary perforation  
p=0.83



Emergency bypass surgery  
p=0.43



**In Favor of Femoral Access**

# Radial Vs Femoral Access for Cath/PCI

**Mario Goessl, MD PhD**

Director, Transcatheter Valve Therapies  
LAAO Program  
IC Fellowships

# DISCLOSURES

- I HAVE NEVER LOST A DEBATE ... **EVER**

Pre Debate



Post Debate





Why Go Radial ...  
earlier mobilization?



# Is It Safe to Mobilize Patients Very Early After Transfemoral Coronary Procedures? (SAMOVAR)

## A Randomized Clinical Trial

Marianne Wetendorff Nørgaard, PhD, RN; Jane Færch, MSc, RN; Francis R. Joshi, MD, PhD, FRCP; Dan E. Høfsten, MD, PhD; Thomas Engstrøm, MD, PhD, DMSc; Henning Kelbæk, MD, DMSc

Downloaded from <https://www.jcna.com/>

# SAMOVAR

- Immediate vs 2h mobilization
- No difference
- Of 2027 patients (IM, 1010; BR, 1017), 40% underwent PCI. The **primary outcome\* was recorded in 0.7% patients randomized to IM versus 0.5% in BR (P = .58)**. There was no difference in the incidence of small hematoma, whereas persistent oozing was seen slightly more often after IM compared with BR (12% vs 9%, P = .04).

\*The primary end point was a composite of greater than 5 cm of groin hematoma, retroperitoneal hematoma, pseudoaneurysm, and/or bleeding requiring transfusion.

# Why Go Radial ...



Comparative Study

➤ [Eur Heart J. 2008 Jan;29\(1\):63-70. doi: 10.1093/eurheartj/ehm508.](#)

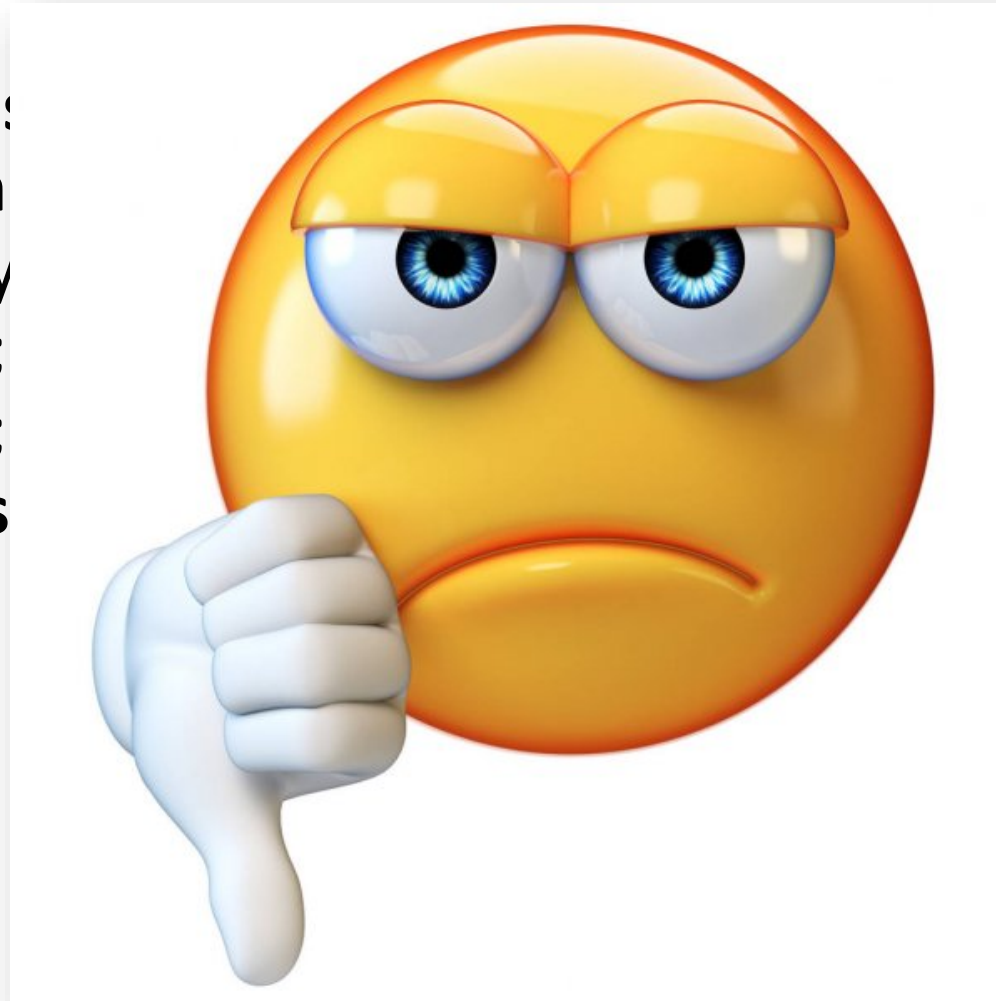
Epub 2007 Nov 13.

## **Comparison of operator radiation exposure with optimized radiation protection devices during coronary angiograms and ad hoc percutaneous coronary interventions by radial and femoral routes**

Camille Brasselet <sup>1</sup>, Thierry Blanpain, Sophie Tassan-Mangina, Alain Deschildre, Sébastien Duval, Fabien Vitry, Nathalie Gaillot-Petit, Jean Paul Clément, Damien Metz

# Radial Radiation

- **Radiation exposure** using the **radial route** when compared with **ad hoc PCIs** was **lower** than **ad hoc PCIs** when **CAAs** followed by **ad hoc PCIs** (164.0 [1.0-360.0] microSv; 360.0 [2.0-720.0] microSv) compared with **ad hoc PCIs** (13.0 [1.0-26.0] microSv; 26.0 [1.0-52.0] microSv).



...ly higher using the  
...ute for both CAs and  
...roSv vs. 13.0 [1.0-  
...microSv vs. 41.0 [2.0-  
...radiation exposure  
...dial route when  
...nd CAs followed by

# Why Go Radial ... the mortality myth?

# Radial Versus Femoral Access for Coronary Interventions Across the Entire Spectrum of Patients With Coronary Artery Disease

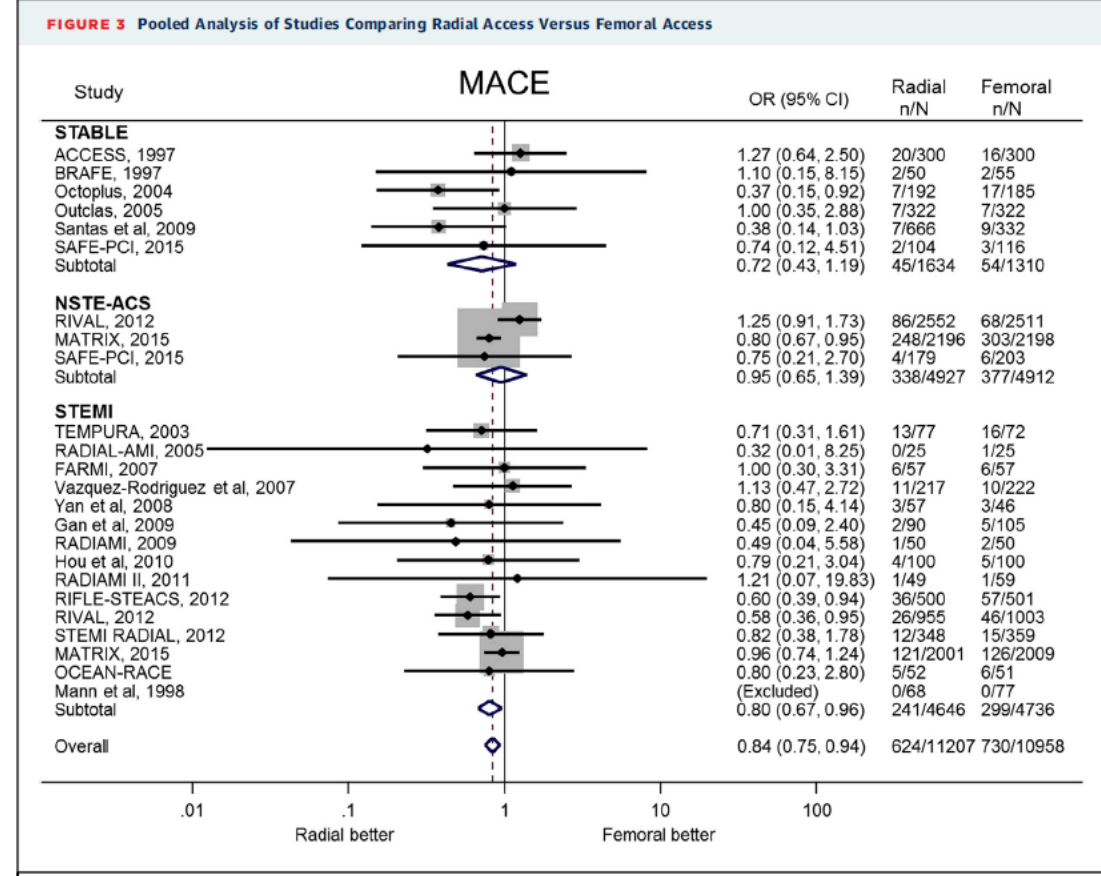
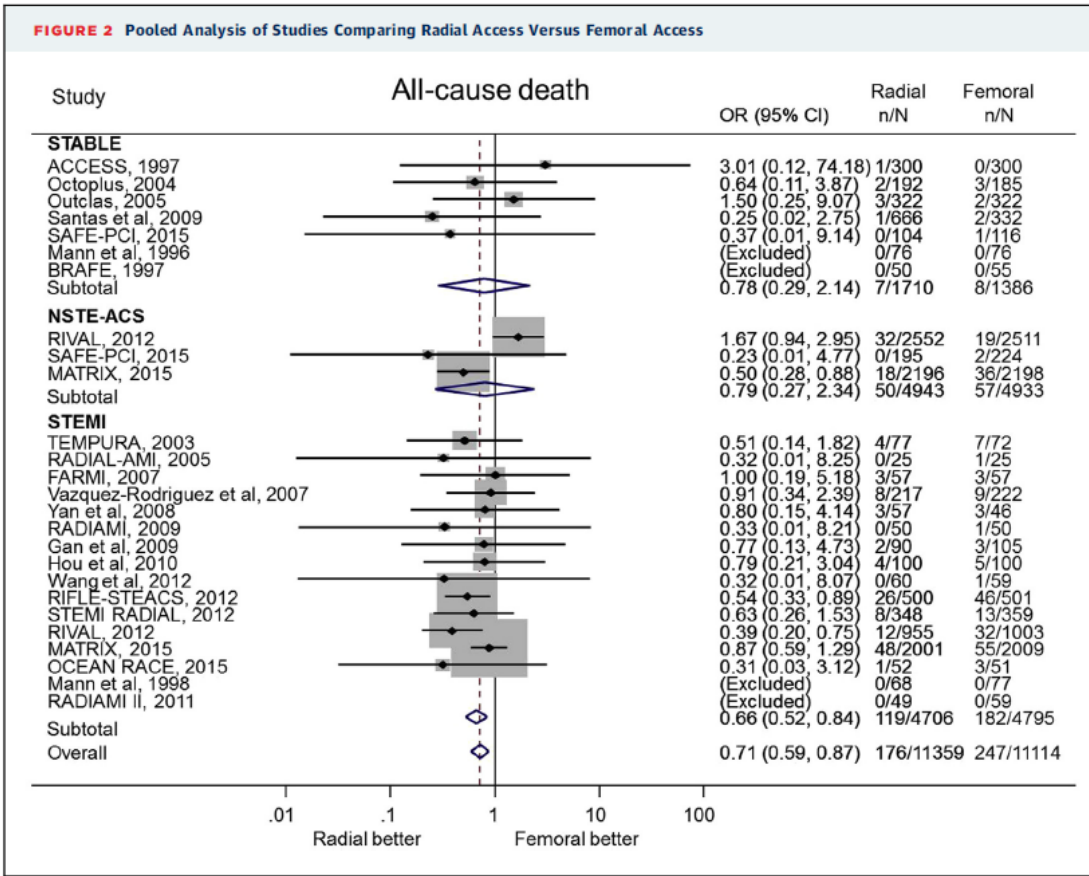
A Meta-Analysis of Randomized Trials



## **RESULTS**

Twenty-four studies **enrolling 22,843 participants** were included. Compared with femoral access, radial access was associated with a significantly **lower risk for all-cause mortality** (odds ratio [OR]: 0.71; 95% confidence interval [CI]: 0.59 to 0.87;  $p=0.001$ , **number needed to treat to benefit [NNTB]=160**), **major adverse cardiovascular events** (OR: 0.84; 95% CI: 0.75 to 0.94;  $p=0.002$ ; **NNTB=99**), **major bleeding** (OR: 0.53; 95% CI: 0.42 to 0.65;  $p < 0.001$ ; **NNTB=103**), and **major vascular complications** (OR: 0.23; 95% CI: 0.16 to 0.35;  $p < 0.001$ ; **NNTB=117**).

Learning curve ... ~ 50 PCI necessary



For RIVAL data needed to be extracted, corresponding author etc

# RIVAL (the original)

## Radial versus femoral access for coronary angiography and intervention in patients with acute coronary syndromes (RIVAL): a randomised, parallel group, multicentre trial

*Sanjit S Jolly, Salim Yusuf, John Cairns, Kari Niemelä, Denis Xavier, Petr Widimsky, Andrzej Budaj, Matti Niemelä, Vicent Valentin, Basil S Lewis, Alvaro Avezum, Philippe Gabriel Steg, Sunil V Rao, Peggy Gao, Rizwan Afzal, Campbell D Joyner, Susan Chrolavicius, Shamir R Mehta, for the RIVAL trial group\**

***Lancet 2011; 377: 1409–20***

# RIVAL (the original)

## **Interpretation**

**Radial and femoral approaches are both safe and effective for PCI. However, the lower rate of local vascular complications may be a reason to use the radial approach.**

# RIVAL (the treatment effect analysis)

Journal of the American College of Cardiology  
© 2012 by the American College of Cardiology Foundation  
Published by Elsevier Inc.

Vol. 60, No. 24, 2012  
ISSN 0735-1097/\$36.00  
<http://dx.doi.org/10.1016/j.jacc.2012.07.050>

## **Effects of Radial Versus Femoral Artery Access in Patients With Acute Coronary Syndromes With or Without ST-Segment Elevation**

Shamir R. Mehta, MD, MSc,\* Sanjit S. Jolly, MD, MSc,\* John Cairns, MD,†  
Kari Niemela, MD, PhD,‡ Sunil V. Rao, MD,§ Asim N. Cheema, MD, PhD,||  
Philippe Gabriel Steg, MD,¶ Warren J. Cantor, MD,# Vladimír Džavík, MD,\*\*  
Andrzej Budaj, MD, PhD,†† Michael Rokoss, MD,\* Vicent Valentin, MD,‡‡ Peggy Gao, MSc,\*  
Salim Yusuf, MBBS, DPHIL,\* for the RIVAL Investigators

*Hamilton, Toronto, Newmarket, Ontario, Vancouver, British Columbia, Canada; Tampere, Finland;  
Durham, North Carolina; Paris, France; Warsaw, Poland; and Valencia, Spain*

## Conclusions

In patients with **STEMI**, radial artery access reduced the primary outcome and mortality. **No such benefit** was observed in patients with **NSTEACS**. The radial approach may be preferred in STEMI patients when the operator has considerable radial experience.

... if a reduction in bleeding-related complications was associated with lower mortality, it might **most likely be detected in the STEMI group of patients**.

... higher rate of PCIs (90%) compared with NSTEMI patients (50% to 60%), exposing them to a higher frequency of access site complications.

... more potent initial and subsequent antiplatelet and antithrombotic therapies (as well as fibrinolytic therapy) ... the risk-adjusted rate of bleeding (particularly access-site bleeding) is higher, **making the association between bleeding and mortality more readily detectable in this population**

### **STEMI subgroup:**

30-day mortality was significantly lower with radial access (1.3% vs 3.2%), **which cannot be explained by the very low rates of bleeding at 0.84% (radial access) vs 0.91% (femoral access)**.

**The majority of deaths occurred in patients who had neither a major bleed nor an access site complication.**

Because randomization did not stratify patients by STEMI and non-STEMI, any comparison in the patients with STEMI is a subgroup analysis and prone to potential differences between access groups that may confound the relationship.

