MHIF FEATURED STUDY: CLBS16-P02 FREEDOM Study

OPEN and ENROLLING:

EPIC message to Research MHIF Patient Referral

CONDITION:	PI:	RESEARCH CONTACTS:	SPONSOR:
Coronary Microvascular	Jay Traverse, MD	Jane Fox, RN	Caladrius Bisoscience
Dysfunction without obstructive Coronary Artery Disease (CAD)		Jane.Fox@allina.com 612-863-6289	

DESCRIPTION: Blinded randomized study comparing IC delivery of apheresis derived (after G-CSF administration) autologous CD34+ cells versus placebo.

Reduced CFR is a risk factor and these are patients with chronic chest pain thought to be secondary to microvascular dysfunction. This disease adversely affects women; typical patients experience angina without obstructive coronary artery disease (CAD).

CRITERIA LIST/ QUALIFICATIONS:

Inclusion

- Age > 18
- Experiencing angina > 3 times a week
- No obstructive CAD
- CCS Class II-IV

Exclusion

- Active Inflammatory or autoimmune disease
- Sickle Cell disease
- LVEF < 30%



DEMONSTRATING THE VALUE OF IMAGING: THE ROLE OF OUTCOMES RESEARCH AND BIG DATA IN CARDIAC IMAGING

Jordan B. Strom, MD, MSc, FACC, FASE

Director of Echocardiographic Research, Beth Israel Deaconess Medical Center Beth Israel Lahey Health Richard A. and Susan F. Smith Center for Outcomes Research in Cardiology Assistant Professor of Medicine, Harvard Medical School

May 24, 2021

Beth Israel Deaconess Medical Center Richard A. and Susan F. Smith Center for Outcomes Research in Cardiology



HARVARD MEDICAL SCHOOL TEACHING HOSPITAL

Grant support: NIH/NHLBI K23, Edwards Lifesciences (Co-PI),

HeartSciences, Ultromics

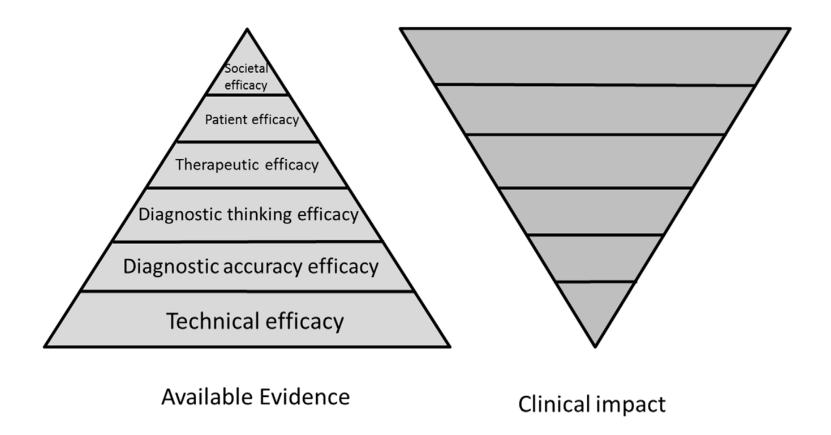
Consulting: Philips Healthcare, Bracco

Speaker's Bureau: Northwest Imaging Forums

Other: ASE Board of Directors (2021-22), JRC-DMS Board of Directors (2019-2022)



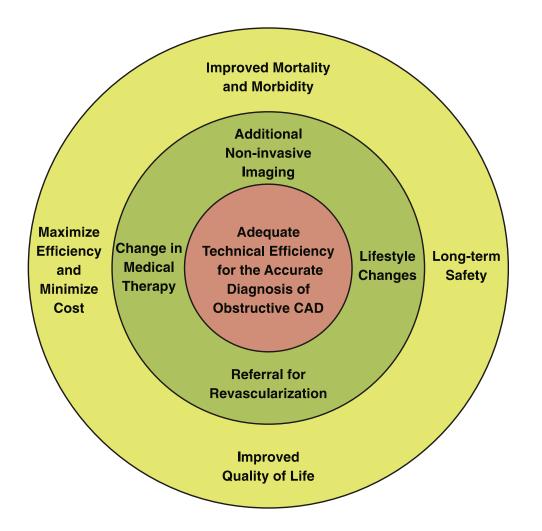
The Hierarchy of Imaging Evidence The Thornbury and Frybeck Pyramid



Beth Israel Deaconess



The Fordyce and Douglas Circle



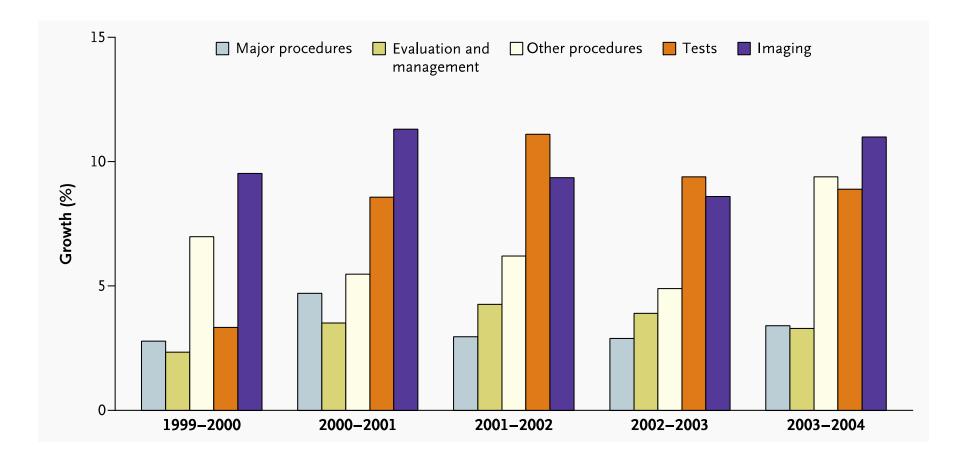


The Hierarchy of Imaging Evidence **Domains of Diagnostic Evidence**

Domain	Questions
Test Attributes	Can the test detect the target condition
	Is the test accurate?
	Is the test reproducible?
	Is the test available?
Clinician Behavior	Does the test alter clinical diagnosis?
	Does the test alter clinical management?
Health Outcomes	Does the test alter patient outcomes?
	Does the test improve resource utilization?
	Is the test cost-effective?

