

## **Minneapolis Heart Institute Foundation® Cardiovascular Grand Rounds**

**Title: Does the Mind Matter?**

**Speaker: Kristin L Hjartardottir, DNP**

Psychiatry, Mental Health Nurse Practitioner  
at Abbott Northwestern Hospital

**Date: January 27, 2020**

**Time: 7:00 - 8:00 AM**

**Location: Minneapolis Heart Institute Building, Suite 100, Learning Center**

### **OBJECTIVES**

At the completion of this activity, the participants should be able to:

1. Deliberate the connection between chronic illnesses and depression.
2. Identify the physical impact of anxiety.
3. Recognize first line treatment for depression and anxiety.

### **DISCLOSURE POLICY & STATEMENTS**

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### **Moderator(s)/Speaker(s)**

Dr. Kristin Hjartardottir has disclosed that she DOES NOT have any real or apparent conflicts with any commercial interest as it relates to presenting the content in this activity/course.

### **Planning Committee**

Dr. Alex Campbell, Jake Cohen, Jane Fox, Dr. Kevin Harris, Dr. Kasia Hryniewicz, Rebecca Lindberg, Amy McMeans, Dr. Michael Miedema, Dr. JoEllyn Moore, Pamela Morley, Dr. Scott Sharkey, Maia Hendel and Jolene Bell Makowsky have disclosed that they DO NOT have any real or apparent conflicts with any commercial interest as it relates to the planning of this activity/course. Dr. Mario Gössl has disclosed the following relationships -Grant/Research Support: Edwards Life Sciences; Consultant: Abbott Vascular, Caisson; Speaker’s Bureau: Edwards Lifesciences. Dr. David Hurrell has disclosed the following relationship -Chair, Clinical Events Committee: Boston Scientific. Dr. João Cavalcante has disclosed the following relationships -Grant/Research Support: Boston Scientific, Medtronic, Abbott Vascular, Circle Cardiovascular Imaging, Siemens Healthineers; Consultant: Boston Scientific, Medtronic; Speaker’s Bureau: Medtronic, Siemens Healthineers; Honoraria: Medtronic, Siemens Healthineers.

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