Research

JAMA Cardiology | **Original Investigation**

# Safety and Efficacy of Femoral Access vs Radial Access in ST-Segment Elevation Myocardial Infarction The SAFARI-STEMI Randomized Clinical Trial

Michel Le May, MD; George Wells, PhD; Derek So, MD; Aun Yeong Chong, MD; Alexander Dick, MD; Michael Froeschl, MD; Christopher Glover, MD; Benjamin Hibbert, MD; Jean-Francois Marquis, MD; Melissa Blondeau, BSc; Christina Osborne, BSc; Andrea MacDougall, MD; Malek Kass, MD; Vernon Paddock, MD; Ata Quraishi, MBBS; Marino Labinaz, MD

*JAMA Cardiol.* 2020;5(2):126-134

# SAFARI-STEMI

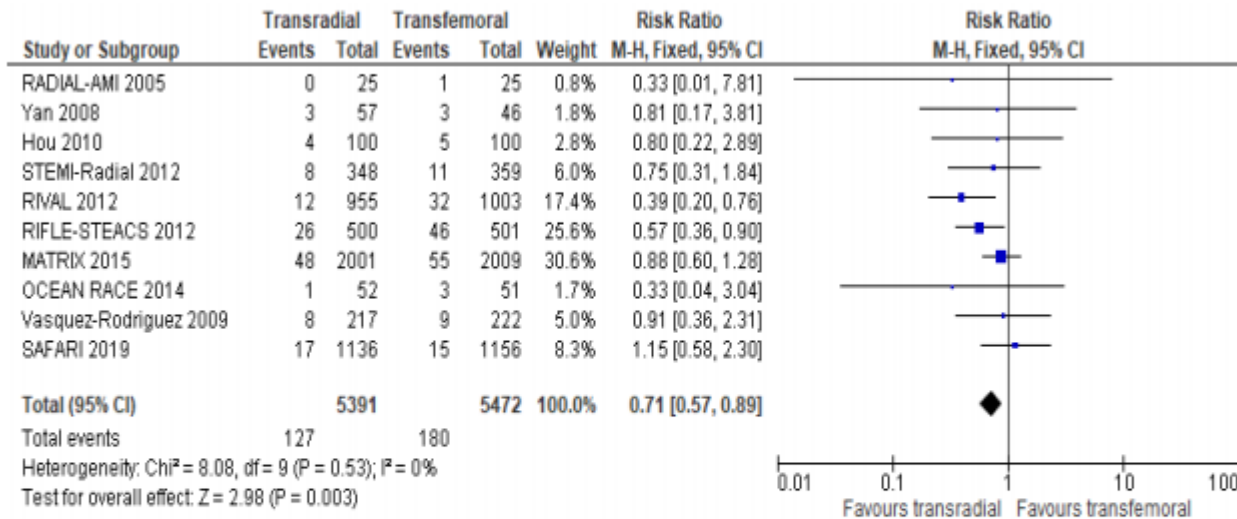
- **CONCLUSIONS AND RELEVANCE** No significant differences were found for survival or other clinical end points at 30 days after the use of radial access vs femoral access in patients with STEMI referred for primary PCI. However, small absolute differences in end points cannot be definitively refuted given the premature termination of the trial.
- Kapadia: best clinical practice vs real world may be the difference?  
>> do we need to teach better femoral access?

*JAMA Cardiol.* 2020;5(2):126-134



# SAFARI-STEMI – Updated Meta-Analysis

eFigure 2. Updated Meta-analysis



The primary outcome of 30-day all-cause mortality was not significant between radial access and femoral access groups. As illustrated, the comparisons between the 2 groups are consistently nonsignificant across all subgroups. Squares represent mean values, with error bars representing 95% CIs. RR indicates relative risk; BMI, body mass index calculated as weight in kilograms divided by height in meters squared. To convert creatinine clearance to milliliters per second, multiply by 0.0167.

# Conclusions

- Stable CAD ?
- NSTEMI ?



- Radial STEMI appeared to be the one MANTRA  
>> **debunked by SAFARI**
- PLUS: what if we do ultrasound-guided access? REBIRTH

Burke ... Time to go home!

Thank you!

# MATRIX

## Radial versus femoral access in patients with acute coronary syndromes undergoing invasive management: a randomised multicentre trial



*Marco Valgimigli, Andrea Gagnor, Paolo Calabró, Enrico Frigoli, Sergio Leonardi, Tiziana Zaro, Paolo Rubartelli, Carlo Briguori, Giuseppe Andò, Alessandra Repetto, Ugo Limbruno, Bernardo Cortese, Paolo Sganzerla, Alessandro Lupi, Mario Galli, Salvatore Colangelo, Salvatore Ierna, Arturo Ausiello, Patrizia Presbitero, Gennaro Sardella, Ferdinando Varbella, Giovanni Esposito, Andrea Santarelli, Simone Tresoldi, Marco Nazzaro, Antonio Zingarelli, Nicoletta de Cesare, Stefano Rigattieri, Paolo Tosi, Cataldo Palmieri, Salvatore Brugaletta, Sunil V Rao, Dik Heg, Martina Rothenbühler, Pascal Vranckx, Peter Jüni, for the MATRIX Investigators\**

***Lancet 2015; 385: 2465–76***

## Findings

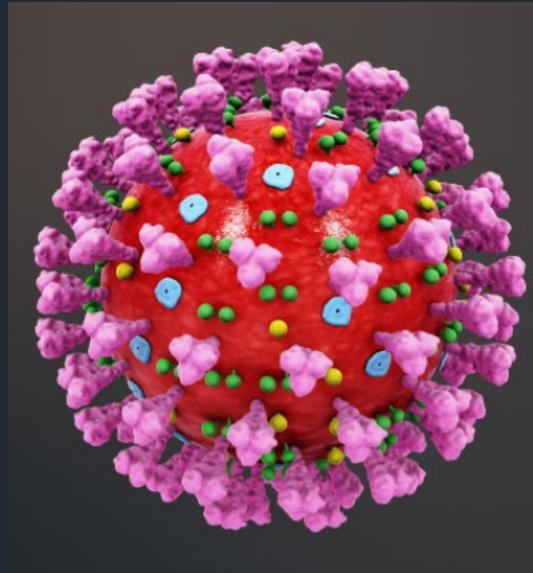
We randomly assigned 8404 patients with acute coronary syndrome, with or without ST-segment elevation, to radial (4197) or femoral (4207) access for coronary angiography and percutaneous coronary intervention. 369 (8 · 8%) patients with radial access had **major adverse cardiovascular events**, compared with 429 (10 · 3%) patients with femoral access (rate ratio [RR] 0 · 85, 95% CI 0 · 74–0 · 99;  $p=0 · 0307$ ), **non-significant** at  $\alpha$  of 0 · 025. 410 (9 · 8%) patients with radial access had **net adverse clinical events** compared with 486 (11 · 7%) patients with femoral access (0 · 83, 95% CI 0 · 73–0 · 96;  $p=0 · 0092$ ). **The difference was driven by BARC major bleeding** unrelated to coronary artery bypass graft surgery (1 · 6% vs 2 · 3%, RR 0 · 67, 95% CI 0 · 49–0 · 92;  $p=0 · 013$ ) **and all-cause mortality** (1 · 6% vs 2 · 2%, RR 0 · 72, 95% CI 0 · 53–0 · 99;  **$p=0 · 045$** ).

**Interpretation** In patients with acute coronary syndrome undergoing invasive management, radial as compared with femoral access reduces **net adverse clinical events, through a reduction in major bleeding and all-cause mortality.**

# How on earth does mortality improve when we go radial?

- Different stents >>> No
- Different procedure time >>> No
- Same proceduralists
  
- Is it all about the bleeding?
  
- Is it really true?

# The North American COVID-19 STEMI Registry



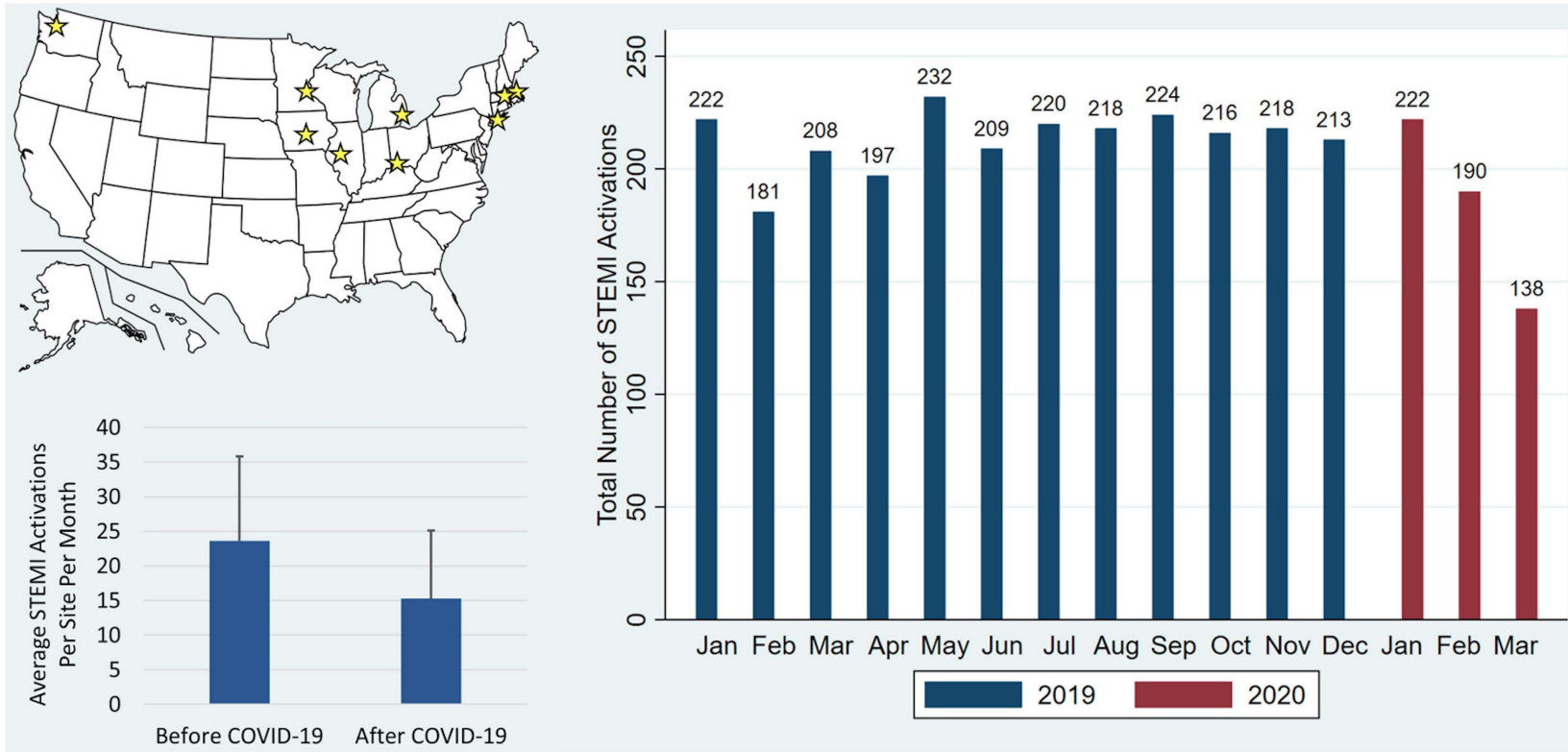
**Santiago Garcia, MD**  
**On Behalf of NACMI Investigators**



# Outline

1. STEMI and other CV emergencies during COVID-19 pandemic
2. Late Presentations/OHCA data
3. NACMI- Main results and subgroups

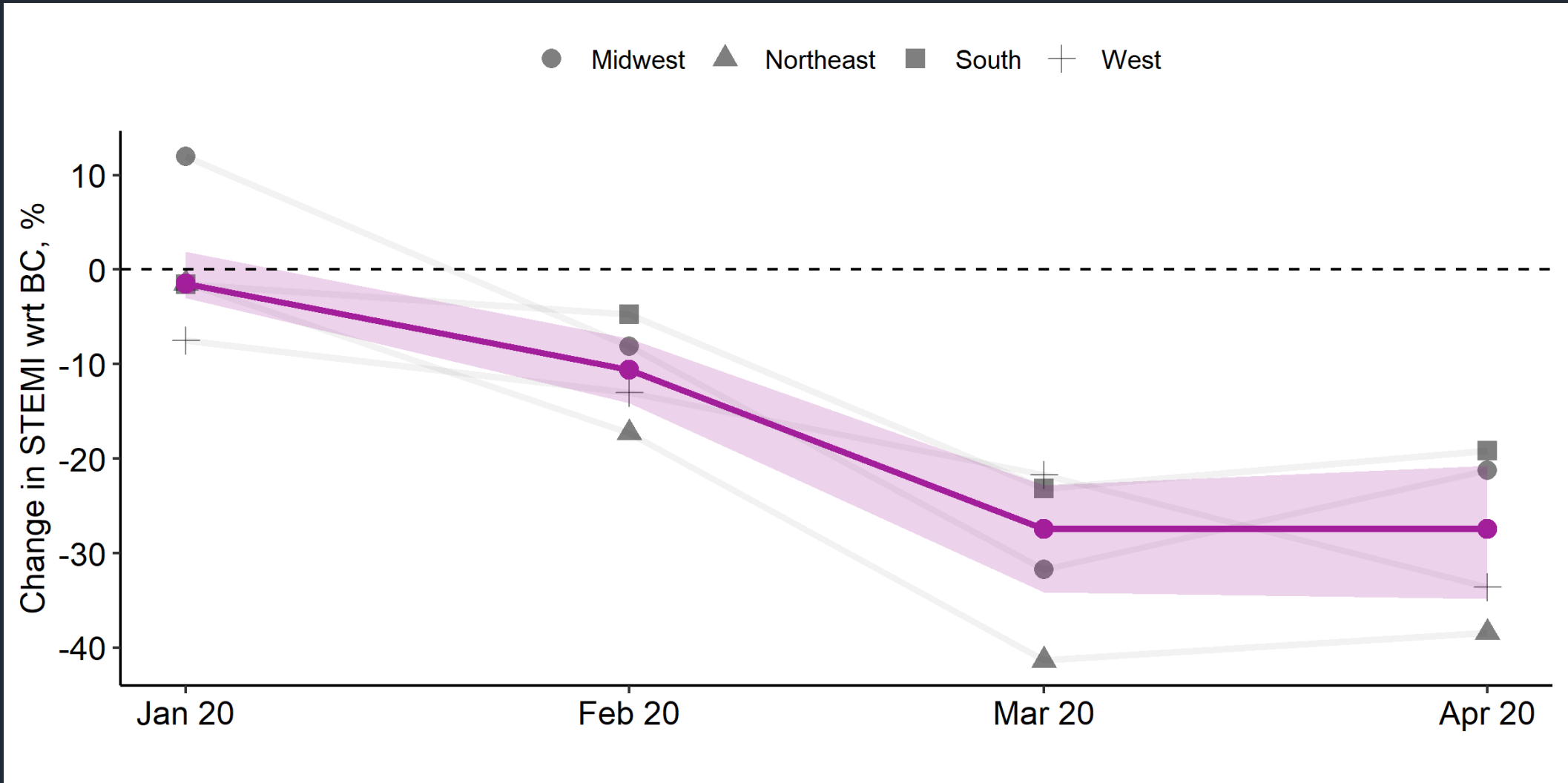
# Where did the heart attacks go?



Garcia et al. JACC 2020

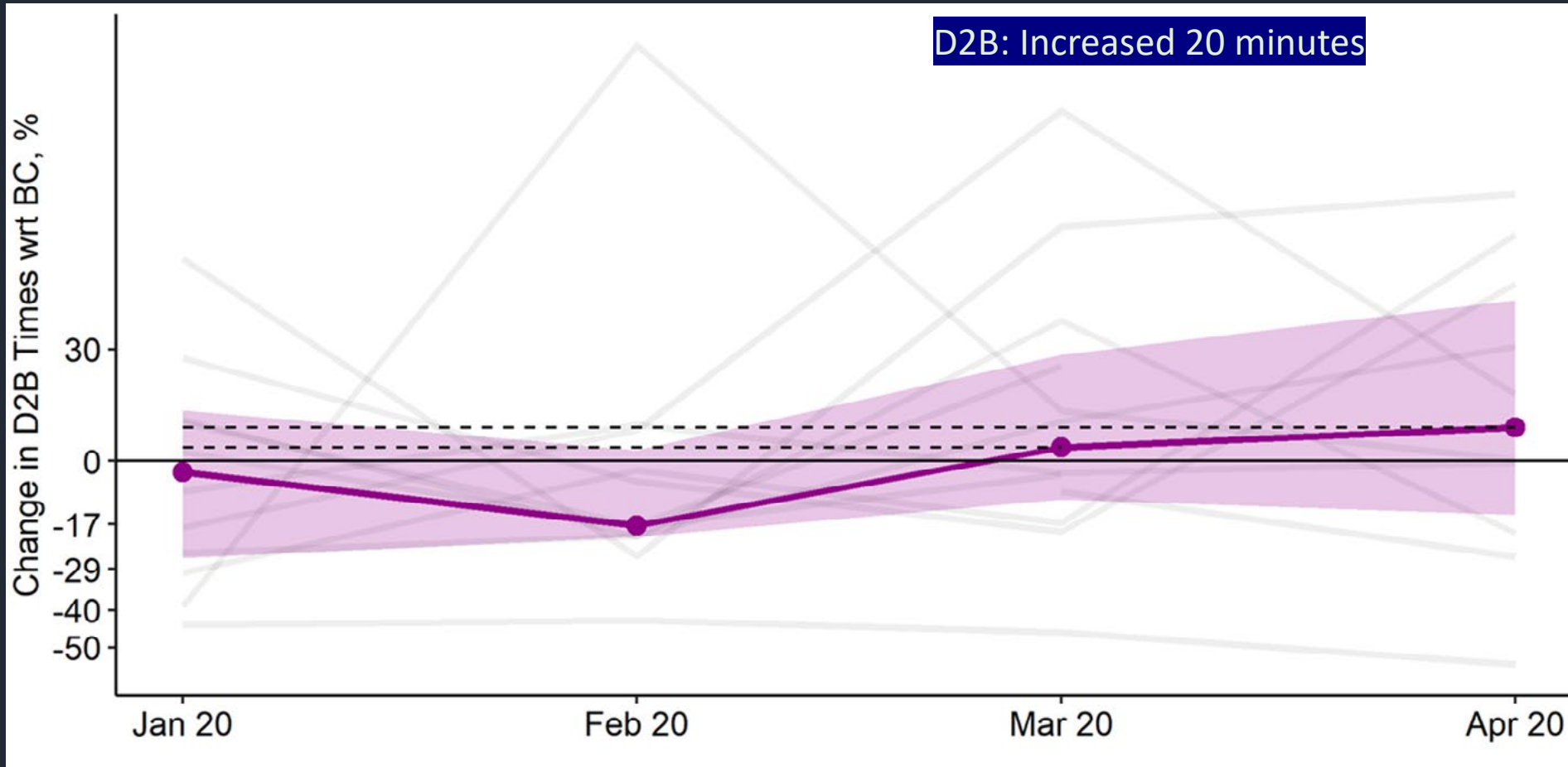
# Where did the heart attacks go?

