





Antithrombotic Therapies in Stable PAD, and Post-Revascularization


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Disclosures

-  Consulting and speaking for Pfizer, J&J, A.Z., NNI, and BSC
-  No financial conflict related to this talk
-  Information: evidence-based

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Learning Objectives

- PAD: a major under-represented health problem with worse outcome than CAD and CVD!
- Antithrombotic therapy options in chronic symptomatic PAD
- Antithrombotic therapy options following endovascular and open revascularization
- Current guidelines and evidence-based recommendations
- Summary

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Antiplatelet Therapies with Different Targets

- Aspirin (NSAID and sulfipyrazone):**
- PLT aggregation
- The platelet P2Y12 inhibitors:**
- PLT activation and aggregation
- Vorapaxar, PAR 1 antagonist:**
- PLT aggregation
- Glycoprotein IIb/IIIa inhibitors:**
- PLT aggregation

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Coagulation Cascade

The diagram illustrates the coagulation cascade, showing the extrinsic pathway (F1, F7, F10, F2), intrinsic pathway (F12, F11, F9, F8, F10, F5, F2), and fibrinolytic system (F12, F11, F9, F8, F10, F5, F2, F13, F14, F15, F16, F17, F18, F19, F20, F21, F22, F23, F24, F25, F26, F27, F28, F29, F30, F31, F32, F33, F34, F35, F36, F37, F38, F39, F40, F41, F42, F43, F44, F45, F46, F47, F48, F49, F50, F51, F52, F53, F54, F55, F56, F57, F58, F59, F60, F61, F62, F63, F64, F65, F66, F67, F68, F69, F70, F71, F72, F73, F74, F75, F76, F77, F78, F79, F80, F81, F82, F83, F84, F85, F86, F87, F88, F89, F90, F91, F92, F93, F94, F95, F96, F97, F98, F99, F100). It also includes the kallikrein-kinin system (F12, F11, F9, F8, F10, F5, F2, F13, F14, F15, F16, F17, F18, F19, F20, F21, F22, F23, F24, F25, F26, F27, F28, F29, F30, F31, F32, F33, F34, F35, F36, F37, F38, F39, F40, F41, F42, F43, F44, F45, F46, F47, F48, F49, F50, F51, F52, F53, F54, F55, F56, F57, F58, F59, F60, F61, F62, F63, F64, F65, F66, F67, F68, F69, F70, F71, F72, F73, F74, F75, F76, F77, F78, F79, F80, F81, F82, F83, F84, F85, F86, F87, F88, F89, F90, F91, F92, F93, F94, F95, F96, F97, F98, F99, F100), complement cascade (F12, F11, F9, F8, F10, F5, F2, F13, F14, F15, F16, F17, F18, F19, F20, F21, F22, F23, F24, F25, F26, F27, F28, F29, F30, F31, F32, F33, F34, F35, F36, F37, F38, F39, F40, F41, F42, F43, F44, F45, F46, F47, F48, F49, F50, F51, F52, F53, F54, F55, F56, F57, F58, F59, F60, F61, F62, F63, F64, F65, F66, F67, F68, F69, F70, F71, F72, F73, F74, F75, F76, F77, F78, F79, F80, F81, F82, F83, F84, F85, F86, F87, F88, F89, F90, F91, F92, F93, F94, F95, F96, F97, F98, F99, F100), and fibrinolytic system (F12, F11, F9, F8, F10, F5, F2, F13, F14, F15, F16, F17, F18, F19, F20, F21, F22, F23, F24, F25, F26, F27, F28, F29, F30, F31, F32, F33, F34, F35, F36, F37, F38, F39, F40, F41, F42, F43, F44, F45, F46, F47, F48, F49, F50, F51, F52, F53, F54, F55, F56, F57, F58, F59, F60, F61, F62, F63, F64, F65, F66, F67, F68, F69, F70, F71, F72, F73, F74, F75, F76, F77, F78, F79, F80, F81, F82, F83, F84, F85, F86, F87, F88, F89, F90, F91, F92, F93, F94, F95, F96, F97, F98, F99, F100). The diagram shows how these pathways lead to fibrin formation and degradation, and how various receptors (F2R, PAR1, BDKR, CD95, CD95R, CD95L, CD95M, CD95N, CD95O, CD95P, CD95Q, CD95R, CD95S, CD95T, CD95U, CD95V, CD95W, CD95X, CD95Y, CD95Z, CD95AA, CD95AB, CD95AC, CD95AD, CD95AE, CD95AF, CD95AG, CD95AH, CD95AI, CD95AJ, CD95AK, CD95AL, CD95AM, CD95AN, CD95AO, CD95AP, CD95AQ, CD95AR, CD95AS, CD95AT, CD95AU, CD95AV, CD95AW, CD95AX, CD95AY, CD95AZ, CD95BA, CD95BB, CD95BC, CD95BD, CD95BE, CD95BF, CD95BG, CD95BH, CD95BI, CD95BJ, CD95BK, CD95BL, CD95BM, CD95BN, CD95BO, CD95BP, CD95BQ, CD95BR, CD95BS, CD95BT, CD95BU, CD95BV, CD95BW, CD95BX, CD95BY, CD95BZ, CD95CA, CD95CB, CD95CC, CD95CD, CD95CE, CD95CF, CD95CG, CD95CH, CD95CI, CD95CJ, CD95CK, CD95CL, CD95CM, CD95CN, CD95CO, CD95CP, CD95CQ, CD95CR, CD95CS, CD95CT, CD95CU, CD95CV, CD95CW, CD95CX, CD95CY, CD95CZ, CD95DA, CD95DB, CD95DC, CD95DD, CD95DE, CD95DF, CD95DG, CD95DH, CD95DI, CD95DJ, CD95DK, CD95DL, CD95DM, CD95DN, CD95DO, CD95DP, CD95DQ, 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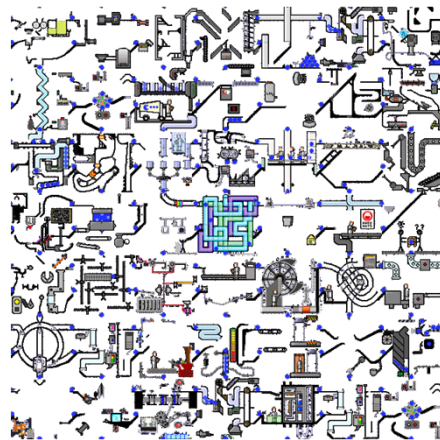
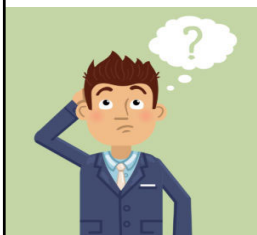
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Anticoagulation Therapies with Different Targets

The diagram illustrates the coagulation cascade and the targets of various anticoagulation therapies. The cascade starts with Tissue factor-Factor VIIa (extrinsic tenase) and Factor X, leading to Factor VIIa and Factor IXa. Factor VIIa and Factor IXa form the Prothrombinase complex (Factor Va and Factor Xa), which converts Factor II to Factor IIa. Factor IIa then converts Fibrinogen to Fibrin. Anticoagulation therapies are shown as inhibitors of these steps: Vitamin K antagonists target Factors II, VII, IX, X; Rivaroxaban, Apixaban, Edoxaban, and Betrixaban target Factor Xa; Dabigatran targets Factor IIa; Fondaparinux, LMWH, and UFH target the Prothrombinase complex; and Hirudin, Argatroban, and Bivalirudin target Factor IIa.

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Decision Making is Very Complicated



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PAD a Major Atherosclerotic Disease

- Globally, over 236 million people with PAD , 200 million in 2010.
- PAD: 3rd. most common ASO after CAD and CVD.
- A significant cause of morbidity, mortality, and disability.
- Compared with CAD and CVD, evidence for optimal antithrombotic therapies in patients with PAD is lacking.
- PAD: Atherosclerotic stenosis, atherothrombosis, or thromboembolism

Skeik N et al. *Angiology*, in press



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PAD Pathophysiology

FEM-POP & INFRA-POP arteries with $\geq 70\%$ luminal stenosis

- In ~25% of arteries, stenosis was due to significant atherosclerosis without thrombi
- In ~73% of arteries, presence of thrombi contributed to luminal stenosis
 - ~33% of arteries had thrombi associated with significant atherosclerosis (PIT,FA,FC)
 - In the remaining ~67% of arteries, thrombotic occlusion was associated with insignificant atherosclerosis
- In a minority (<2%), luminal compromise was due to restenosis resulting from previous interventions

Arteries shown: Popliteal Artery, Tibial Peroneal Trunk, Anterior Tibial Artery, Posterior Tibial Artery, Peroneal Artery.

Pathologies: Atherosclerotic plaque, Acute thrombi, Medial calcification, Chronic thrombi.

Narula, N et al. *J Am Coll Cardiol.* 2018;72(18):2152-63.

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Atherosclerosis → Atherothrombosis

Labels: Fibrin, Blood Flow, Intraluminal Thrombus, Erythrocytes, Platelets.

Vanuraju S et al. *Clinical Nuclear Cardiology: State of Art and Future Directions.* 4th ed. Philadelphia, PA: Mosby, Inc., an Affiliate of Elsevier Inc, 2010.

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Multinational Reduction of Atherothrombosis for Continued Health (*REACH*) Registry

- Large, global observational registry
- N: ~ 68,000
- Patents: CAD, PAD, CVD or ≥ 3 atherothrombotic risk
- Aim: prevalence, risk factors, and clinical consequences of ASO.

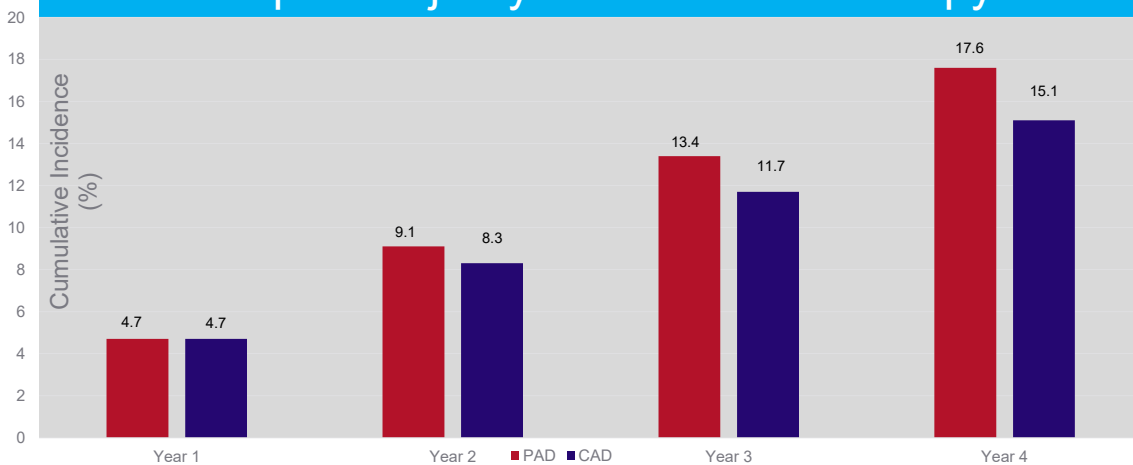
- Findings:
 - 40% of PAD patients experienced MI, stroke, vascular death, or hospitalization over 3 years which was considerably higher than in those with coronary (30%) or cerebrovascular disease (28%).

Bhatt DL, et al. *JAMA*. 2006;295:180-189.



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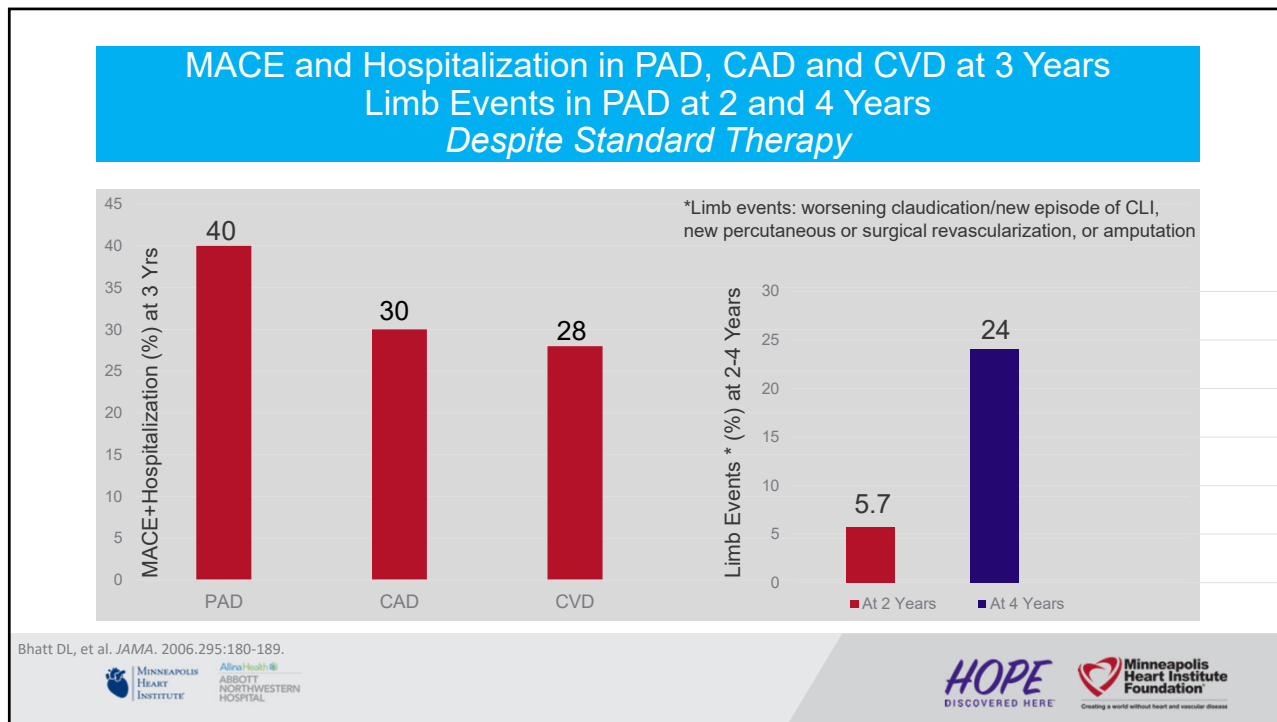
Major CV Event Rates Despite Majority on Standard Therapy