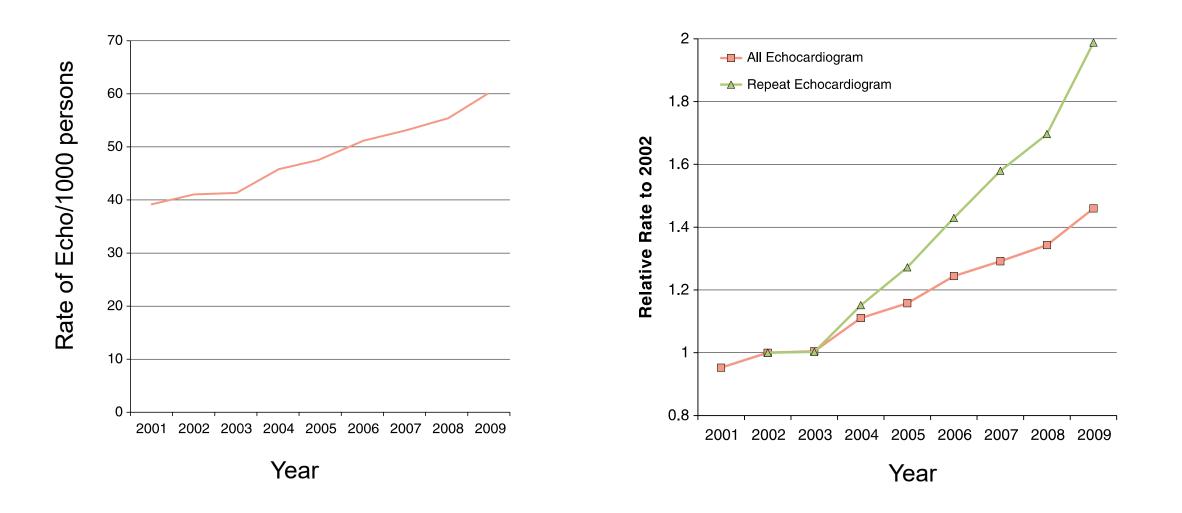


White Cardiovascular Grand Rounds | May 24, 2021 Why do imagers need to demonstrate value? Growth in Volume of Physician Services per Beneficiary, 1999-2004





White Cardiovascular Grand Rounds | May 24, 2021 Why do imagers need to demonstrate value? Trends in Imaging: the Scene from Canada



Beth Israel Deaconess

Why do imagers need to demonstrate value? **Trends in Imaging: the Scene from Canada**

	2002	2003	2004	2005	2006	2007	2008	2009
Number of echocardiograms	371,356	382,187	431,716	459,692	504,581	536,655	571,520	630,692
Percent repeats	18.5	18.4	19.1	20.3	21.3	22.6	23.5	25.3
Adjusted rate of repeat (per 1,000 people)	7.6	7.6	8.7	9.7	10.9	12.0	12.9	15.1
Repeats (%) performed by same physician	43.4	45.3	46.3	45.6	48.0	47.6	46.5	46.5
Number of persons with echocardiogram	338,055	348,181	390,220	413,157	449,277	474,264	500,432	543,772
Percent of persons with repeat echocardiogram								
0 repeat	83.4	83.5	82.8	81.7	80.9	79.5	79.0	77.5
1 repeat	13.7	13.5	13.9	14.8	15.3	16.4	16.5	17.3
2 repeats	2.5	2.5	2.7	2.9	3.1	3.3	3.6	4.0
3 repeats	0.4	0.4	0.5	0.5	0.6	0.6	0.7	0.9
\geq 4 repeats	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.3

> 1/2 of all echocardiograms were performed by a different physician



White Cardiovascular Grand Rounds | May 24, 2021 Why do imagers need to demonstrate value? Trends in Imaging: the Scene from Canada

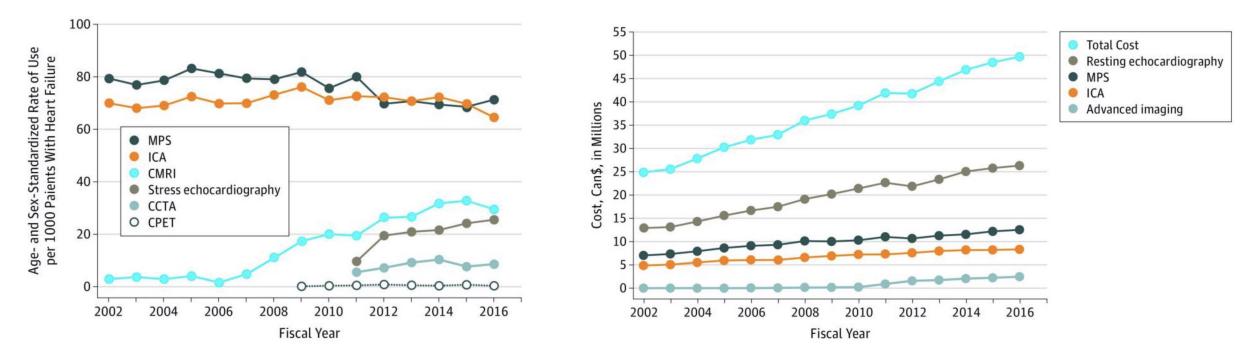
Annual rate of change per year (%):

Parameter	Cardiology	Internal Medicine	Radiology
Physicians billing echo - no.	3%	3%	- 6%
Echo - no.	8%	6%	1%
Echos per physician – mean	5%	3%	8%
Repeat Echo - no.	13%	11%	16%
Repeat echo per physician - mean	9%	8%	27%



Why do imagers need to demonstrate value? Trends in Imaging: the Scene from Canada