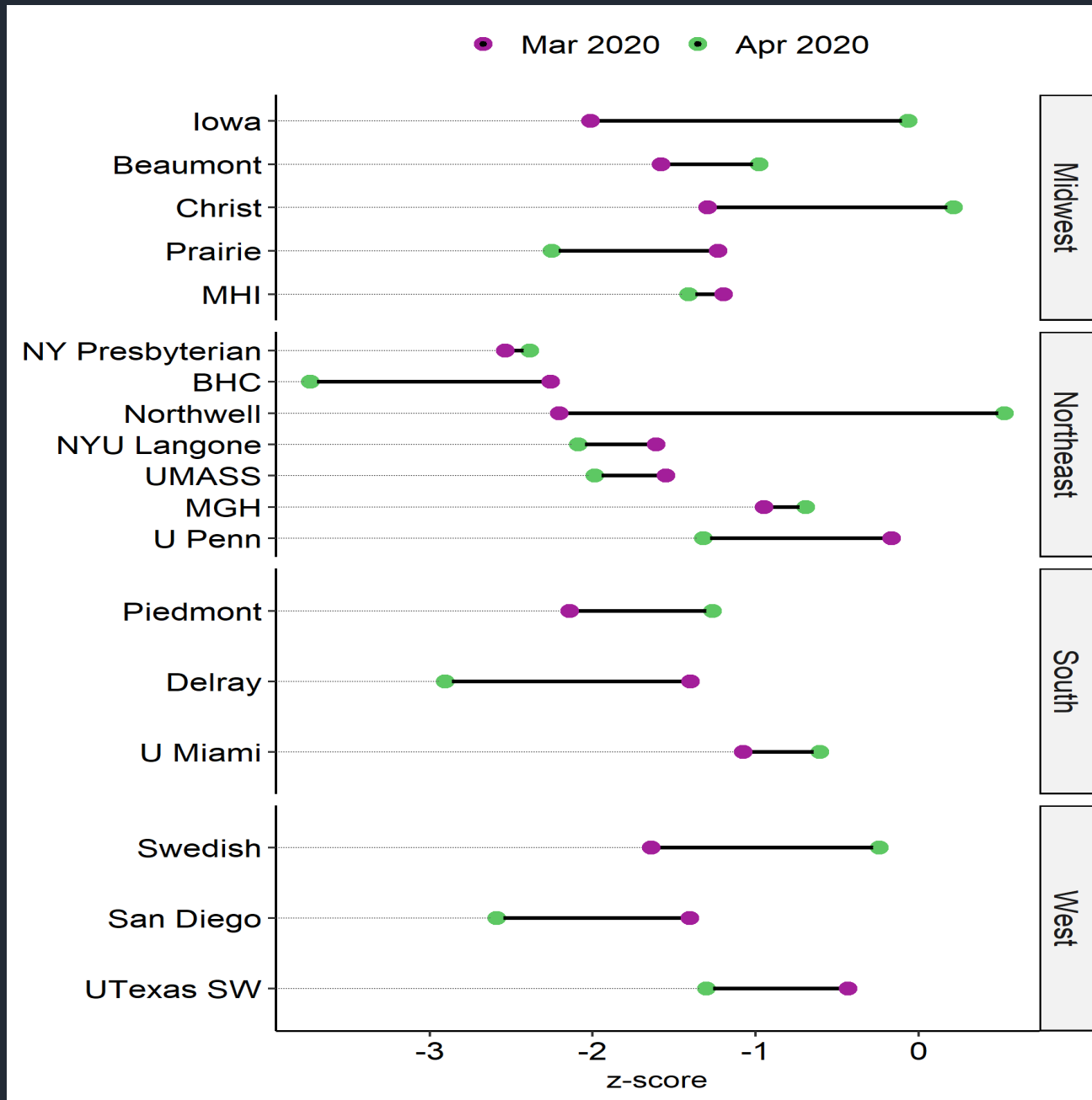
Expanded analysis 17 STEMI Program, 4 US regions



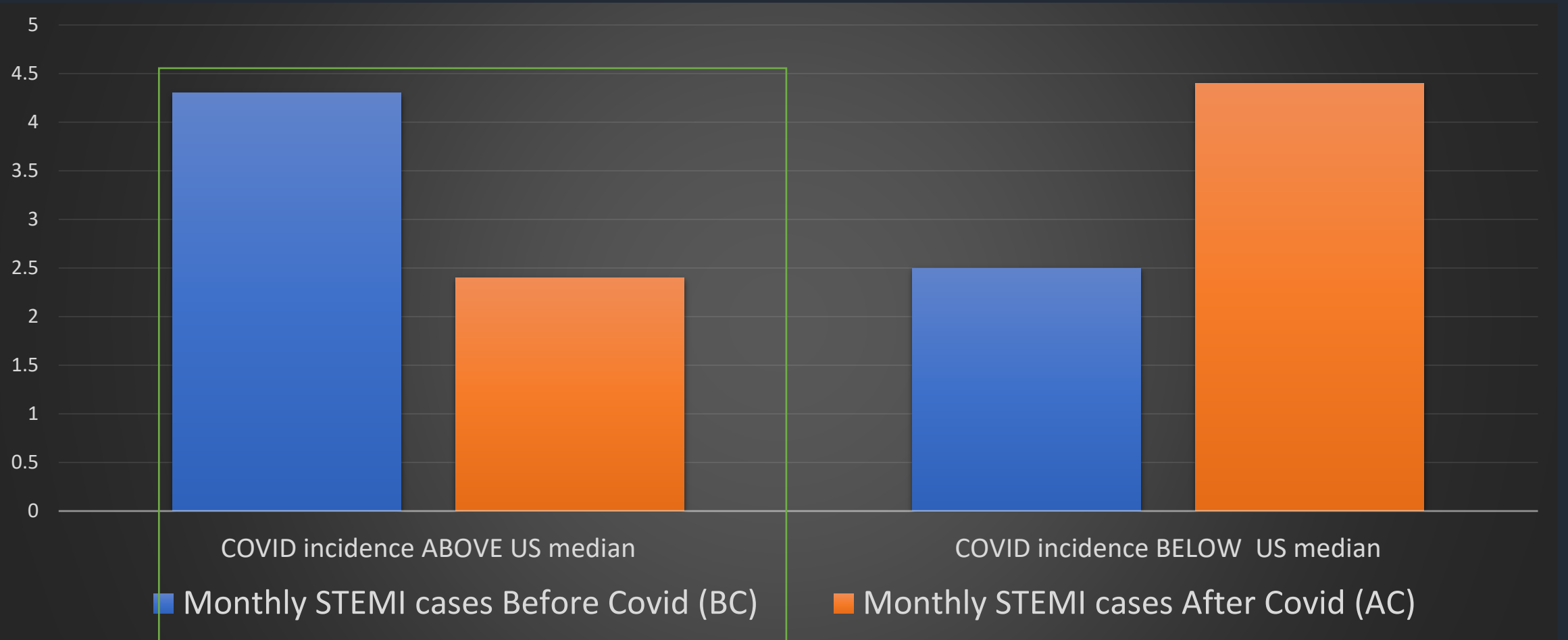
# Where did the heart attacks go?

Expanded analysis 17 STEMI Program, 4 US regions





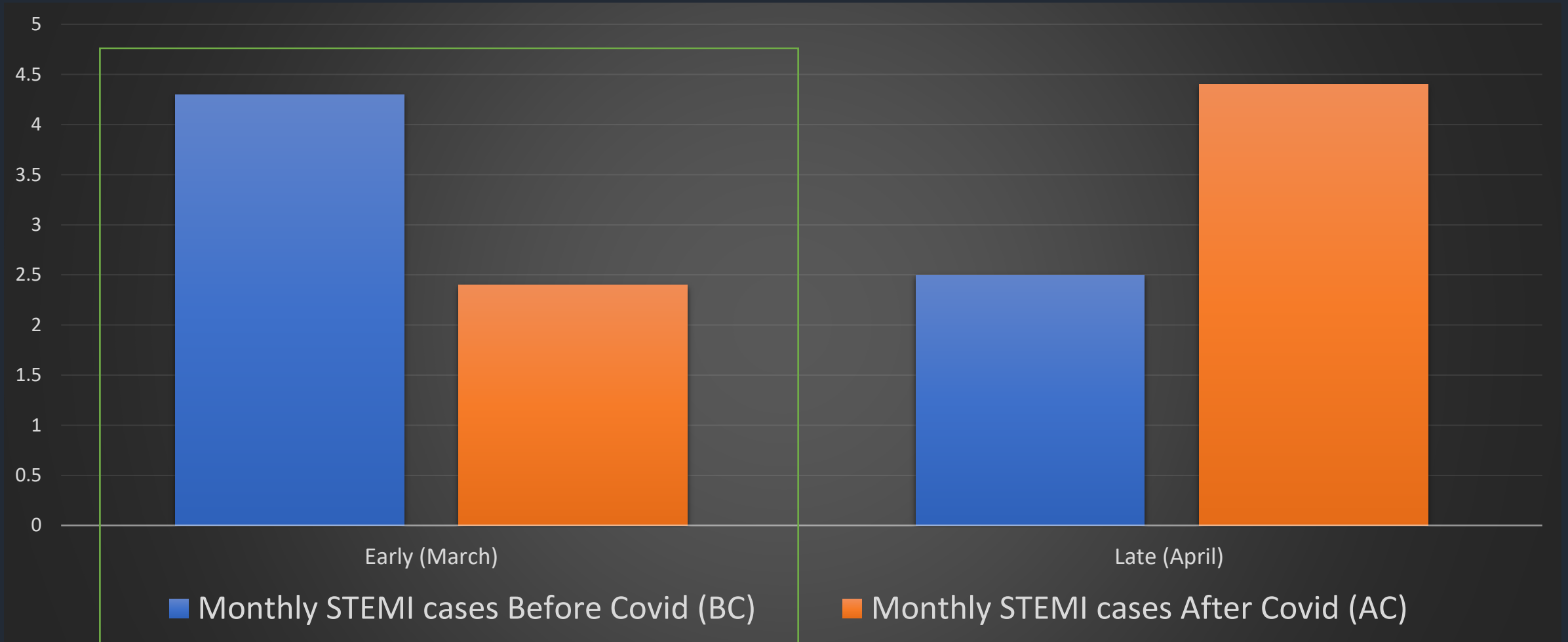
# STEMI Volume Comparison by *COVID Incidence*



AC periods includes only Early phase of the pandemic March –April 2020

# STEMI Volume

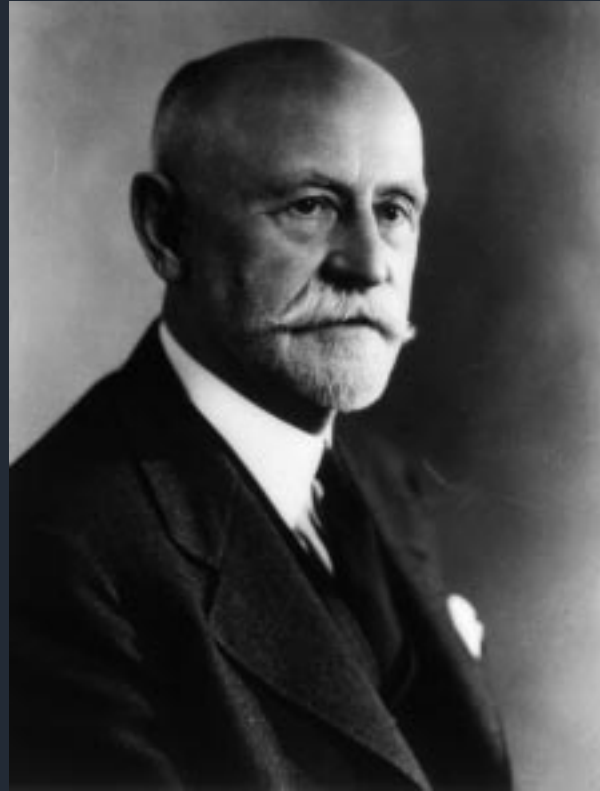
## Comparison by Initiation of stay at home orders



# James B Herrick (1861–1954)

Certain clinical features of sudden obstruction of the coronary arteries.

JAMA 1912; 59:2015-20



“The importance of absolute rest in bed for several days is clear.”



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of the **American Medical Association**

*Published Under the Auspices of the Board of Trustees*

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COPYRIGHT, 1952, BY AMERICAN MEDICAL ASSOCIATION

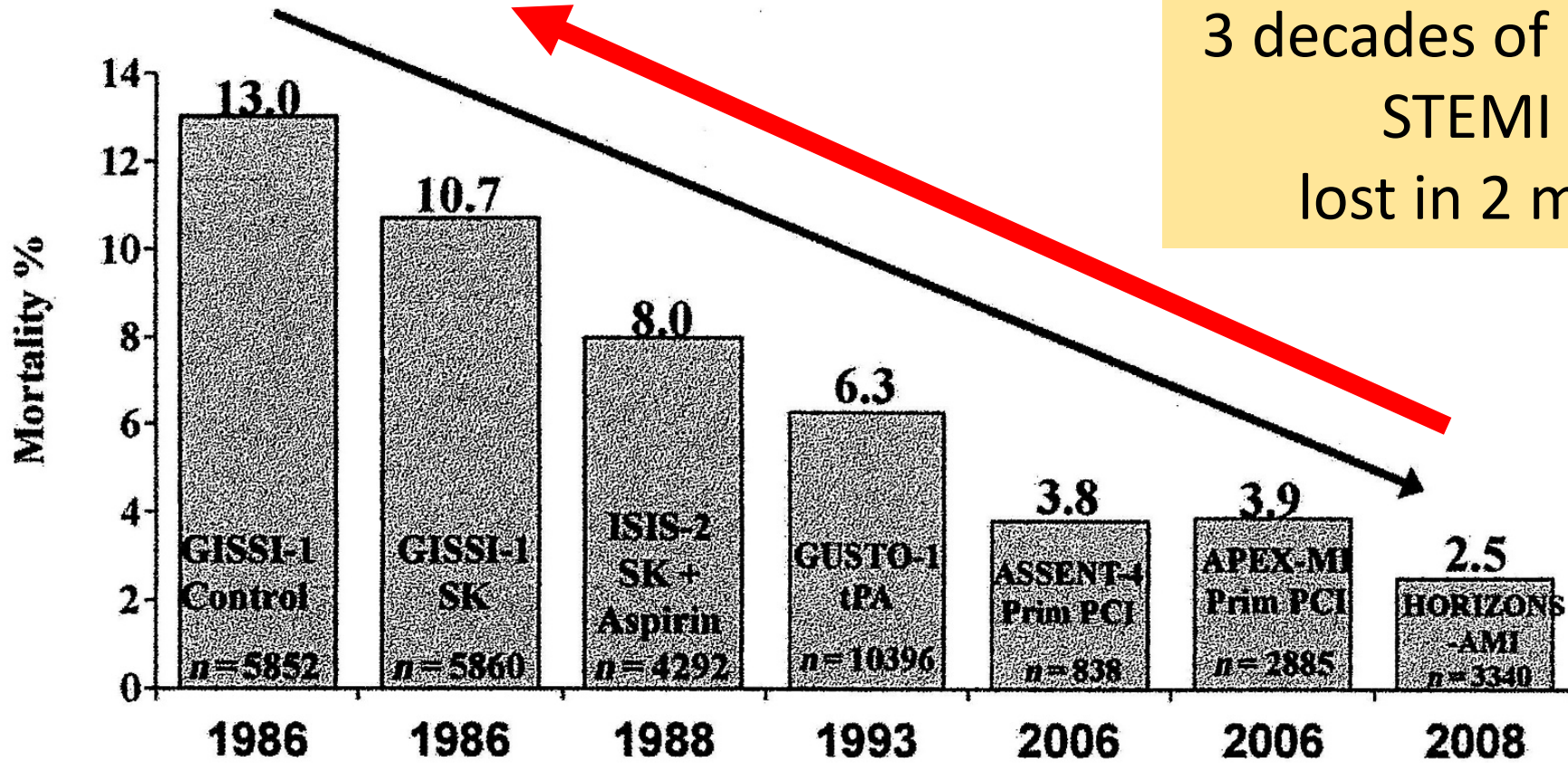
APRIL 19, 1952

**“ARMCHAIR” TREATMENT OF ACUTE CORONARY THROMBOSIS**

*Samuel A. Levine, M.D.*  
and  
*Bernard Lown, M.D., Boston*

“The prevailing view is that patients with cardiac disease are expected to die in bed. If fatalities occur out of bed, the physician is held culpable”