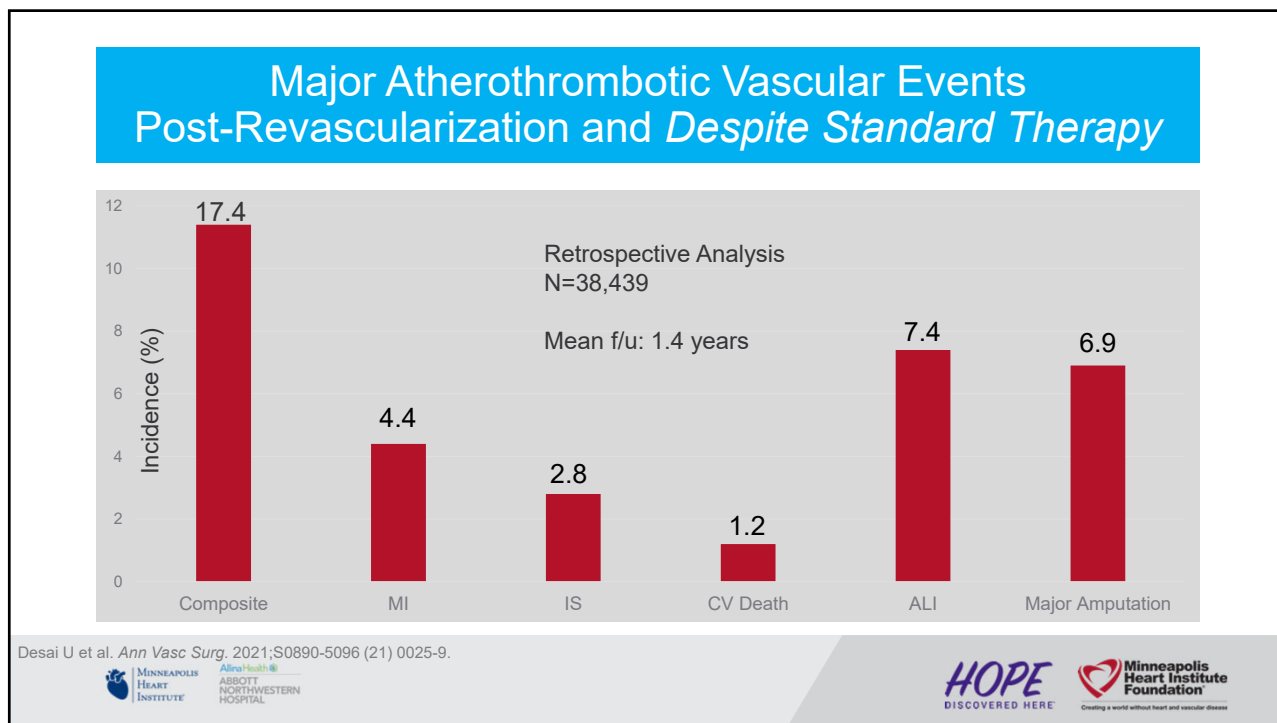
Abtan. J, et al. *Clin Card*. 2017;40:710-718



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Management Challenges

- Secondary prevention with antithrombotic therapy has been shown to reduce MACCE.
- Most evidence is from studies involving CAD patients.
- PAD is under-represented..
- Patients with PAD are often undertreated with antithrombotic agents.
- Effective/safe strategies to reduce MACCE and MALE risk in pts with PAD is critical.

Skeik N, et al. *Angiology* in press.



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Aspirin in Stable PAD The Critical Leg Ischemia Prevention Study (CLIPS) study

- N: 366 patients with PAD and claudication
- Study Design: randomized aspirin vs placebo
- Study Duration: ~ 2 years
- Outcome: MACCE and CLI
- Results: significant reduction of MACCE and CLI with aspirin
- (6.5% vs 15.5%; HR: 0.42 [95% CI: 0.21 to 0.82]).

J Intern Med. 2007;261(3):276–284.



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Aspirin in Stable PAD The Critical Leg Ischemia Prevention Study (CLIPS) Study

Table 2a Aspirin versus nonaspirin: outcomes

	Aspirin (n = 185)	Nonaspirin (n = 181)	P-value ^a	HR (95% CI)
Stroke nonfatal plus fatal	2+2	6+1	0.33	0.54 (0.16–1.85)
Myocardial infarction nonfatal plus fatal	0+2	9+2	0.03	0.18 (0.04–0.83)
Pulmonary embolus nonfatal plus fatal	1+0	1+1	0.57	0.50 (0.05–5.54)
Vascular death	5	4	0.78	1.21 (0.32–4.52)
Nonvascular death ^b	2	0	0.99	–
Vascular event	7	20	0.02	0.35 (0.15–0.82)
Vascular event or critical limb ischaemia	12	28	0.01	0.42 (0.21–0.83)
Bleeding	4	0	0.99	–

–, Statistics could not be calculated because of the lack of events in the second group. ^aAspirin versus nonaspirin groups $P = 0.074$ (chi-square = 3.18). ^bBoth nonvascular deaths were from cancer.

J Intern Med. 2007;261(3):276–284.



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Aspirin for the Prevention of Cardiovascular Events in Patients With PAD: A Meta-analysis of Randomized Trials

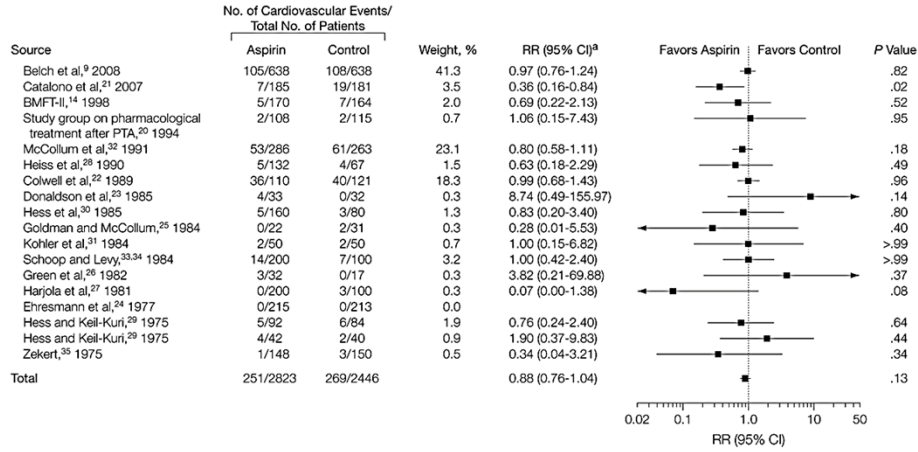
- 18 trials, 16 included symptomatic PAD
- N: 5,269 patients with PAD
- Study Drugs: Aspirin with and without dipyridamole vs placebo
- Results: non-significant decrease in MACCE
 - (8.9% for aspirin ± dipyridamole vs 11.0% for placebo; RR: 0.88 [95% CI: 0.76 to 1.04]).

JAMA. 2009;301(18):1909–1919



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Aspirin for the Prevention of Cardiovascular Events in Patients With PAD: A Meta-analysis of Randomized Trials

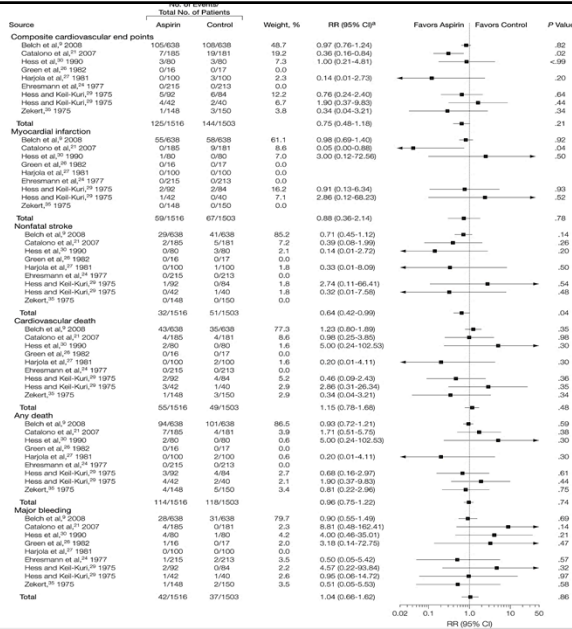


JAMA. 2009;301(18):1909-1919



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Aspirin Monotherapy



JAMA. 2009;301(18):1909-1919



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Monotherapy with P2Y12 Inhibitors in Chronic PAD *CAPRIE Trial*

- N: 19,185 patients with ASO (ischemic stroke, MI, sympt PAD)
- Study Design: Randomized aspirin (325mg) vs clopidogrel
- Study Duration: 1.91 years

- Outcome: composite MACCE
 - Significant reduction with clopidogrel (5.3% vs 5.8%) RR: 0.91 [95% CI: 0.84 to 0.997].

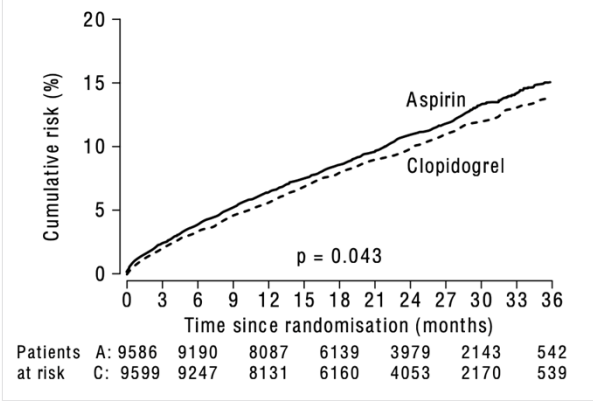
- Post-hoc analysis including 6,452 patients with PAD:
 - More risk reduction with clopidogrel (3.7%) vs ASA (4.9%), RR: 0.76 [95% CI: 0.64 to 0.91].

Vasc Med. 1998;3(3):257-60.

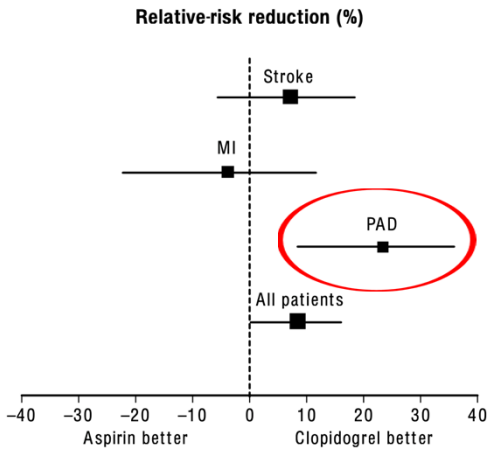



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Monotherapy with P2Y12 Inhibitors in Chronic PAD *CAPRIE Trial*





	0	3	6	9	12	15	18	21	24	27	30	33	36
Patients A:	9586	9190	8087	6139	3979	2143	542						
at risk C:	9599	9247	8131	6160	4053	2170	539						



Relative-risk reduction (%)

Vasc Med. 1998;3(3):257-60.

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Examining Use of Ticagrelor in Peripheral Artery Disease (EUCLID) trial

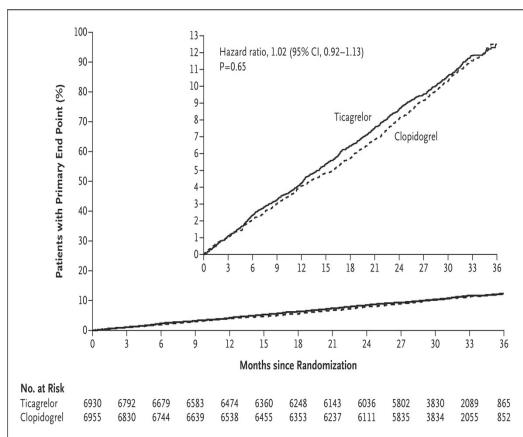
- N: 13,885 with PAD
- Study design: Clopidogrel vs ticagrelor
- Follow up: 2.5 years
- Primary Outcome: MACCE:
 - No difference: (10.8 vs 10.6%; HR: 1.02 [95% CI: 0.92 to 1.13]).
- ALI, limb revascularization, and major bleeding
 - Similar

Hiatt WR et al. *N Engl J Med* 2017;376:32-40.



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Examining Use of Ticagrelor in Peripheral Artery Disease (EUCLID) trial



Outcome	Ticagrelor (N=6910)	Clopidogrel (N=6932)	Hazard Ratio (95% CI)	P Value
	no. (%)			
Primary safety outcome: TIMI major bleeding	113 (1.6)	109 (1.6)	1.10 (0.84-1.43)	0.49
Intracranial bleeding	34 (0.5)	34 (0.5)	1.06 (0.66-1.70)	0.82
Fatal bleeding	10 (0.1)	20 (0.3)	0.53 (0.25-1.13)	0.10
TIMI minor bleeding	84 (1.2)	67 (1.0)	1.32 (0.96-1.83)	0.09
Adverse events leading to discontinuation†	1063 (15.4)	766 (11.1)		
Dyspnea	330 (4.8)	52 (0.8)		<0.001
Any bleeding‡	168 (2.4)	112 (1.6)		<0.001

* TIMI denotes Thrombolysis in Myocardial Infarction.

† A total of 30.1% of patients in the ticagrelor group and 25.9% in the clopidogrel group prematurely discontinued the assigned study drug during follow-up. Included in this group were patients who discontinued the study drug because of adverse events, those in whom the primary end point occurred, and those who died.

‡ This category includes adverse events leading to the permanent discontinuation of a study drug because of a bleeding event that was documented by the investigator on a case-report form; these events included unjudicated minimal bleeding.

Hiatt WR et al. *N Engl J Med* 2017;376:32-40.



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Single Antiplatelet Therapy/Stable PAD : Summary



Ample evidence to use single antiplatelet therapy



Good evidence to support clopidogrel over aspirin



No difference in outcome between clopidogrel and ticagrelor

Skeik N et al. *Angiology*, in press

HOPE
DISCOVERED HERE

Minneapolis
Heart Institute
Foundation
Creating a world without heart and vascular disease

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Dual Antiplatelet Therapy in Stable PAD Clopidogrel+ASA vs ASA alone *CHARISMA Trial*

- N: 15,603 pts with established cardiovascular disease or multiple ASO risk factors
- Study design: ASA+clopidogrel vs ASA alone
- Follow up: 2.5 years
- Primary Outcome: MACCE, no difference
 - Entire group: (6.8% for ASA+clopidogrel vs 7.3% for ASA; RR: 0.93 [95% CI: 0.83 to 1.05])
 - PAD subgroup: (7.6% for ASA+clopidogrel vs 8.9% for ASA; HR: 0.85 [95% CI: 0.66 to 1.08]).
- Risk of moderate bleed: almost 2 folds in ASA+clopidogrel vs ASA

N Engl J Med 2006; 354:1706-1717



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Dual Antiplatelet Therapy/ Stable PAD Clopidogrel+ASA vs ASA alone *CHARISMA Trial*

A

Cumulative Incidence of the Primary Composite End Point (%)

Months

No. at Risk	0	6	12	18	24	30
Clopidogrel	7802	7653	7510	7363	5299	2770
Placebo	7801	7644	7482	7316	5212	2753

Table 4. Composite and Individual Primary and Secondary End Points.