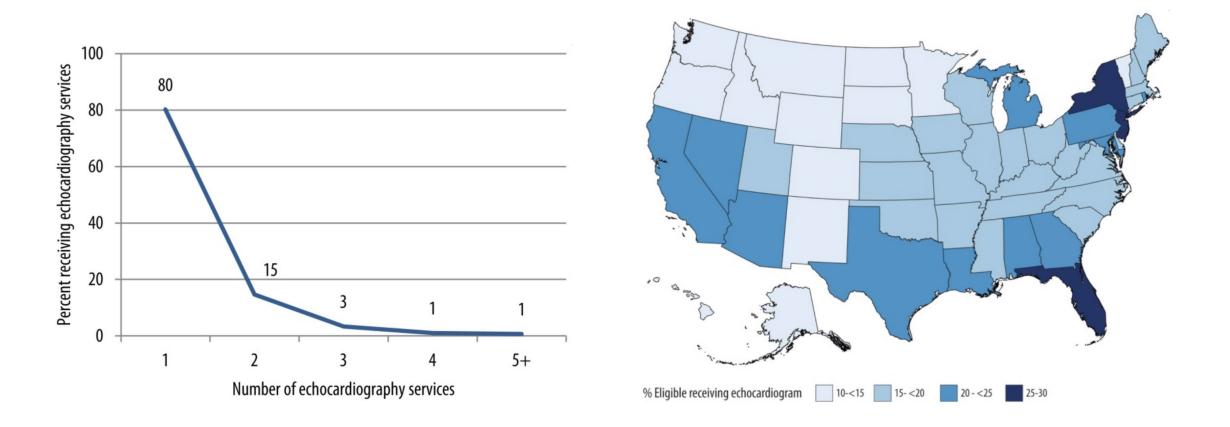
Utilization of Multimodality Imaging



Costs of Multimodality Imaging



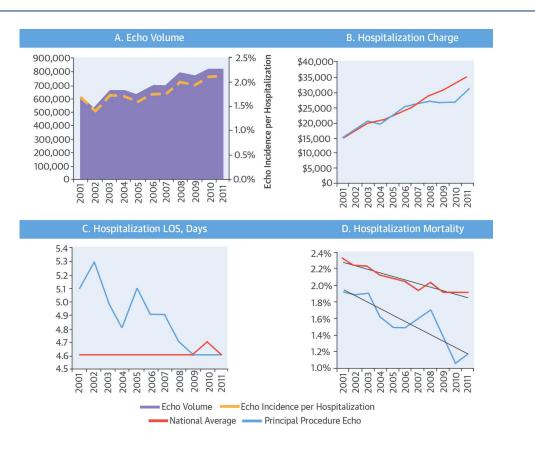
White Cardiovascular Grand Rounds | May 24, 2021 Why do imagers need to demonstrate value? Trends in Imaging: Back to the US in 2011

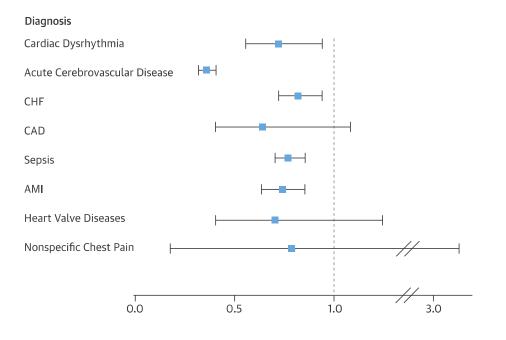


80% of Medicare FFS beneficiaries receive at least one echo per year and 15% receive two



White Cardiovascular Grand Rounds | May 24, 2021 Why do imagers need to demonstrate value? The Mortality Effect: Caution Advised





Echo only performed in 8% of HF hospitalizations

The problem: individuals must survive long enough to receive an echo

The Value of Imaging May 2021	
---------------------------------	--



Why do imagers need to demonstrate value? The Mortality Effect: Caution Advised

SPECIAL ARTICLE

Demonstrating the Value of Outcomes in Echocardiography: Imaging-Based Registries in Improving Patient Care

Check for updates

Jordan B. Strom, MD, MSc, Varsha K. Tanguturi, MD, Sherif F. Nagueh, MD, Allan L. Klein, MD, and Warren J. Manning, MD, Boston, Massachusetts; Houston, Texas; and Cleveland, Ohio

- Underutilization is harder to measure than overutilization
- It is hard to separately value proper diagnosis vs. treatment (e.g. ICDs and LVEF)
- Impact of mistakes is harder to measure what is ground truth?
- Imagers nevertheless need to study outcomes to justify the cost and inconvenience of testing

Beth Israel Deaconess



HiF Cardiovascular Grand Rounds | May 24, 2021 How do imagers demonstrate value? Value of Linking Outcomes to Imaging

Uses of Imaging as a Biomarker

- Pre-operative risk stratification
- Guide shared decision making
- Guide use of treatments or other diagnostic tests
- Understand cardiac structure and function

Uses of Imaging as Raw Data

 Images as High Resolution Data Arrays

Use of Imaging as a Surrogate Outcome

 Provide outcomes (e.g. LV mass, LGE) for trials and other studies Use of Outcomes to Understand Variation in Imaging

Use of Outcomes to Identify Areas of Underutilization in Imaging

Use of Outcomes to Define Normality in Imaging

• Example: ageing and diastolic function

Beth Israel Deaconess



How do imagers demonstrate value? Why Big Data?

- Outcomes of interest to cardiology are generally ٠ uncommon.
- Central limit theorem unless collected in a biased manner, imaging measurements in large numbers will approach population means.
- Technology advances have made large data analysis feasible.
- Large, multicenter registries can improve generalizability of results and can improve understanding of subgroups.
- Large data repositories are increasingly being built through human interactions with the healthcare system, though relatively few have been linked.





HIF Cardiovascular Grand Rounds | May 24, 2021 How do imagers demonstrate value? Sources of Data

	Outcomes data	Echocardiographic data
Data source	Advantages and disadvantages	Advantages and disadvantages
Patient self-report	Well-validated and reliable questionnaires availableDifficult to capture in practice	 Patient self-report of imaging data is not validated and likely biased by recall
 Electronic health records Detailed patient information (e.g., diagnoses, testing, treatments) Outcomes may be incompletely recorded or captured Challenging to extract information Privacy concerns involving data access and sharing across sites 		 Predominant source of large aggregated imaging data Site variation in acquisition and recording of data Frequently includes nonstructured data Variables may require mapping across sites Interoperability and privacy concerns limit sharing across sites Frequent missing data
Clinical trials	 Gold standard for evaluation of efficacy Detailed, adjudicated outcomes May lack generalizability and expensive to conduct 	 Imaging data often adjudicated at central core laboratories May lack generalizability and expensive to conduct Limited number of subjects with echocardiograms and limited data obtained from images
Registries or cohort studies	 May enroll generalizable, "real-world" populations Relies on site participation, complete and accurate data entry, and inclusion of generalizable populations 	 Large echocardiography databases (e.g., ImageGuideEcho registry) in development May enroll generalizable, "real-world" populations Relies on site participation, complete and accurate data entry, and inclusion of generalizable populations Variables collected may differ by site
Administrative billing claims	 Capture of outcomes across sites Cost and billing data included Few repositories of multipayer claims Subject to coding errors and incomplete capture of number and severity of comorbidities 	 Claims for echocardiographic examinations contain cost and billing data Limited information on imaging variables Few repositories of multipayer claims Subject to coding errors and incomplete capture of number and severity of comorbidities
Mobile or wearable technology	 Provides near continuous or continuous physiologic information Few metrics are validated against clinical outcomes Proprietary control limits access to data 	 None currently available for echocardiography
National health/vital status repositories	 Source of death information across sites (e.g., National Death Index or Social Security Death Master File) Comprehensiveness and data quality vary 	 None currently available for echocardiography