# Myocardial mortality rates in the early era of coronary reperfusion

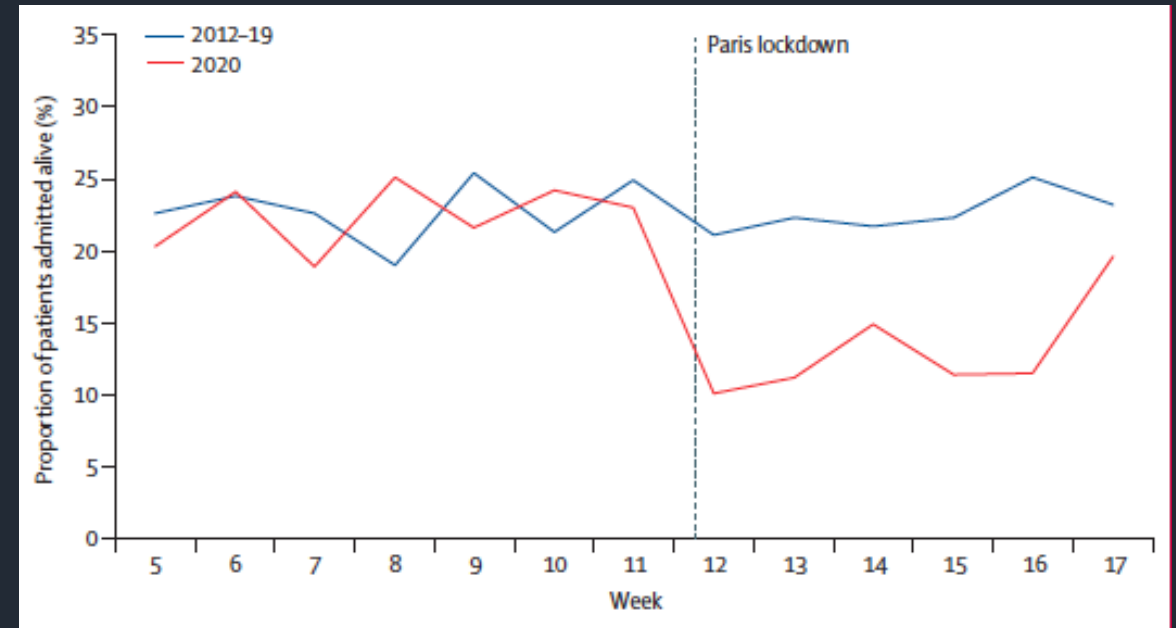
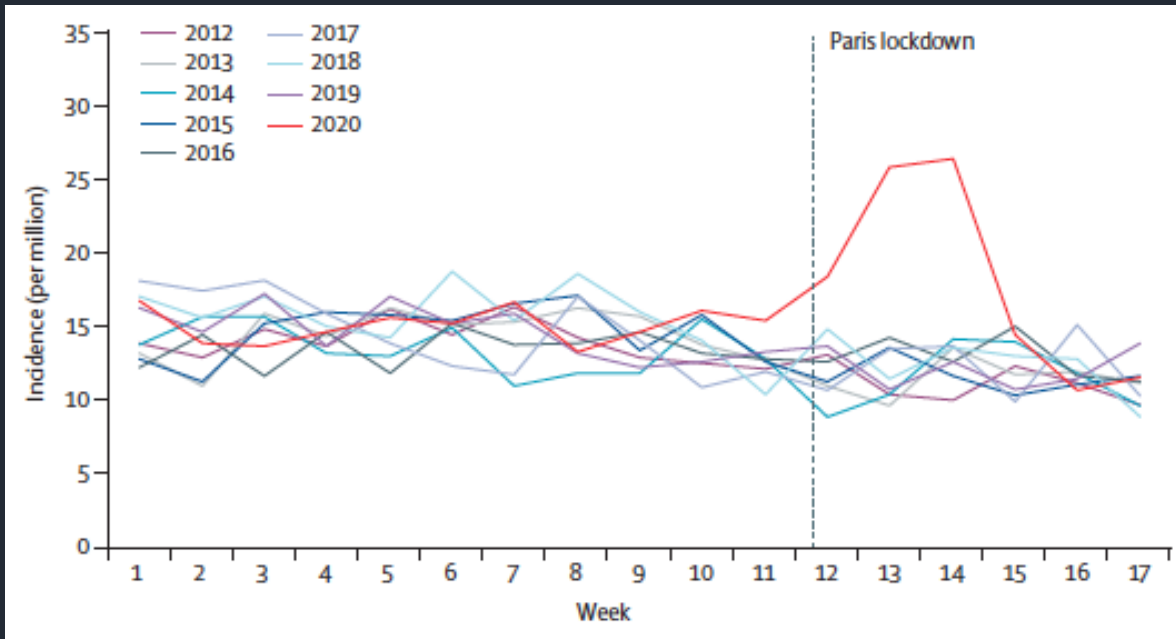


3 decades of progress in STEMI care lost in 2 months?

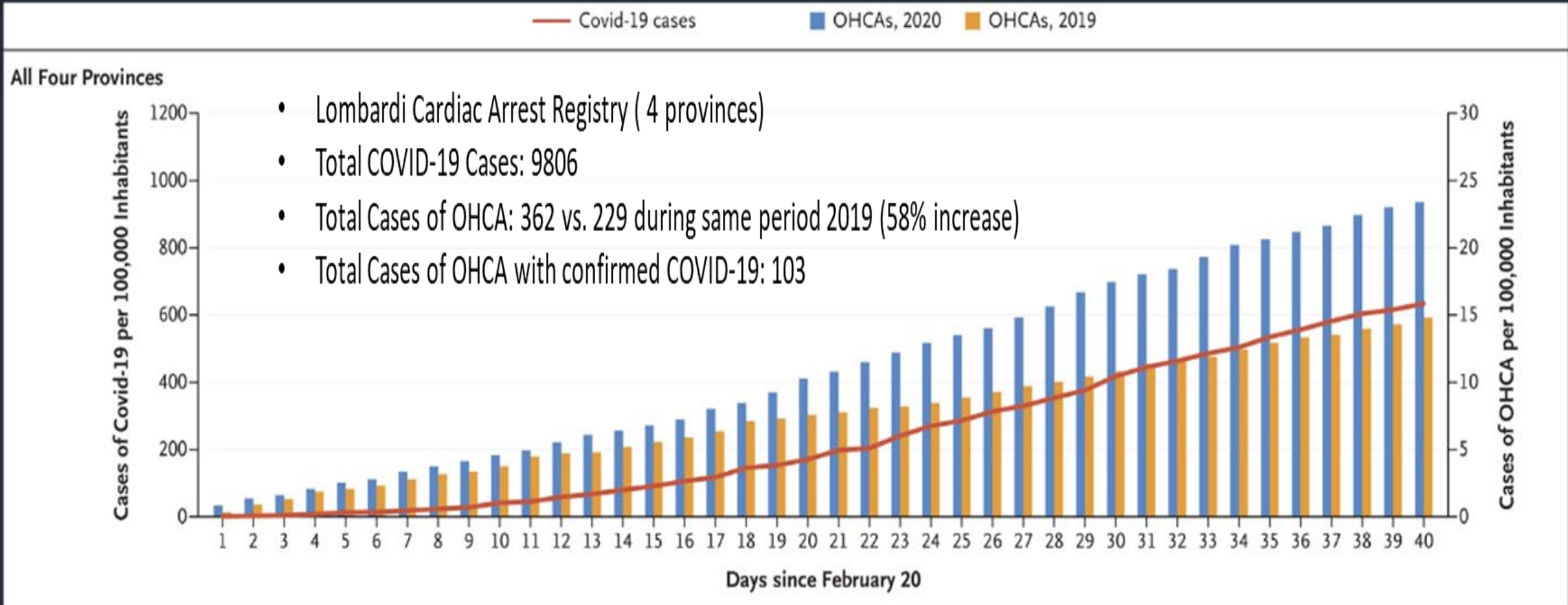
From Ven de Werf. Eur Heart J 2014;35:2510-15.

# Where did the heart attacks go? *To the morgue*

## Out-of-hospital cardiac arrest during the COVID-19 pandemic in Paris, France: a population-based, observational study



# 58% Increase in out of hospital cardiac arrest in Italy



# Cardiac Arrest

## 911 Calls in NYC

### Heart-wrenching New York City

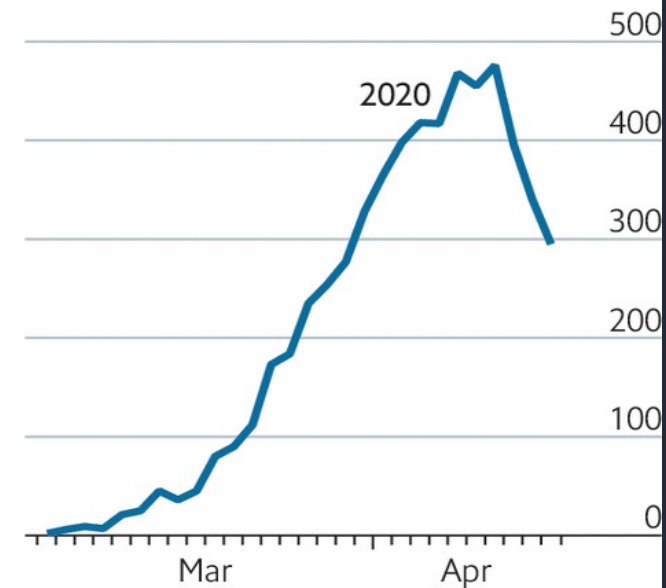
Cardiac-arrest 911 calls  
To April 5th



Cardiac-arrest deaths  
To April 5th



Confirmed covid-19 deaths\*  
To April 10th

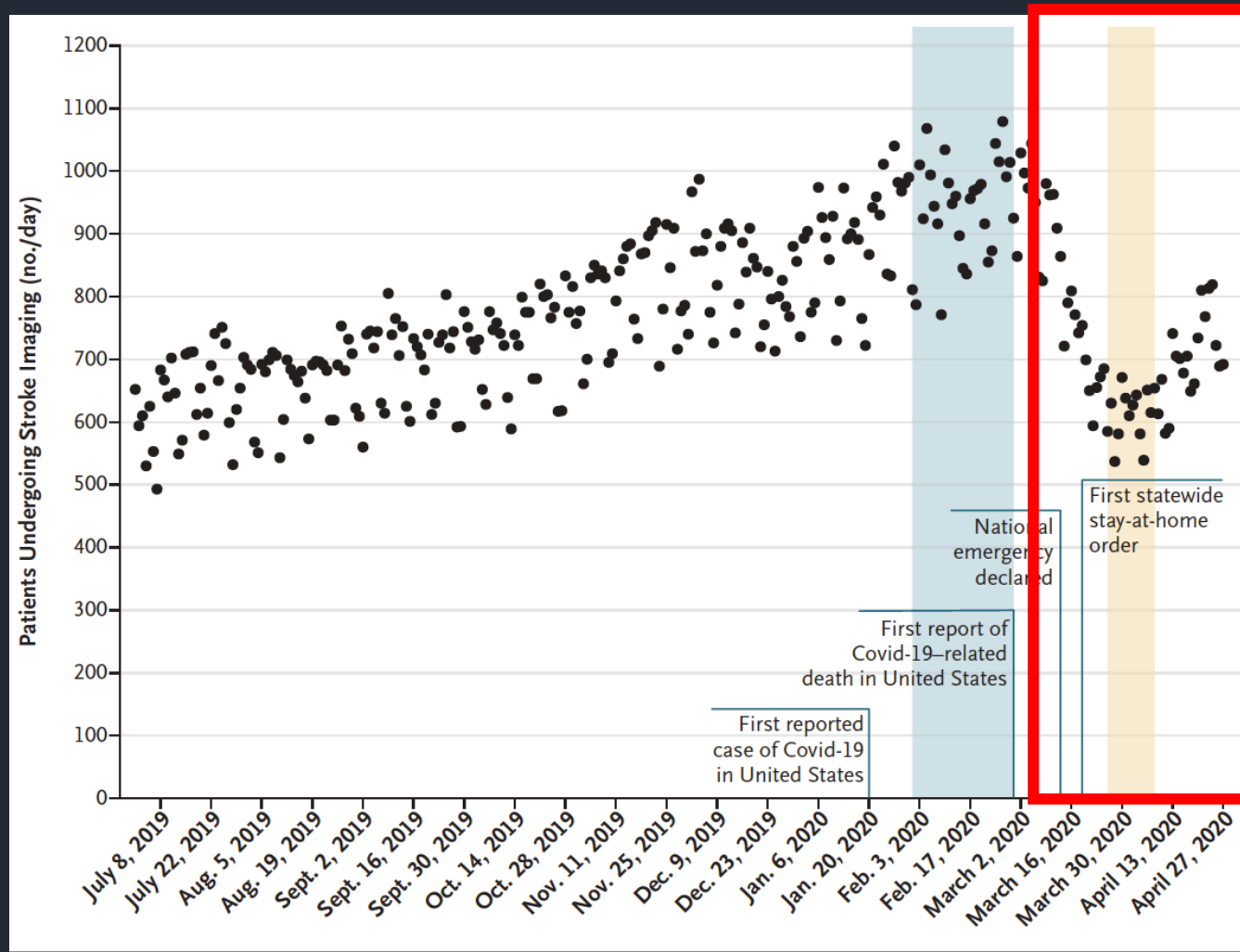


Sources: New York City Fire Department; New York City Department of Health \*Deaths are reported with a significant lag and may be revised later