End Point	Clopidogrel plus Aspirin (N=7802) no. (%)	Placebo plus Aspirin (N=7801) no. (%)	Relative Risk (95% CI)*	P Value
Efficacy end points				
Primary efficacy end point	534 (6.8)	573 (7.3)	0.93 (0.83–1.05)	0.22
Death from any cause	371 (4.8)	374 (4.8)	0.99 (0.86–1.14)	0.90
Death from cardiovascular causes	238 (3.1)	229 (2.9)	1.04 (0.87–1.25)	0.68
Myocardial infarction (nonfatal)	146 (1.9)	155 (2.0)	0.94 (0.75–1.18)	0.59
Ischemic stroke (nonfatal)	132 (1.7)	163 (2.1)	0.81 (0.64–1.02)	0.07
Stroke (nonfatal)	150 (1.9)	189 (2.4)	0.79 (0.64–0.98)	0.03
Secondary efficacy end point†	1301 (16.7)	1395 (17.9)	0.92 (0.86–0.995)	0.04
Hospitalization for unstable angina, transient ischemic attack, or revascularization	866 (11.1)	957 (12.3)	0.90 (0.82–0.98)	0.02
Safety end points				
Severe bleeding	130 (1.7)	104 (1.3)	1.25 (0.97–1.61)	0.09
Fatal bleeding	26 (0.3)	17 (0.2)	1.53 (0.83–2.82)	0.17
Primary intracranial hemorrhage	26 (0.3)	27 (0.3)	0.96 (0.56–1.65)	0.89
Moderate bleeding	164 (2.1)	101 (1.3)	1.62 (1.27–2.08)	<0.001

* CI denotes confidence interval.
† The secondary efficacy end point was the first occurrence of myocardial infarction, stroke, death from cardiovascular causes, or hospitalization for unstable angina, a transient ischemic attack, or a revascularization procedure (coronary, cerebral, or peripheral).

N Engl J Med 2006; 354:1706-1717

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Subanalysis in High Risk Patients *CHARISMA Trial*

• N: 9,478 with high risk: history of Stroke, MI or PAD

N=9,478

Primary outcome event rate (%)

Months since randomization

RRR: 17.1% [95% CI: 4.4%, 28.1%]
p=0.01

Cardiovascular Death/MI/Stroke

	Placebo	Clopidogrel	HR (95% & CI)	p-value
Prior MI	8.3%	6.6%	0.774 (0.613, 0.978)	0.031
Prior IS	10.7%	8.4%	0.780 (0.624, 0.976)	0.029
Prior PAD	8.7%	7.6%	0.869 (0.671, 1.125)	0.285
Entire Cohort	8.8%	7.3%	0.829 (0.719, 0.956)	0.010

• MACCE: Lower in DAPT (7.3%) vs ASA (8.8%); (p=0.01).
- Not in patients with PAD.

J Am Coll Cardiol. 2007;49(19):1982–1988.

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The Platelet Inhibition and Patient Outcome *PLATO Trial*

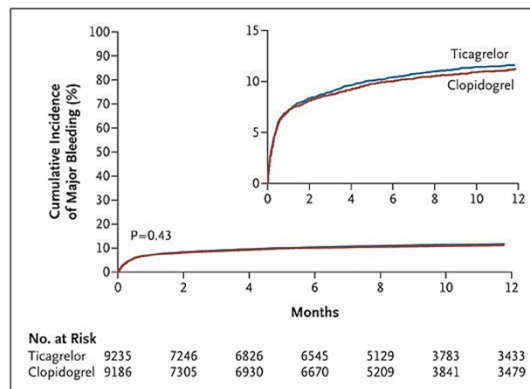
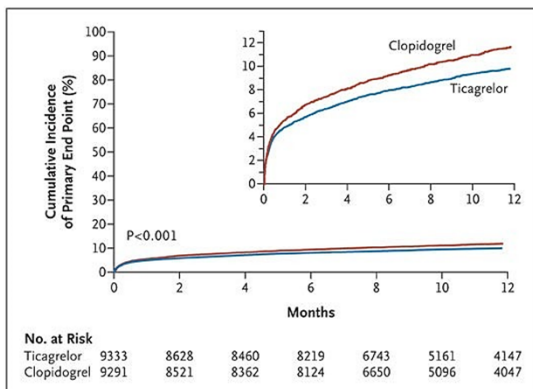
- N: 18,624 pts with ACS
- Study design: ticagrelor+ASA vs clopidogrel+ ASA
- Follow up: 1 year
- Primary Outcome: MACCE
 - Entire group: Significantly lower with ticagrelor+ASA
 - (9.8 vs 11.7%, respectively; HR: 0.84 [95% CI: 0.77 to 0.92])
- Primary Safety Outcome: major bleed
 - Similar (11.6% for ticagrelor and 11.2% for clopidogrel; P=0.43)

N Engl J Med 2009; 361:1045-1057



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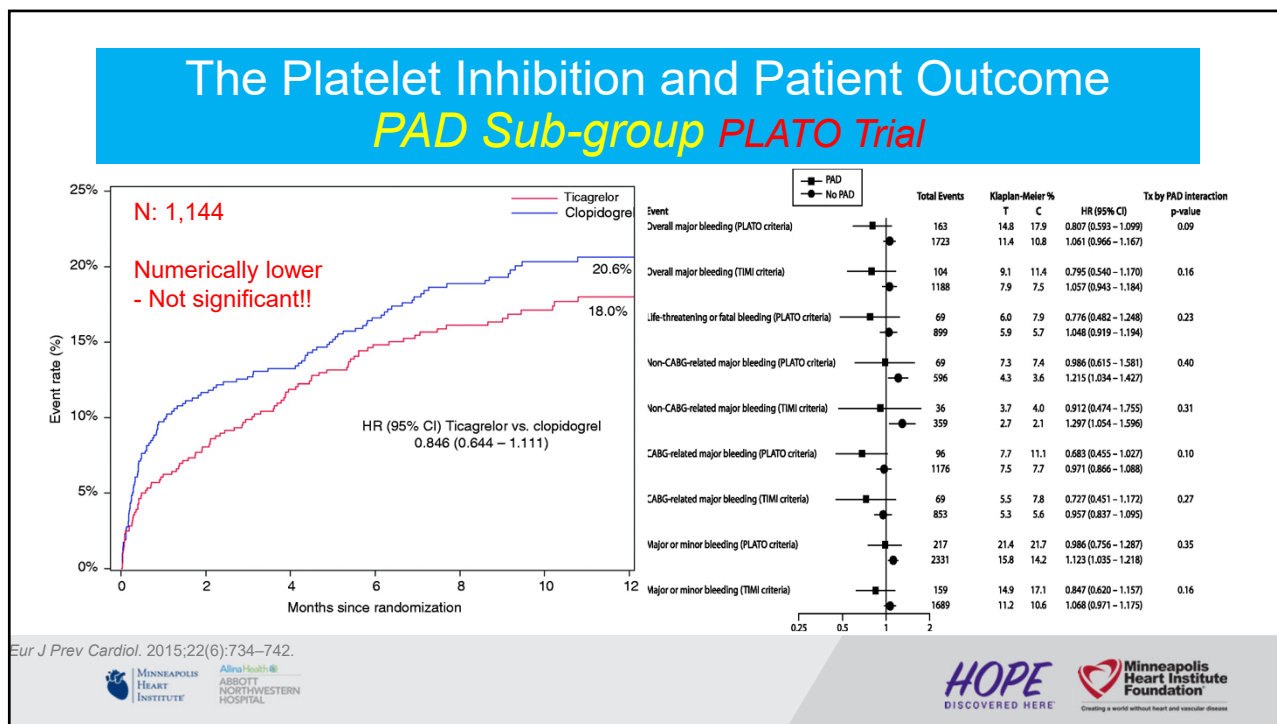
The Platelet Inhibition and Patient Outcome *PLATO Trial*



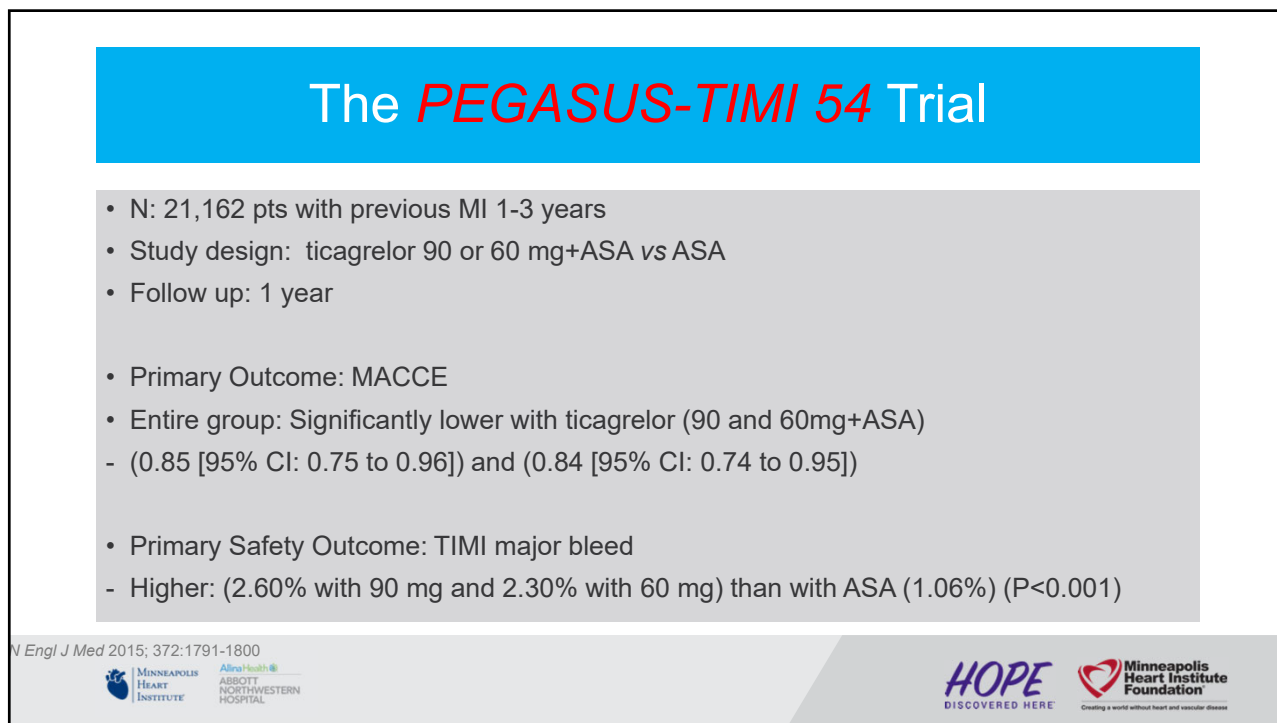
N Engl J Med 2009; 361:1045-1057



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The **PEGASUS-TIMI 54** Trial

No. at Risk

	0	3	6	9	12	15	18	21	24	27	30	33	36
Placebo	7067	6979	6892	6823	6761	6681	6508	6236	5876	5157	4343	3360	2028
Ticagrelor, 90 mg	7050	6973	6899	6827	6769	6719	6550	6272	5921	5243	4401	3368	2038
Ticagrelor, 60 mg	7045	6969	6905	6842	6784	6733	6557	6270	5904	5222	4424	3392	2055

Table 3. Safety End Points as 3-Year Kaplan-Meier Estimates.^a

End Point	Ticagrelor, 90 mg (N=6988)	Ticagrelor, 60 mg (N=6958)	Placebo (N=6996)	Ticagrelor, 90 mg vs. Placebo		Ticagrelor, 60 mg vs. Placebo	
	number (percent)	number (percent)	number (percent)	Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value
Bleeding							
TIMI major bleeding	127 (2.60)	115 (2.30)	54 (1.06)	2.69 (1.96-3.70)	<0.001	2.32 (1.68-3.21)	<0.001
TIMI minor bleeding	66 (1.31)	55 (1.18)	18 (0.36)	4.15 (2.47-7.00)	<0.001	3.31 (1.94-5.63)	<0.001
Bleeding requiring transfusion	122 (2.43)	105 (2.09)	37 (0.72)	3.75 (2.59-5.42)	<0.001	3.08 (2.12-4.48)	<0.001
Bleeding leading to study-drug discontinuation	453 (7.81)	354 (6.15)	86 (1.50)	5.79 (4.60-7.29)	<0.001	4.40 (3.48-5.57)	<0.001
Fatal bleeding or nonfatal intracranial hemorrhage	32 (0.63)	33 (0.71)	30 (0.60)	1.22 (0.74-2.01)	0.43	1.20 (0.73-1.97)	0.47
Intracranial hemorrhage	29 (0.56)	28 (0.61)	23 (0.47)	1.44 (0.83-2.49)	0.19	1.33 (0.77-2.31)	0.31
Hemorrhagic stroke	4 (0.07)	8 (0.19)	9 (0.19)	0.51 (0.16-1.64)	0.26	0.97 (0.37-2.51)	0.94
Fatal bleeding	6 (0.11)	11 (0.25)	12 (0.26)	0.58 (0.22-1.54)	0.27	1.00 (0.44-2.27)	1.00
Other adverse event							
Dyspnea	1205 (18.93)	987 (15.84)	383 (6.38)	3.55 (3.16-3.98)	<0.001	2.81 (2.50-3.17)	<0.001
Event leading to study-drug discontinuation	430 (6.50)	297 (4.55)	51 (0.79)	8.89 (6.65-11.88)	<0.001	6.06 (4.50-8.15)	<0.001
Serious adverse event	22 (0.41)	23 (0.45)	9 (0.15)	2.68 (1.24-5.83)	0.01	2.70 (1.25-5.84)	0.01
Renal event	166 (3.30)	173 (3.43)	161 (2.89)	1.17 (0.94-1.46)	0.15	1.17 (0.94-1.45)	0.15
Bradycardia	107 (2.04)	121 (2.32)	106 (1.98)	1.15 (0.88-1.50)	0.31	1.24 (0.96-1.61)	0.10
Gout	115 (2.28)	101 (1.97)	74 (1.51)	1.77 (1.32-2.37)	<0.001	1.48 (1.10-2.00)	0.01

^aTIMI denotes Thrombolysis in Myocardial Infarction.

N Engl J Med 2015; 372:1791-1800

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The **PEGASUS-TIMI 54** Trial **PAD Subgroup**

CENTRAL ILLUSTRATION: Ticagrelor in Patients With PAD and Prior MI: 3-Year Results

Bonaca, M.P. et al. *J Am Coll Cardiol*. 2016;67(23):2719-28.