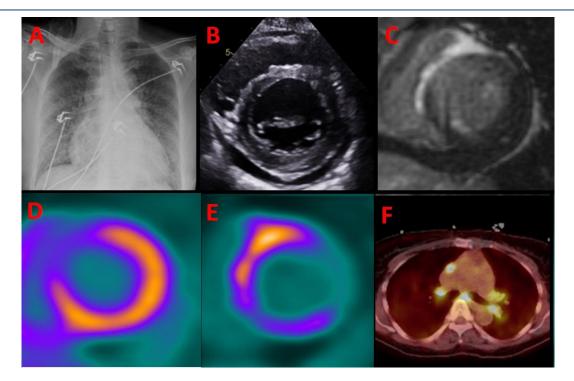
¹⁷ of 44 Beth Israel Deaconess Medical Center

Richard A. and Susan F. Smith Center for Outcomes Research in Cardiology



How do imagers demonstrate value? Unique Challenges with Imaging Data

- Data only actionable if diagnosis/misdiagnosis recognized
- Large amounts of missing data
- Hierarchical data structures
- Large amounts of collinearity
- Differences in variable names and conventions
- Data entry errors
- Different study types within a given modality (e.g. TEE, TTE, stress echo)



- Large amounts of unstructured data
- Size and complexity of images
- Referral bias
- Imaging "leakage"

Medical Center

Beth Israel Deaconess



How do imagers demonstrate value? Existing Registries: Institutional Registries and BIDMC

ENCOR (2000-2018) – 271,618 echocardiograms on 135,792 individuals

- Linked to 26,163 deaths in SSDI
- Linked to 100% Medicare FFS claims from 2003-2017
 - Includes information on 133,168
 echocardiogram reports from 64,063
 individuals
 - Claims algorithms used to generate 23 clinical covariates (e.g. hypertension, smoking, diabetes), and 20 outcomes (e.g. MACCE, AKI, acute MI, HF, stroke)



MIMIC (2003-2018) – Contains clinical and lab data from > 60,000 ICU admissions

- MIMIC-III features 350,000 de-identified chest x-ray DICOM images linked to patient information and clinical data from over 260,000 ED visits
- MIMIC-IV (in development) will add 145,000 TTEs, 980,000 ECGs

Beth Israel Deaconess



How do imagers demonstrate value? Existing Registries: Others

Foundations and Non-for-profit Companies

- SCMR Registry > 62k CMRs
- ImageGuide Registry (ASE and ASNC)
- UK Biobank
- National Echo Database Australia (NEDA)
 - > 40 million echocardiographic reports
 - 14 clinical laboratories
 - 60,000 deaths

Governmental Federated Data Networks

- Sentinel network
- PCORNet
- NIH Collaboratory





ImageGuideEcho

biobank"



HHIF Cardiovascular Grand Rounds | May 24, 2021 How do imagers demonstrate value? Existing Registries: Challenges

The National Quality Registry Network (NQRN) surveyed 152 societies/associations:

- Response Rate 52%
- 32% spent \$1-9.9 million per year
- Average registry had 3 FTEs
- 88% used manual data entry
- 18% linked to external data sources
- Mostly used for QI, benchmarking, and clinical decision support
- Cost, interoperability, and vendor management were barriers to continued development

MEASURE TYPES	USING TODAY	PLANNING TO USE
Process	86% (30/35)	6% (3/35)
Outcome	74% (26/35)	20% (7/35)
Safety	62% (21/34)	26% (9/34)
Structure	46% (16/35)	9% (3/35)
Patient-reported outcome	47% (16/34)	29% (10/34)
Utilization	41% (14/34)	38% (13/34)
Other	12% (4/33)	9% (3/33)
Cost	6% (2/34)	53% (18/34)
Personalized medicine	6% (2/33)	15% (5/33)



How do imagers demonstrate value? Defining a Field: Outcomes Research in Cardiac Imaging

A multidisciplinary field that seeks to:

- 1. Evaluate the relationship of cardiac structure and function to health outcomes
- 2. Evaluate the use of imaging to guide medical decision making and prognostication
- 3. Understand the use, cost, and sources of variation of cardiac imaging in practice
- 4. Identify optimal imaging intervals and the cost-effectiveness of diagnostic strategies related to imaging.
- 5. Conduct trials of diagnostic imaging strategies.



These goals are accomplished through a hybrid of methods including epidemiology and biostatistics, cost effectiveness, and data science techniques (e.g. machine learning, database management) and using a variety of data sources including registries of structured or unstructured images or image reports, trials, claims, and multicenter registries.

Beth Israel Deaconess

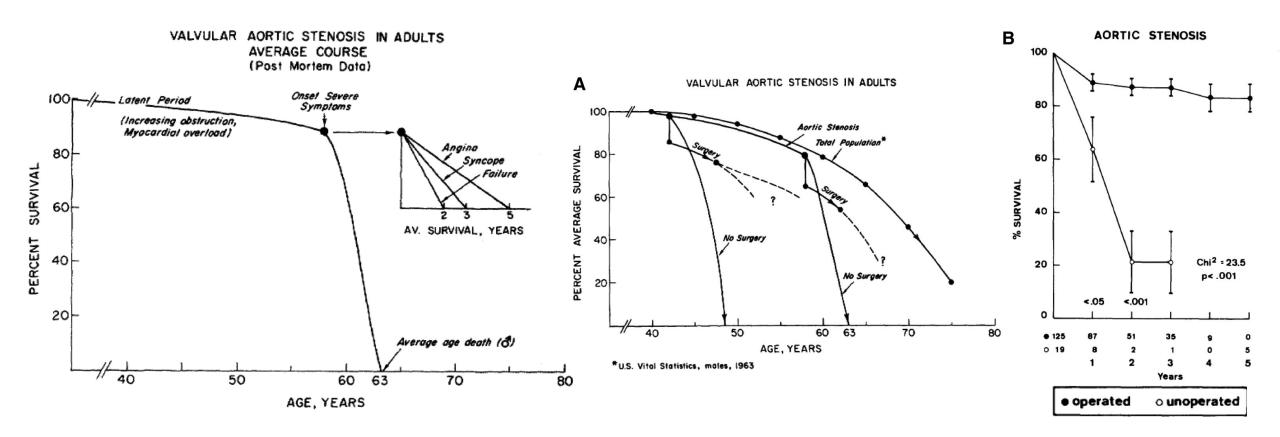
A use case of imaging registries **Moderate Aortic Stenosis**

72 year old M with HTN, HL, DM2 and moderate AS (AVA 1.3 cm2) who presents with dyspnea on exertion x 1 year.

- TTE with no significant AS progression (AVA 1.2 cm2) but LVEF 35% ullet
- Coronary angiography without obstructive CAD •
- ETT with limiting dyspnea at 5 METs, no ECG changes, no changes on • TTE
- **CPET** demonstrates cardiac limitation ightarrow

Should we consider AVR in moderate AS?