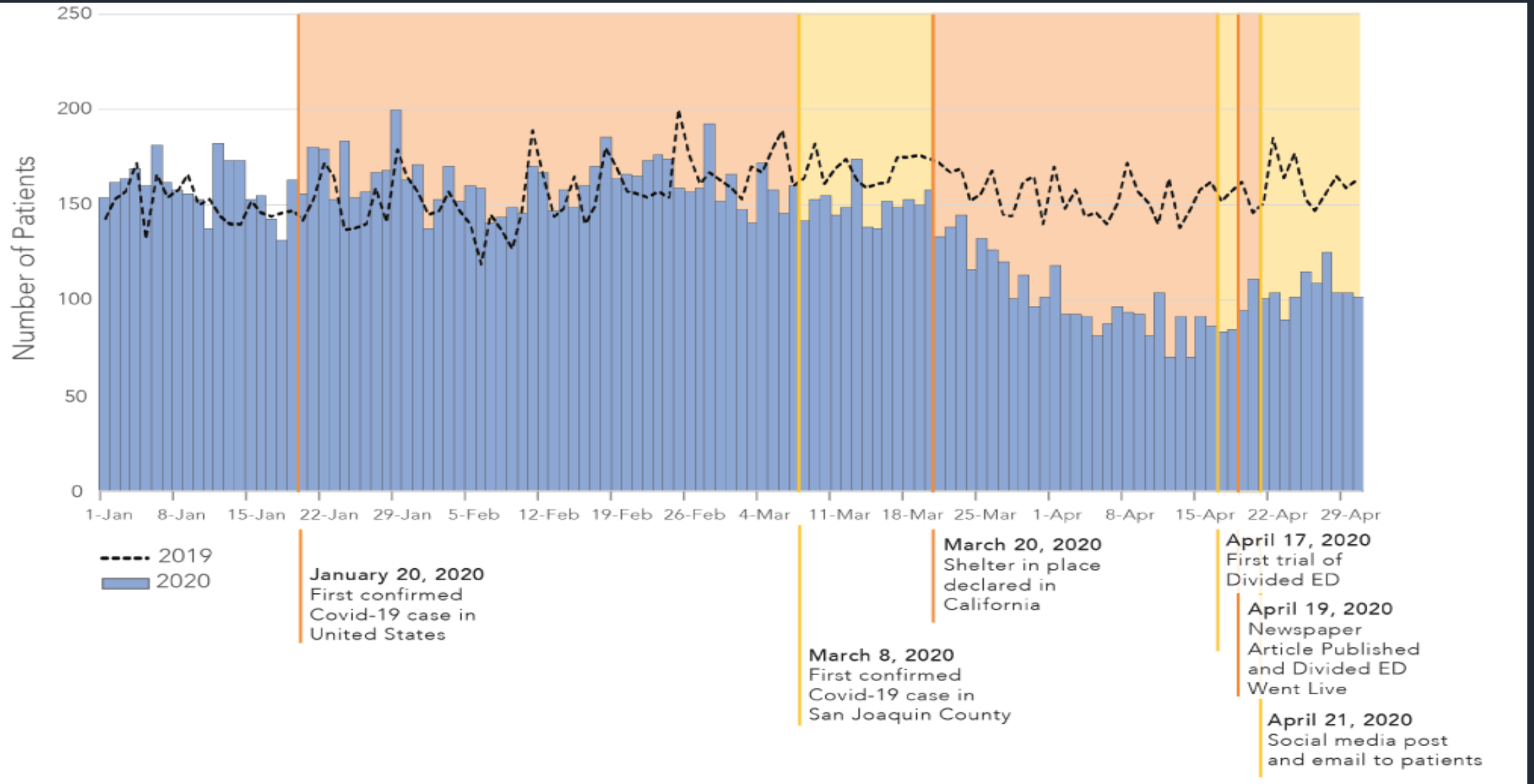
The Economist

# Other CV Emergencies: Where did the strokes go?

Use of neuroimaging

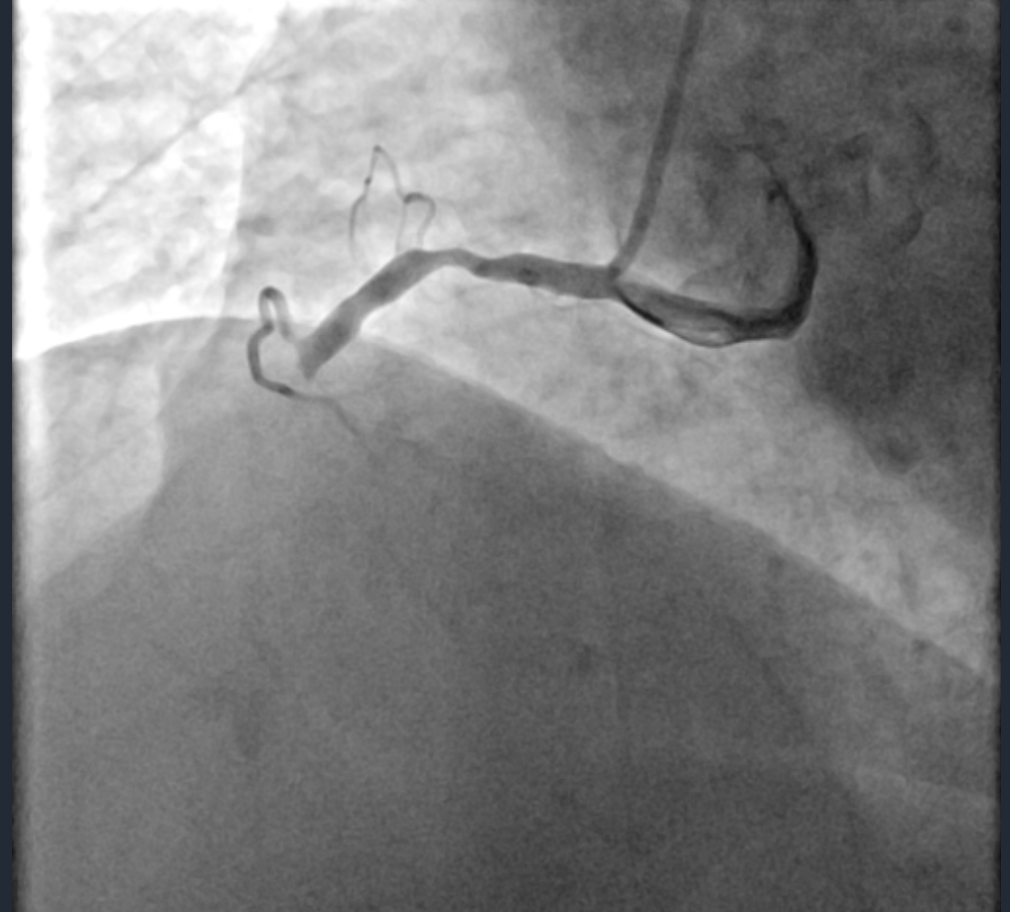
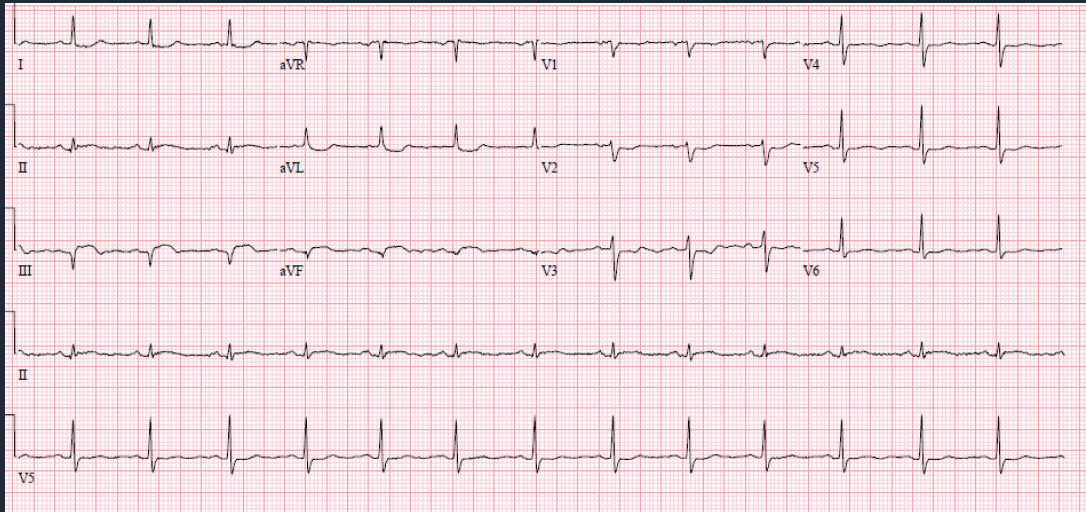


# Emergency Department Volume by Day and Timeline of Key Events



# Late Presentations

- 67 yo female
- Did not present to ED due to fear of contracting COVID
- 14 hours later Q-waves inferiorly
- Failed PCI



Alsidawi S et al. JACC Case reports.



# Late Presentations

*5-days later*



Alsidawi S et al. JACC Case reports.

# MHI Case #2

Anterior MI, fear of contracting COVID, presented 1 week later in heart failure  
Elected palliative care, died from free wall rupture



# When COVID and Heart attacks Coexist

- Patients with cardiovascular disease have increased risk of mortality with COVID-19
- 15-28% of COVID+ patients admitted to the hospital have elevated Troponin
- Some advocated for a shift to pharmacological reperfusion
- Dismal prognosis (72% mortality in NYC)

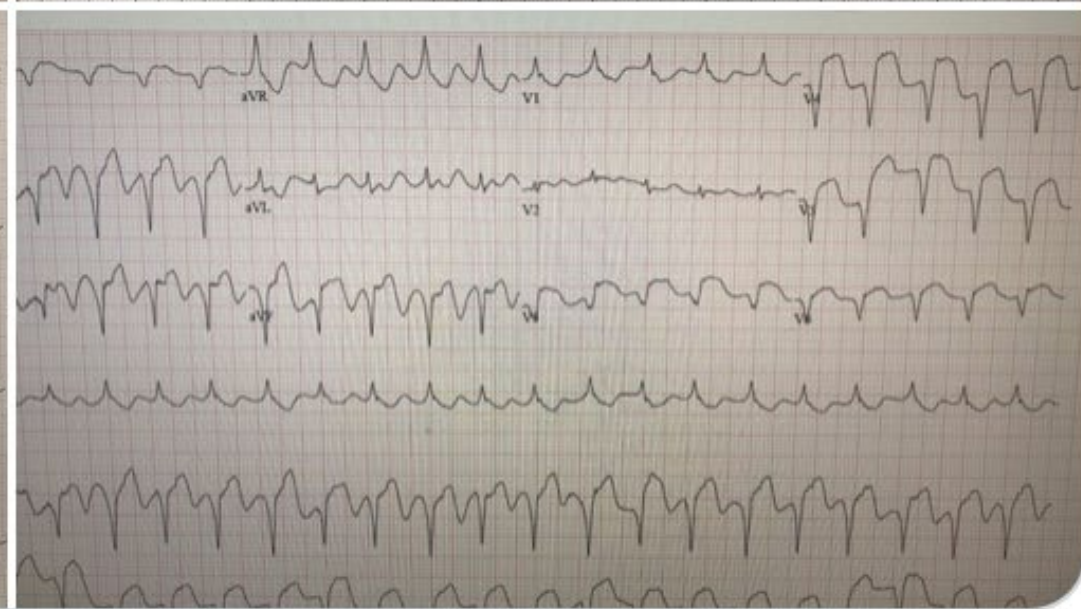
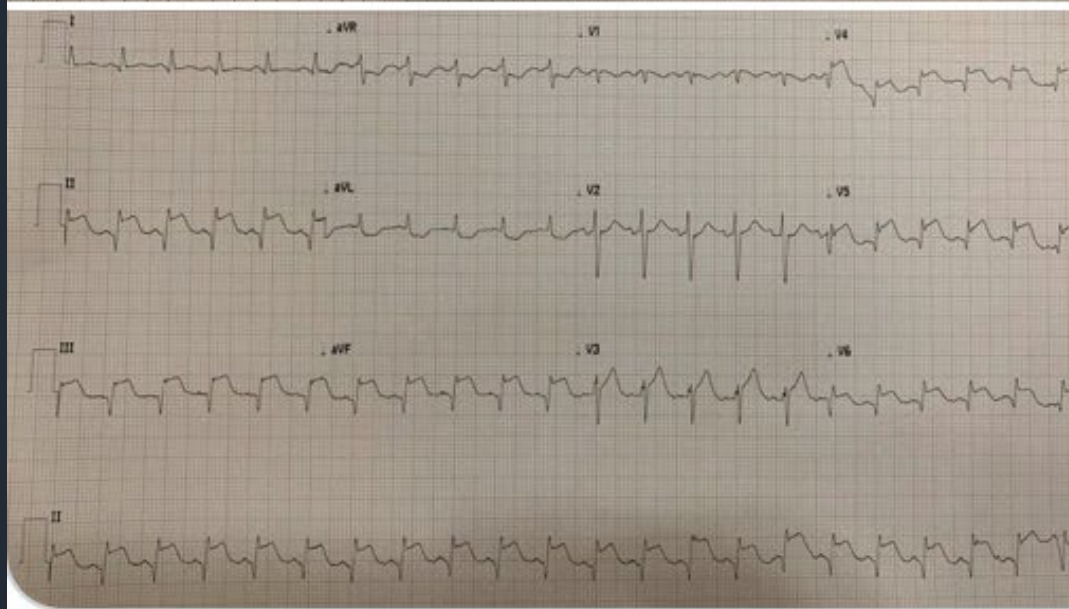
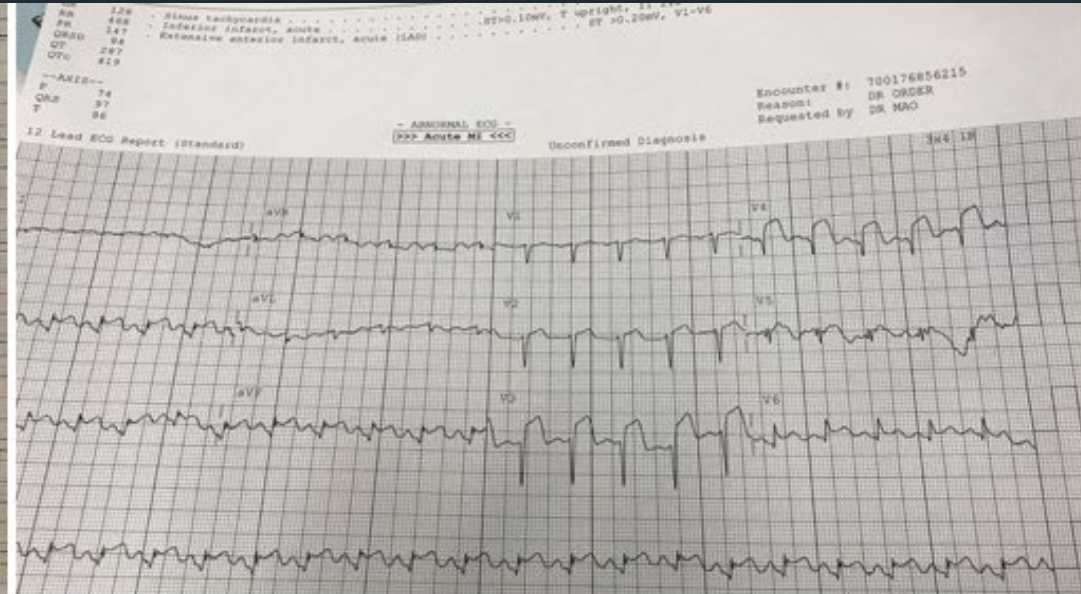
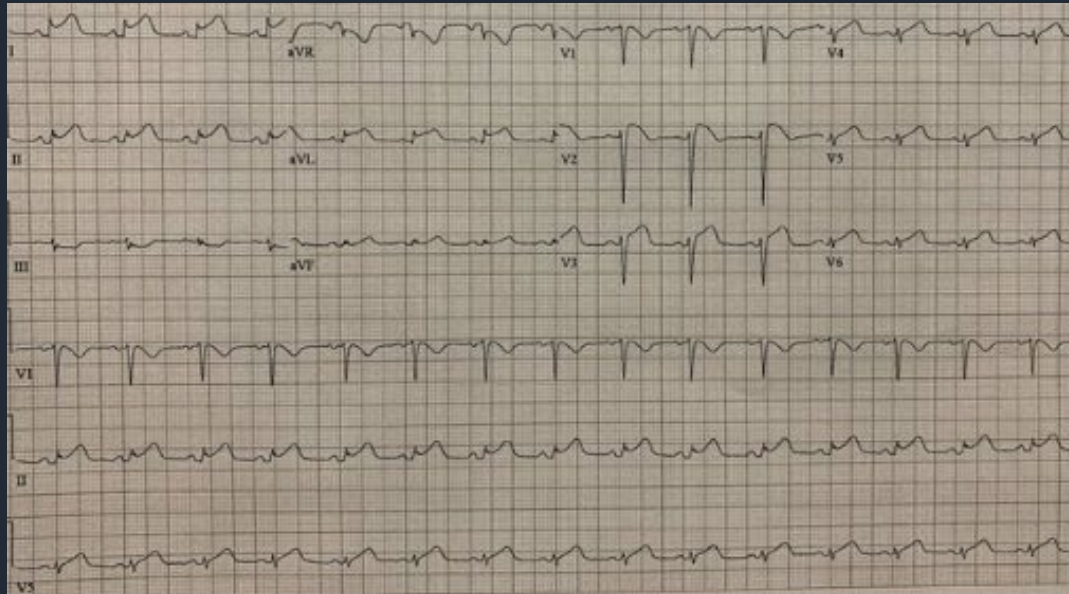


Futility ??

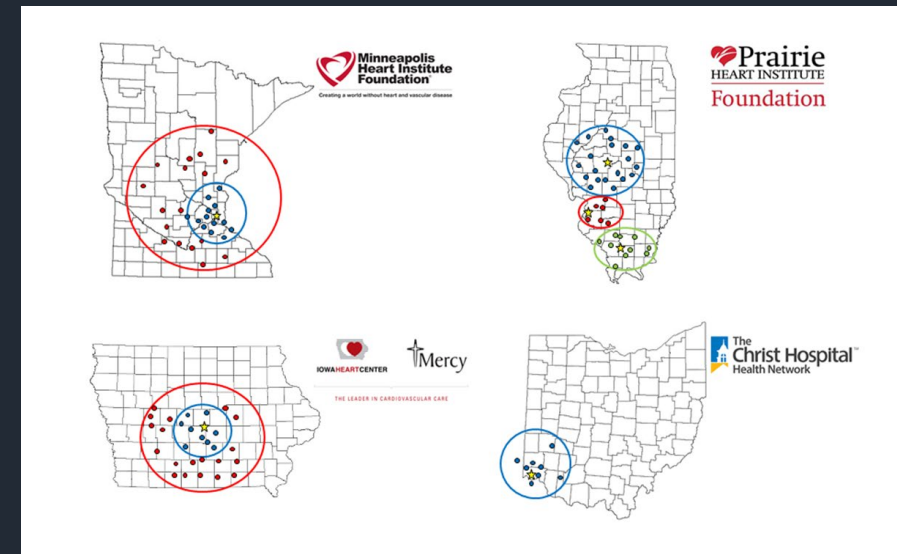
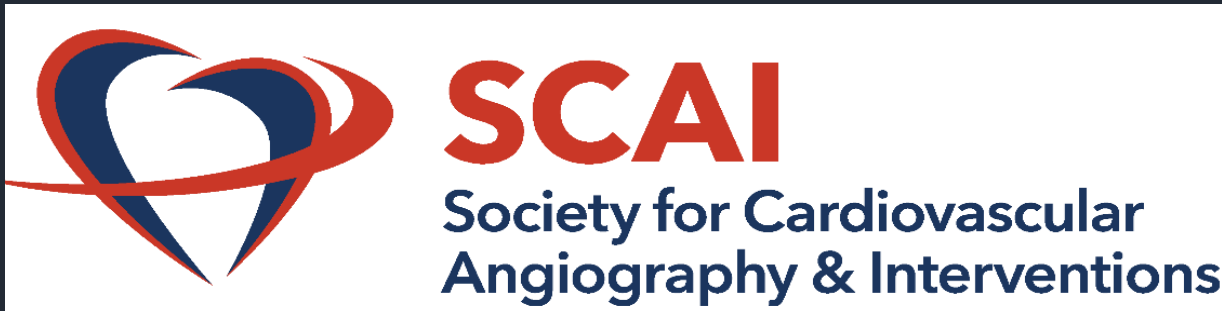
# STEMI Series IN COVID 19 – Literature review

	New York Series , n =18	Lombardy Series, n= 28	London Series, n= 39	French series, n=11	International, n=78
Population	6 Hospitals in New York, USA, n of 18	All PCI capable hospitals (?n) in Lombardy Italy, n of 28	115 Consecutive STEMI patients at <u>Barts Heart centre</u> (39 positive for COVID-19)	83 Consecutive STEMI patients at University of Hospital of Nancy, France, (11 positive for COVID 19)	Lithuania, Italy, Spain and Iraq –
Time Frame	March 2020	Feb 20 <sup>th</sup> – March 30 <sup>th</sup> , 2020	March 01 to May 20, 2020	Feb 26 <sup>th</sup> – May20, 2020	Feb1st to April 15 <sup>th</sup> , 2020
Demographics	Median age 63, 83% Male, 67% intubated	Mean age 68, 71% Male	Mean age of 62, 85% Male, 13% intubated	Mean age of 63.6, 64% male	median age of 65, 63% me n
COVID 19 Diagnosis	N/A	Reverse transcriptase PCR	Reverse transcriptase PCR <u>OR</u> symptoms + chest imaging	Reverse transcriptase PCR <u>OR</u> symptoms + chest imaging	Confirmed - positive result on PCR testing of a nasopharyngeal sample.
Chest pain as initial symptom	6/18 (33%) had chest pain	22/28 (79%)	11/39 had cardiac arrest as initial presentation	4/11 had cardiac arrest as initial presentation	18% were intubated
Strength of the study	First paper to describe STEMI		Looked at thrombus grade for Grade 5 thrombus, TIMI flow, Blush score 3 interventionalists blinded to study looked at images	2 angiographers scored angiograms for thrombotic MINOCA independently	Multi-center
LVEF	9/17 (53%) had abnormal LVEF	LVEF Mean of 42%	LVEF median of 43%	8/11 had LVEF of < 45%	Median of 39% in PPCI group Median of 44% in lytic group
Angiograms	9/18 had angiograms; 6/9 (67%) had Obstructive CAD	28/28 had angiograms 17/28 (61%) had Obstructive CAD	39/39 had angiograms 32/39 had TIMI 0/1 (82.1%)	6 of 11 (54%) had thrombotic MINOCA (non-atherosclerotic), compared to	19/78 (25%) had PCI <u>asd</u> primary reperfusion strategy 4/19 had stent thrombosis 18/19 had obstructive CAD
Hosp Mortality	13/18 (72%)	11/28 (39.3%)	7/39 (18%)	3/11 (27%)	9/78 (12%) - (26% in PCI group, and 7% in fibrinolytic group)