TABLE 2 Efficacy and Safety of Ticagrelor in Patients With PAD

	Placebo n, %	Ticagrelor 60 mg n, %	Ticagrelor 90 mg n, %	Ticagrelor 60 mg HR (95% CI) p Value	Ticagrelor 90 mg HR (95% CI) p Value
Efficacy outcomes, N	404	368	371		
CV death, MI, stroke	71, 19.3	47, 14.1	54, 16.3	0.69 (0.47-0.99) p = 0.045	0.81 (0.57-1.15) p = 0.24
CV death	34, 9.6	15, 4.2	26, 7.9	0.47 (0.25-0.86) p = 0.014	0.83 (0.50-1.38) p = 0.46
All-cause mortality	51, 14.0	25, 8.2	41, 11.7	0.52 (0.32-0.84) p = 0.0074	0.88 (0.58-1.32) p = 0.53
Stroke	17, 4.0	8, 2.9	10, 3.1	0.49 (0.21-1.14) p = 0.097	0.63 (0.29-1.38) p = 0.25
Ischemic stroke	16, 3.7	8, 2.9	7, 2.0	0.52 (0.22-1.22) p = 0.13	0.47 (0.19-1.14) p = 0.095
Safety outcomes, N	399	363	368		
TIMI major	4, 1.6	4, 1.6	5, 1.8	1.18 (0.29-4.70) p = 0.82	1.46 (0.39-5.43) p = 0.57
TIMI major or minor	6, 2.2	7, 3.2	8, 3.1	1.36 (0.46-4.05) p = 0.58	1.57 (0.54-4.53) p = 0.40
ICH or fatal bleeding	3, 1.3	0, -	1, 0.4	-	0.39 (0.04-3.75) p = 0.42

Values are n, 3-year Kaplan-Meier (%), unless otherwise indicated.
CI = confidence interval; CV = cardiovascular; HR = hazard ratio; ICH = intracranial hemorrhage; MI = myocardial infarction; TIMI = Thrombolysis in Myocardial Infarction.

J Am Coll Cardiol. 2016;67(23):2719-2728.

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Dual Antiplatelet Therapy/Stable PAD : Summary



Some evidence to support DAPT over SAP



More bleeding!!



May reserve for pts with high thrombotic and low bleeding risk

Skeik N et al. *Angiology*, in press

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Protease-Activated Receptor 1 Antagonist in Stable PAD *TRA2°P-TIMI 50 trial*

- N: 26,449 pts with previous MI, ischemic stroke or PAD
- Study design: vorapaxar vs placebo as add on therapy to other antiplatelet therapy
- Follow up: 3 years

- Primary Outcome: MACCE
- Entire group: Significantly lower with vorapaxar
 - (9.3 vs 10.5%; HR: 0.87 [95% CI: 0.80 to 0.94; P=0.001])

- Primary Safety Outcome: moderate or severe bleeding
 - Higher with vorapaxar: 4.2 vs 2.5% (HR, 1.66; 95% CI, 1.43 to 1.93; P<0.001)
 - Higher ICH ...

N Engl J Med 2012; 366:1404-1413

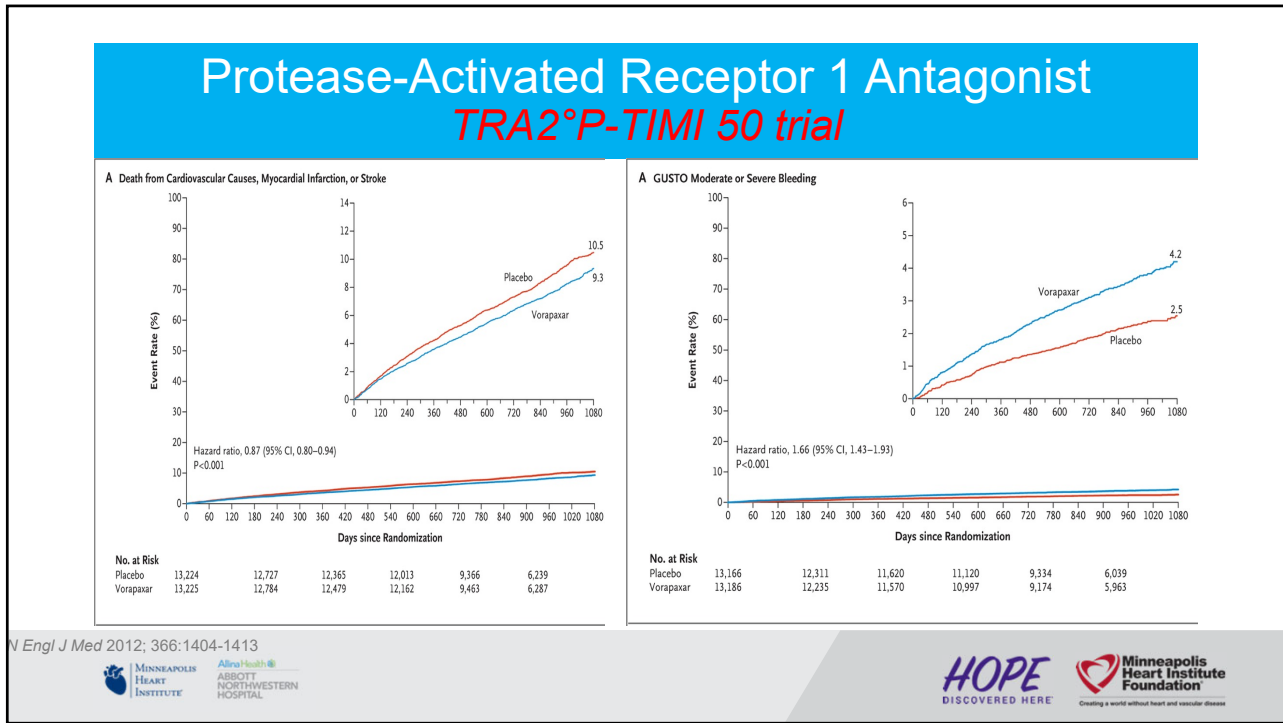
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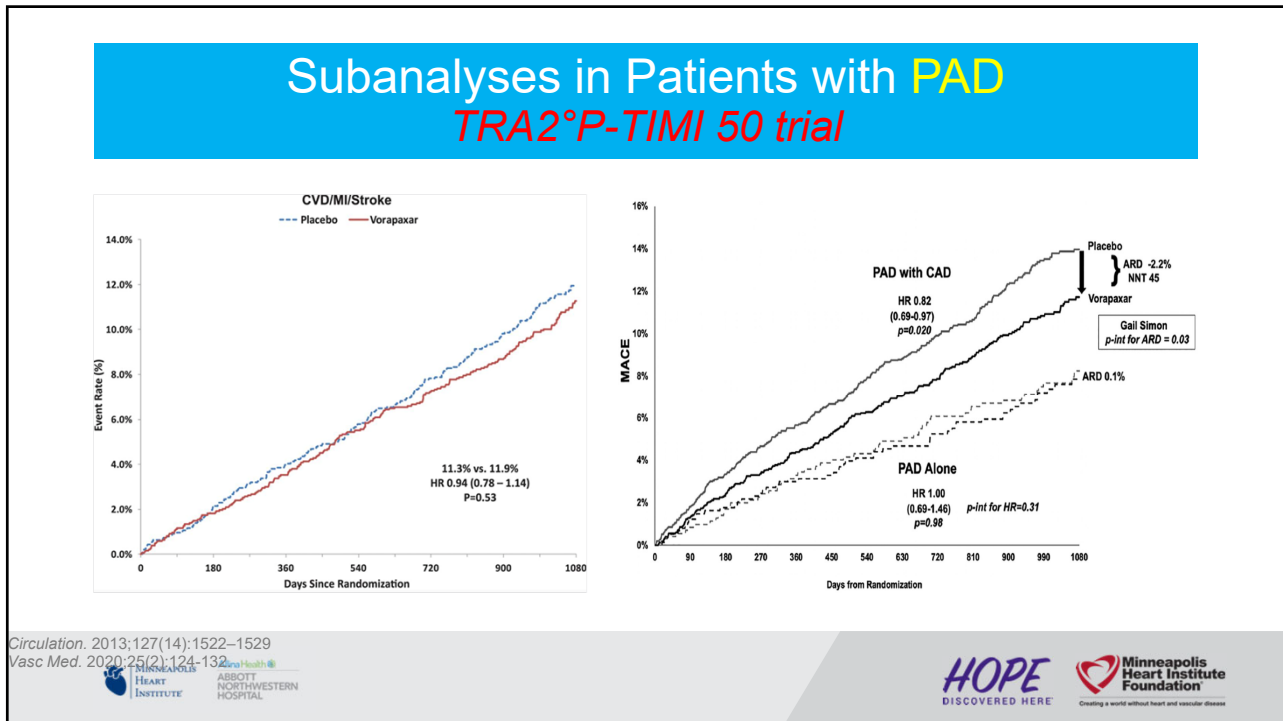
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Subanalyses in Patients with PAD *TRA2°P-TIMI 50 trial*

Moderate or severe bleeding: 1.5 times higher in the overall trial and in the PAD subgroups, but fatal bleeding was similar.

Placebo
ARD -3.5%
NNT 23

Vorapaxar
ARD -0.4%
NNT 250

PAD Alone
HR 0.50
(0.31-0.80)
p=0.004

PAD with CAD
HR 0.85
(0.60-1.19)
p=0.34

Call Simon
p-int for ARD = 0.003

p-int for HR=0.067

Vorapaxar and Acute Limb Ischemia by Etiology
 N=3,787 with Symptomatic PAD

Etiology	Vorapaxar (%)	Placebo (%)	HR	95% CI
Overall	2.3%	3.9%	0.58	(0.39 - 0.86)
Acute Limb Ischemia	2.3%	3.9%	0.58	(0.39 - 0.86)
Graft Thrombosis	1.5%	2.3%	0.63	(0.38 - 1.02)
Synthetic Graft	1.5%	2.3%	0.63	(0.32 - 1.24)
Vein Graft	0.5%	1.3%	0.39	(0.18 - 0.84)
In Situ Thrombosis	0.4%	0.5%	0.66	(0.24 - 1.86)
Stent Thrombosis	0.1%	0.3%	0.50	(0.09 - 2.72)
Thromboembolic	0.1%	0.3%	0.50	(0.09 - 2.72)

Circulation. 2013;127(14):1522-1529
Vasc Med. 2020;25(2):124-132

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Anticoagulation Therapy in Stable PAD The Warfarin Antiplatelet Vascular Evaluation: *WAVE Trial*

- N: 2,161 pts with symptomatic PAD
- Study design: warfarin+ASA vs ASA alone
- Follow up: 3 years
- Primary Outcome: MACCE
- No difference: (12.2 vs 13.3; RR: 0.92 [95% CI: 0.73 to 1.16])
- Safety Outcome: Life-threatening bleeding: was increased!
- Increased: (4.0 vs 1.2%; RR: 3.41 [95% CI: 1.84 to 6.35]).

N Engl J Med 2007;357:217-27.

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Anticoagulation Therapy/Stable PAD The Warfarin Antiplatelet Vascular Evaluation: *WAVE Trial*

Figure 1. Cumulative Incidence of the Coprimary End Points in the Two Treatment Groups.

Days	0	100	300	500	700	900	1100	1300
Antiplatelet therapy	1081	1067	1037	1014	985	895	466	30
Combination therapy	1080	1066	1026	992	965	889	492	20

Days	0	100	300	500	700	900	1100	1300
Antiplatelet therapy	1081	1052	1010	978	946	857	440	29
Combination therapy	1080	1059	1004	966	934	855	470	19

Figure 2. Cumulative Incidence of Life-Threatening Bleeding in the Two Treatment Groups.

Days	0	100	300	500	700	900	1100	1300
Antiplatelet therapy	1081	1075	1059	1044	1028	949	511	33
Combination therapy	1080	1066	1033	1005	985	909	504	22

N Engl J Med 2007;357:217-27.

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Rivaroxaban 2.5 mg BID and ASA: *COMPASS Trial*

- N: 27,395 pts with stable CAD +/- PAD (27% had PAD)
- Study design: Rivaroxaban 2.5 mg BID+ASA vs rivaroxaban 5 mg bid vs ASA alone
- Follow up: 23 months, *stopped early due to benefit*

- Primary Outcome: MACCE
 - Significant reduction: (4.1 vs 5.4%, respectively; HR: 0.76 [95% CI: 0.66 to 0.86]).

- Safety Outcome: Major bleeding
 - Increased: (3.1 vs 1.9% for aspirin; HR: 1.61 [95% CI: 1.12 to 2.31])

N Engl J Med 2017; 377:1319-1330

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Rivaroxaban 2.5 mg BID and ASA: **COMPASS Trial**

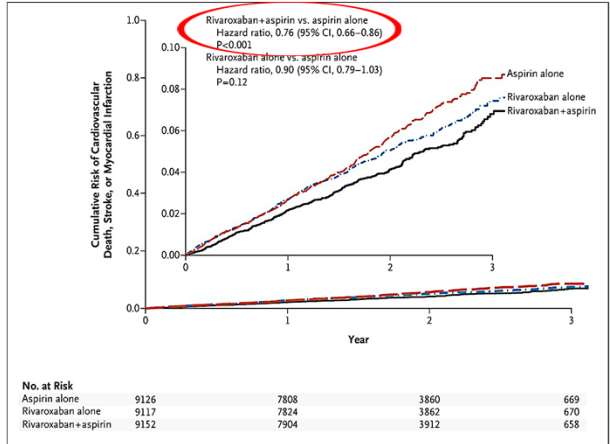


Table 3. Bleeding Events and Net Clinical Benefit.*

Outcome	Rivaroxaban plus Aspirin (N=9152)	Rivaroxaban Alone (N=9117)	Aspirin Alone (N=9126)	Rivaroxaban plus Aspirin vs. Aspirin Alone		Rivaroxaban Alone vs. Aspirin Alone	
	number (percent)			Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value
Major and minor bleeding							
Major bleeding†	288 (3.1)	255 (2.8)	170 (1.9)	1.70 (1.40-2.05)	<0.001	1.51 (1.25-1.84)	<0.001
Fatal bleeding‡	15 (0.2)	14 (0.2)	10 (0.1)	1.49 (0.67-3.33)	0.32	1.40 (0.62-3.15)	0.41
Nonfatal symptomatic ICH‡	21 (0.2)	32 (0.4)	19 (0.2)	1.10 (0.59-2.04)	0.77	1.69 (0.96-2.98)	0.07
Nonfatal, non-ICH, symptomatic bleeding into critical organ†	42 (0.5)	45 (0.5)	29 (0.3)	1.43 (0.89-2.29)	0.14	1.57 (0.98-2.50)	0.06
Other major bleeding‡	210 (2.3)	164 (1.8)	112 (1.2)	1.88 (1.49-2.36)	<0.001	1.47 (1.16-1.87)	0.001
Fatal bleeding or symptomatic ICH	36 (0.4)	46 (0.5)	29 (0.3)	1.23 (0.76-2.01)	0.40	1.59 (1.00-2.53)	0.05
Fatal bleeding or symptomatic bleeding into critical organ	78 (0.9)	91 (1.0)	58 (0.6)	1.34 (0.95-1.88)	0.09	1.58 (1.13-2.19)	0.006
Major bleeding according to ISTH criteria	206 (2.3)	175 (1.9)	116 (1.3)	1.78 (1.41-2.23)	<0.001	1.52 (1.20-1.92)	<0.001
Transfusion within 48 hr after bleeding	87 (1.0)	66 (0.7)	44 (0.5)	1.97 (1.37-2.83)	<0.001	1.50 (1.03-2.20)	0.03
Minor bleeding	838 (9.2)	741 (8.1)	503 (5.5)	1.70 (1.52-1.90)	<0.001	1.50 (1.34-1.68)	<0.001
Site of major bleeding							
Gastrointestinal	140 (1.5)	91 (1.0)	65 (0.7)	2.15 (1.60-2.89)	<0.001	1.40 (1.02-1.93)	0.04
Intracranial	28 (0.3)	43 (0.5)	24 (0.3)	1.16 (0.67-2.00)	0.60	1.80 (1.09-2.96)	0.02
Skin or injection site	28 (0.3)	28 (0.3)	12 (0.1)	2.31 (1.18-4.54)	0.01	2.34 (1.19-4.60)	0.01
Urinary	13 (0.1)	30 (0.3)	21 (0.2)	0.61 (0.31-1.23)	0.16	1.43 (0.82-2.50)	0.20
Net-clinical-benefit outcome: CV death, stroke, myocardial infarction, fatal bleeding, or symptomatic bleeding into critical organ	411 (4.7)	504 (5.5)	514 (5.9)	0.80 (0.70-0.91)	<0.001	0.94 (0.84-1.07)	0.36

* ICH denotes intracranial hemorrhage, and ISTH International Society on Thrombosis and Haemostasis.
† If a participant had more than one event of major bleeding, only the most serious bleeding event was counted in these analyses.