A use case of imaging registries **Natural History of Severe AS**





A use case of imaging registries **Natural History of severe AS**

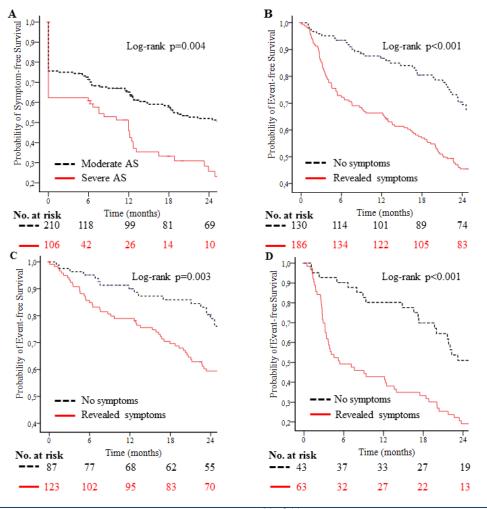
Author	Title	N Value	Journal and Year
Pellikka et al	The Natural history of Adults with Asymptomatic, haemodynamically significant Aortic Stenosis	N = 143	JACC 1990
Otto et al	Prospective Study of Asymptomatic Valvular Aortic Stenosis. Clinical, echocardiographic and exercise predictors of outcome	N = 123	Circulation 1997
Pellikka et al	Outcomes of 622 patients with asymptomatic haemodynamically significant Aortic Stenosis	N = 622	Circulation 2005
Lancelloti et al	Risk Stratification of Moderate to Severe Aortic Stenosis	N = 163	Heart 2010
Lancelloti et al	Outcomes for Patients with Asymptomatic Aortic Stenosis followed in heart centres	N = 1375	JAMA Cardiology 2018



316 asymptomatic patients with moderate to severe AS underwent ETT (mean age 65, 67% men):

Outcome of mortality (67% CV related) or AVR

Followed for 3 years



During serial testing, symptoms identified in 55% with moderate AS

Symptom free survival at 24 months:

Moderate AS: $52\% \pm 4\%$ Severe AS: $26\% \pm 6\%$

The Value of Imaging | May 2021

²⁶ of 44 Beth Israel Deaconess Medical Center

Richard A. and Susan F.
Smith Center for Outcomes Research
in Cardiology

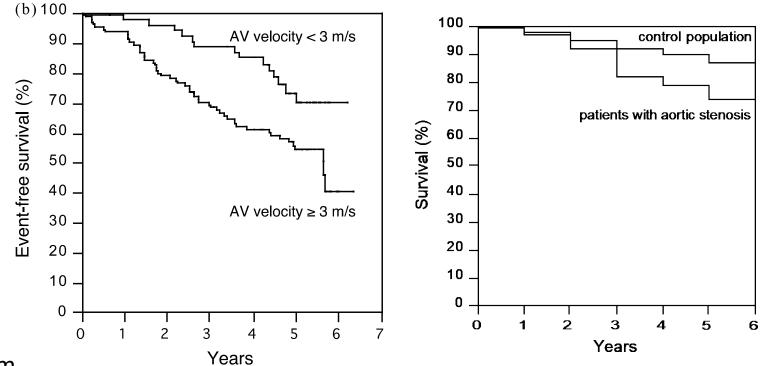


176 asymptomatic patients (58 ± 19 years; 41.4% female) with mild-moderate AS (peak AV velocity 2.5-3.9 m/s):



- Evaluated hemodynamic progression
- Outcome: death or AVR
- Compared with age-, ٠ gender- matched controls

34 deaths (15 CV deaths) Severe AS only in 7/15 premortem One with SCD



Event-free survival only 55% ± 5% at 5 years if velocity > 3 m/s



Rosenhek, EHJ, 2004 Kennedy, JACC, 1991 Yechoor, JTCS, 2013 Van Gils, JACC, 2017 Chizner, AHJ, 1980 Horstkotte, EHJ, 1988 Livanainen, AJC, 1996

Otto, Circulation, 1997 Rosebo, NEJM, 2008 Minners, EHJ, 2013 Kearney, Int J C, 2012 Lancellotti, JAMA Card, 2018 Strange, JACC, 2019

Author	Years	Ν	Echo or Cath	AV parameter	Follow-up	Event free survival
Horstkotte and Loogen	1978-1988	236	Cath	0.8 – 1.5 (AVA)	10 years	80% at 10 years
Chizner	1980	42	Cath	0.71-1.09 (AVA)	64.4 months	57% mortality at 3 years (56% SCD)
Kennedy	1980-1985	66	Cath	0.7-1.2 (AVA)	35 months	59% at 4 years
Kearney	1988-1994	55	Echo	1-1.5 (AVA) or 25-40 mmHg (MG)	6.5 years	23% at 5 years
Otto	1989-1995	68	Echo	3-4 m/s (peak velocity)	2.5 years	66% at 2 years
Livanainen	1990-1991	26	Echo	0.9-1.2 (AVA)	4 years	65% at 4 years
Rossebo	2001-2002	948	Echo	3-4 m/s (peak velocity)	5 years	49.1% at 5 years
Minners	2001-2002	948	Echo	3-4 m/s (peak velocity)	4 years	94.1% at 4 years
Lancellotti	2001-2014	1375	Echo	1-1.5 (AVA)	8 years	30% at 8 years
Yechoor	2006	104	Echo	1-1.5 (AVA)	22 months	15% at 5 years
Van Gils	2010-2015	305	Echo	1-1.5 (AVA)	4 years	39% at 4 years
Strange	2000-2017	241, 303	Echo	1-1.5 (AVA)	5 years	56% at 5 years

Beth Israel Deaconess



Excess Mortality Associated with Progression Rate in Asymptomatic Aortic Valve Stenosis