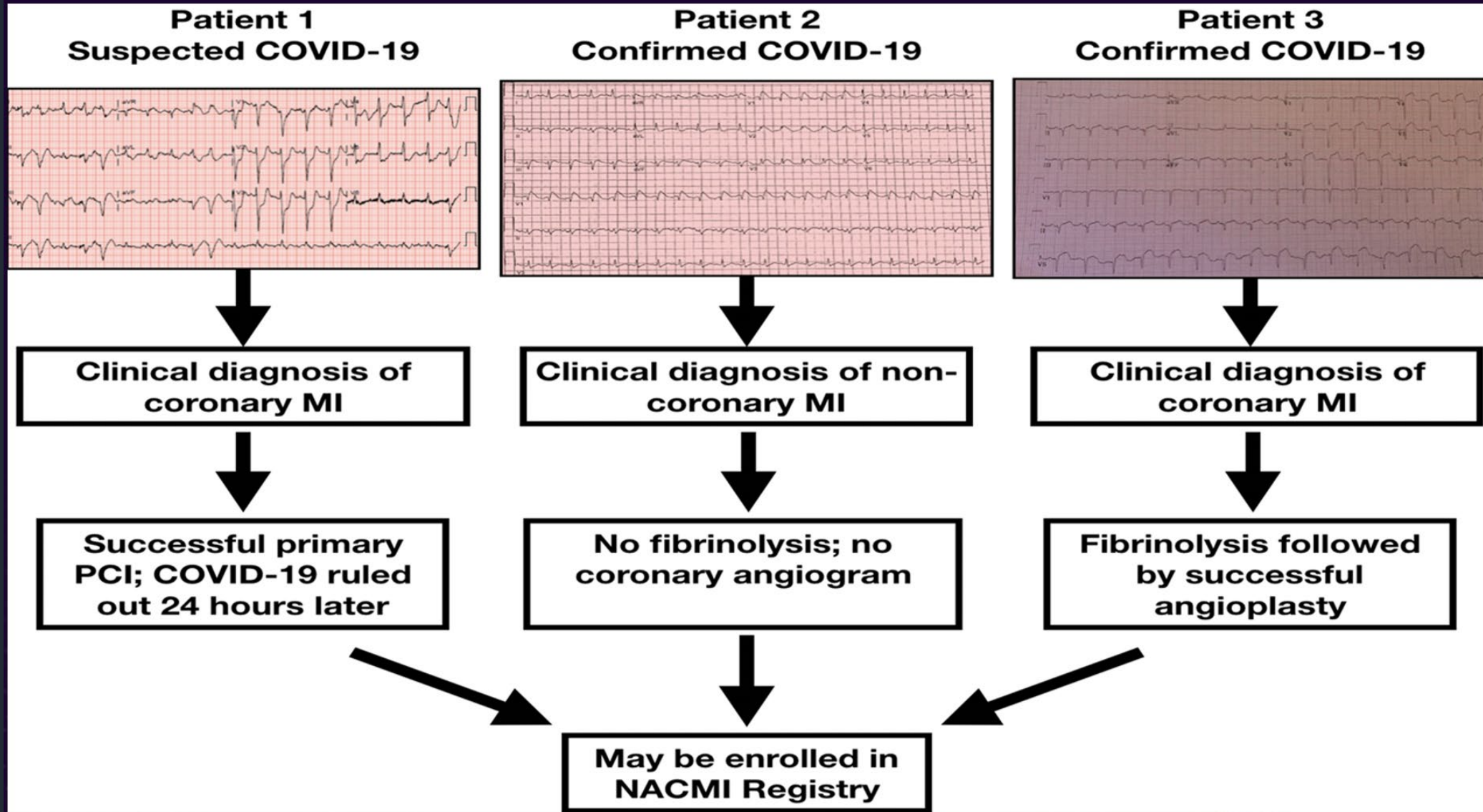
# #CardioTwitter : STEMI in COVID with non-obstructive CAD



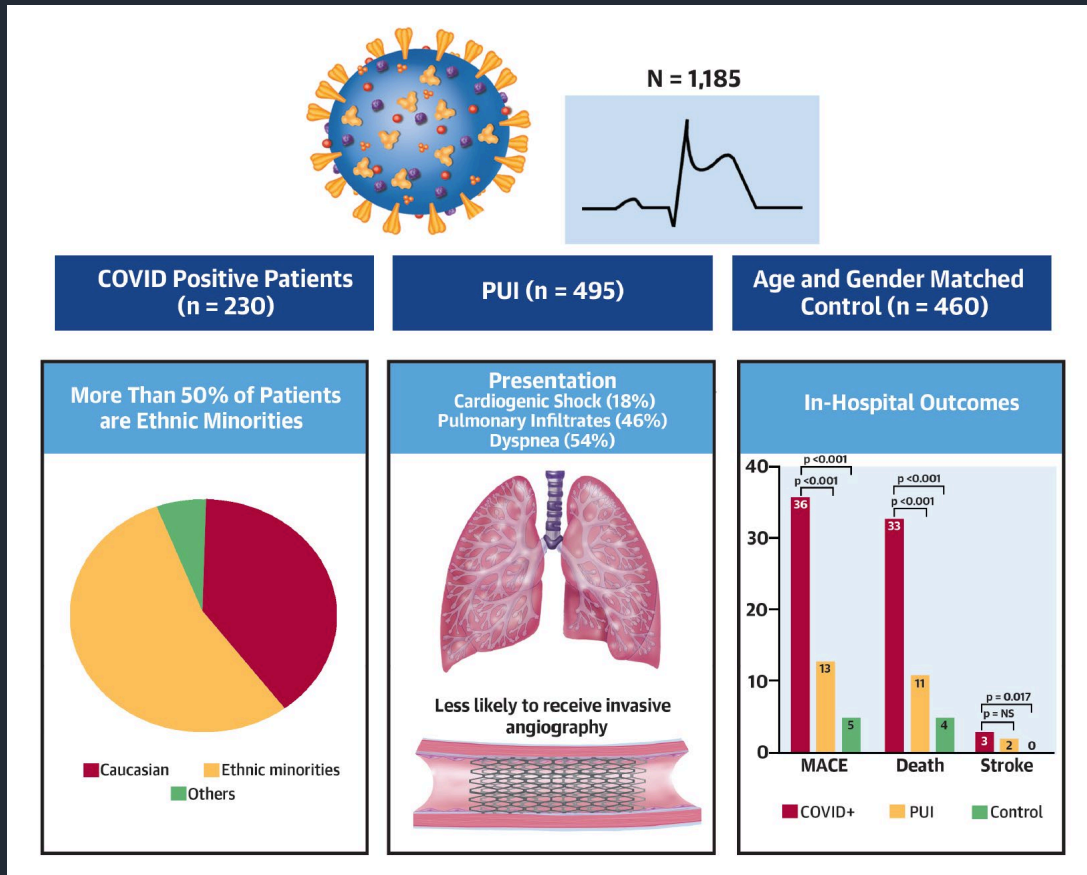
# North American CCOVID Mycocardial Infarction Registry (NACMI): A Unique Collaboration



# Pathways for enrollment into NACMI



# NACMI-Initial Results



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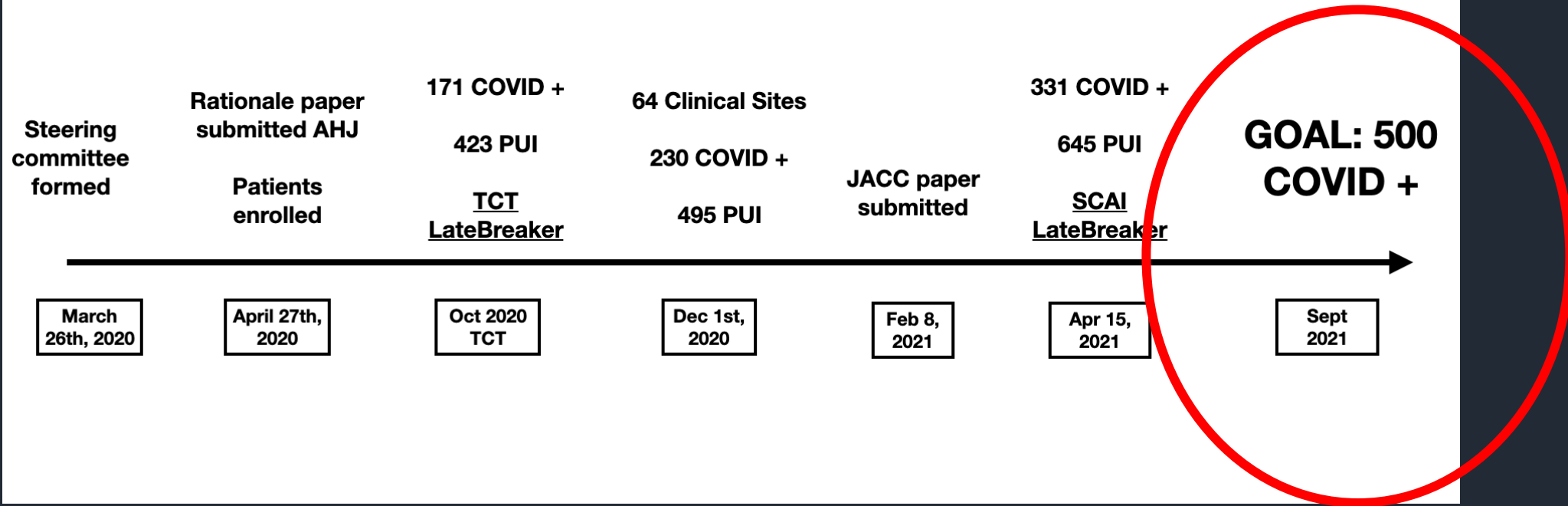
VOL. 77, NO. 16, 2021

## Initial Findings From the North American COVID-19 Myocardial Infarction Registry

Santiago Garcia, MD,<sup>a</sup> Payam Dehghani, MD,<sup>b</sup> Cindy Grines, MD,<sup>c,d</sup> Laura Davidson, MD,<sup>e</sup> Keshav R. Nayak, MD,<sup>f</sup> Jacqueline Saw, MD,<sup>g</sup> Ron Waksman, MD,<sup>h</sup> John Blair, MD,<sup>i</sup> Bagai Akshay, MD,<sup>j</sup> Ross Garberich, MS, MBA,<sup>a</sup> Christian Schmidt, MS,<sup>a</sup> Hung Q. Ly, MD, SM,<sup>k</sup> Scott Sharkey, MD,<sup>a</sup> Nestor Mercado, MD,<sup>l</sup> Carlos E. Alfonso, MD,<sup>m</sup> Naoki Misumida, MD,<sup>n</sup> Deepak Acharya, MD,<sup>o</sup> Mina Madan, MD,<sup>p</sup> Abdul Moiz Hafiz, MD,<sup>q</sup> Nosheen Javed, MD,<sup>r</sup> Jay Shavadia, MD,<sup>s</sup> Jay Stone, MD,<sup>t</sup> M. Chadi Alraies, MD,<sup>u</sup> Wah Htun, MD,<sup>v</sup> William Downey, MD,<sup>w</sup> Brian A. Bergmark, MD,<sup>x</sup> Joseph Ebinger, MD,<sup>y</sup> Tareq Alyousef, MD,<sup>z</sup> Houman Khalili, MD,<sup>aa</sup> Chao-Wei Hwang, MD, PhD,<sup>bb,cc</sup> Joshua Purow, MD,<sup>dd</sup> Alexander Llanos, MD,<sup>dd</sup> Brent McGrath, MD,<sup>ee</sup> Mark Tannenbaum, MD,<sup>ff</sup> Jon Resar, MD,<sup>gg</sup> Rodrigo Bagur, MD,<sup>hh</sup> Pedro Cox-Alomar, MD,<sup>ii</sup> Ada C. Stefanescu Schmidt, MD, MSc,<sup>jj</sup> Lindsey A. Cilia, MD,<sup>jj</sup> Farouc A. Jaffer, MD, PhD,<sup>jj</sup> Michael Gharacholou, MD,<sup>kk</sup> Michael Salinger, MD,<sup>ll</sup> Brian Case, MD,<sup>h</sup> Ameer Kabour, MD,<sup>mmm</sup> Xuming Dai, MD,<sup>nn</sup> Osama Elkhatieb, MD,<sup>oo</sup> Taisei Kobayashi, MD,<sup>pp</sup> Hahn-Ho Kim, MD,<sup>qq</sup> Mazen Roumia, MD,<sup>rr</sup> Frank V. Aguirre, MD,<sup>ss</sup> Jeffrey Rade, MD,<sup>tt</sup> Aun-Yeong Chong, MD,<sup>uu</sup> Hurst M. Hall, MD,<sup>vv</sup> Shy Amlani, MD,<sup>ww</sup> Alireza Bagherli, MD,<sup>xx</sup> Rajan A.G. Patel, MD,<sup>yy</sup> David A. Wood, MD,<sup>zz</sup> Frederick G. Welt, MD,<sup>aaa,bbb</sup> Jay Giri, MD, MPH,<sup>pp</sup> Ehtisham Mahmud, MD,<sup>ccc</sup> Timothy D. Henry, MD,<sup>ddd</sup> on behalf of the Society for Cardiac Angiography and Interventions, the Canadian Association of Interventional Cardiology, and the American College of Cardiology Interventional Council



# Registry Timeline



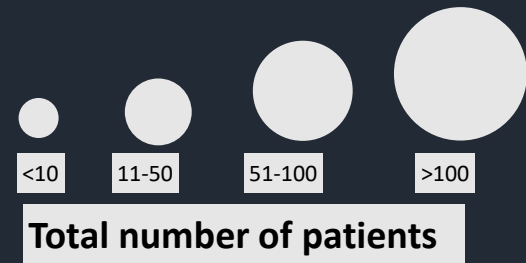
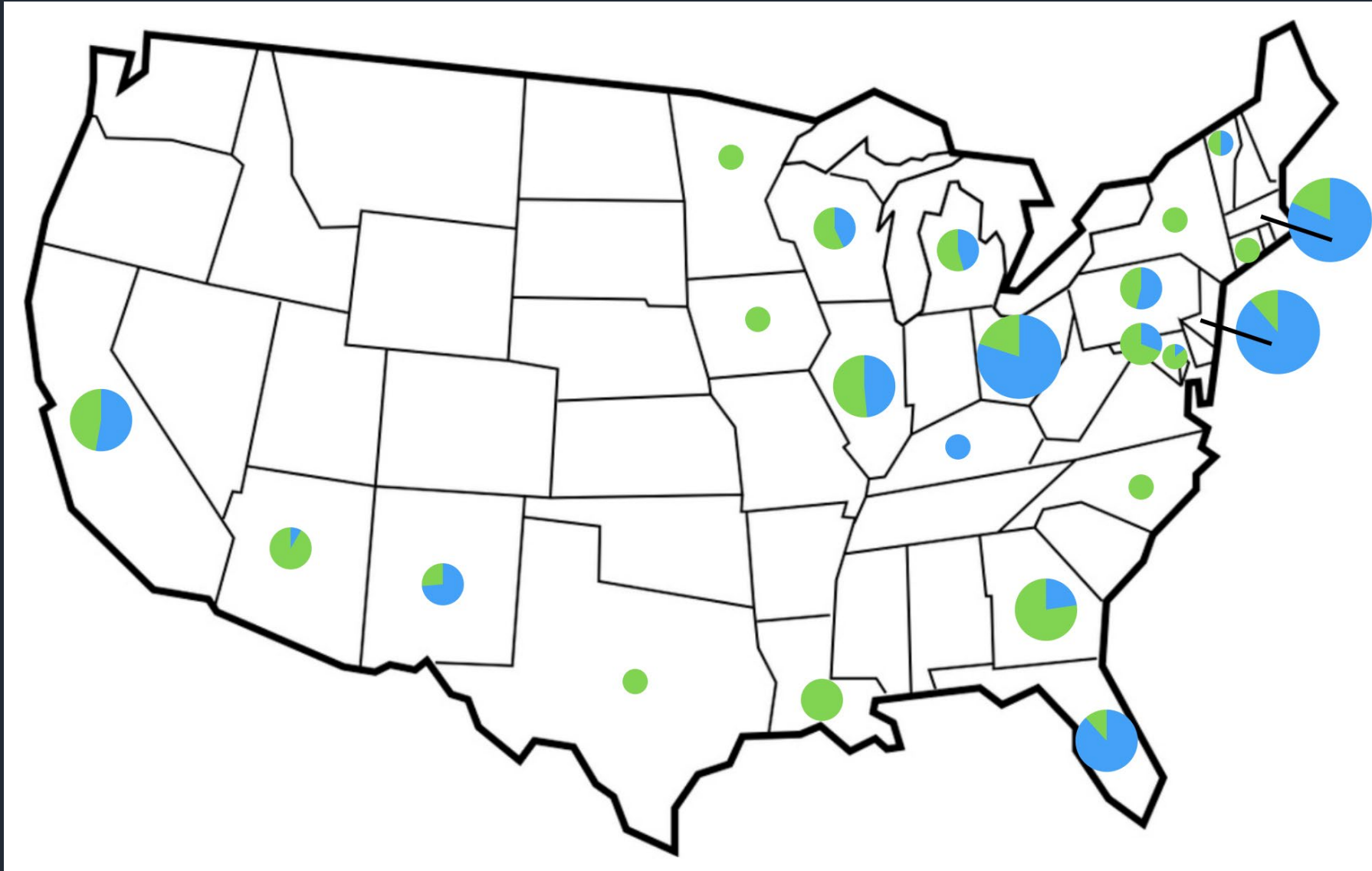
**US NACMI**