N Engl J Med 2017; 377:1319-1330



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Rivaroxaban 2.5 mg BID and ASA: **COMPASS Trial** PAD Subgroup (N: 7470)

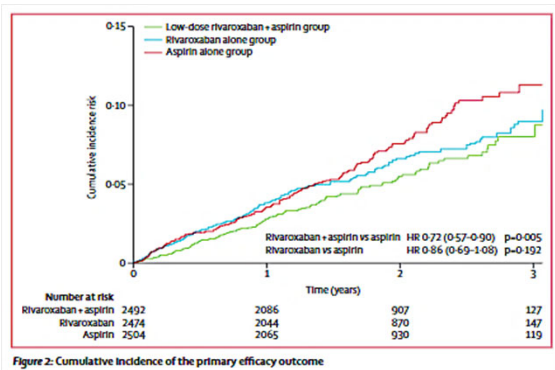


Figure 2: Cumulative incidence of the primary efficacy outcome

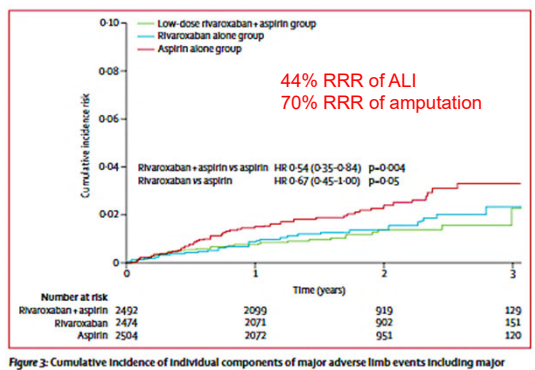
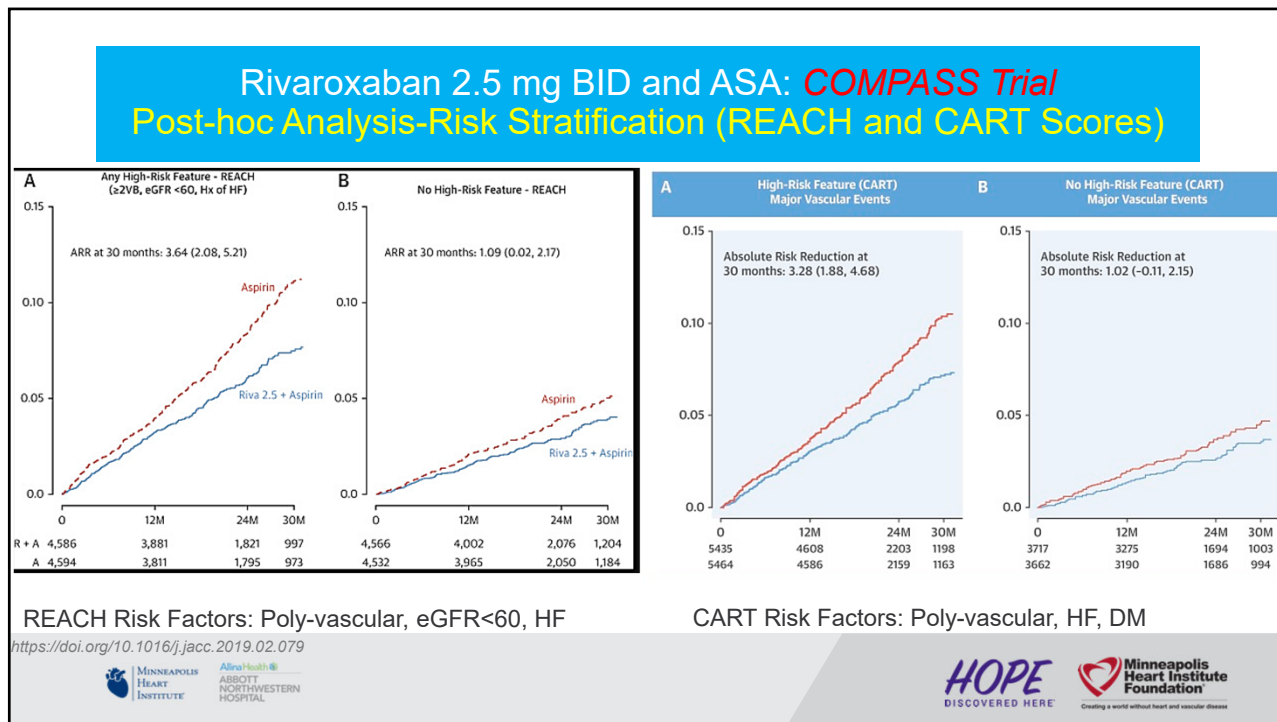


Figure 3: Cumulative incidence of individual components of major adverse limb events including major amputation

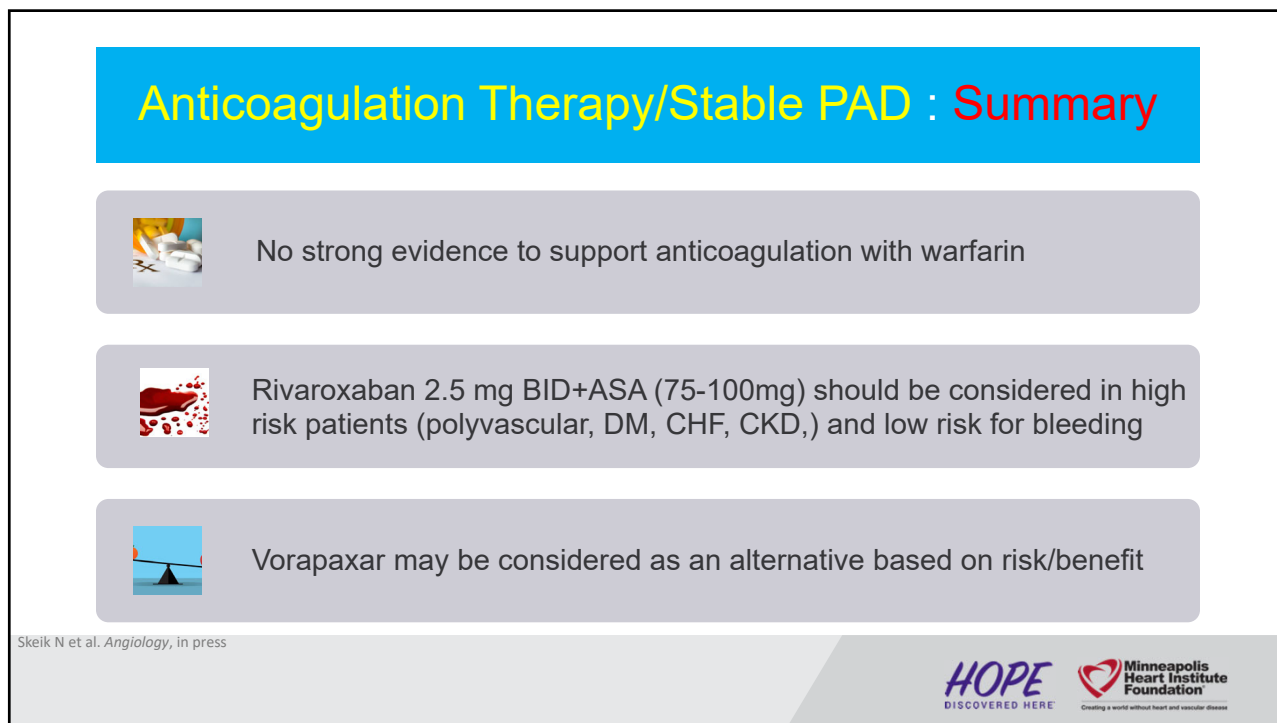
Lancet. 2018;391(10117):219-229.



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Singe Antiplatelet Therapy Following Open Revascularization The Antithrombotic Trialists Collaboration: *ATC Meta-analysis*

- Study design: meta-analysis of 287 studies
- Comparisons of antiplatelet therapy versus control: 135,000 pts
- Comparisons of different antiplatelet regimens: 7,000 pts
- Follow up: ~ 2 years
- N: 2,497 undergoing bypass grafting
- Primary Outcome: MACCE
- Insignificantly reduced: by 22% by antiplatelet agents (ASA or other agents)

BMJ 2002;324:71



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Singe Antiplatelet Therapy Following Open Revascularization The Antithrombotic Trialists Collaboration: *ATC Meta-analysis*

	No (%) of vascular events					Odds ratio (CI) Antiplatelet control	% Odds reduction (SE)
	No of trial with data	Allocated antiplatelet	Adjusted control	Observed Expected	Variance		
Peripheral arterial disease:							
Intermittent claudication	26	201/3123 (6.4)	249/3140 (7.9)	-22.3	86.6		23 (9)
Peripheral grafting	12	67/1249 (5.4)	81/1248 (6.5)	-7.3	29.1		22 (16)
Peripheral angioplasty	4	12/472 (2.5)	17/474 (3.6)	-2.0	5.8		29 (35)
Subtotal	42	280/4844 (5.8)	347/4862 (7.1)	-31.6	121.5		23 (8)

BMJ 2002;324:71



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Antiplatelet Agents for Preventing Thrombosis after Peripheral Arterial Bypass Surgery: *Meta-analysis*

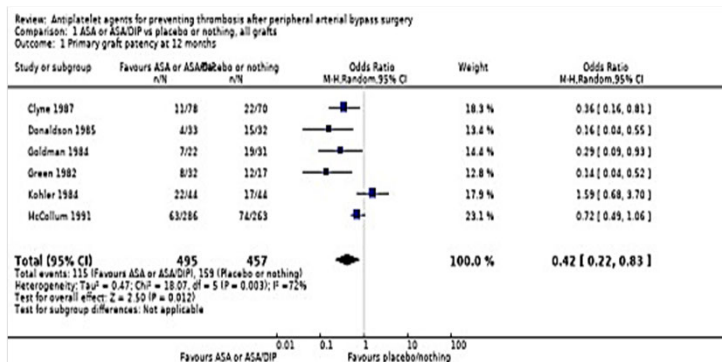
- Study design: meta-analysis of 16 studies with 5683 pts after bypass grafting
- Different antiplatelet regimens including single or dual
- Follow up: 1 year
- Outcome: Graft patency
- Improved with ASA +/- dipyridamole vs placebo :
 - OR:0.42 [95% CI: 0.22 to 0.83]
 - The benefit of ASA was mostly seen in prosthetic grafts (OR: 0.19 [95% CI: 0.10 to 0.36]) rather than vein grafts (OR: 0.60 [95% CI: 0.48 to 0.99]).

Cochrane Database Syst Rev. 2015 Feb; 2015(2): CD000535.



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Antiplatelet Agents for Preventing Thrombosis after Peripheral Arterial Bypass Surgery: *Meta-analysis*



Cochrane Database Syst Rev. 2015 Feb; 2015(2): CD000535.



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DAPT after Peripheral Arterial Bypass Surgery: Clopidogrel and ASA in Bypass Surgery for PAD *CASPAR Trial*

- N: 851 pts undergoing *below-knee bypass grafting*
- Study design: CRT
- Study drugs: Clopidogrel+ASA vs ASA

- Outcome: composite rate of graft occlusion, revascularization, amputation, or death
 - No difference: (35.1% for DAPT vs 35.4% for ASA; HR: 0.98 [95% CI: 0.78 to 1.23]).

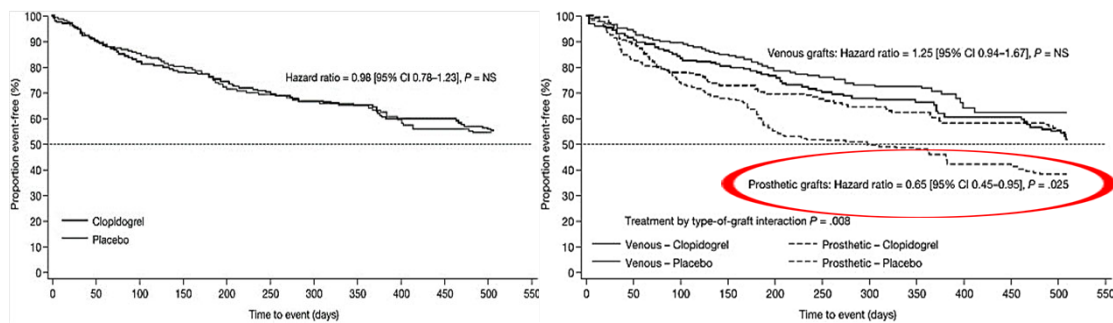
- Sub-analysis in pts receiving prosthetic graft:
 - Improved with DAPT: (HR: 0.65 [95% CI: 0.45 to 0.95])
 - increased bleeding (16.7 vs 7.1%, respectively; $p < 0.001$) (not severe bleeding..)