Giovanni Benfari, MD, Stefano Nistri, MD, PhD, Federico Marin, MD, Luca F. Cerrito, MD, Luca Maritan, MD, Elvin Tafciu, MD, Ilaria Franzese, MD, Francesco Onorati, MD, Martina Setti, MD, Michele Pighi, MD, Andrea Rossi, MD, and Flavio L. Ribichini, MD, PhD, Verona and Vicenza, Italy

eck for updates



A use case of imaging registries **Moderate Aortic Stenosis**

Circulation

PERSPECTIVE

Aortic Stenosis

Then and Now

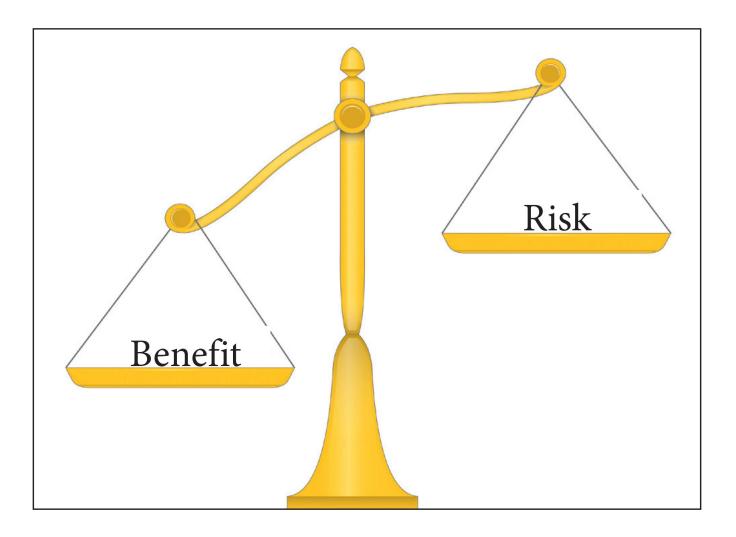
Historical operative mortality for AVR = $\sim 15\%$



Current operative mortality in low-risk TAVR population = $\sim 1\%$



A use case of imaging registries Moderate Aortic Stenosis



Does risk/benefit now favor early intervention?

Moderate AS trial:

TAVR UNLOAD trial - Sapien 3 THV in HF, moderate AS (AVA 1-1.5 cm2), and HF

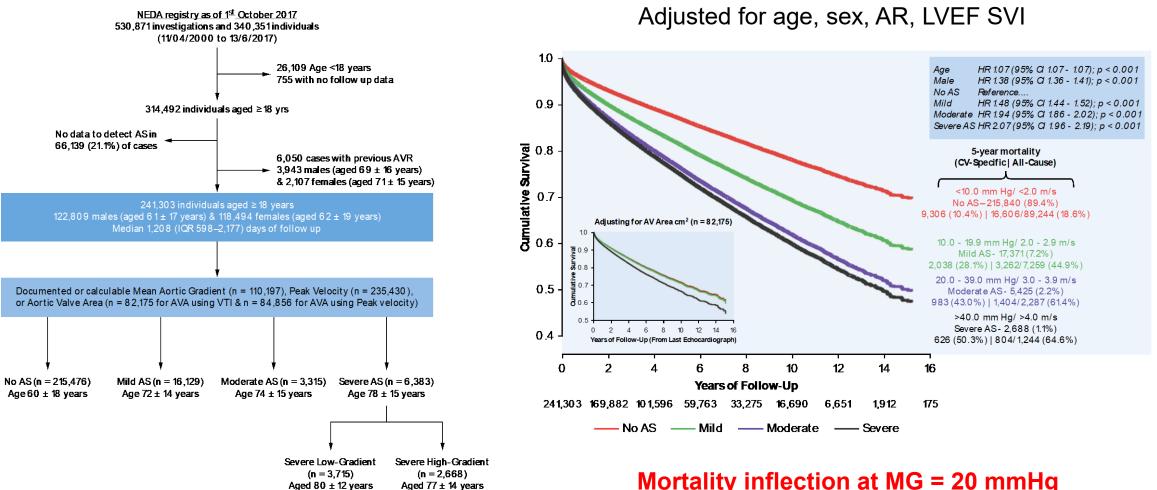
Asymptomatic severe AS trials:

-EARLY-TAVR trial -EVoLVeD trial -AVATAR trial -ESTIMATE trial -RECOVERY trial (very severe: Vmax > 5 m/s)

Beth Israel Deaconess



A use case of imaging registries **Moderate Aortic Stenosis: The Final Nail?**



Mortality inflection at MG = 20 mmHg

The Value of Imaging | May 2021

Beth Israel Deaconess



A use case of imaging registries Moderate Aortic Stenosis: Size Does Matter

STUDY FOLLOW-UP. All individuals were followed up from the date of their last recorded echocardiogram to the point of death or being censored alive at the census point. The pattern of all-cause and cardiovascular-related mortality during >1 million person-years of follow-up (derived from 44,235 case-

- 1. All those in Rosenhek and Lancellotti studies who had AVR had severe AS pre-operatively.
- 2. Noncardiac death high in moderate AS group as well.

BUT

- 1. Moderate AS still associated with higher mortality than age-, sex-, and comorbidity-adjusted controls.
- 2. Half of deaths in Rosenhek study did not have severe AS
- 3. If there is an associated SCD risk in moderate AS, it is likely small and large numbers are needed for detection.
- 4. Ascertainment bias: those with OHCA may not present to medical attention; autopsies rarely performed.
- 5. Confirmation bias: we don't associate moderate AS with mortality.

Is the moderate AS the issue or the company it keeps?



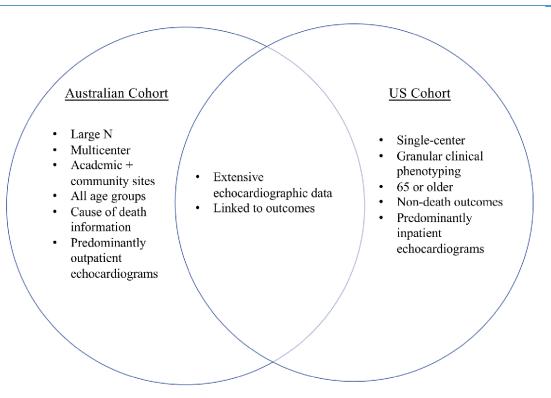
Beth Israel Deaconess



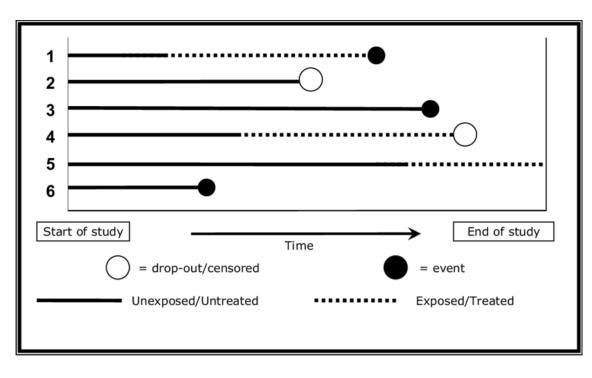
A use case for imaging registries Moderate Aortic Stenosis: the iENHANCED-AS study

Redefining the clinical consequences Aortic Stenosis: The International ENHancing the ANalysis of Clinical Events & Death in Aortic Stenosis (I-ENHANCED-AS) Study