**305 COVID Positive**



**521 PUI**



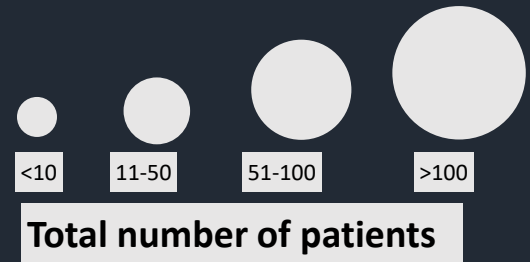
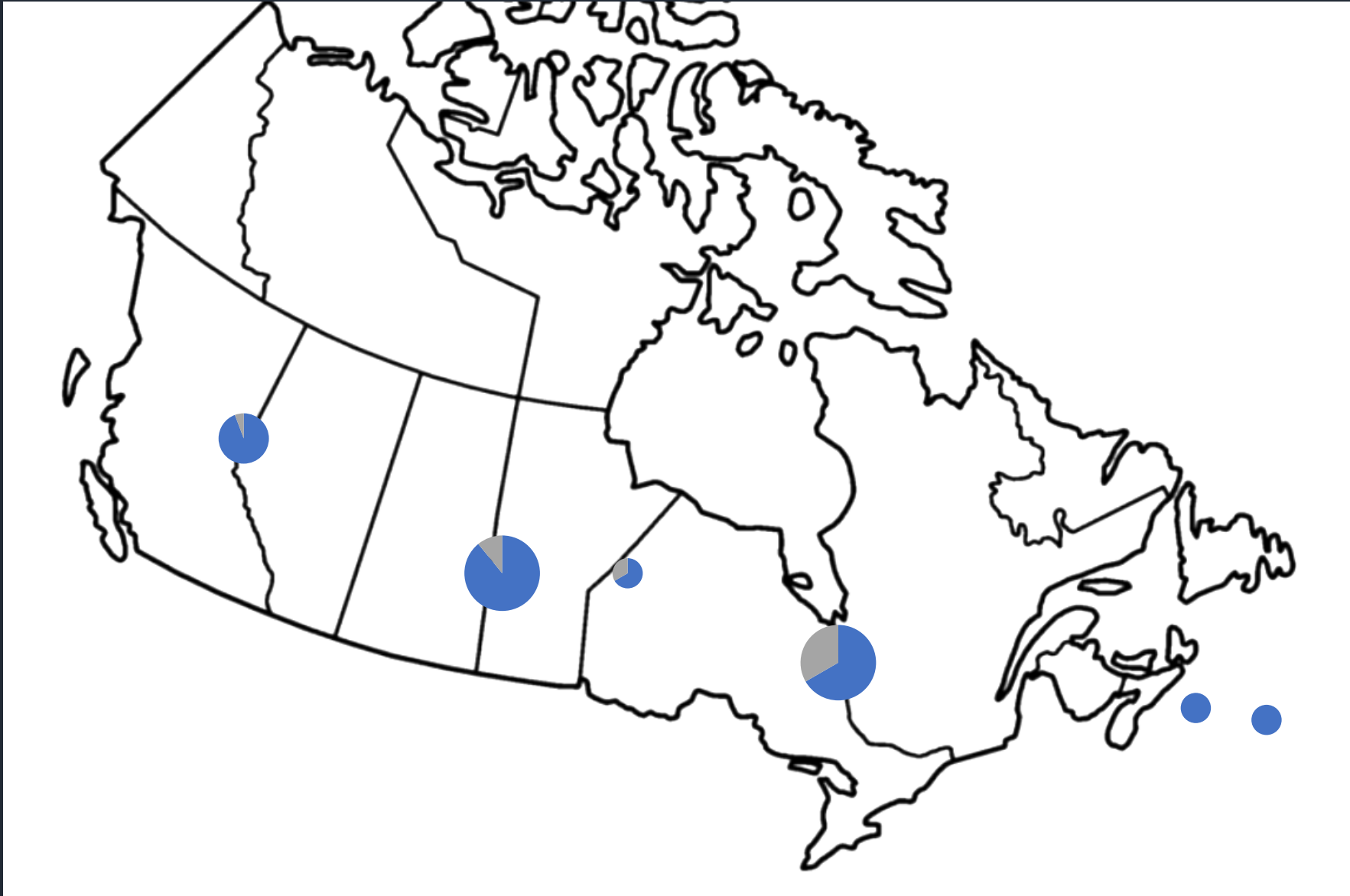
Canada NACMI



26 COVID Positive



124 PUI



# Baseline characteristics of COVID Positive and PUI

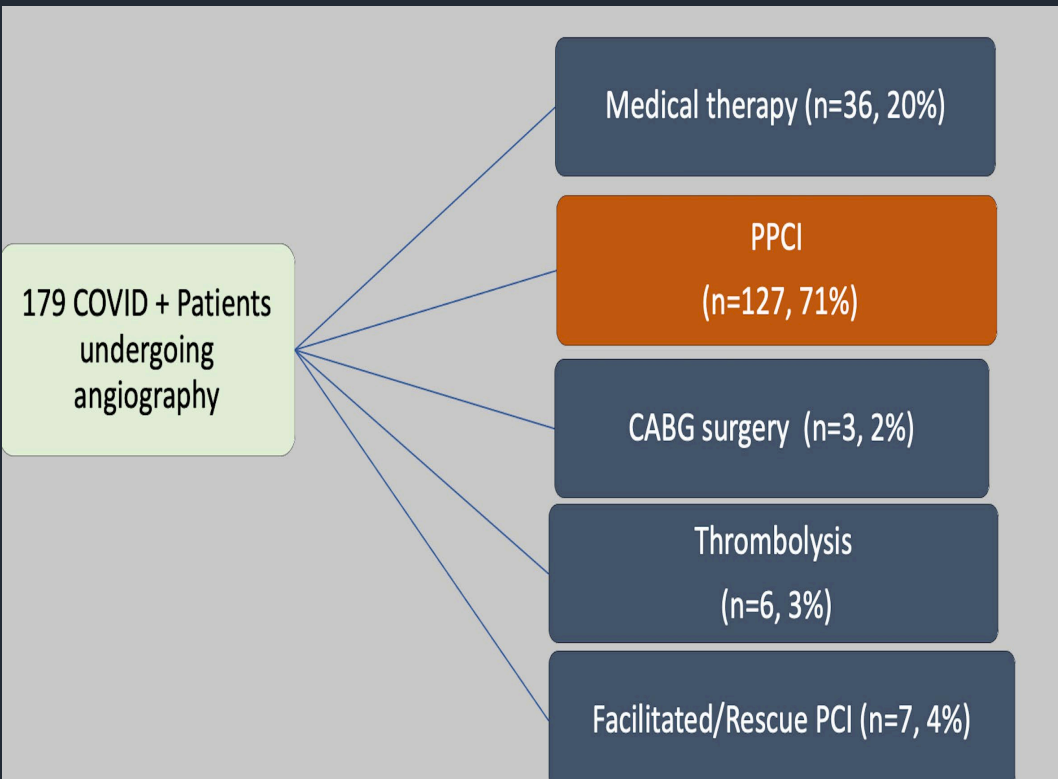
	COVID positive (n=331)	PUI (n=645)	P Value
Age >55	252 (76)	462 (72)	0.114
History of CAD	76 (26)	168 (27)	0.552
Non-Caucasian	186 (55)	180(25)	<0.001
Dyslipidemia	140 (47)	354 (59)	<0.001
Diabetes Mellitus	135 (44)	302 (33)	<0.001
BMI, mean $\pm$ SD	29.2 $\pm$ 6.3	29.7 $\pm$ 7.1	0.31
Arterial Hypertension	231 (73)	452 (72)	0.73
History of heart failure	49 (17)	64 (11)	0.009
Statin on Admission	128 (39)	225 (35)	0.244

# Presentation COVID Positive and PUI

	COVID positive (n=331)	PUI (n=645)	P Value
<b>Symptoms on presentation</b>			
Dyspnea	169 (51)	228(35)	<0.001
Chest pain	175 (53)	514 (80)	<0.001
Syncope	10 (3)	33 (5)	0.131
<b>Abnormal Chest X ray findings</b>			
Infiltrates	149 (45)	101 (16)	<0.001
Pleural effusion	30 (9)	43 (7)	0.178
Cardiomegaly	27(8)	36 (6)	0.121
<b>High-Risk Pre-PCI conditions</b>			
Cardiac arrest pre-PCI	32 (11)	91 (15)	0.144
Shock pre-PCI	46 (16)	79 (13)	0.177
Ejection Fraction mean-SD	45 (33,55)	45 (35,53)	0.638
In-House presentation of MI	21 (7)	10 (2)	<0.001

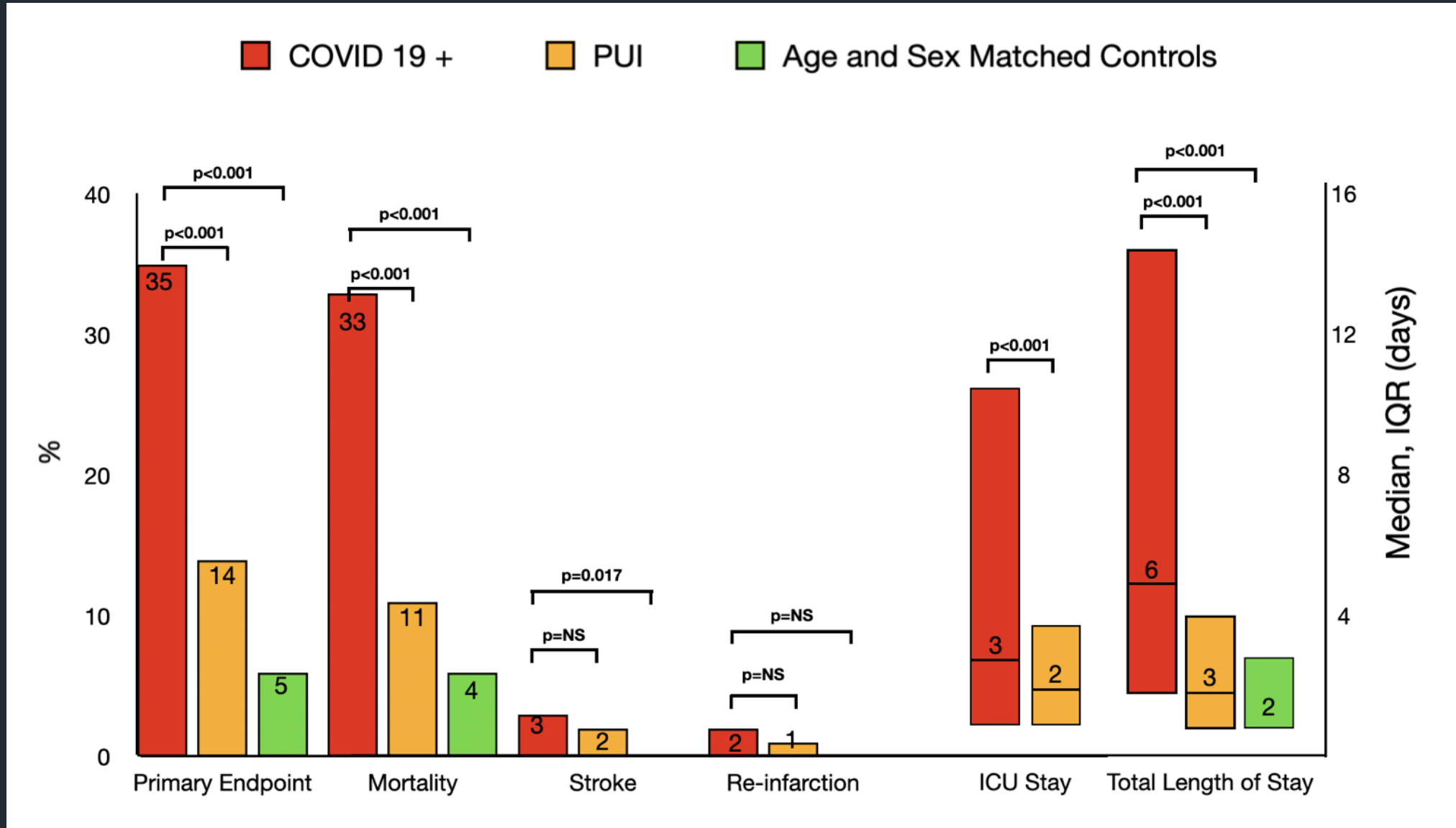
# Reperfusion Strategies

- 80% underwent angiography
- PPCI (71% of patients referred for angio, 55% of overall group)

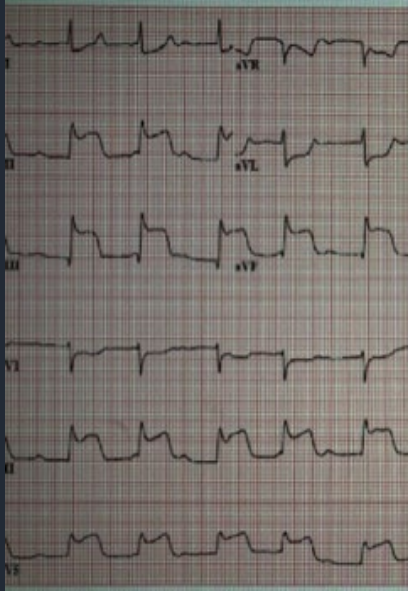


	COVID +	PUI	P-value	Historical Control	P-value
No Angio	22%	4%	<0.001	0	<0.001
D2B time, median (IQR)	79 (52,125)	77 (55,119)	0.989	66 (46,93)	0.008
D2B time < 90 minutes (%)	58%	63%	0.422	73%	0.006

# Updated Clinical Outcomes in NACMI



# NACMI Patient (MHI)



73-year-old man had a heart attack and ARDS.

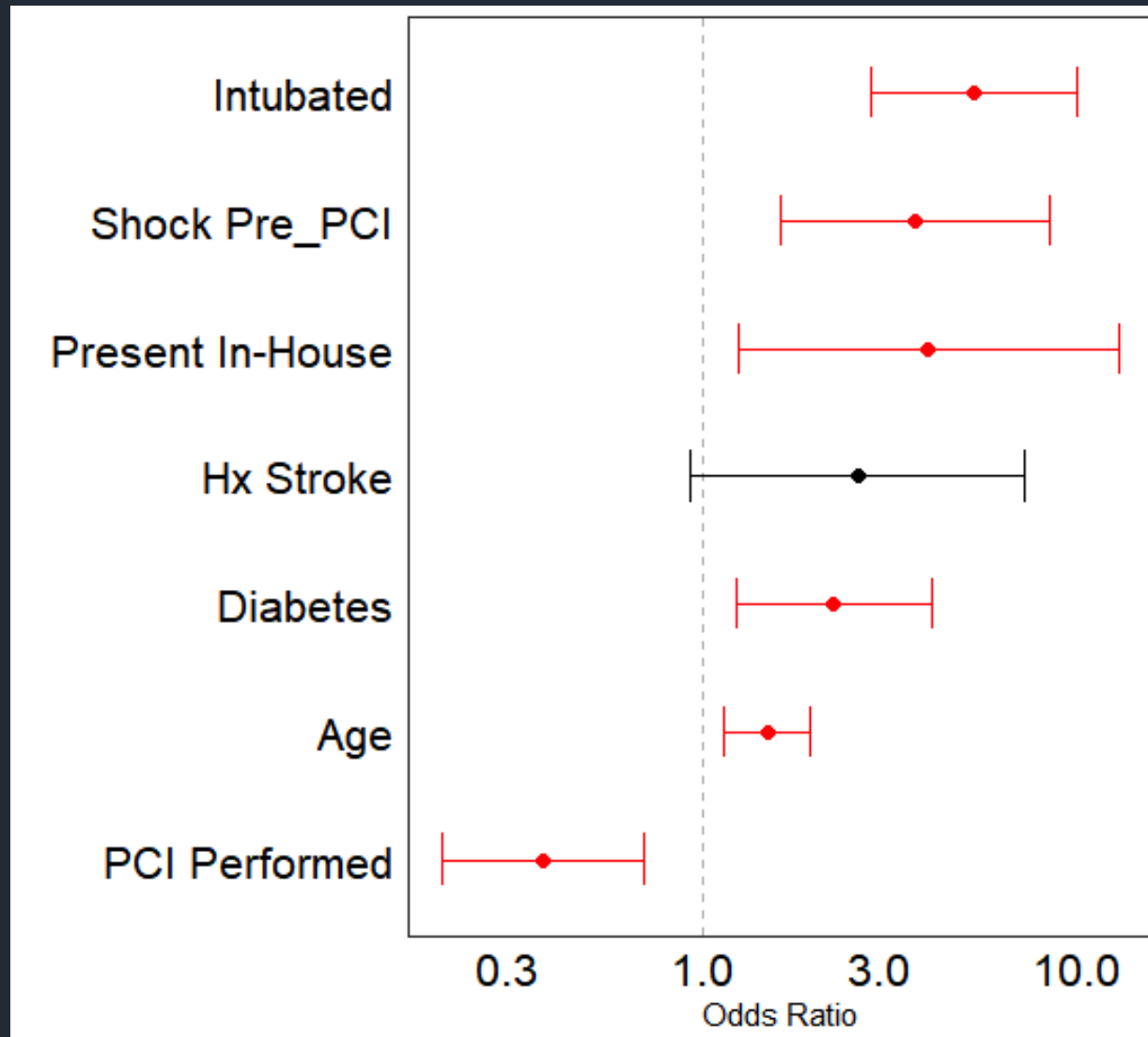
He is taken to the cath lab for shock and refractory hypotension.