Journal of Vascular Surgery Volume 52, Issue 4, October 2010, Pages 825-833.e2



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DAPT after Peripheral Arterial Bypass Surgery: Clopidogrel and ASA in Bypass Surgery for PAD *CASPAR Trial*



Journal of Vascular Surgery Volume 52, Issue 4, October 2010, Pages 825-833.e2



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Anticoagulation after Open Revascularization: Dutch Bypass Oral anticoagulants or Aspirin *BOA Trial*

- N: 2,690 pts undergoing infrainguinal bypass
- Study design: CRT
- Study Drugs: high intensity anticoagulation with phenprocoumon or acenocoumarol (goal INR: 3.0 to 4.5) vs ASA.

- Outcome: Graft occlusion
- Similar: 13.5% for anticoagulation vs 14.2% for ASA; HR: 0.95 [95% CI: 0.82 to 1.11]

- Subgroup analyses: vein graft or prosthetic graft:
- Better vein graft patency: (HR: 0.69 [95% CI: 0.54 to 0.88])
- Worse prosthetic graft patency (HR 1.26 [95% CI: 1.03-1.55])

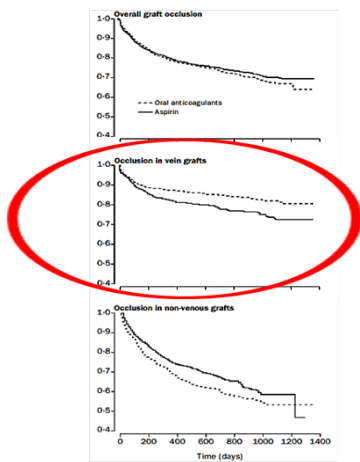
- Major bleeding, higher with anticoagulation (8.1 vs 4.2%, respectively; HR: 1.96 [95% CI: 1.42 to 2.71]).

Lancet. 2000(9201);355:346-351.
J Vasc Surg. 1998;28(3):446-457.



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Anticoagulation after Open Revascularization: Dutch Bypass Oral anticoagulants or Aspirin *BOA Trial*



Subgroup	Oral anti-coagulants	Aspirin	Hazard ratio (95% CI)
Femoropopliteal grafts (n=2119)	233	236	0.97 (0.81-1.16)
Femorocrural/-pedal grafts (n=531)	75	86	0.95 (0.70-1.30)
Vein grafts (n=156)	112	155	0.69 (0.54-0.88)
Non-venous grafts (n=1104)	196	167	1.26 (1.03-1.55)
Vein femoropopliteal grafts (n=1140)	74	97	0.69 (0.51-0.94)
Vein femorocrural/-pedal grafts (n=406)	38	58	0.73 (0.48-1.10)
Non-venous femoropopliteal grafts (n=979)	159	139	1.23 (0.98-1.55)
Non-venous femorocrural/-pedal grafts (n=125)	37	28	1.31 (0.80-2.14)

Table 5: Subgroup analysis of occlusion

Lancet. 2000(9201);355:346-351.
J Vasc Surg. 1998;28(3):446-457.



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Anticoagulation after Open Revascularization: Small Study with High-Risk Patients: *TP Sarac et al*

- N: 56 pts undergoing infrainguinal bypass who are high risk for graft failure
- Study design: randomized prospective trial for 3 years.
- Study Drugs: warfarin + ASA vs ASA.
- Outcome: Graft patency, limb salvage
 - Improved: (74 vs 51% [p = 0.04] and 81 vs 31% [p = 0.02], respectively)
- Wound hematoma:
 - Worse: (31 vs 4%, respectively; p=0.004).

J Vasc Surg 1998 Sep;28(3):446-57.



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Anticoagulation after Open/Endo Revascularization: *VOYAGER PAD Trial*

- N: 6,564 pts undergoing open or endo revasc
- Study design: CRT f/u for 3 years
- Study Drugs: rivaroxaban 2.5 mg bid + ASA vs ASA.
- Outcome: ALI, major amputation, MI, ischemic stroke, or CV death
 - Improved: 17.3% and 19.9%, respectively (HR: 0.85 [95% CI: 0.76 to 0.96])
- TIMI- Major bleeding:
 - Not different: 2.65% and 1.87%; HR, 1.43; 95% CI, 0.97 to 2.10; P=0.07
- ISTH Major bleed:
 - Increased: 5.94% and 4.06%; HR, 1.42; 95% CI, 1.10 to 1.84; P=0.007

N Engl J Med 2020; 382:1994-2004



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Anticoagulation after Open/Endo Revascularization: *VOYAGER PAD Trial*

**Hazard ratio, 0.85 (95% CI 0.76-0.96)
P=0.009**

No. at Risk

	0	182	366	547	731	912	1096
Placebo	3278	3030	2881	2773	2151	1351	642
Rivaroxaban	3286	3082	2938	2834	2219	1415	684

Table 3. Safety Outcomes.*

Outcome	Rivaroxaban (N=3256)		Placebo (N=3248)		Hazard Ratio (95% CI)	P Value
	Patients with Event no. (%)	K-M Estimate at 3 Yr %	Patients with Event no. (%)	K-M Estimate at 3 Yr %		
Principal safety outcome: TIMI major bleeding	62 (1.90)	2.65	44 (1.35)	1.87	1.43 (0.97-2.10)	0.07
Intracranial hemorrhage	13 (0.40)	0.60	17 (0.52)	0.90	0.78 (0.38-1.61)	
Fatal bleeding	6 (0.18)	0.21	6 (0.18)	0.21	1.02 (0.33-3.15)	
Intracranial or fatal bleeding	17 (0.52)	0.74	19 (0.58)	0.97	0.91 (0.47-1.76)	
Secondary safety outcomes						
ISTH major bleeding	140 (4.30)	5.94	100 (3.08)	4.06	1.42 (1.10-1.84)	0.007
BARC major bleeding†	93 (2.86)	3.86	73 (2.25)	2.92	1.29 (0.95-1.76)	0.10

* Safety analyses included all patients who underwent randomization and had received at least one dose of trial medication. ISTH denotes International Society on Thrombosis and Haemostasis, and TIMI Thrombolysis in Myocardial Infarction.
† Bleeding Academic Research Consortium (BARC) major bleeding is defined as grade 3b or higher.

N Engl J Med 2020; 382:1994-2004

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Anticoagulation after Open/Endo Revascularization: *VOYAGER PAD Trial*

**Hazard ratio, 0.85 (95% CI 0.76-0.96)
P=0.009**

No. at Risk

	0	182	366	547	731	912	1096
Placebo	3278	3030	2881	2773	2151	1351	642
Rivaroxaban	3286	3082	2938	2834	2219	1415	684

Table 2. Primary and Secondary Efficacy Outcomes.*

Outcome	Rivaroxaban (N=3256)		Placebo (N=3278)		Hazard Ratio (95% CI)	P Value
	Patients with Event no. (%)	K-M Estimate at 3 Yr %	Patients with Event no. (%)	K-M Estimate at 3 Yr %		
Primary efficacy outcome: acute limb ischemia, major amputation for vascular causes, myocardial infarction, ischemic stroke, or death from cardiovascular causes	508 (15.5)	17.3	584 (17.8)	19.9	0.85 (0.76-0.96)	0.009
Acute limb ischemia	155 (4.7)	5.2	227 (6.9)	7.8	0.67 (0.55-0.82)	
Major amputation for vascular causes	103 (3.1)	3.4	115 (3.5)	3.9	0.89 (0.68-1.16)	
Myocardial infarction	131 (4.0)	4.6	148 (4.5)	5.2	0.88 (0.70-1.12)	
Ischemic stroke	71 (2.2)	2.7	82 (2.5)	3.0	0.87 (0.63-1.19)	
Death from cardiovascular causes	199 (6.1)	7.1	174 (5.3)	6.4	1.14 (0.93-1.40)	
Secondary efficacy outcomes						
Acute limb ischemia, major amputation for a vascular cause, myocardial infarction, ischemic stroke, or death from coronary heart disease	433 (13.2)	14.7	528 (16.1)	18.2	0.80 (0.71-0.91)	<0.001
Unplanned index-limb revascularization for recurrent limb ischemia	584 (17.8)	20.0	655 (20.0)	22.5	0.88 (0.79-0.99)	0.03
Hospitalization for coronary or peripheral event of a thrombotic nature	262 (8.0)	8.7	356 (10.9)	12.1	0.72 (0.62-0.85)	<0.001
Acute limb ischemia, major amputation for a vascular cause, myocardial infarction, ischemic stroke, or death from any cause	614 (18.7)	20.6	679 (20.7)	23.2	0.89 (0.79-0.99)	0.03
Acute limb ischemia, major amputation for a vascular cause, myocardial infarction, stroke from any cause, or death from any cause	514 (15.6)	17.5	588 (17.9)	20.1	0.86 (0.76-0.96)	0.01
Death from any cause	321 (9.8)	11.1	297 (9.1)	10.9	1.08 (0.92-1.27)	0.34
Venous thromboembolism	25 (0.8)	0.8	41 (1.3)	1.7	0.61 (0.37-1.00)	

* All efficacy outcomes were analyzed on an intention-to-treat basis. K-M denotes Kaplan-Meier.

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Antithrombotic Therapies After Open Revasc: Summary



Some evidence to use SAP: ASA



DAPT: may use ASA+Plavix after *prosthetic* graft if bleeding risk is not high



Riva 2.5mg bid+ASA *should be* considered based on risk and benefit



Warfarin may be considered after *vein* graft if bleeding risk is not high



Warfarin+ASA may be considered after *high-risk bypass* (increased hematoma)

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Singe Antiplatelet Therapy Following Endo Revascularization The Antithrombotic Trialists Collaboration: *ATC Meta-analysis*

- Study design: meta-analysis of 287 studies
- Comparisons of antiplatelet therapy versus control: 135,000 pts
- Comparisons of different antiplatelet regimens: 7,000 pts
- Follow up: ~ 2 years

- N: 946 undergoing peripheral angioplasty
- Primary Outcome: MACCE
- Insignificant: (29% reduction) 2.5 vs 3.6%, respectively

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Singe Antiplatelet Therapy Following Open Revascularization The Antithrombotic Trialists Collaboration: *ATC Meta-analysis*

	No (%) of vascular events					Odds ratio (CI) Antiplatelet control	% Odds reduction (SE)
	No of trial with data	Allocated antiplatelet	Adjusted control	Observed Expected	Variance		
Peripheral arterial disease:							
Intermittent claudication	26	201/3123 (6.4)	249/3140 (7.9)	-22.3	86.6		23 (9)
Peripheral grafting	12	67/1249 (5.4)	81/1248 (6.5)	-7.3	29.1		22 (16)
Peripheral angioplasty	4	12/472 (2.5)	17/474 (3.6)	-2.0	5.8		29 (35)
Subtotal	42	280/4844 (5.8)	347/4862 (7.1)	-31.6	121.5		23 (8)

BMJ 2002;324:71



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Dual Antiplatelet Therapy Following Endo Revascularization The management of peripheral arterial interventions with mono or dual antiplatelet therapy: *MIROR Trial*

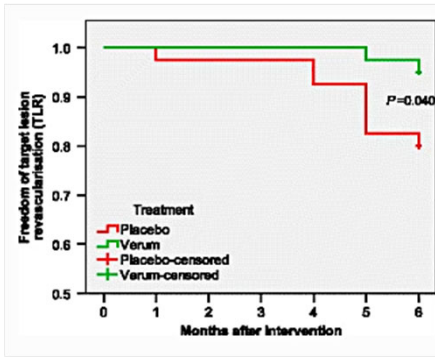
- N: 80 pts requiring peripheral angioplasty +/- stenting
- Study design: CRT with clopidogrel+ASA vs ASA
- Follow up: 6 and 12 months
- Primary Outcome: Target revasc
- At 6 months:
 - Improved: (5 vs 20%; p=0.04)
- At 12 months
 - Non-significant: (25 vs 32%; p=0.35).

European Radiology volume 22, pages 1998–2006 (2012)



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Dual Antiplatelet Therapy Following Endo Revascularization, The management of peripheral arterial interventions with mono or dual antiplatelet therapy: *MIROR Trial*



Measure	True (n = 40)	Placebo (n = 40)	P value
TLR in the 6 months after the intervention	5% (2/40)	20% (8/40)	0.040
Additional days in the hospital because of target lesion in the 6 months after the intervention, mean ± SD	0.13 ± 0.56	0.98 ± 2.29	0.026
Binary restenosis ≥50% 6 months after the intervention	40% (14/35)	39.4% (13/33)	1.000
Total occlusion 6 months after the intervention	8.8% (3/35)	3% (1/33)	0.615
Evaluation of restenosis			
Angiography	82.9% (29/35)	81.8% (27/33)	1.000
Sonography	17.1% (6/35)	18.2% (6/33)	
Amputation above the feet in the 6 months after the intervention	17.1% (6/35)	18.2% (6/33)	
Emboic complications during the intervention	0% (0/40)	5% (2/40)	0.494
Bleeding complications in the 6 months after the intervention	2.5% (1/40)	5% (2/40)	0.559
Cardiovascular event in the 6 months after the intervention	30% (12/40)	37.5% (15/40)	0.508
Mortality in the 6 months after the intervention	0% (0/40)	2.5% (1/40)	0.317
ABI change from baseline to follow-up, mean ± SD	0.14 ± 0.31 (33/40)	0.13 ± 0.45 (29/40)	0.960
Improvement of Rutherford category ≥1 6 months after the intervention compared with baseline	63.2% (24/38)	52.6% (20/38)	0.486

European Radiology volume 22, pages 1998–2006 (2012)



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Dual Antiplatelet Therapy Following Endo Revascularization, *A Cochrane Meta-analysis*

- N: 356 pts requiring peripheral angioplasty +/- stenting
- Study design: Meta-analysis of trials including different antithrombotic therapies following endovasc intervention
- Drugs: dipyridamole+ high dose ASA vs high-dose ASA alone
- Primary Outcome: Re-occlusion
- At 6 months:
 - Reduced: OR: 0.40 [95% CI: 0.19 to 0.84]).

Cochrane Database Syst Rev. 2012;2012(8):CD002071.



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Dual Antiplatelet Therapy Using Cilostazol Following Endo Revascularization *RCTs*

- Cilostazol+ASA better than ticlopidine+ASA for patency at 12, 24 and 36 months.¹
- Cilostazol+ASA better than ASA for restenosis at 12 months.²
- Cilostazol+ASA better than ASA for reintervention at 2 years.³

1- J Vasc Surg. 2008;48(1):144-149.

2- Circulation. 2013;127(23):2307-2315. 3- J Am Coll Cardiol. 2009;53(1):48-53.