Co-PIs: Geoff Strange (NEDA), Jordan Strom (Smith Center)

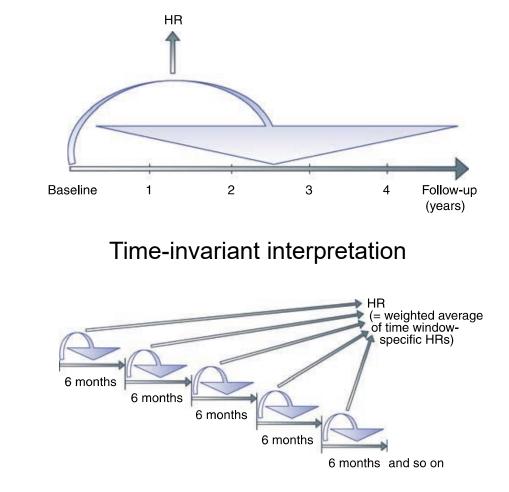


A use case for imaging registries The iENHANCED-AS study: Time-Dependent Covariates



Example Survival Plot

Individuals with AS are only given "credit" for the alive time they spend in each severity stage

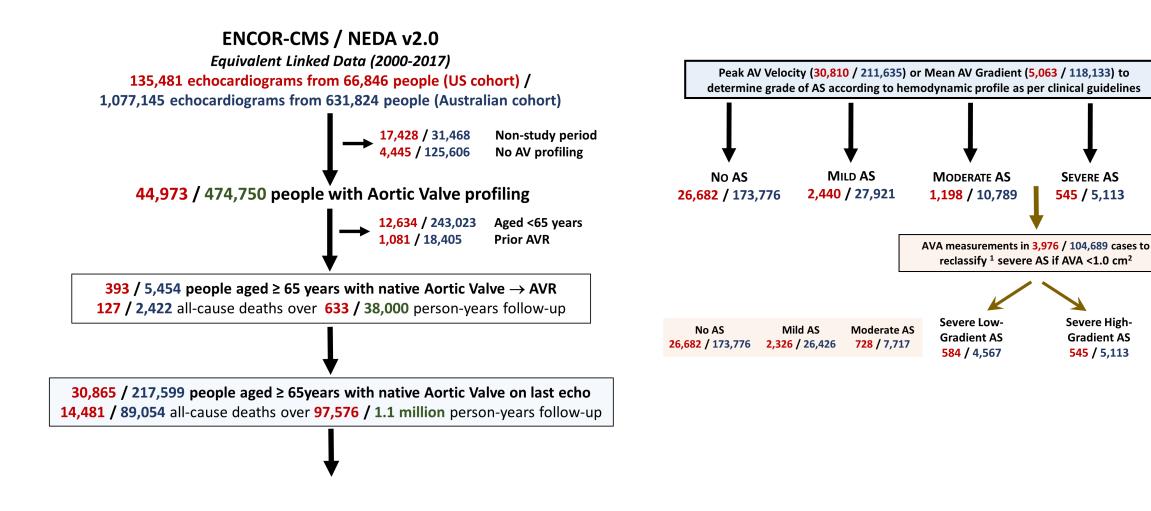


Time-varying interpretation

Beth Israel Deaconess



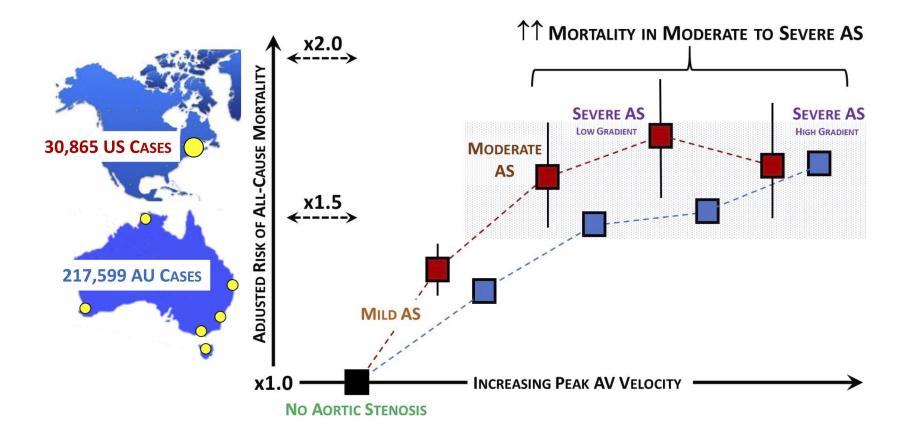
A use case for imaging registries The iENHANCED-AS study: Results