On day 5, a CT scan shows intracranial bleeding. Family withdrew support.

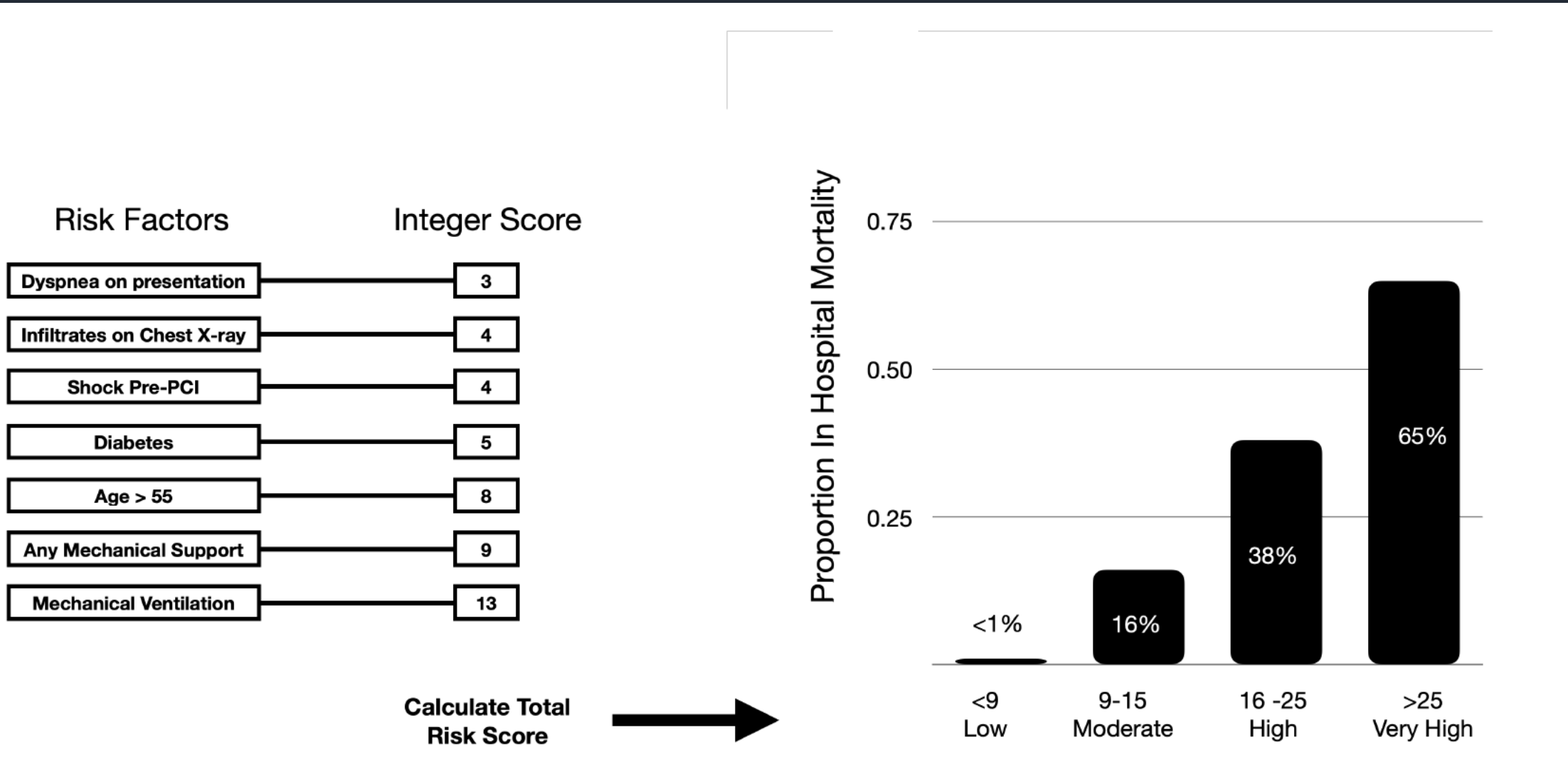
COVID infection for cardiogenic pulmonary edema.



# Multi-Variate Predictors of Death in COVID + STEMI (n=331)

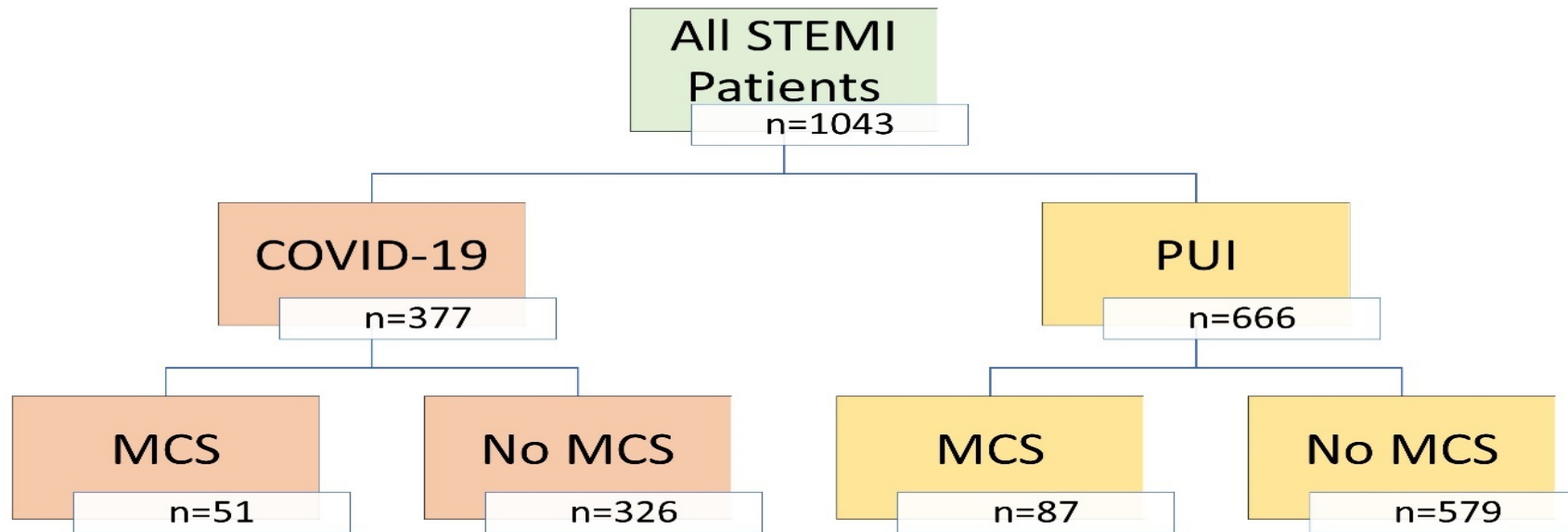


# NACMI Risk Score



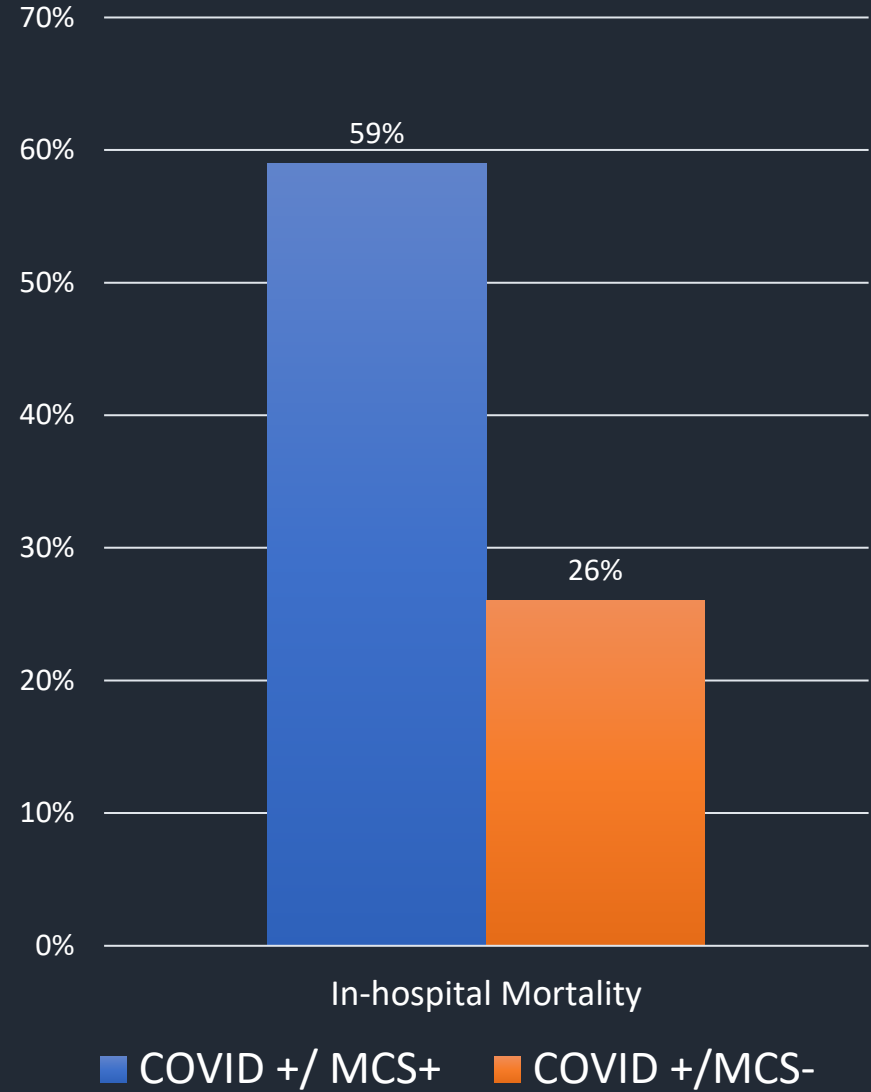
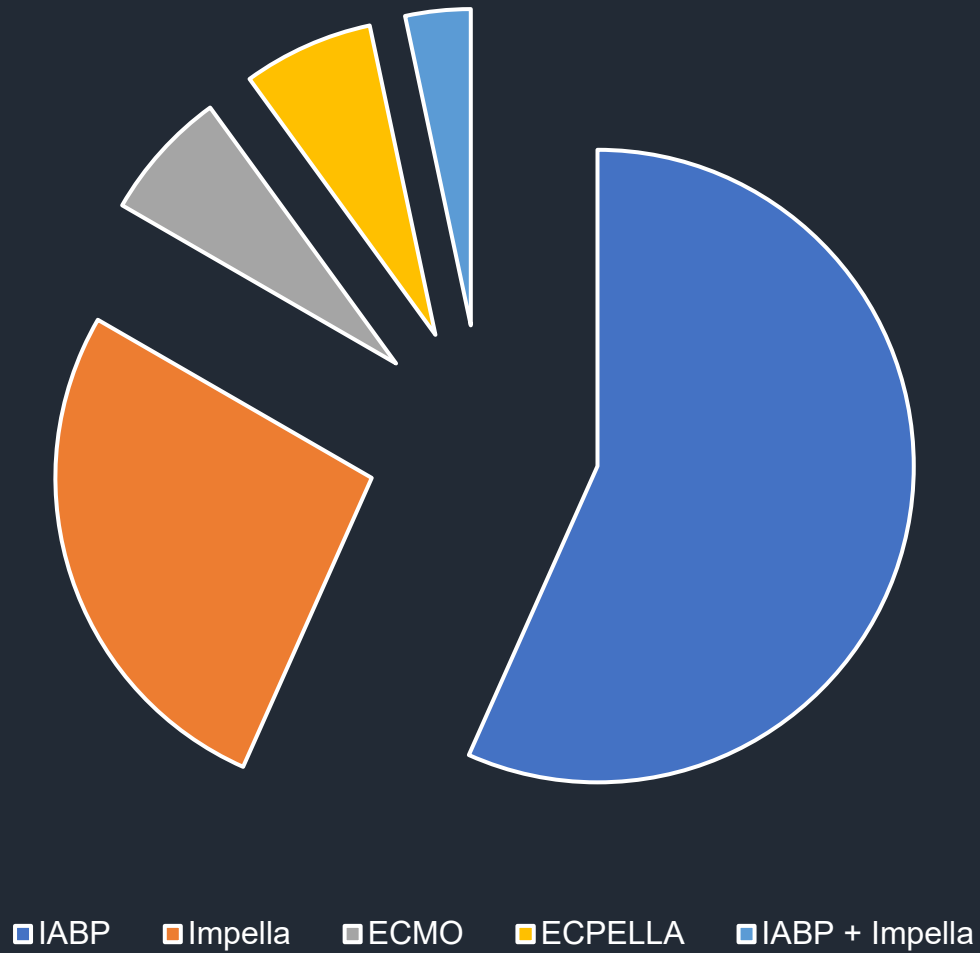
# MCS in NACMI

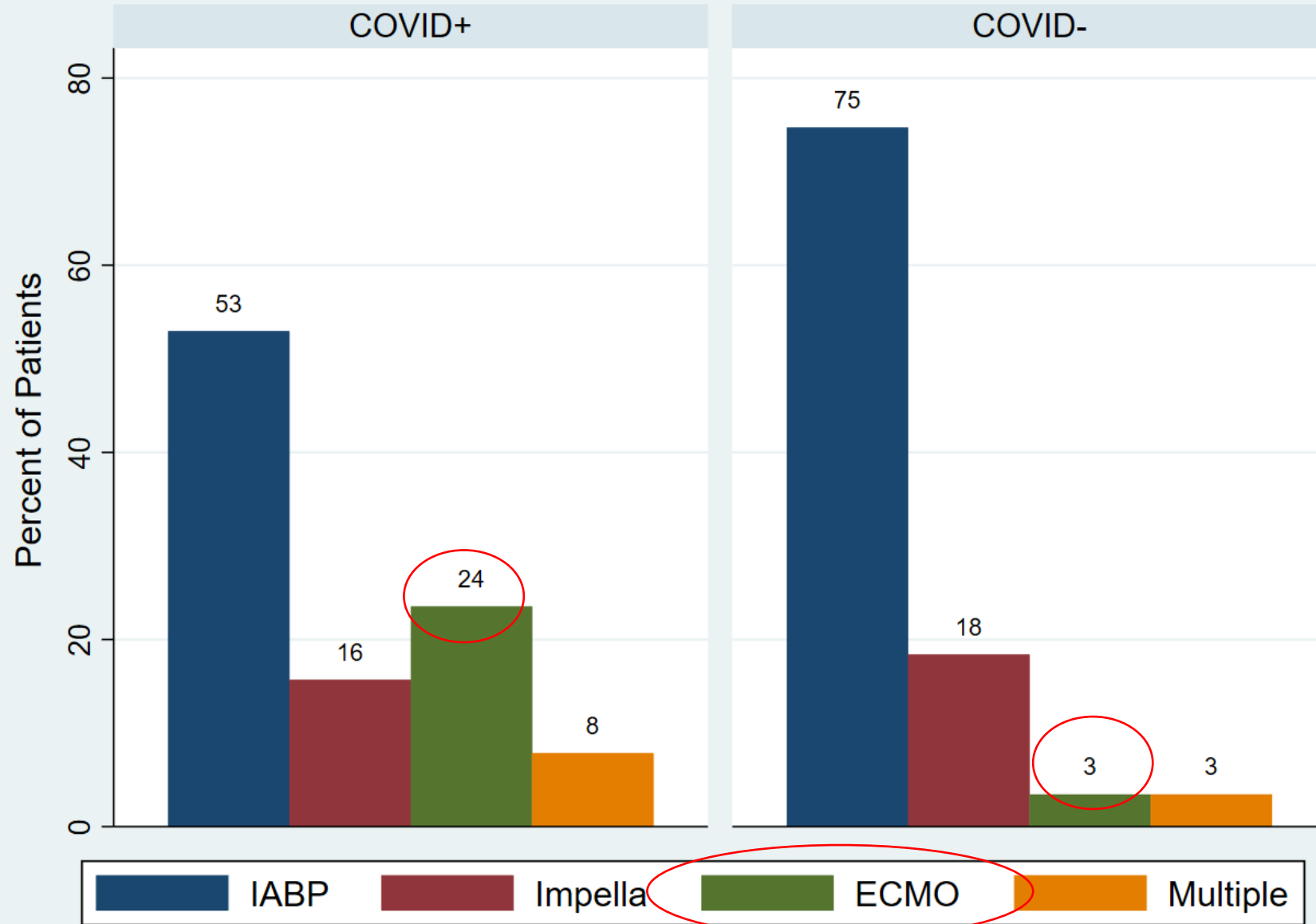
13 % of COVID + Patients



# MCS Devices in NACMI

13 % of COVID + Patients





# Ongoing Analyses

- 1-year Follow-up of survivors
- Angiographic core lab
- ECG core lab
- Gender and ethnic differences
- Canada vs. USA
- Risk score
- MCS

# Acknowledgments

MHIF

ACC

SCAI

Industry sponsors

- Medtronic
- Abbott Vascular

# The North American COVID-19 STEMI Registry

Santiago Garcia, MD





# Back up slides

## COVID-19 Hospitalization and Death by Race/Ethnicity

Updated Nov. 30, 2020 [Print](#)

Race and ethnicity are risk markers for other underlying conditions that affect health including socioeconomic status, access to health care, and exposure to the virus related to occupation, e.g., frontline, essential, and critical infrastructure workers.

Rate ratios compared to White, Non-Hispanic persons	American Indian or Alaska Native, Non-Hispanic persons	Asian, Non-Hispanic persons	Black or African American, Non-Hispanic persons	Hispanic or Latino persons
Cases <sup>1</sup>	1.8x	0.6x	1.4x	1.7x
Hospitalization <sup>2</sup>	4.0x	1.2x	3.7x	4.1x
Death <sup>3</sup>	2.6x	1.1x	2.8x	2.8x