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Anticoagulation after Endo/Open Revascularization: *VOYAGER PAD Trial*

- N: 6,564 pts undergoing open or edno revasc (2/3rd had endo)
- Study design: CRT f/u for 3 years
- Study Drugs: rivaroxaban 2.5 bid + ASA vs ASA.
- Outcome: ALI, major amputation, MI, ischemic stroke, or CV death
 - Improved: 17.3% and 19.9%, respectively (HR: 0.85 [95% CI: 0.76 to 0.96])
- TIMI- Major bleeding:
 - Not different: 2.65% and 1.87%; HR,1.43; 95% CI, 0.97 to 2.10; P=0.07
- ISTH Major bleed:
 - More: 5.94% and 4.06%; HR, 1.42; 95% CI, 1.10 to 1.84; P=0.007

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Anticoagulation after Endo/Open Revascularization, Baseline Characteristics: *VOYAGER PAD Trial*

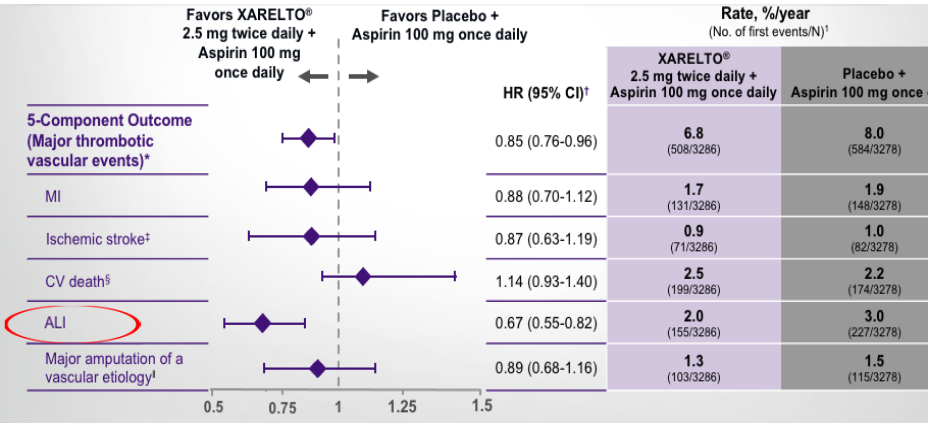
	Riva+ASA	ASA
Peripheral artery disease–related history		
Median ankle–brachial index (IQR)	0.56 (0.42–0.67)	0.56 (0.42–0.67)
Previous amputation — no. (%)	194 (5.9)	196 (6.0)
History of claudication — no. (%)	3132 (95.3)	3137 (95.7)
History of critical limb ischemia — no. (%)	999 (30.4)	969 (29.6)
Previous peripheral revascularization — no. (%)	1181 (35.9)	1155 (35.2)
Qualifying revascularization — no. (%)		
Performed for claudication	2521 (76.7)	2504 (76.4)
Performed for critical limb ischemia§	762 (23.2)	771 (23.5)
Endovascular	2153 (65.5)	2140 (65.3)
Surgical	1133 (34.5)	1138 (34.7)
Medications — no. (%)		
Statin	2608 (79.4)	2641 (80.6)
ACE inhibitor or ARB	2096 (63.8)	2063 (62.9)
Aspirin at randomization	3256 (99.1)	3248 (99.1)
Clopidogrel at randomization	1658 (50.5)	1655 (50.5)

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Anticoagulation after Endo/Open Revascularization: *VOYAGER PAD Trial*

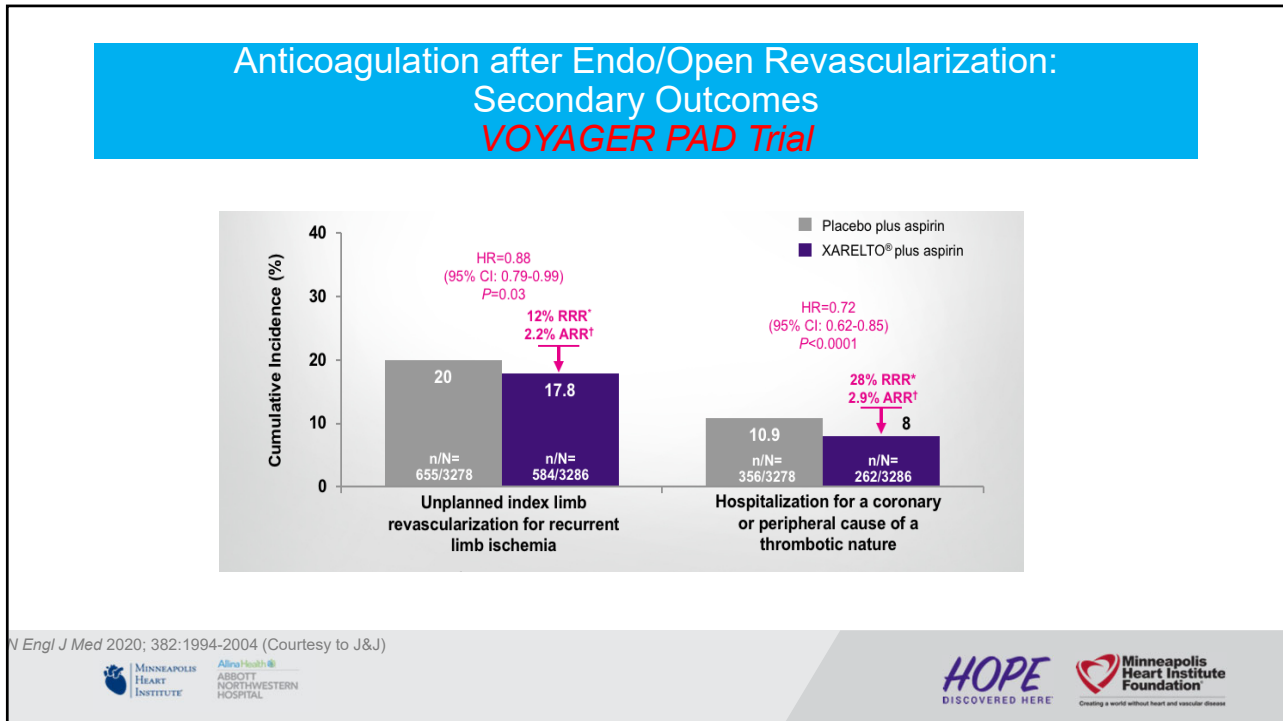


	HR (95% CI) [†]	Rate, %/year (No. of first events/N) [‡]	
		XARELTO® 2.5 mg twice daily + Aspirin 100 mg once daily	Placebo + Aspirin 100 mg once
5-Component Outcome (Major thrombotic vascular events)*	0.85 (0.76-0.96)	6.8 (508/3286)	8.0 (584/3278)
MI	0.88 (0.70-1.12)	1.7 (131/3286)	1.9 (148/3278)
Ischemic stroke [‡]	0.87 (0.63-1.19)	0.9 (71/3286)	1.0 (82/3278)
CV death [§]	1.14 (0.93-1.40)	2.5 (199/3286)	2.2 (174/3278)
ALI	0.67 (0.55-0.82)	2.0 (155/3286)	3.0 (227/3278)
Major amputation of a vascular etiology [¶]	0.89 (0.68-1.16)	1.3 (103/3286)	1.5 (115/3278)

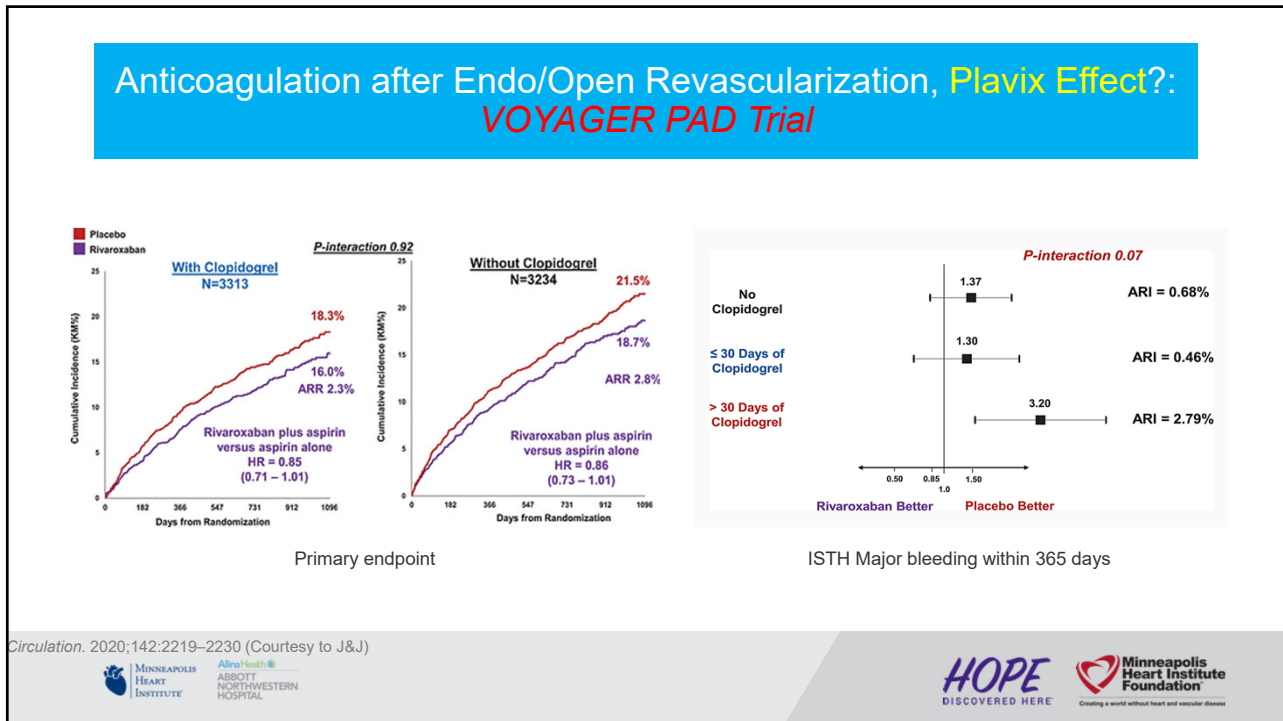
N Engl J Med 2020; 382:1994-2004

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Anticoagulation after Open Revascularization: *ePAD Trial*

- N: 203 pts undergoing femoropopliteal endo intervention
- Study design: CRT f/u for 3 and 6 months
- Study Drugs: edoxaban + ASA vs clopidogrel+ASA.

- Outcome: Restenosis or re-occlusion at 6 months.
- Not significantly different: 30.9 vs 34.7%; RR 0.89 [95% CI 0.59 to 1.34, p=0.643]

- TIMI- or ISTH Major bleeding:
- Not different!

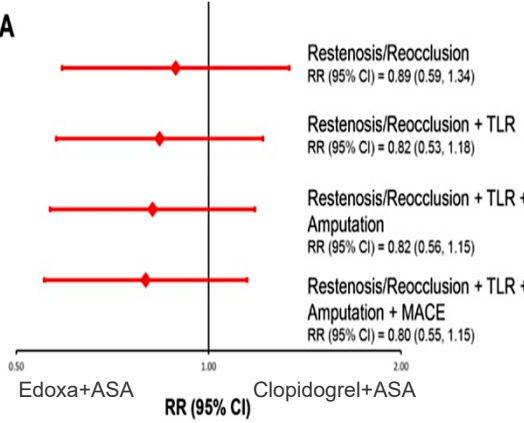
J Endovasc Ther 2018 Apr;25(2):158-168.

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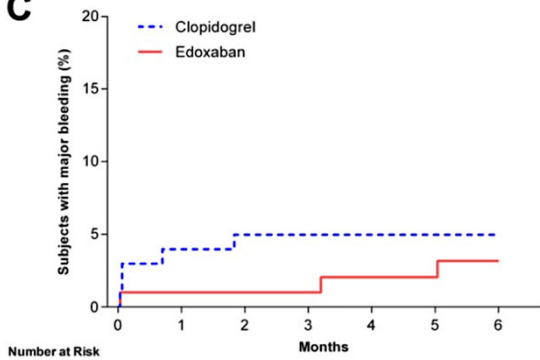
Anticoagulation after Open Revascularization: *ePAD Trial*

A






Outcome	RR (95% CI)
Restenosis/Reocclusion	0.89 (0.59, 1.34)
Restenosis/Reocclusion + TLR	0.82 (0.53, 1.18)
Restenosis/Reocclusion + TLR + Amputation	0.82 (0.56, 1.15)
Restenosis/Reocclusion + TLR + Amputation + MACE	0.80 (0.55, 1.15)

C








Number at Risk	0	1	2	3	4	5	6
Clopidogrel	101	96	95	95	93	93	66
Edoxaban	100	98	98	95	91	88	62



J Endovasc Ther 2018 Apr;25(2):158-168.







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Antithrombotic Therapies After Endo Revasc: Summary

-  Enough evidence supports DAPT over SAP
-  Riva 2.5 mg bid +ASA should be considered based on thrombotic and bleeding risks
-  Clopidogrel+ASA is another option
-  Cilostazol+ASA may be considered to reduce risk of restenosis and need for revasc
-  Benefit/risk evaluation and consider insurance coverage

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Antithrombotic Therapies in Chronic Stable PAD					
Trial / Author	Publication type	Patients (n)	Treatment arms	Incidence of MACCE	RR or HR [95% CI]
Single Antiplatelet Therapy					
CAPRIE 1996 ¹⁰	RCT	6452*	Clopidogrel	3.7%	RR 0.76 [0.64 - 0.91]
			ASA	4.9%	
CLIPS 2007 ⁸	RCT	366	ASA	6.5% †	HR 0.42 [0.21 - 0.82]
			Placebo	15.5% †	
Berger et al 2009 ⁹	Meta-analysis	5269	ASA ± dipyridamole	8.9%	RR 0.88 [0.76 - 1.04]
EUCLID 2017 ¹¹	RCT	13885	Ticagrelor	10.8%	HR 1.02 [0.92 - 1.13]
			Clopidogrel	10.6%	
Dual Antiplatelet Therapy					
CHARISMA 2009 ¹³⁻¹⁵	RCT	3096*	ASA + clopidogrel	7.6%	HR 0.85 [0.66 - 1.08]
			ASA	8.9%	
PLATO 2015 ¹⁶	RCT	1144*	ASA + ticagrelor	18%	HR 0.85 [0.64 - 1.11]
			ASA + clopidogrel	20.6%	
PEGASUS-TIMI 54 2015 ¹⁸	RCT	1143*	ASA + ticagrelor	14.1%	HR 0.69 [0.47 - 0.99]
			ASA	19.3%	
Protease-Activated Receptor 1 Antagonist					
TRA2°P-TIMI 50 2013 ²²	RCT	3787*	Vorapaxar	11.3%	HR 0.94 [0.78 - 1.14]
			Placebo	11.9%	
Anticoagulation					
WAVE 2007 ²⁶	RCT	2161	Warfarin or acenocoumarol + Antiplatelet	12.2%	RR 0.92 [0.73 - 1.16]
			Antiplatelet	13.3%	
COMPASS 2017 ²⁸	RCT	7470*	Rivaroxaban + ASA	5.1%	HR 0.72 [0.57 - 0.90]
			ASA	6.9%	