Beth Israel Deaconess

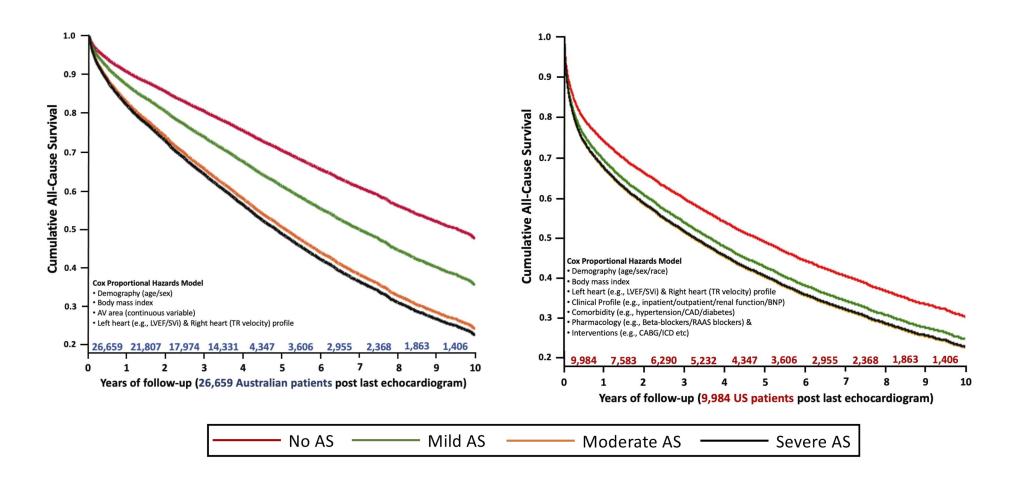


A use case for imaging registries The iENHANCED-AS study: Results





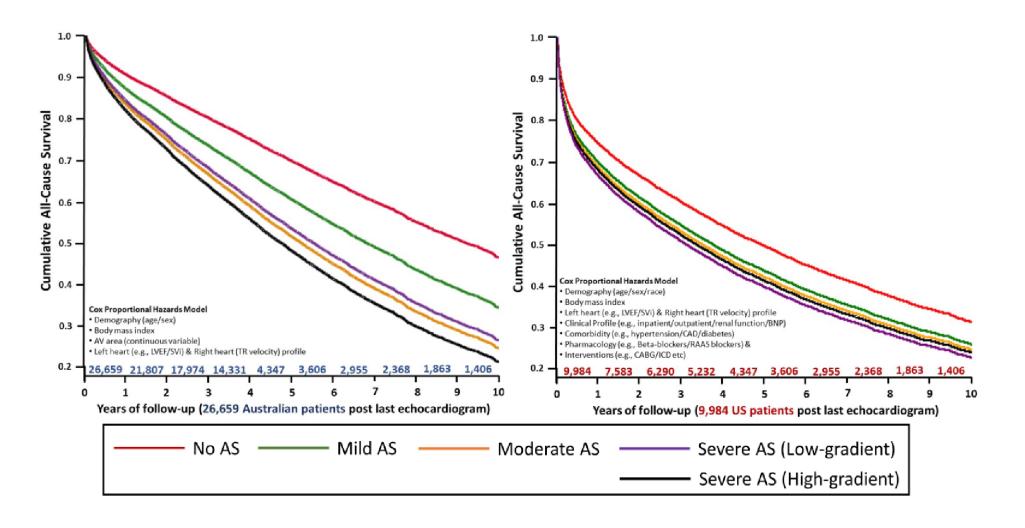
A use case for imaging registries The iENHANCED-AS study: Gradient-based classification



Beth Israel Deaconess



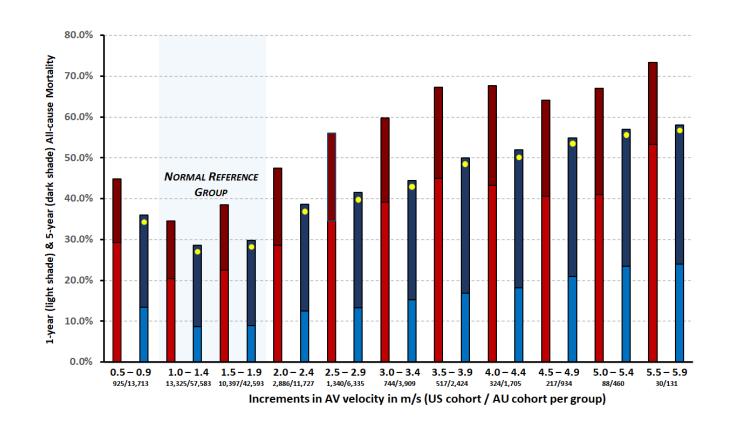
A use case for imaging registries The iENHANCED-AS study: AVA-based classification





A use case for imaging registries The iENHANCED-AS study: Results

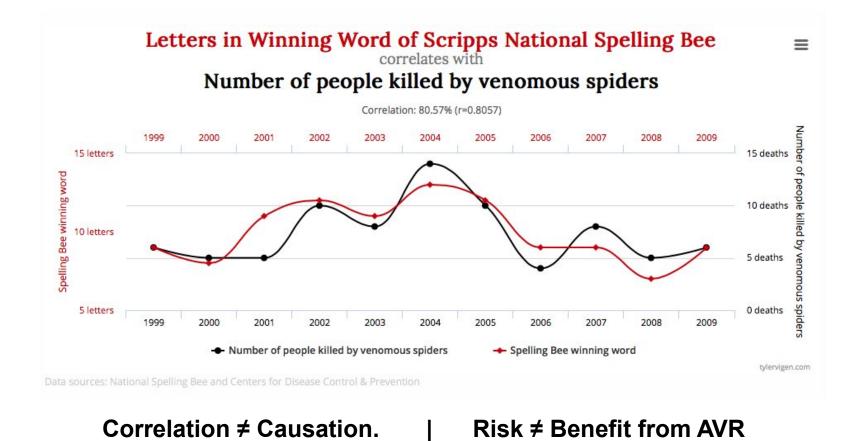
- Results consistent across subgroups:
 - First vs. last echo as baseline
 - Adjusting & not adjusting for time in stage
 - CV-specific death (AU cohort)
 - Age < 65 (AU cohort)
- Interaction by CAD/HF status
 - Significant interaction by prevalent HF and CAD
- Importance of gradients to risk
- Impact of sex and race on risk



Beth Israel Deaconess



The case for imaging registries iENHANCED AS – Caution: Not a Prescription





Summary

- Rising costs of cardiac imaging have forced the hand of imagers to justify the value of imaging
- Imaging registries, especially when linked with outcomes, can be used to demonstrate value. through better risk stratification and prognostication for patients, pathophysiologic insights into diseases, and understanding of care gaps and variation in imaging.
- Outcomes research in cardiac imaging is a unique discipline with a distinct set of methodologies, challenges, and questions.
- Aortic stenosis represents a powerful and important use case for use of such methodologies to answer clinically relevant questions, but results must be interpreted cautiously.

Beth Israel Deaconess



Acknowledgements

Smith Center

- Robert Yeh ٠
- Dhruv Kazi ٠
- Joanne Healy ٠
- Linda Valsdottir •
- Changyu Shen ٠
- Eric Secemsky ٠
- **Rishi Wadhera** ۲
- Hector Tamez-Aguilar ٠
- **Eunhee Choi** •
- Yuansong Zhao ٠
- Jiaman Xu ٠

Cardiovascular Division

Robert Gerszten

Peter Zimetbaum

Jeffrey Popma

Advisory Council

David Cohen

John Spertus

Imaging Mentors

•

•

•

•

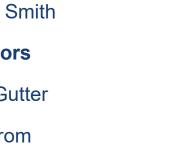
Collaborators

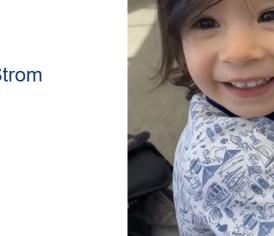
- Geoff Strange •
- David Playford
- Simon Smith •

Life Mentors

- **Bess Gutter** •
- Lily Strom •
- Brian and Lani Strom •
- Warren Manning
- Madhay Swaminathan •
- Allan Klein •
- Sherif Nagueh ٠
- Vic Ferrari •



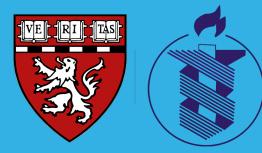




Richard A. and Susan F. **Smith Center for Outcomes Research** in Cardiology









@DocStrom
@SmithBIDMC @BIDMC_CVImaging



jstrom@bidmc.harvard.edu

Richard A. and Susan F. Smith Center for Outcomes Research in Cardiology