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Antithrombotic Therapies in Chronic Stable PAD					
Trial / Author	Publication type	Patients (n)	Treatment arms	Incidence of MACCE	RR or HR [95% CI]
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			Placebo	11.0%	
EUCLID 2017 ¹¹	RCT	13885	Ticagrelor	10.8%	HR 1.02 [0.92 - 1.13]
			Clopidogrel	10.6%	
Dual Antiplatelet Therapy					
CHARISMA 2009 ¹³⁻¹⁵	RCT	3096*	ASA + clopidogrel	7.6%	HR 0.85 [0.66 - 1.08]
			ASA	8.9%	
PLATO 2015 ¹⁶	RCT	1144*	ASA + ticagrelor	18%	HR 0.85 [0.64 - 1.11]
			ASA + clopidogrel	20.6%	
PEGASUS-TIMI 54 2015 ¹⁸	RCT	1143*	ASA + ticagrelor	14.1%	HR 0.69 [0.47 - 0.99]
			ASA	19.3%	
Protease-Activated Receptor 1 Antagonist					
TRA2°P-TIMI 50 2013 ²²	RCT	3787*	Vorapaxar	11.3%	HR 0.94 [0.78 - 1.14]
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Anticoagulation					
WAVE 2007 ²⁶	RCT	2161	Warfarin or acenocoumarol + Antiplatelet	12.2%	RR 0.92 [0.73 - 1.16]
			Antiplatelet	13.3%	
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			ASA	6.9%	

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Antithrombotic Therapies in Chronic Stable PAD					
Trial / Author	Publication type	Patients (n)	Treatment arms	Incidence of MACCE	RR or HR [95% CI]
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CAPRIE 1996 ¹⁰	RCT	6452*	Clopidogrel	3.7%	RR 0.76 [0.64 - 0.91]
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CLIPS 2007 ⁸	RCT	366	ASA	6.5% †	HR 0.42 [0.21 - 0.82]
			Placebo	15.5% †	
Berger et al 2009 ⁹	Meta-analysis	5269	ASA ± dipyridamole	8.9%	RR 0.88 [0.76 - 1.04]
			Placebo	11.0%	
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			ASA	19.3%	
Protease-Activated Receptor 1 Antagonist					
TRA2°P-TIMI 50 2013 ²²	RCT	3787*	Vorapaxar	11.3%	HR 0.94 [0.78 - 1.14]
			Placebo	11.9%	
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WAVE 2007 ²⁶	RCT	2161	Warfarin or acenocoumarol + Antiplatelet	12.2%	RR 0.92 [0.73 - 1.16]
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Antithrombotic Therapies in Chronic Stable PAD					
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Antithrombotic Therapies After Open Revasc							
Trial/ Author	Publication type	Patients (n)	Primary End Point	Treatment arms	Incidence	Results	
Antiplatelet Therapy							
ATC 2002 ²⁹	Meta-analysis	2497	MACCE	Antiplatelet	10.7%	Odds reduction 22%	
				Placebo	13.2%		
CASPAR 2010 ³¹	RCT	851	Graft occlusion, revascularization, amputation, death	ASA + clopidogrel	35.1%	HR 0.98 [0.78 - 1.23]	
				ASA	35.4%		
Bedenis et al 2015 ³⁰	Meta-analysis	5683	Bypass graft occlusion	ASA ± dipyridamole	23.2%	OR 0.42 [0.22 - 0.83]	
				Placebo	34.8%		
Anticoagulation							
Sarac et al 1998 ³³	RCT	56	Bypass graft patency	Warfarin + ASA	74%	p = 0.04	
				ASA	51%		
Dutch BOA 2000 ³²	RCT	2690	Graft occlusion	Phenprocoumon or acenocoumarol	13.5%	HR 0.95 [0.82 - 1.11]	
				ASA	14.2%		
Johnson et al 2002 ³⁵	RCT	831	Vein bypass graft occlusion	Warfarin + ASA	24.7%	RR 1.04 [0.72 - 1.51]	
				ASA	25.1%		
			Prosthetic bypass graft occlusion	Warfarin + ASA	23.5%		RR 0.62 [0.42 - 1.92]
				ASA	34.4%		
Jivegård et al 2005 ³⁶	RCT	284	Bypass graft patency	Dalteparin + ASA	59%	p = NS	
				ASA	59%		
Monaco et al 2012 ³⁴	RCT	341	Bypass graft patency	Clopidogrel + warfarin	44.4%	p = 0.026	
				Clopidogrel + ASA	30.4%		
			Freedom from ischemia	Clopidogrel + warfarin	77.6%		p = 0.044
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VOYAGER 2020 ³⁷	RCT	6564*	MACCE + ALI and amputation	Rivaroxaban 2.5 mg + ASA	15.5%	HR 0.85 [0.76 - 0.96]	
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Johnson et al 2002 ³⁵	RCT	831	Vein bypass graft occlusion	Warfarin + ASA	24.7%	RR 1.04 [0.72 - 1.51]
				ASA	25.1%	
			Prosthetic bypass graft occlusion	Warfarin + ASA	23.5%	RR 0.62 [0.42 - 1.92]
Jivegård et al 2005 ³⁶	RCT	284	Bypass graft patency	Warfarin + ASA	34.4%	p = NS
				Dalteparin + ASA	59%	
Monaco et al 2012 ³⁴	RCT	341	Bypass graft patency	Clopidogrel + warfarin	44.4%	p = 0.026
				Clopidogrel + ASA	30.4%	
			Freedom from ischemia	Clopidogrel + warfarin	77.6%	p = 0.044
				Clopidogrel + ASA	63.9%	
VOYAGER 2020 ³⁷	RCT	6564*	MACCE + ALI and amputation	Rivaroxaban 2.5 mg + ASA	15.5%	HR 0.85 [0.76 - 0.96]
				ASA	17.8%	

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Antithrombotic Therapies After Endo Revasc						
Trial / Author	Publication type	Patients (n)	Primary End Point	Treatment arms	Incidence	Results
Antiplatelet Therapy						
ATC 2002 ²⁹	Meta-analysis	946	MACCE	Antiplatelet	2.5%	Odds reduction 29%
				Placebo	3.6%	
Iida et al 2008 ⁴¹	RCT	127	Patency	Cilostazol + ASA	73%	OR 0.32 [0.13 - 0.76]
				Ticlopidine + ASA	51%	
Soga et al 2009 ⁴³	RCT	78	Freedom from reintervention	Cilostazol + ASA	84.6%	p = 0.04
				ASA	62.2%	
Robertson et al 2012 ³⁸	Meta-analysis	365	Target vessel occlusion	ASA + dipyridamole	*	OR 0.40 † [0.19 - 0.84]
				Placebo	*	
MIRROR 2012 ^{39,40}	RCT	80	Reintervention at 6 months	Clopidogrel + ASA	5%	p = 0.04
				ASA	20%	
			Reintervention at 1 year	Clopidogrel + ASA	25%	p = 0.35
				ASA	32%	
STOP-IC 2013 ⁴³	RCT	200	Restenosis	Cilostazol + ASA	20%	OR 0.26 [0.13 - 0.53]
				ASA	49%	
Anticoagulation						
VOYAGER 2020 ³⁷	RCT	6564‡	MACCE + ALI and amputation	Rivaroxaban 2.5 mg + ASA	15.5%	HR 0.85 [0.76 - 0.96]
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Societal Guidelines

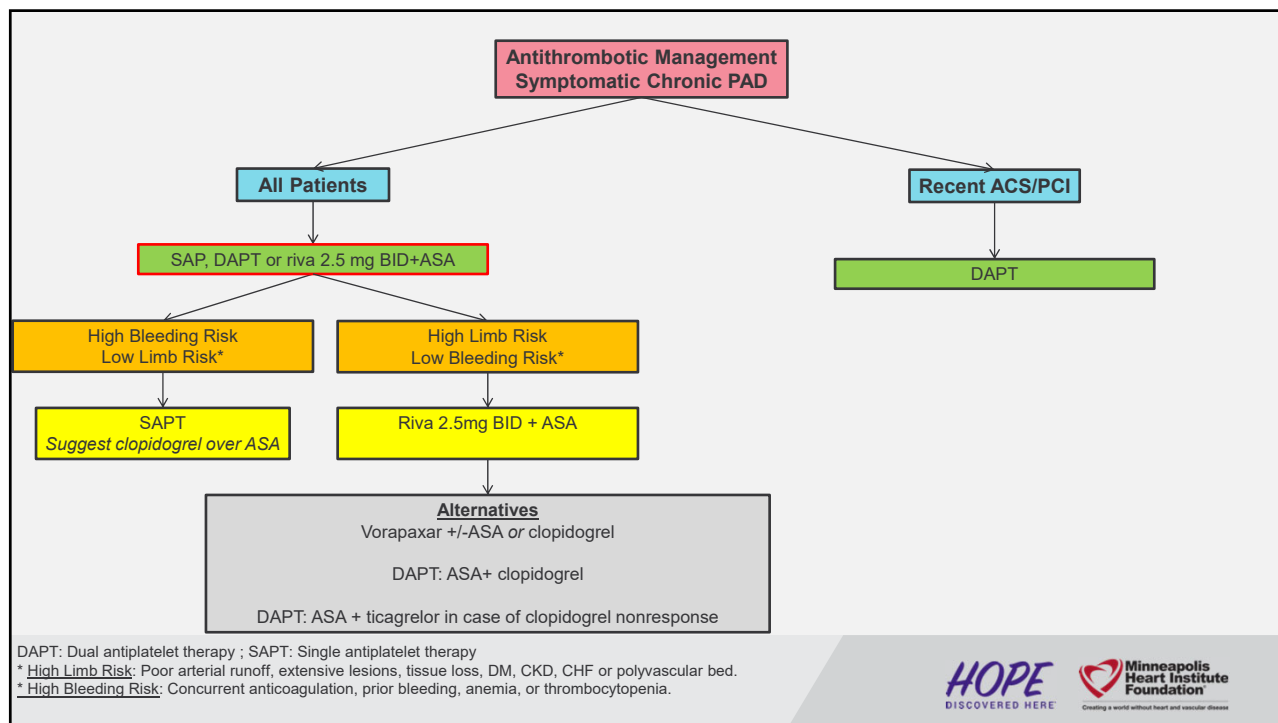
- **AHA/ACC and ESC:** all symptomatic PAD pts should be on antiplatelet therapy (Grade 1 Level A).
 - Clopidogrel may be preferred.
- **ESC, ADA and SVS:** consider riva 2.5 mg bid+ASA in chronic PAD to reduce MALE and MACCE.
- **SVS and ESC:** Consider DAPT after prosthetic bypass
 - SVS: in infrainguinal, ESC: in below knee.
- **ESC:** consider VKA after infra-inguinal bypass with autologous conduit (2B).
- **SVS and ESC:** Recommend at least 1 month of DAPT post-endovasc
 - **SVS:** recommends extending to 6 months in pts with repeated revasc provided low bleeding risk (2C).
- **AHA/ACC:** DAPT: reasonable after revasc to reduce limb loss but reduction of MACCE no well-established (2C, 2B)



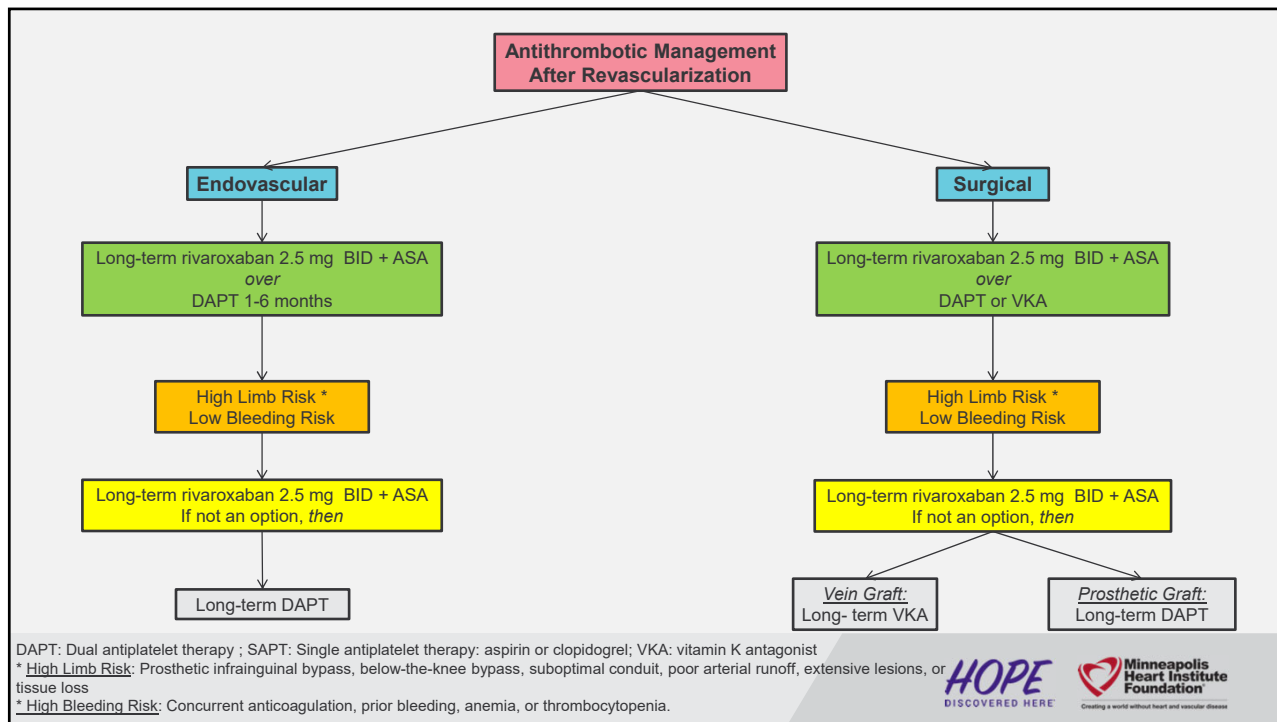
J Am Coll Cardiol. 2017;69(11):1465-1508.
Eur Heart J. 2018;39(9):763-816.
J Vasc Surg. 2019;69(6)supp:3S-125S.



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Summary

-  PAD: under-represented and under-treated major health problem
-  Use appropriate antithrombotic therapy based on risk/benefit
-  Monitor patients carefully for thrombotic/bleeding events
-  Consult vascular medicine and surgery providers..

Skeik N et al. *Ann Vasc Surg.* 2019 Oct;60:128-146

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Sunset, Gaza City



The central image shows a serene sunset over the ocean with waves lapping onto a sandy beach. Surrounding this central image are four smaller photographs showing surgeons in various operating room settings, all wearing masks and scrubs, engaged in medical procedures.



MINNEAPOLIS
HEART
INSTITUTE



Abbott
NORTHWESTERN
HOSPITAL



HOPE
DISCOVERED HERE



**Minneapolis
Heart Institute
Foundation**
Creating a world without heart and vascular disease